

July/ August 2024



VAN-FRASER NEWS

Van-Fraser Heritage Club



Van-Fraser executive and members attended a luncheon at the Continental Seafood Restaurant to remember our good friend, long time member of our executive and colleague of many of us.

Pictures and memories were shared by all and Fred, Stan and Alan shared their memories of Jim. A photo book featuring Jim's involvement with the Heritage Club was prepared and available for people to look at and to sign. It will also be on display at our Annual Gala Banquet on September 26th for other members to view and to sign their name and condolences on the book.

MARK YOUR CALENDAR

September 8-12/24 Yakima you- drive trip- "GET OUT AND GET GOING".Join us for a beautiful,scenic, easy 4 hour drive through eastern Washington mountains and desert to Yakima,Wa.Exolore the historic Toppenah murals,local wineries,play some golf, check out the shops,hike the trails,hang out by the pool, try your luck at fishing and above all, relax poolside each evening for Happy Hour plus scrumptious buffets on two nights. Have a meal at the Mexican Restaurant on the property or many others within a few minutes drive of the hotel. A full breakfast is included in the hotel each morning.

Call the Wyndham Bayside hotel in Yakima 509-457-4444. Tell them you are with the Heritage Club group to reserve a room starting at \$89 per night plus tax. Then,call Ken Cornish or leave a message at the Heritage Club office to let us know that you are booked and to receive more information about the trip.

September 26/24 ANNUAL GALA BANQUET at the Continental Seafood Restaurant in Richmond. Arrange a table for 10 of your colleagues, friends and family. Registration form will be attached to this newsletter. Tickets are \$50.00a person or \$500.00 for a table of 10. Send in your cheques now to hold your spots. Call the office if you need contact numbers of former colleagues.

November 8/24 Honouring our Own ceremony at the Richmond plant .Plan to attend the ceremony to remember our fallen Postees and if you would like to participate in reading one of their names. There will be a reception following ,please RSVP to the Heritage club office if you can attend at 604-482-4311.

November 16-20/24 five day bus trip to Oregon and Washington staying two nights in Clackamas and two nights at the Tulalip Casino resort. Lots of tax-free shopping in Oregon at the mall across the road from our hotel and duty-free shopping at the premium outlets in Tulalip. We will offer optional trips to the Oregon coast and Snoqualmie. Call for a registration form and send with your check to the Heritage Club office. A few seats left— book now!

November 27/24 Annual Christmas luncheon at the Continental Seafood restaurant. Watch for registration form, but mark the date on your calendar. Santa has already confirmed his attendance at the luncheon.

November 27/24 Santa letter writing program will begin. Please call the Heritage club office to volunteer to help with Santa mail through December and into early January. We need lots of help so please check your calendar and offer what dates you can.

Reminder: 2024 annual dues . Thanks to all who have paid their dues for 2024. There is still time for others to submit dues along with the updated renewal form.

Postal Photos 1850 – 1939

The Vancouver Heritage Club has a large collection of historical Canada Post photographs from 1850 to 2024. These postal photos are a valuable record of our long history of providing letter and parcel delivery to the Lower Mainland, coastal and interior BC and beyond. If you have historic photos, we would love copies to add to our collection. Also, if you enjoy history, you could join our team in researching, preserving archival documents.



CRABFEST

A group of eighteen cruising on the Queen Elizabeth had an amazing feast in Ketchikan Alaska in July. The excitement began with the bus trip from the Ketchikan visitor Center near the ship to the George Inlet Lodge, about a twenty minute scenic ride along the ocean. At the site, most scrambled down the 79 steps to the waterfront lodge, obviously working up an appetite. (There was a shuttle van to drive those who couldn't do the stairs). Upon entering the dining room, everyone was greeted with a crisp salad and a beer, wine or soda, followed by all the Dungeness crab you can eat! After filling up with crab, the group was served a piece of award winning blueberry cheesecake. Then 79 stairs up the hill! (or shuttle van).



For most of the group, this experience was the highlight of the cruise. Florence said " I never ate so much crab in my life! ". If you plan to be in Ketchikan and love crab, note that this trip sells out very quickly .



Update of past scholarship recipients

1. ****Ms. Mikayla S. Totten****

Ms. Mikayla S. Totten, granddaughter of Tony Todosychuk and a 2019 scholarship recipient, graduated with honors from North Delta Senior Secondary School. She continues to excel as an avid hockey player and has earned a hockey scholarship from Delta Hockey Academy. Mikayla will commence her studies at York University in September, majoring in psychology with the goal of becoming a medical psychologist.

