



TRENT SEVERN CHAPTER

July 2022



What's Inside at a Glance?

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Annual Meeting & Lunch in Peterborough | Scholarship Program
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President's Message

Nice to have the good weather upon us again as it's been a horrible winter (or have you forgotten) and a very wet and stormy spring. We had the May storm (called 'Derecho') in the Kawarthas which caused the loss of many trees and a lot of property damage. The locals are estimating the cleanup will last up to December with 8 barns in Douro-Dummer alone flattened from the strong winds. It's been technically

challenging with my new role as President of the Trent Severn Chapter. I enjoy working with Steve Smith, our Treasurer, who asked me to share his exciting cruise to Alaska in June. The only downfall was that he and his wife, Cheryl, came back with Covid. I'm sure we all know somebody now who has had Covid 19 and it's not as scary as we imagined in the beginning. Most of us are vaccinated and boosted up so we can continue to use masks and sanitize to feel safe. Phyllis Kimmermer, our past President, has organized the Annual Charity Golf Tournament this September 10, 2022 in Little Britain, On. with members from Trent Severn, Pineridge and Simcoe chapters' and their friends attending. Attached is the flyer regarding this event. We will also have our Summer Lunch and meeting in Lindsay on Tuesday, August 9, 2022 at Boston Pizza at noon. Feel free to bring items for the Food Bank. It is also the time of year that we ask all our members to support us with their dues. The response has been very slow yet is necessary to support our members and community.

[Read more on our website](#)

© 2022 Heritage Club

2101 White Lake Road West, Douro-Dummer, Ontario, K0L 2H0

trentsevern.heritageclub@gmail.com

A dark blue decorative graphic in the bottom right corner, consisting of several overlapping geometric shapes, including a large triangle and a square.

Life Events

Let us know if there are any special events coming up that we could share with our chapter. A simple email or text would suffice.

Charities 2022

Lakefield Food Bank has been operating out of St. John's Anglican Church which started up in 2020 and is now supporting 97 families affected by Covid19.

Santa Claus Letters

This campaign starts in late fall so if you are interested in volunteering for this program, contact Robin O'Donohue at 416-899-7259 or email me at trentsevern.heritageclub@gmail.com.

Who we are:

Trent Severn Chapter is one of 24 chapters across Canada.

We cover an area from Kingston and dependent offices in the east to Huntsville and Parry Sound in the north-west of central Ontario.

What we do:

Trent Severn organizes subsidized luncheons and an Annual Golf Tournament for our members. We also collect and donate food to the food Bank and also make donations to various charities throughout the year.

Do you have any suggestions for trips or special events that you would like to participate in?

Let us know at trentsevern.heritageclub@gmail.com or 416-899-7259

The motto of the Heritage Club is "People Helping People":

We would like to know of any activity you are currently volunteering which benefits people and/or the community and how many hours you spend per month. This is one of the criteria we are measured on by Canada Post and it affects our funding. Please contact me with any volunteer work you wish to share.

Heritage Club Scholarship Campaign 2022

This program ended June 30th and continues each year, especially now with the grant increased to \$2,000.00. Our national website will direct you to the application process.

BELLEVILLE COUNCIL

Bob Wludyka heads the council chapter in Belleville. Along with his executive and volunteers he organizes and participates in a great many functions. Some of which are as follows:

Monthly lunches and Bus trips, 50/50 draws

Beer cans and liquor bottles drives – For charity

As well as other charity drives

He has also been responsible for establishing the Belleville Postal Museum. Bob is enthusiastic about sharing ideas and events in the Belleville area.

Any of our dues paying members, who would like to join in any of Bob's functions, contact him by phone or e-mail.

bdwludyk@gmail.com or 613-986-3874

Newsletter Distribution

This newsletter is produced four times a year and is distributed to every member and associate who has paid the annual dues to the Chapter for that year. As a gesture we are distributing to ALL due to Covid restrictions and not being able to fundraise. Also, a general distribution is made once a year to every person currently listed as retired, or has 25 years of service in our Chapter area.

Associate Members

Associate membership is available to the interested spouses of current members, and to surviving spouses of deceased members who wish to continue to receive correspondence, participate in activities, and keep up with news from their friends in the Club.

Paid up Associate members will be issued their own membership number. If you wish to take advantage of this opportunity, please advise the Trent Severn Chapter President.

Membership Advantages

- Johnson Auto Insurance: exclusive savings up to 35%
- Discounts for travel through Medoc Insurance Travel.

