

TRENT SEVERN

Summer 2021

What's to come at a glance?

*Trent Severn
Annual Charity
Golf Tournament*

*Lunch in
Peterborough and
Annual Meeting
and Elections*

*Commemorative
Stamp*

*Reminder:
Payment of Dues*

Santa Claus Letters

Charity Donations

Recipe



President's Message

Members:

**Well, we are almost through August.
It's been a very quiet year.**

**We have not been able to get together for some time.
However, with some of the restrictions being lifted, we are going forward with Trent Severn's Charity Golf Tournament.
We are also planning a Fall luncheon in Peterborough.
Both venues have good safety practices in place.
If you are comfortable with attending either of these venues, please let me know.**

Should things change and we have to go into lockdown again or have stricter rules implemented, then we would have to cancel either or both of these events. It all depends on how everything goes.

We are looking forward to seeing members and enjoying the day.

**I want to take this opportunity to thank those inactive members who stepped up and paid yearly dues for the first time this year.
Thank you for your support.**

Stay safe and healthy.

P.K.

**Phyllis Kimmerer
President, Trent Severn Chapter**

Points of Interest

COMMEMORATIVE STAMP

This year Canada Post is paying tribute our iconic Bluenose Schooner.

It is the 100 year anniversary of the Bluenose's inception.

There is a short video (about 15mins) on the Canada Post website telling the history of the schooner and how it came about.

For those of you that are history buffs, the video is a historical documentary on the schooners' creation and legacy.

For those of you that are collectors of interesting stamps, the video gives the history of the many stamps put out by Canada Post over the years for the Bluenose Schooner.

I found the video both enlightening and interesting. I found the video on Canada Post's Face book page.

I myself am an original "bluenoser", having been born in Halifax and I did not know all of these facts.



**TRENT SEVERN HERITAGE CHAPTER
CHARITY GOLF TOURNAMENT**

**Saturday September 11, 2021
Tee Off: 11:00 A.M.**

**Deer Run Golf Course
10 Brook Street
Little Britain, On
K0M 2C0**

PH# 705-328-3781

8 km South of Hwy#7: On Elm Tree Road at the flashing light

Includes:

12 Holes with cart

Dinner: Burgers, salad, pasta salad, dessert. Coffee & Tea

Prizes: 1st Place

Closest to Pin

Longest drive

Shot gun start and best ball

Putting contest: 3 balls for \$5.00

50% to winner / 50% to charity

Contact: Phyllis Kimmerer @ 705-35-20-9480

Steve Smith @416-523-7398

Or trentsevern22@hotmail.com

Please reply by Sept. 7, 2021

All safety measures are in place. Masks are to be worn, except while golfing and eating.

FALL LUNCHEON AND ANNUAL MEETING

Wednesday October 6, 2021 @ 12:00 P.M.

Our Fall Lunch and Annual Meeting will be at Red Lobster in Peterborough. Red Lobster is giving us a select menu at a set price.

It is as follows:

Starter: Soup or Salad (Clam Chowder or Caesar / Garden Salad

Entree: Fish & Chips

Wagyu Burger (Bacon Cheese Burger- Beef)

Nashville Hot Chicken Sandwich

Alfredo Pasta with Chicken or Shrimp

Island Jumbo Coconut Shrimp & Two Sides

Garlic Shrimp

Dessert: Tray of Select Squares

Coffee & Tea

Paid members: \$15.00 Guests: \$20.00

We are also collecting donations for the Food Bank

Reserve with Phyllis Kimmerer at trentsevern22@hotmail.com

Or phone: 705-320-9480

Please reply by September 28, 2021

All tables are sanitized and 6 ft apart. All guests will be asked Covid questions.

Masks to be worn at all times except at your table for eating.

Please be respectful of other members – if you're not feeling well, stay home please.

ANNUAL MEETING

We will have our yearly election along with our general meeting.

The position up for election is for President.

I will not be running for this position again.

Time to pass the hat on to someone new.

Robin O'Donohue has indicated that she is interested in volunteering for the Presidents' position.

Anyone else wishing to volunteer for this position must declare their intention in writing to me at trentsevern22@hotmail.com, by September 22, 2021 and must attend the general meeting at the Red Lobster on Wednesday October 6, 2021.

You must be a dues paying member to qualify.

All terms are held for 2 years and must be voted on at the end of that term.

Santa Claus Letters

I want to thank all the volunteers who were Santa Elves last year. It was such a different year but we were able to keep the magic of Christmas live in the hearts of all those who believe in Santa.

I will be contacting all our Santa elves from last year in September to see if the Trent Severn chapter can count on them again this year.

For those who wish to volunteer, these letters are sent directly to your home along with the response letters and envelopes. New volunteers are welcome.

If you are interested in volunteering for this program, contact me, Phyllis Kimmerer at 705-320-9480 or email at trentsevern22@hotmail.com

Charity Donations

We are happy to announce that we were able to donate \$1,000 to the Salvation Army in Barrie at the Bayside Mission Centre for the Tornado Relief Fund.

Thanks to all our dues paying members who made this possible.

We received a very appreciative thank you letter from the Salvation Army.

Who we are:

Trent Severn Chapter is one of 24 chapters across Canada. We cover an area from Kingston and dependent offices in the east to Huntsville and Parry Sound in the north-west of central Ontario.

What we do:

Trent Severn organizes subsidized luncheons and an Annual Golf Tournament for our members. We also collect and donate food to the food Bank and also make donations to various charities throughout the year.

Do you have any suggestions for trips or special events that you would like to participate in? Let me know at trentsevern22@hotmail.com or 705-320-9480.

Newsletter Distribution

This newsletter is produced four times a year and is distributed to every member and associate who has paid the annual dues to the Chapter for that year. Also, a general distribution is made once a year to every person currently listed as retired, or has 25 years of service in our Chapter area. Articles of general interest for the newsletter are always welcomed from our members.