2. ****Ms. Ashley Chan****

Ms. Ashley Chan, granddaughter of Miranda L.C. Chan and a 2020 scholarship recipient, has successfully completed her third year of business education at UBC. Currently, she is enjoying two summer jobs and has chosen to participate in a four-month exchange program in the Netherlands starting this August.

3. ****Ms. Taelyn M. Falk****

Ms. Taelyn M. Falk, great-granddaughter of John Anderson and a 2021 scholarship recipient, has completed her first year at Fraser Valley College, pursuing her dream career as a teacher. She is also dedicated to ballet and has achieved numerous awards and trophies in this field.

4. ****Ms. Jessica R. Cho****

Ms. Jessica R. Cho, granddaughter of Robert G.M. Woo and a 2023 scholarship recipient, graduated with honors from Eric Hamber High School. She has chosen to attend the University of Waterloo in September, enrolling in the Honours Health Sciences co-op program.

We are very proud of their achievements and we wish them well with their education quests.

Thanks to Alan Sung, chair of the Van Fraser scholarship committee for the update on our former awardees. Remember to contact Alan or our Heritage Club office if you want information to share with your children/ grandchildren.

Canada Post Heritage Club has partnered with HearingLife!

HearingLife and its Network Partners have over 400 clinics across the nation and form the largest network of Hearing Healthcare providers in Canada.

Your membership with the Canada Post Heritage Club makes you and your spouse/partner, children, and parents eligible to receive exclusive benefits, including an EXTRA 10% off the final purchase price of hearing aids and custom noise protection, plus more AIR MILES™ Reward Miles©!*

Get started with a FREE hearing test! Call 1-888-419-8727 or visit HearingLifeAdvantage.ca/ CPHC to book today.



CALLING FOR VOLUNTEERS

- Write an article or story of interest to members for our newsletter
- Organize a luncheon for the 2025 year
- Help with data entry in the Heritage Club office.
- Layout our newsletter (articles submitted to you)
- Edit our newsletter
- Plan a picnic/BBQ for our members at a local park in 2025
- Help with Santa letters
- Help with Thomas the tank at West Coast Railway Park
- Review old editions of postal magazines and identity stories of interest to our members (at home or in office)
- Review collections of old post office photos and scan/edit/ enhance and download to USB stick or our computer
- Help with maintenance of Railway Mail car in Squamish
- Organize a club activity— golf game, bowling, fishing,etc
- Review applications for CPC scholarships
- Review submissions from organizations for grants from Canada Post Foundation
- Assist with displays and planning for Honour our Own ceremony

Please contact us by email vanfrasernews01@gmail.com or call the office 604-482-4311 if you can assist with any of these tasks or have other suggestions. Fred Danells or any of our executive.



What are you getting benefits for your members

	JOHNSON	belairdirect.
Exclusive Affinity product	✓	✓
Preferred group rates and discounts	✓	✓
Omnichannel experience	✗	✓
Mobile app	✗	✓
Online self-service capabilities	✓	✓
Online quote	✓	✓
Online loan	✗	✓
UBI (usage-based insurance)	✗	✓
Pay online & flexible payment dates	✗	✓
24-hour claims service	✓	✓
30 minute claims guarantee	✗	✓
Student discount	✗	✓

45 members and family cruise Alaska on the Queen Elizabeth

A group of 45 members and family were found on the Queen Elizabeth cruiseship in July. They were enjoying an 11 day Alaska cruise from Vancouver return. The trip started with a tour of the ship offered by Fred and about half of the group who had not been on the Queen Elizabeth before enjoyed walking through the ship and learning all of the spots they might want to visit during the coming eleven days. The next morning, the ship provided a coffee party for the group to meet and greet in the beautiful Yacht Club offering coffee, tea, water, and a variety of delicious pastries. At this time Fred introduced the group to each other and provided an orientation of what to expect as far as scenery, wildlife and activities in the days to come.

We had two coffee parties and two group dinners as well as the opportunity to meet every afternoon in the Garden Lounge for happy hour which was a time pre dinner to compare notes with each other as to what had been seen and what the plans were for the coming days. Members joined each other for dinner in the formal dining room or the numerous various optional dining venues or the buffet.