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- Goodlife Fitness: A substantial member's discount is available at all Goodlife Fitness locations.
www.goodlifefitness.com Please note that you must purchase your membership on-line, not at the gym, and you will require your Heritage Club number to access information regarding this program.
 - Radisson Hotel Group: discounts of up to 20% in Canada and worldwide. Collette Tours discounts.
 - Check the national website:
www.heritageclub.ca Click on links.

FROM THE TREASURER'S DESK

Membership

Annual membership fees for the Heritage Club are \$10.00 per year, and are due now for 2022. A renewal form is included for your convenience. Please complete the questionnaire and return with your payment in the envelope provided at your earliest convenience.

Remember, annual dues paid by our members are instrumental in keeping our chapter active.

There are discounts you receive as a dues paying member plus a significant portion goes to support the Food Banks and Shelters in our communities. If there is a Charity in your area that we can help, please let us know. We hope you will be able to support us.

Treasurer: Steve Smith

Email: ssmithcanpost@gmail.com or call (416) 523-7398 for e-transfer.

Trent Severn Heritage Chapter

Welcome to New Members/Retirees and/or 25 years SERVICE Veterans

Pamela Townsend - Keswick

Rosanne Camenzuli - Picton

Pamela Cornell - Kingston

The Story Corner

Someone in the Postal Service needs to be rewarded ... A letter from the Post Office... This is absolutely the best! We don't know who replied, but there is a beautiful soul working in the dead letter department who understands Love...

Our 14-year-old dog Abbey died last month.

The day after she passed away my 4-year-old daughter Meredith was crying and talking about how much she missed Abbey.

She asked if we could write a letter to God so that when Abbey got to Heaven, God would recognize her.

I told her that I thought that we could, so she dictated these words:

Dear God,

Will you please take care of my dog?

Abbey died yesterday and is with you in heaven.

I miss her very much.


I'm happy that you let me have her as my dog even though she got sick. I hope you will play with her. She likes to swim and play with balls.

I am sending a picture of her so when you see her you will know that she is my dog.

I really miss her.

Love Meredith

We put the letter in an envelope with a picture of Abbey & Meredith and addressed it to God/Heaven.



We put our return address on it.

Meredith pasted several stamps on the front of the envelope because she said it would take lots of stamps to get the letter all the way to heaven.

That afternoon she dropped it into the letter box at the post office.

A few days later, she asked if God had gotten the letter yet.

I told her that I thought He had.

Yesterday, there was a package wrapped in gold paper on our front porch addressed, 'To Meredith' in an unfamiliar hand.

Meredith opened it.

Inside was a book by Mr. Rogers called, 'When a Pet Dies.'

Taped to the inside front cover was the letter we had written to God in its opened envelope. On the opposite page was the picture of Abbey & Meredith and this note:

Dear Meredith,

Abbey arrived safely in heaven. Having the picture was a big help and I recognized her right away.

Abbey isn't sick anymore. Her spirit is here with me just like it stays in your heart. Abbey loved being your dog.

Since we don't need our bodies in heaven, I don't have any pockets to keep your picture in so I'm sending it back to you in this little book for you to keep and have something to remember Abbey. Thank you for the beautiful letter and thank your mother for helping you write it and sending it to me.

What a wonderful mother you have. I picked her especially for you.

I send my blessings every day and remember that I love you very much.



By the way, I'm easy to find.

I am wherever there is love.

Love, God

Joke Corner

What month of the year has 28 days?.....All of them!

Or

A man walks into his psychiatrist office naked and wrapped in plastic wrap. His doctor says, "I can clearly see you're nuts."

Your Benefit Contact Numbers

Canada Post Pension Site: 1-800-480-9220

Gov't of Canada Superannuation: 1-800-561-7930

Canada Pension Plan/Old age Security: 1-800-277-9914

Canada Post Extended Health Plan (Canada Life) 1-866-249-5723 Sun life Insurance:
1-800-361-6212

Access H.R. - CPC Human Resources: 1-877-807-9090

Survivor Benefits

As a Canada Post employee, many of your benefits will continue upon your death. To make certain the survivor of a retiree maintains the pension, health and medical benefits several contacts must be made after the retiree's death.

Access H.R. 1-877-807-9090

Retiree name

Employee I.D. number

Social insurance number

Copy of death certificate

C.P.C. Pension – 1-877-480-9220

Retiree name

Employee I.D. number

Postal code

Month and date of birth



Copy of death certificate

Superannuation – 1-800-561-7930

Retiree name

Social insurance number

Copy of death certificate

C.P.P. /O.A.S. – 1-800-277-9914

Retiree name

Social insurance number

Copy of death certificate

Note: Besides the survivor pension there is also a death benefit payable to the survivor.

Canada Life Assurance – 1-866-249-5723

Retiree name

Employee number

Copy of death certificate

Plan number

