



# YELLOWHEAD HERITAGE CLUB

January 2025

Huge adventure! I purchased a new computer and this is the first newsletter I am attempting to put together on the new system. They say it is good for us to learn new things and to try things out of our comfort zone as we get older...well this is doing both! Moving from a PC to a Mac may be far more challenging than I expected. So here we go!

After the busy Christmas season with too much food, too much visiting, too many late nights, too much shopping, too much busyness, it is time to rest! Big question as we get older, how many of you made it to midnight to welcome in 2025?

On to New Years Resolutions! I read an article that stated that only about 8% of resolutions made be folks are still in place by the end of March. So that being said, why do we make them? We seem to think that the new year will be different from the one that is ending...but is it really. Most times we just plug along from one year to the next, often with very few changes. The things going on in our lives don't just disappear! We still have family that we see and support, our bills still need to be paid, supper needs to be made...everyday and the snow still needs to be shovelled. For most of us retired folks, as long as we have our health, life is pretty relaxed and fulfilling. Are we content? For the most part, I'd say so! So my resolutions are the same ones as I've made for the last 40 years...eat better, lose weight, get more exercise, read more books!.

Happy New Year!

Mavis

## Yellowhead Heritage Club Events

Breakfast Buddies meet every Tuesday morning at 8:30 at Smitty's in Market Mall  
Come join us, the more the merrier!

## The Ladies Lunch

The last Wednesday of the month.  
January, February and March  
David's Restaurant and Lounge  
294 Venture Cres.

## Santa Letters

In 2024, due to the postal strike we were not involved with the Santa letters. Here is the response Heather received on December 18th after offering volunteers that were willing to help out to respond to the letters that were coming in.  
"Unfortunately, National has made the decision not send out anymore Santa replies this year. Being it is so late in the year and the fact that it will put additional strain on the mail that is already backed up. Those letters put into the mail now, will probably not make the deadline of December 24th. What has been sent already is fine. The remaining letters you receive can be counted and shredded. Do not dispose of children's letters in a non-confidential garbage. Confidential shred only. Or forward to me if you do not have that option available. A final

estimated count would be nice to have from those who coordinate these letters in each area. The corporate stationary should be securely stored until we get a directive on plans going forward in January 2025.

After Christmas postcards are not to be sent either as that is an additional strain on the mail stream. It is with heavy hearts we have to follow this directive. The message will be that we are making sure Santa gets all your letters at the north pole, but he will not be able to reply to them all at this late date.

As we are all very disappointed, we look forward to next year and will be ready. Thanks for all your help supporting this program.

Thanks,  
Patty Konanz  
Administrative Coordinator to the Director of Mail Operations Saskatchewan | Canada Post

*So, put your pens away for this year! Hopefully we can be involved with this activity in December 2025.*

## **The Annual Yellowhead Heritage Club Christmas Party**

What a great evening for those who came out to the Western Development Museum for the dinner.! Good times, good food and lots of laughs. Thanks to Heather for coming up with a new party game, and to her helpers for getting all the prizes together.

Also, this year, during the party the Heritage Club sold 50/50 tickets. The proceeds from the ticket sale were to be donated to Ronald McDonald House. Shirley and Ron Montour were the winners of the draw and very generously donated their winnings back to the Heritage Club. So with a top-up from the

Heritage Club, we were able to donate \$500.00 to Ronald McDonald House. We have supported Ronald McDonald House in the past, so it was good to do so again.



Left to right: Jack, Ronald McDonald staff, Maxine, Ross, Sandy, Heather and Shirley

## **Recycling In Saskatoon**

Did you know that Sarcen is working with SK Recycles, a provincial recycling program? Along with cans and bottles,

Sarcen is now accepting:

- flexible plastics, such as bread bags, sandwich and zip lock bags, crinkly plastic bags, all-plastic shipping envelopes, etc.
- foam packaging such as foam trays for meat and produce, egg cartons, cushion packaging to protect electronics.
- non-deposit glass jars and bottles such as pickle jars and olive oil bottles.

