Preparation For Retirement

In Advance

- Obtain at least a 2 months supply of medications while you still have active benefits

- Ensure your premiums for benefits are coming out of a joint account

- prepare for the fact that there will be a recovery of previous salary advance paid to you in 2018

- Submit your retirement notice a minmum of 90 days ahead of actual retirement date

- Retirement date should be in the 2nd last week of a month to ensure meeting Pension Centre cut-off

- If you have a previous marriage , the Pension Centre will require a copy of any divorce settlement so ,

search for it early

Canada Post Pension Centre ( Mississauga )

- They will provide all the necessary forms to complete in order to apply for Pension Benefits

- If needed , they can be reached at ….. 1 – 877 – 480 – 9220

Canada Life Benefits Administration ( Winnipeg )

- They will provide the necessary forms for health , dental , vision and hearing Benefits

- your Canada Life benefits will be activated only after you receive the first pension deposit

- If needed , they can be reached at ….. 1 – 866 – 716 – 1313

Canada Post ( Access - H. R. )

- They will provide a administrative summary and work history

- If needed , they can be reached at ….. 1 – 877 – 807 – 9090

It is recommended the completed forms for the Pension Centre in Mississauga be sent in to them via Xpresspost. The 16 digit tracking number will indicate the actual date of delivery

It is also recommended that the completed forms for Canada Life in Winnipeg be sent in to them via Xpresspost The 16 digit tracking number will indicate the actual date of delivery