

Simcoe Chapter CANADA POST HERITAGE CLUB  
72 Leuty Avenue Toronto ON M4E 2R4  
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Newsletter–written August 7, 2023



## ***President's Message***

Dear Members,

I want to thank Canada Post for providing grant money to every Heritage Chapter including ours every year. I am also grateful for my colleagues that are still working at the Post Office to allow my team and I to enter the South-Central Plant and print our newsletter and have a place to work at. This has gone on at the discretion and generosity of the Production Control and Reporting Manager **Lia Mougtooussidis** and Plant Directors. Namely **Mr. David Deeks** in the past and currently **Mr. Troy Seto**. Because of their kindness, Simcoe Chapter has been able to save some money and feel more comfortable to give to our yearly donations to various charities.

I also want to thank everyone who renewed their club membership this year. We are grateful for your continued support. The Heritage Club is open to anyone and everyone who worked for Canada Post from different jobs, ranks, unions, associations and background. We are all equal, want to have and enjoy social events and offer support for one another; also give back to society.

**The motto of the Heritage Club is “People helping People.”**

For those of you who have never joined as paid members, I encourage you to join. The membership fee is merely \$10 per year. I am happy to report that Simcoe chapter gained 53 new members in 2021 and **49** new members in 2022. We lost **20** members due to RTS and lost **15** members due to death. **In 2023 we have gained thirty-nine (39) new PAID members ( additional 13 since our last newsletter on April 21,2023.). We have 234 Paid Active members( people that worked for Canada Post) and 50 Paid Associate members ( retired employee's spouse).** Reminder to all members, if you move, PLEASE do not forget to inform us of your new address and telephone number as this ensures you continue to receive our newsletter. **The seed money (grant) we receive annually from Canada Post is based on the number of Paid ACTIVE members. Your Club needs your support!**

As a **paid member**, it gives you discounts at our luncheons, bus trips, home, auto Insurance from **Belair Insurance ( just bought out Johnson Insurance**, we will share information as soon as we hear from them. Belair could also contact you directly by mail ) and travel insurance from Medoc Travel, 30 % off with Goodlife fitness club, scholarship opportunities from Canada Post for your kids and grandkids. On July 13,2023 I learned from a Heritage member that his Good Life Gym yearly membership fee was \$650 with the Heritage Club discount.( which works out to be \$25 bi-weekly. Including tax)

I hope the newsletter we put together provides you and your family with useful information on future social events, the contact information for our benefits, keep you connected to other colleagues. **Please keep a copy of the contact information section as this information may not be repeated in every future newsletter for environmental concerns.**

**Please ensure you keep this information readily available to you and your family .Please tell your spouse or family where the contact information is kept. Your Group Insurance Plan number and Employee ID number are required.**

### **Newsletter Production**

We want to acknowledge the following members who have step up to help us with our latest newsletter production in August 2023: **Lily Ng, Cheryl Mustonen, Leely Chong , Margaret Wang, Michael Musing, Ann Lamanna** our Treasurer and Anna Huang all contributed.

## Announcement

Anyone who would like to run for the position of President of the Chapter please submit your name to the current committee. Anyone wants to nominate a member to the position of president ; please submit your nomination to the current committee. Anna Huang announced this at our March 24,2023 and June 6,2023 luncheon. The term of each position is two years.

## **HELP WANTED**

To run a volunteer organization like ours, we need more people to care, to get involved, to step up and to help. Anyone able to confirm attendees names for social events, assist with selling raffle tickets, taking photographs, collection of money at events, and help with the newsletter production which involves (stamping the envelopes with return address stamp, applying address labels, printing, stapling, folding, stuffing & sealing envelopes, stacking sealed envelopes of mail inside trays). Anyone who could help with these tasks and is interested in any of the other positions on the Committee please contact president, Anna Huang.

It is always great to see you at our events and see reunion of old friends, meeting new members. Your support and participation are appreciated. The positive feedbacks from our members were encouraging.