For additional information visit

[www.sarcen.ca](http://www.sarcen.ca) Or [skrecycles.ca](http://skrecycles.ca)



## Saying Farewell

We wish to send condolences to the family and friends of

Diane Green

*April 2024*

Marlene Abrook, wife of Bill Abrook

*July 2024*

Gwendolyn Chow, driver for Radio Cab

Terry Oswald

*October 2024*

Abe Harder

Linda Gubbe

Eric Rigby

*November 2024*

Harry Toews

*December 2024*

## 8 Tips for Giving Wisely

Giving makes it possible for many charitable organizations to support their work but how do you choose who to give to? In Canada, donors has fallen during the last 10 years, from 65 per cent to 53 per cent. The annual donations has also dropped, from \$448 to \$383, according to a recent survey. For every \$100 of gross income, Canadians contributed on average 60 cents in the form of a donation. How do you choose who to give too...there are so many, across many sectors. These guidelines might help you determine the best fit for you.

1. Figure out those causes you want to support, what values are important to you, and if the organizations you are considering are doing what they claim to do. Look at their websites,

often charities publish their annual reports online, take time to read their reports. Contact them directly to ask them questions.

2. Check their mission. The name of the organization can sometimes be confusing, e.g. the Canadian Cancer Society is dedicated to researching, it does not directly support those with cancer.

3. Read testimonials. Take a look at the charity's annual report, which contains details about the mission and the vision. Look for testimonials from donors or recipients. Does the organization has a good reputation?

4. Make sure a charity is legitimate. Is the charity registered with the Canada Revenue Agency (CRA)? You can search for it by name in the CRA's list of charities. The list updates daily and contains at least 85,400 registered charities. Only those named are authorized to issue tax receipts. You can find the list at [canada.ca](http://canada.ca)

5. Check for transparency. If the annual report and financial statements are on an their website, is a good sign, Ideally, you should also be able to find out who's on the board of directors. The board should be diverse and independent.

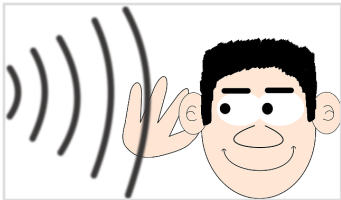
6. Review its governance. Governance is the way an organization is led and managed. Are their accountability, structure and transparency policies set out properly to carry out its mission?

7. Study an organization's impact. Financial statements should contain information on how donations are used. If most of the donations go to administrative expenses, you may want to

think twice. To earn an A+ rating from [Charity Intelligence Canada](#), a charity must ensure that at least 90 per cent of the money it raises goes to its programs.

8. Watch for possible scammers. They are at work in the fundraising field. If you get an unsolicited or urgent request for a donation, that should be a clue that something is not right. Some scammers will use names that are similar to those of legitimate organizations, be careful.

*Taken and adapted from Good Times.*



### ***Free Hearing Test + 100 Air Miles® for Club Heritage Members and Family***

We rely on our hearing every single day, yet so many of us don't think about getting it checked until there's a problem. Did you know that *Sensorineural Hearing Loss* is the most common type of hearing loss? Think loud workplaces, concerts, or even power tools. It creeps up slowly, but the effects can last a lifetime.

That's why regular hearing tests matter. They're quick, easy, and can catch things before they get worse. As a Canada Post Heritage Club member, when you book and complete a **free hearing test**, you get **100 Air Miles® Reward Miles™** just for taking that first step!

Call 1-877-735-1149. You can also visit [HearingLifeAdvantage.ca](http://HearingLifeAdvantage.ca) to book your free appointment today!

### ***Your Heritage Club Committee***

President: Heather Spence

306-222-9078

Vice-President: Shirley Stewart

306-227-1947

Sec/Treasurer: Sandy Kew

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Members at Large: Robert Lee

Ross Spence

Maxine McLeod

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**And now for our favourite joke of the month**