Membership Advantages

Johnson Auto Insurance – exclusive savings up to 35%

Discounts for you and who travels with you through Medoc Travel Insurance

Goodlife Fitness: discounts up to 50% off the regular all club access rates.

www.goodlifefitness.com You will require your Heritage Club number to access information regarding this program

Choice Hotels: discounts of up to 20% in Canada and worldwide, which include Comfort, Quality and Rodeway Inns, Econolodge etc.

Collette Tours discounts.

Discounts to Trent Severn Lunches.

Special scholarships for your kids and grandkids of \$1,000 per school year.

Important: In order to benefit from these discounts, you must mention your Heritage Club membership number and you must have paid your membership dues to the Trent Severn Chapter for the current year, otherwise coverage could be denied or terminated.

MEMBERSHIP

Membership dues for the following year are due after the Fall newsletter in October. Remember, annual dues paid by our members are instrumental in keeping our chapter active. Membership is from January to December of that year.

REMINDER

There are still some members who have not paid their 2021 dues as of yet, we would appreciate your attention to this matter.

New Members

New members will receive our Trent Severn Chapter newsletter in the current year of their retirement and/or having achieved 25 years of service; after that, they need to signify their intent to join our Chapter by paying dues to the Trent Severn Chapter, yearly in order to continue to receive our newsletters.

Welcome to New Members/Retirees and /or 25 years service veterans

Karen Gravelle – Consecon, On
Pamela Montgomery – Peterborough
Yvonne Crowe – Orillia

Condolences:

Robert Lewis – Kingston
Edward Wilson – Kingston – 2 & ½ yrs ago
Roy Oke – Midland – June 11/21
Denny Baragar – Belleville – July 3/21 – 35 years service as L/C in Belleville P.O.
Vernon Crowe – Orillia
Andrew Lyle Graham – Cookstown – Nov 19/2017.
Albert Shames – Mississauga

Life Events

If you have any life events that you would like the Heritage club to announce. ? Birthdays, anniversaries, deaths, hospitalizations, special awards etc. Let us know so we can acknowledge them and pay tribute.

Your Benefit Contact Numbers

Canada Post Pension Site: 1-800-480-9220
Gov't of Canada Superannuation: 1-800-561-7930
Canada Pension Plan/Old age Security: 1-800-277-9914
Canada Post Extended Health Plan(Canada Life) 1-866-249-5723
Public Service Health Care (Sun life): 1-888-757-7427
CPC Human Resources: 1-877-807-9090

Volunteers

The motto of the Heritage Club is “People Helping People”: we would like to know of any activity you are currently volunteering in that benefits people and/or the community and how many hours you spend per month. This is one of the criteria we are measured on by Canada Post and it affects our funding.

BELLEVILLE COUNCIL

Bob Wludyka heads the council chapter in Belleville. Along with his executive and volunteers he organizes and participates in a great many functions. Some of which are as follows:

Monthly lunches

Bus Trips

50/50 draws

Are all cancelled until further notice.

Beer cans and liquor bottles drives – For charity

He is still collecting bottles

As well as other charity drives

He has also been responsible for establishing the Belleville Postal Museum.

Bob is enthusiastic about sharing ideas and events in the Belleville area.

Any of our dues paying members, who would like to join in any of Bob's functions, can contact him by phone or e-mail. bdwludyk@gmail.com or 613-986-3874

Morning Glory Muffins

1 cup vegetable oil
3 large eggs
3 tsp. vanilla
2 cups grated carrots
1 medium apple, grated or chopped
8 oz can crushed pineapple, drained
½ cup sweetened coconut flakes
½ cup chopped walnuts
½ cup raisins
2 & ¼ cups of all-purpose flour
1 & ¼ cups granulated sugar
1 tbsp cinnamon
2 teaspoons baking soda
1 tsp salt

Preheat oven to 350 degrees with rack in the middle position.

Line 2 muffin tins with paper cups for 18 muffins.

Whisk together oil, eggs and vanilla in a large bowl. Add the carrots, apple, pineapple, coconut flakes, walnuts and raisins.

In a separate bowl, whisk together the flour, sugar, cinnamon, baking soda and salt.

Add to the wet ingredients and stir until just combined (mixture will be thick – don't over mix)

Divide batter evenly among the 18 muffin cups, about ¾ full.

Bake for 25-27 mins. Until tops are golden and spring back when lightly pressed and a toothpick inserted in the center comes out clean.

Cool for at least 10 mins.

YOUR EXECUTIVE MEMBERSHIP

Chapter President: Phyllis Kimmerer, Writer-Editor Newsletter

Email: trentsevern22@hotmail.com 705-320-9480

1st Vice President: – Vacant

Treasurer: Steve Smith 416-523-7398

Email: ssmithcanpost@gmail.com

Secretary: Vacant

Past President: Les Kimmerer

BELLEVILLE COUNCIL

BOB WLUDYKA – (613) 968-3874 E-MAIL: bdwludyka@gmail.com

FORMS

CHANGE OF ADDRESS NOTICE

Name:

Old Address:

New Address:

Postal code:

Phone number:

MEMBERSHIP DUES RENEWAL

Name:

Address:

Postal Code:

Phone Number:

Renewal for Self? \$10.00 Couple? \$20.00

Reminder: have you enclosed dues?

Amount Enclosed

Volunteer work:

How many hours:

Send completed forms and/or information to: Steve Smith, Treasurer, Trent Severn Heritage Chapter.

18 Sinclair St., Lindsay, On K9V 5C9

Phone (416) 523- 7398

Cheques for luncheons, golf tournament and/or membership dues should be made out to “Trent Severn Heritage Chapter”