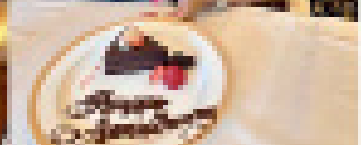
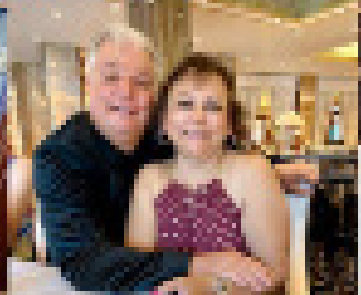


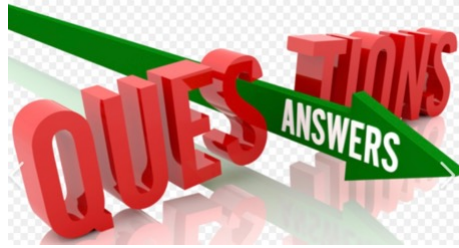
This was the first time the Queen Elizabeth visited the town of Wrangell, Alaska, a small port, and in fact, of all the times Fred has been to Alaska, it was his first time to this port. A highlight was the local museum with staff who were very knowledgeable about the area, the history and culture. Many enjoyed the walk along the beach and did some beachcombing, finding beautiful coloured stones.

Highlights reported from members during the final coffee party :

- Crab,crab, crab, I never ate so much crab in one seating
- Seeing so many happy people
- Meeting new friends from Alberta
- Catching salmon (24 cans of local sockeye) in Hoonah
- Visiting the rustic Office Bar in Hoonah
- Hubbard Glacier-massive and humbling.
- Seeing the mother bear and two cubs walking up the stairs in downtown Juneau.
- Taking the fast ferry to Skagway from Haynes
- Getting dressed up in the evening and the masquerade party.
- Just being on the ship
- Relaxing all day on a lounge chair on deck 3 as we slowly cruised through the stunning Misty Fjords National Monument viewing fjords, waterfalls and wildlife.
- Meeting former colleagues
- Betty from Alberta Heritage Club said, "Dad and I had a great time, I am so glad we hooked up with the friendly and knowledgeable Vancouver Heritage group".
- Alan and Flo - "We were incredibly fortunate to celebrate our belated 25th wedding anniversary aboard the elegant Cunard Queen Elizabeth cruise ship. During the trip, we had the pleasure of meeting new friends from Alberta and reconnecting with some old colleagues who were also on the cruise. It was a memorable and joyful experience, filled with great conversations and new friendships. The crab fest had to be the highlight of the trip."







Q: Now that Johnson Insurance is changing to BelAirdirect, will Heritage Club members still get a discount?

A: Most certainly the discount for Heritage Club members remains with belairdirect.

Q: I've had my home insurance with Johnson for years, why has the rate with BelAir increased so much this year?

A: Insurance is on the rise across Canada, especially home insurance and Unifund/Johnson would have been processing rate increases like the rest of the insurance market unfortunately. Claims due to weather events and natural disasters have driven the cost of insurance from coast to coast and this has prompted our busiest year ever for people shopping their insurance. Fortunately, our retention remains high and we are confident that we are positioned to outperform the market in Canada.

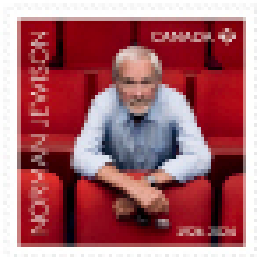
Note from member: I contacted BelAirdirect re my huge rate increase in home insurance and we discovered an incomplete transfer of my house insurance data from Johnson to BelAir. They quickly adjusted my rate when they had the complete data.

Q: Can I bring some friends with me on a Heritage Club cruise?

A: Yes, family and friends are always welcome on our club trips.

July 24, 2024

New stamp celebrates acclaimed filmmaker Norman Jewison



TORONTO – Canada Post is pleased to unveil its latest stamp, which commemorates the life and work of genre-spanning Canadian filmmaker Norman Jewison (1926-2024). The director of such classics as *In the Heat of the Night* (1967), *Fiddler on the Roof* (1971) and *Moonstruck* (1987) was one of Hollywood's most prolific filmmakers, who earned nominations for Best Director at the Academy Awards in three consecutive decades.



OTTAWA – Canada Post’s From Far and Wide series is back with nine spectacular images of must-see Canadian destinations.

Launched in 2018, the multi-year series celebrates Canada’s natural beauty and vibrant cultural landscapes. The fourth edition features seven provinces and two territories, taking viewers on a cross-country journey that will stir a sense of adventure and appreciation.