Anna Huang 416-716-2898  
President, Simcoe Chapter  
email [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com)

## **Past Social Events of 2023**

**Tuesday, June 6 ,2023 11:30 luncheon at Watts Restaurant at 1 Eglinton Square Toronto, Ontario M1L 2K1 at Victoria Park & Eglinton Avenue East inside the mall.**

All members attending ordered off the menu pay their own bill including tax and tips. Simcoe Chapter reimbursed **each PAID member** with \$ 5 cash.

We did not get to raffle Tim Horton gift cards. We did a 50 /50 draw total in the pot was \$150, ( 50 % was \$75 ) the winner of the 50/30 Raffle was **Rosemarie Cromwell**.

We did not have auction of the commemorate framed poster donated by Canada Post of the limited edition a full pane of twenty-five stamps Lunar **Year of the Ram** Stamp. (one of seven hundred production) Estimated value at \$100.( interest seems too low)

Attendance was 44 people Special thanks going out to **Claire Andrews** she did 50/50 raffles sales and counted the money by herself. **Jim Georgopoulos** helped with setting up our travelling banner.

## **Monday June 12,2023 at 11:30 Dragon Pearl \$25 per person**

We negotiated a CASH deal of \$25.00 including tax and tip and tea and cold drinks; this event was not restricted to Heritage Club members; we had **118** in attendance. Many Heritages members attended. Regular \$25.99, with 20 % off for senior to be \$20.80, plus drinks ,taxed and tips. We had a lot of interest from non-Canada Post employees or retirees wanting to join. 😊 They recognized a good deal and enjoyed our camaraderie.

## Upcoming Social Events of 2023

**Monday August 28,2023 @ 11:30 at Halibut House** located at 3003 Danforth Avenue Scarborough, Ontario at Shopper's World Plaza. South & West Corner of Victoria Park & Danforth Avenue . Each person orders their choice from the menu, Simcoe Chapter will pay each paid member \$ 5 cash as reimbursement.

**Monday September 25,2023 @ 11:30 at Occasions Restaurant** located at 30 Eastwood Road Toronto, Ontario M4L 3B6 North & East Corner of Coxwell and Gerrard Street East ( Gerrard Street ends at Coxwell and to the East of Coxwell , the name changes to Eastwood Road). Each person orders their choice from the menu, Simcoe Chapter will pay each paid member \$ 5 cash as reimbursement.

### Time of your Life

Time of your life also have out of town concerts. If you are curious or interested, please write to me and I will send you their detailed advertisement through e-mail or you can contact them directly at 500 Sheppard Avenue East, Suite 203 Toronto, Ontario M2N 6H7.

416-224-0684 or email address [timeofyourlifetourstoronto@gmail.com](mailto:timeofyourlifetourstoronto@gmail.com)

Reminder anything you pay that including a ticket toward a show, train or boat ride are not refundable.



## **Cruising through the 30,000 Islands of Georgian Bay**

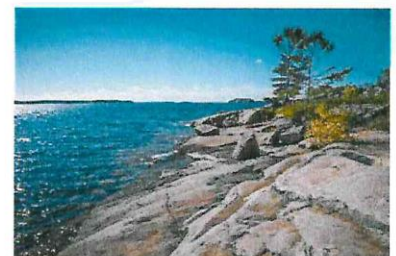
**Saturday, September 16<sup>th</sup>, 2023**

Relax on a morning drive to Penetanguishene and enjoy a Luncheon of Choice here at the Dock Lunch Restaurant, located on the Penetang dock: start off with Soup, then enjoy your choice of their House 21 Burger (with Bacon and Cheese) served with Fries; Chicken Souvlaki served with Fries; or their Georgian Bay Fish and Chips (*please advise your choice at time of booking*), followed by their Dessert of the day (12:30 p.m. – 1:45 p.m.) Following lunch it's "all aboard" the Georgian Legacy (just steps away from the restaurant), a 275-seat passenger boat that has a Snack Bar and is fully licensed to sell alcoholic drinks as well as Tea, Coffee and Pop. Your boat cruise will include the Captain's live commentary including points of interest, historic facts, and fascinating legends about the Georgian Bay region, famous for its windswept pines and rocky islands (2:00 p.m. – 4:45 p.m.) After the cruise we re-board the coach for our return drive home.

