



YELLOWHEAD HERITAGE CLUB

April 2026

Well we made it through another winter. However, is it just me, or do they seem to be getting longer? With the mild weather we had in February, the sidewalks and parking lots seemed to turn into skating rinks. I'm sure most letter carriers were being extra careful as they delivered our mail. So spring is here and with it comes all the exciting plans we put together for summer; gardens, visits to a greenhouse or two, trips to the cottage or getting away to visit friends and family. Let's not forget about having a cool one on a deck or in your backyard. Summer gives us a bit of a fresh start!

So what are your plans for the summer? Did you know that some Yellowhead Heritage Club members meet to golf on Tuesdays after breakfast (when the weather is good) at Holiday Park Executive 9. Maybe give Shirley a call for more details.

Then, I always think we have lots of time to relax over the summer, but somehow things sometimes get too busy and we have to try to juggle our events. There is so much going on in the city that sometimes you wish you could just stay in town. There's The Fringe, The Jazz Festival, Shakespeare on the Saskatchewan, Food Truck Wars, Street Fairs on both Broadway and 33rd Street and Farmer's Markets every Saturday. Old car enthusiasts meet every Friday at Market Mall to show off their cars, and share stories. Let's not forget enjoying a barbecue or hot dog over an open fire with friends. Thinking ahead...what are you planning to get to this summer?

Mavis

Regular and Upcoming Club Events

Breakfast Buddies meet up every Tuesday morning at 8:30 at Smitty's in Market Mall. Come when you can - plan to join us for breakfast, conversation and laughs! **All are Welcome!**



Let's Go Bowling!

Come out and join a fun Heritage Club Event
A Bowling and Pizza evening
Thursday, April 16th
4:00 pm
Eastview Bowl
Cost \$28 per person, including your shoe rental
Everyone is responsible for your own drinks and food.
The event is limited to 18 people, better register soon and save your spot!

RSVP no later than April 10th to Heather at 306-222-9078 or email us at: saskatooncpcheritageclub@gmail.com



Our 4th Annual Texas Scramble Golf Tournament

We are hosting an afternoon of golf, fun and fellowship

Thursday, June 18th at 1:00 p.m.
Holiday Park Golf Course – Executive 9.

While this is a Heritage Club event, you **do not** have to be a member to take part. All past and present Canada Post employees are welcome.

It is a fun afternoon whether you are a golfer or not. We play Best Ball, you play as part of a team, and all teams are drawn from a hat.

The tournament is open to 48 golfers

There will be a Beer Cart on the course, and the Concession will be open for food and drinks.

If interested, please register by June 1st by emailing, calling or texting Shirley Stewart at 306-227-1947 email: shirlstew55@gmail.com

Cost is \$45.00/person including a cart.
If you opt to walk the course, cost is \$28.00/person

You can pay your entry fee by e-transfer to saskatooncpheritageclub@gmail.com

When registering, we need to know if you are 65 or over. It affects what we have to pay the golf course for our golfing.

The Ladies Lunch

Held at 1:00 on the last Wednesday of the month.

April 29

May 27

June 24

Meet at the Olive Garden
1732 Preston Avenue North



Yellowhead Heritage Club

Hikers Update

This year we have 20 folks on our Yellowhead Heritage Club team participating in Globe Walk with the Saskatoon Council on Aging (SCOA). It is a great way to stay active during the winter months when sitting in your lazy chair just might be too appealing. Our team has been doing well! By the end of February, our total had us now walking completely around Vancouver Island. By the end of March our combined total was 8,445.5 kms! Several folks on our team have also enjoyed the free monthly Globe Walk events and are looking forward to the celebration luncheon in May. Next year, lets aim for 25 participants!

And did you know???

On the summer solstice the sun rises at 4:45 AM and sets at 9:31 PM. On the winter solstice the sun rises at 9:13 AM and sets at 4:56 PM.

Just a reminder... belairdirect Passport to Prizes

belairdirect provides home, car and travel insurance to Heritage Club members across the nation. They just shared with J.P.Leguier, our National President an exciting opportunity for members to enter a contest they have developed. He received the following message:

Our Marketing Team has created a social media post and we are hoping you can share it on your social media channels and in your newsletters.

Details of the contest:

Open now and runs until April 30th, 2026.

Prizes are 5 x \$10,000 travel vouchers.

Open to legal residents of Canada who at time of entry have reached the age of majority in their province of residence.

1 entry per person.