The 2024 From Far and Wide stamps showcase the following sites – each captured by a different photographer from across Canada:

- Tongait KakKasuangita SilakKijapvinga – Torngat Mountains National Park, Newfoundland and Labrador (Michael Winsor)
- Tehjeh Deé (South Nahanni River), Nááts’jìhch’oh National Park Reserve – Northwest Territories (Colin Field)
- Sunflowers – Altona, Manitoba (Mike Grandmaison)
- Galiano Island, British Columbia (James Stevenson)
- Abbaye de Saint-Benoît-du-Lac, Quebec (Ladislas Kadyszewski)
- Point Prim Lighthouse – Belfast, Prince Edward Island (Sander Meurs)
- Thousand Islands, Ontario (Ian Coristine)
- Restigouche River, New Brunswick (Guylaine Bégin)
- Qarlingua sea arch – Arctic Bay, Nunavut (Clare Kines)

2024-25 VAN FRASER HERITAGE CLUB TRAVEL OPPORTUNITIES

October 5/24 17 nights on the Koningsdam, Vancouver return, visiting Honolulu (overnight), Kauai, (overnight); Kona and Hilo, lots of sea days to relax and enjoy the ship. Call for last minute availability. No flights required! Sold out! Call in case cancellations.

January 6/25 and January 28/25 Two twenty-two day South America cruises including Antarctica experience on the Oosterdam, Santiago Chile to Buenos Aires and return to Santiago. You can cruise 22 or 44 days. This trip is always awesome and a highlight. Call the Heritage Club for more info and pricing. Fred will be on this one to point out all the scenery and wildlife!

February 8/25 21 nights Caribbean, on the Eurodam Fort Lauderdale return. Visit St Maarten, St Johns, Martinique, Dominica, St. Kitts, St. Thomas, Bahamas, Grand Turk & Caicos, Dominican Republic, Aruba, Curaçao, Bonaire. This is a great winter getaway and can be done in shorter segments if you don't have 21 days. Call the Heritage Club for basic pricing or the "Have it All Price".

February 15/25 35 nights, South Pacific, on the Koningsdam, San Diego return, visiting Kona, Maui, Honolulu (overnight Kauai, Raiatea, Papeete (overnight), Moorea, (overnight), Fakarava, Taiohae, French Polynesia. This is a popularly itinerary, call for availability.

May 5/25 5 Night Introductory / pre Mother's Day cruise, Vancouver return, on the Caribbean Princess. Visit Sitka and Ketchikan, Alaska along with scenic cruising. Prices available for the basic cruise or you may want to splurge on Princess Plus or Princess Premier packages.

June 8/25 28 nights "Cross the Arctic Circle" on the Westerdam, Seattle return. Visit Ketchikan, Sitka, Hubbard Glacier, Valdez, College Fjord, Seward, Dutch Harbour, Nome, cross the Arctic Circle during the summer solstice, Kodiak, Anchorage (overnight), Homer, Glacier Bay, Haines, Juneau, Wrangell, cruise Tracy Arm, Prince Rupert and end in Seattle. Fred Danells will be hosting this one. Insides from \$7450.00 including taxes per person. Only one trip a season!

July 27/24 7 Nights Alaska cruise, Vancouver return on the Serenade of the Seas. Visit Sitka, Tracy Arm, Icy Straight, Juneau and Ketchikan. Call for the all inclusive price.

October 4/25 9 nights Vancouver to Honolulu on the action packed Anthem of the Seas. This is a fun ship experience on route to Hawaii where you can stay on land for as many days as you like before flying home. Leave from the port of Vancouver, stay on board overnight in Seattle and then settle in to enjoy all the action on the ship— bumper cars, rock climbing, simulated sky diving, surf experiences, breathtaking 360 degree views from the North Star, over 15 specialty / theme restaurants, cafes, theatres, kids pools, adult pools in the tranquilly Solarium and more. Balcony cabins from \$1250.00 plus tax pp. Insides from \$1009.00 plus tax pp and windows available.

Note: Be sure you have adequate out of country medical and trip cancellation insurance before confirming your trip. Call your Heritage Club office, for info on Johnson (soon to be Belair) Medoc insurance. Prices available at time of printing and may change at any time. Call 604-482-4311 or email Van Fraser Heritage Club: vanfrasernews01@gmail.com for more info, detailed itineraries and pricing on other categories of cabins.