**Just \$169.00 Per Person**

*Cost includes Motorcoach Transportation, Luncheon of Choice,  
Afternoon Cruise, All Taxes, Meal Tip and Fuel Surcharge.*

MOTORCOACH PICK UPS	DEPARTS	RETURNS
Cedar Heights Plaza (Markham/Lawrence)	9:15 a.m.	7:30 p.m.
York Mills/Yonge St.	9:45 a.m.	7:00 p.m.
Islington Subway	10:15 a.m.	6:30 p.m.



### **Welcome New Members Retirees and or 25-year service employees.**

I am very happy to report that we have gained 49 new members in 2022 and 53 new members in 2021. It is very hard to achieve this result as there is always natural attrition. So if you know any retired colleagues or newly retirees; please invite them to join the Simcoe Chapter.

**I want to welcome the thirteen new members that joined us since April 22, 2023 (after the last newsletter of April, 2023) in sequence of date joined are: Carl Fockler, Cindy Fockler, Donna Dunphy, Gordon Dunphy, Jason CC Tam, Rena Chow, Sue Yin Ho, Danny Li, Ekaine Mark, Mona Elbard, John Slattery, Rocco Lamanna and Adrienne Plumley.**

### **In Memory of**

People, we have sadly lost over the year.....we only report when we are notified. Our deepest condolences to their family; they will be missed.

Since last newsletter of April 24, 2023, we learned Man-Ying Cheung (we learned of her passing on April 25, 2023). Donna Smith passed away on June 26, 2023. Mary Olech passed away on July 17, 2023. Tom Ledvinka (husband of Tilka Ledvinka passed away August 7, 2023).

Mr. Steve Demeter who was not a member of Simcoe Chapter, but many of us worked with in; had passed away suddenly on August 6, 2023.

### **MEMBERSHIP FEES ARE DUE EVERY OCTOBER FOR THE FOLLOWING YEAR**

Club memberships fees should be renewed in October every year and if you have not had the chance to send in your payment, please do so, **only \$10 per year for you and \$10 for your spouse. If you wish to send in multiple years at one time it is welcomed and appreciated. Send your yearly membership Dues of ten dollars \$10 per person by cheque to Simcoe Heritage 9 Dolly Varden Blvd Scarborough, Ontario M1H 2K2 or through e-transfer to [Simcoe.heritage2018@gmail.com](mailto:Simcoe.heritage2018@gmail.com)**

### **Heritage Club Scholarships**

Heritage Club will be awarding three scholarships to students starting for the first time, their first year of full-time studies, provided it's an accredited institution and the awards has increased to \$2,000 for university or college studies. To be eligible, students must be dependent children, including adopted children, stepchildren, grandchildren, and wards in legal guardianship of an active, dues paying member of 2 years of a Heritage Club Chapter. **All applications must be post-marked by June 30<sup>th</sup> of that year.**

**Please google for the application form online. Submit your application to Mr. Eldred Holmes [holmese@nl.rogers.com](mailto:holmese@nl.rogers.com)**

In 2022, the value of the individual awards has been increased from \$1000 to \$2000 each, and we are incredibly pleased with the response received. The quality of the applicants is always exceptional, making the

choice a difficult one, that often comes down to the finest details.

**2022 Scholarship winners are Erica Choice, of Van Fraser Chapter, Kaleigh Hall, of Van Isle Chapter and Marissa Cox of Bluenose Chapter.**

### **Johnson Insurance Scholarships**

**Please be advised that Johnson Insurance has been bought out by Bel Air Insurance recently. We will share more information with you as they become available to us. We are assuming the cost and policy will remain status quo and it will be seamless to our members.**

**In 2022 Johnson Insurance offered 50 scholarships, valued at \$1,000.00 each, to eligible students completing high school in 2022 and starting post-secondary education in the fall of 2022.**

**Application open April 27, 2023 with deadline date of July 27, 2023. To learn more for year 2023**

**Please visit [johnson.ca/scholarship](http://johnson.ca/scholarship) [scholarshipfund@johnson.ca](mailto:scholarshipfund@johnson.ca) universities Canada 1-844-567-1237.**



## Who we are?

Simcoe Chapter is one of 24 Chapters across the country; it covers an area of the Greater Toronto Area, which is mainly East from Scarborough, West to Etobicoke South from Lake Ontario North to Lake Simcoe including Markham, Richmond Hill, and New Market. Have you checked our national web site?