You can enter by logging into the Heritage Club website at heritageclub.ca and scrolling down to the belairdirect travel insurance. Then log directly into belairdirect.com/ptpcontest

Good Luck Everyone!



Saying Farewell

We wish to send our condolences to the family and friends of

Sid Tyson

Dennis Mercier

Rene Bedier

Every effort is made to ensure that no one is missed. However, if you notice an omission, please let us know at saskatooncpchitageclub@gmail.com
We are committed to ensuring every one of our fellow colleagues are remembered.

Save with Specsavers

Welcome to the Canada Post Heritage Club we're proud to partner with this organization to provide affordable, accessible eyecare and eyewear to all its members.

All our locations provide a great range of offers, glasses, and contact lenses, as well as online booking and direct billing.

Plus, as a valued Heritage Club member, you can also get **60% off lens upgrades*** to help you make the perfect glasses.

And don't forget, if you're eligible for provincial health care, your eye exam (including an OCT eye health scan) will be at no cost to you.**

Book an eye exam today at specsavers.ca

*Discount only available for Heritage Club members with proof of valid Heritage Club membership. Cannot be used for friends or family purchases. Offer details are subject to change. Other conditions and exclusions apply, for more details visit www.heritageclub.ca/membership/
**Costs of eye exams provided by independent optometrists are covered by provincial health care for eligible seniors.

Specsavers

To Stay in your Home, Sell and buy a Condo or possibly even Rent???

As we age, we sometimes wonder what the best plan for our living situation is. Much of the plan is personal preference. Some of us want to stay in our homes, maybe hiring out those tasks we no longer want to do, such as yard work and shovelling snow in the winter. But what about all the home maintenance to keep it up so you can maintain the value of your home.

Some of us might prefer a condo, no yards to manage, maybe underground parking, and if we want to head off for the winter or on an extended holiday, we just pack our bags and close the door. But, what about the condo fees and all the rules, or maybe even a possible cash call in the future?

Then there is this idea, what about selling your home, and using the money to rent some place to live, maybe a townhouse or apartment? The maintenance is taken care of, and if there is a problem, it's not your problem, you just call the building manager or owner. But what happens if the rent goes up or you don't like your neighbours?

There is no clear-cut answer, it is mostly personal preference. It likely is a good plan to talk to your financial advisor, your family or someone you trust. They may help you decide what is the best plan for you or at least help you consider all your options.

Membership Fees for 2026

were due in January!

Keep your membership active. Your yearly fee is still just \$12.00 with \$2.00 of the fee being directed towards various charities each year.

To help us stay in touch with you, when renewing your membership, please provide your updated contact information including: your name, address, phone number and email address. Email addresses have become especially important now, as we are now unable to mail newsletters.

Aside from connecting with old friends, or maybe making a new one, there are additional benefits for being a member. Check out the National Heritage Club webpage at www.heritageclub.ca As well, on the website, all our past Yellowhead newsletters are available.

Membership Application for Heritage Club

Also, if you know of any Canada Post employees who might be interested in joining, please share membership information with them. All you need is 20 years of service, whether that was part-time or full time, and you are welcome to join the club. The larger and more active our club is, the better it is, as it provides us with more opportunities for events and fellowship. Spouses and partners are also encouraged to join the club! The more the merrier!

Heritage Club Registration

First Name _____

Last Name _____

Gender _____

Status (Active or Retired) _____

Address: _____

Phone _____

E-Mail _____

CPC Start Date _____

Total Years of Service _____

Membership Fee is \$12.00 per year.

Applications and dues can be paid by e-transfer to:

saskatooncpchitageclub@gmail.com

If you prefer, cheques can be made out to the ***Yellowhead Heritage Club*** and mailed to:

Yellowhead Heritage Club
c/o Heather Spence
831 Delaronde Way
Saskatoon, Sk. S7J 3Y8

Your Heritage Club Committee

President: Heather Spence
306-222-9078
saskatooncpcheritageclub@gmail.com

Vice-President: Shirley Stewart
306-227-1947
shirlstew55@gmail.com

Sec/Treasurer: Sandy Kew
306-220-9526
gatorbait@sasktel.net

Newsletter: Mavis McPhee
306-290-8244
mavis.m@sasktel.net

Members at Large: Maxine McLeod
Ross Spence

Club email: saskatooncpcheritageclub@gmail.com

Please know that we are always open to feedback, ideas and suggestions. We'd love to hear from you!

And now for our favorite joke of the month...

You know you're getting old when the answer to the "boxers or briefs" question is "Depends."