<http://heritage-club.forcefivedev.ca/simcoe>

## What we do?

The Simcoe Chapter organizes subsidized luncheons, bus travel, annual banquet, and golf tournament. With its partner Chapter for its' members. Also, we collect donations for the Food bank and Toy Mountains throughout the year. Many of our members generously donate their time to local charity organizations.

Every year in November; we make our donations .Our past donations included the following Charity groups:\$300 to Toronto Daily Food \$200 to Veterans & Family /Royal Canadian Legion \$200 to Toy Mountain /Salvation Army \$300 to Canadian Cancer Society.

### Santa Letter Program

**Santa's Workshop Program was started in 1982; it was the 40th anniversary of the program. This program would not exist without the support of our Heritage Club members across Canada. 2022 Christmas, Janice Adams and Patricia Byrne were our co-captains for Simcoe Chapter. We thank them for an excellent job. In 2022 Simcoe Chapter's forty 40 volunteers replied to over 10,000( new update) letters. Canada Post received more than 50,000 pieces of mail addressed to Santa Claus from Japan, China and Taiwan combined .National Heritage Club have a yearly draw for each chapter's Santa Volunteer; this year Simcoe Chapter's winner is Janice Adams who won \$50 .**

if you would like to become a new Santa Letter volunteer for 2023, Please contact Anna Huang [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com) or call 416-716-2898 as soon as you can. We will be calling and confirming with existing volunteers in September/ October, that we can count on their continued support.

### Why Join? – The Membership Advantages

**Belair Insurance and Car Insurance:** discounts of up to 35%

Discounts for you and who travels with you with **MEDOC Travel Insurance**

**GoodLife Fitness:** discounts up to 30% off the regular all club access rates.

**You must sign up online and ask for corporate representative , then ask to join under corporate membership for Heritage Club rate as well as waive the \$99 annual membership fee.**

**Discounts to Simcoe Chapter events,** luncheons, and bus trips through Time of Your Life Tour Company.

**Special Scholarships** for your kids and grandkids of \$2,000 per school year.(**Note: the member must be a paid member for two consecutive years for their family member to qualify for consideration of application for scholarship award program.**)**IMPORTANT:** To benefit from these discounts, you must mention your Heritage Club membership number, and you must have paid your membership dues to the Simcoe Chapter for the current year, otherwise coverage could be denied or terminated.

## Newsletter Distribution

These newsletters are written and produced by Anna Huang **quarterly** and distributed to every **paid** member and **paid** associate who has **paid** their annual dues to the Chapter.

**We are only required to mail out a general distribution to every member who have applied for general membership to the Heritage Club in our Chapter area ONCE A YEAR. Articles of general interest for the newsletter are always welcomed.**

### Lost hotel Discount:

**Alert Update on hotel discount ! Due to lack of our members taking advantage of the hotel discount with Choice Hotel and it's affiliated network of hotel chains . Heritage Club member no longer get any discount.**

## 2023 MEMBERSHIP COMMUNITY VOLUNTEER HOURS

### Volunteering

Do you do volunteer work: \_\_\_\_\_ Hours per month: \_\_\_\_\_

Name of Organization: \_\_\_\_\_

The volunteer hours on behalf of Simcoe Chapter as recorded. I would ask that you keep a record of the hours that you spend this year doing **volunteer work in your community**. Please send this completed form / or information **by December 15, of each year** to Simcoe CPC Heritage Club, 72 Leuty Avenue, Toronto, Ontario M4E 2R4. If you have any questions or concerns, please contact Anna Huang at 416-716-2898 or Email: [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com)

## MEMBERSHIP DUES RENEWAL SLIP *(Remember to let us know of any change)*

Name: \_\_\_\_\_

Name of spouse (if applying as a couple): \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email (optional): \_\_\_\_\_

Renewal for Self: \_\_\_\_\_ Couple: \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_

Is this a Renewal: \_\_\_\_\_ or a New Membership \_\_\_\_\_?

**\*\* send your yearly membership Dues of ten dollars per person by cheque to Simcoe Heritage**

**9 Dolly Varden Blvd , Scarborough, Ontario M1H 2K2 or through e-transfer to [Simcoe.heritage2018@gmail.com](mailto:Simcoe.heritage2018@gmail.com)**

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## Survivor Benefits.

As a Canada Post employee, many of your benefits will continue upon your death. To make certain the survivor of a retiree maintains the pension, health, and medical benefits several contacts must be made after the retiree's death.

## Superannuation 1-800-561-7930 C.P.P. /O.A.S. - 1-800-277-9914

Retiree name Retiree Name

Social insurance number Social Insurance Number

Copy of death certificate Copy of death certificate

**Note:** Besides the survivor pension there is also a death benefit payable to the survivor.

**Access H.R. 1-877-807-9090 C.P.C. Pension – 1-877-480-9220**

Retiree name	Retiree name
Employee I.D. number	Employee I.D. number
Social insurance number	Month & date of birth
Copy of death certificate	Copy of death Certificate& Postal Code

**Great West Life/ Canada Life 1-866-716-1313**

Retiree name	Employee number
Copy of death certificate	Plan number

**Note:** *Very important to notify Canada Life as soon as possible to set up a new automatic withdrawal in the survivor's name to keep the policy active and maintain medical, dental, and vision benefits.*

**YOUR EXECUTIVE COMMITTEE**

Anna Huang, Chapter President, Newsletter Writer, Member's List, Recruitment  
Email: [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com) Mobile 416-716-2898

Ann Lamanna, Treasurer/Secretary  
Email [a.lamanna@rogers.com](mailto:a.lamanna@rogers.com) Mobile 416-587-6258

**Members at Large: Claire Andrews, Blesilda Yap ( Editor) ,Wai Chan  
Leely Chong, Niki Tsavalia, Jim Georgopoulos, Jessica Lui , Cheryl Mustonen  
Past President, Lea Maynard**

**Email Transfers of payment of membership dues: [simcoe.heritage2018@gmail.com](mailto:simcoe.heritage2018@gmail.com)**

**SENIORS' DISCOUNTS -2023 ( This list below was provided by Jessica Lui)**

A & W-10%

BULK BARN-WEDNESDAY-15%

CANADIANA FLOWERS-CARP MEMBERS-15%

DENNY'S RESTAURANT-THURSDAY AFTER 2 PM-15%

GIANT TIGER 1ST MONDAY OF EACH MONTH-10%

GLOBAL PET FOODS-REWARDS CARD-LAST TUESDAY OF EACH MONTH -15%

GO TRANSIT-OFF REGULAR FARE WITH PRESTO CARD-55%

GOODWILL-2ND MONDAY OF EACH MONTH-25%

HOTELS-10-15%

M&M'S-TUESDAY -10%

MANDARIN BUFFET-20%

MASTERMIND TOYS-1ST TUESDAY OF EACH MONTH-20%

MCDONALDS-COFFEE -20%

MICHAELS-10%

NO FRILLS-WEDNESDAY-10%

PET VALU-MEMBERSHIP-LAST THURSDAY OF EACH MONTH-10%

REXALL-LAST TUESDAY OF EACH MONTH -20%

SALVATION ARMY THRIFT STORE-10%

SHOPPERS DRUG MART-THURSDAY-REG. PRICE ITEMS-20%

SMITTY'S RESTAURANT-BIRTHDAY MEAL-FREE

SOBEY'S-1ST TUESDAY OF EACH MONTH-10%

SUBWAY SANDWICH-10%

THE BAY-HBC CREDIT CARD-1ST TUESDAY OF EACH MONTH-15%

TIM HORTONS-SELECT ITEMS -10%

TTC-CASH \$2.30 OR PRESTO CARD \$2.25

VALUE VILLAGE-DONATE-20% & TUESDAY-30%

VIA RAIL-10% & CAA MEMBER -20%

WENDY'S SODA & COFFEE-FREE

YORK REGION TRANSIT-CASH \$2.40