

THAMES HERITAGE CLUB NEWS

WINTER 2022/2023

Hello,

Winter is almost upon us again. Flu season has arrived and we find ourselves still getting Covid vaccinations. The annual "Letters-To-Santa" campaign is about to get underway.

In this issue:

- Heritage President Communication
- membership renewal time for 2023
- EARLY DUES RENEWAL DRAW
- 2023 Pension Indexing confirmed
- Santa Letter Volunteers (Elves)
- Columbia Sportswear Employee Store Invite

Your Benefits

Contact Numbers

C.P.C. Pension	1-877-480-9220
Superannuation	1-800-561-7930
C.P.P. / O.A.S.	1-800-277-9914
Canada Life	1-866-716-1313
Access H.R.	1-877-807-9090
Employment Ins	1-800-206-7218
Passport	1-800-567-6868
Can Rev Agency	1-800-959-8281

Your Benefits

Survivor procedures:

To ensure the survivor of a retiree maintains pension, health and medical benefits, a number of contacts must be made after a retiree's death.

Access H.R. (1-877-807-9090)

- ..retiree name
- ..employee I.D. number
- ..social insurance number
- ..copy of death certificate

C.P.C. Pension (1-877-480-9220)

- ..retiree name & employee I.D. number
- ..postal code
- ..month and date of birth
- ..copy of death certificate
- ..copy of retiree's will

Canada Life (1-866-716-1313)

- ..retiree name
 - ..employee number
 - ..copy of death certificate
 - ..plan numbers ..51057 & 51391
- NOTE:** Very important to notify Canada Life as soon as possible in order to set up a new automatic withdrawal in the survivor's name in order to keep policy in force and maintain medical, dental and vision benefits.

C.P.P. / O.A.S. (1-800-277-9914)

- ..retiree name
 - ..social insurance number
 - ..copy of death certificate
- NOTE:** Besides the C.P.P. survivor Pension, there is a Death Benefit payable to the survivor

Superannuation (1-800-561-7930)

- ..retiree name
 - ..social insurance number
 - ..copy of death certificate
 - ..copy of marriage certificate
- Note: Sun Life benefit premiums for Superannuation survivor will be deducted directly from monthly survivor pension*

Canada Rev Agency (1-800-959-8281)

C.R.A. is to be contacted when a member or spouse passes to prepare for T-1 and T-3 form completion.

Message From President



2022 is almost at an end and I am sure that much comfort will settle over us all as we see it slowly shrink in our rear-view mirror. We saw a removal of the Covid shackles that restricted our movements and freedoms.

On a personal note , I wish to thank all members for the continued support of the Heritage Club. We have seen continued growth in the quantity of dues-paid members to the point where we presently see the paid members represent **46.3%** of the total membership. This is a new never before seen high for the Thames Heritage Club and puts our club near the top tier in the country.

This season sees the Thames Heritage Club at a high level of preparedness for the 2022 version of the Letters-To-Santa campaign. Close links with the operations community sees us ready to take on even higher volumes of santa letters than before. The recent 2022 version Santa parade in London collecting 597 letters-to-santa. We must not forget to recognize the many employees and retirees that have signed

on to answer kids santa letters from home. We have Letters-To-Santa being collected from the Children's Hospital of Southern Ontario , Ronald McDonald House , Children's Museum , Boys & Girls Club , Merry Market and the Preschool of the Arts in London. We have assisted Toys-R-Us in setting up a letters-to-santa collection spot . This will ensure that each of these locations where young people gather will see their letters to the elder gentleman from the North Pole are answered prior to the big day.

Heritage Club Support To Members

Widows / Widowers

There have been six (9) consultations held so far in 2022 with widows and widowers to assist them with survivor benefits and pension questions and contacts as well as completion of various documentation. Also , we have guided widows / widowers when dealing with funeral homes as to the assistance these homes can provide in the documentation required to ensure that C.P.P. death benefit is applied for and collected.

Pre-retirement Meetings

There have been nine (14) meetings with potential retirees covering what to expect in the way of documentation from Canada Post , the Pension Centre and Canada Life. Subsequent meetings have also been held with these retirees to assist them with the completion of these forms including witness signatures.

Operations Consultations / Meetings

Meetings have been held with the operations community regarding revisions to the amount of advance notice needed by potential retirees to notify the corporation of their intention to retire. Sufficient advance notice will prevent situations where retirees face the possibility of their retirement date arriving and all the necessary documentation has not yet been completed and submitted.

Volunteer Contributions

Members who are volunteering at any activity should be recognized for their participation. Let the Heritage Club know how much and how often. Many times volunteer activities seem to go without notice.

Some examples are

- .. seniors for seniors
- .. tax assistance for seniors
- .. volunteer lifeguard
- .. recyclable material collection for a cause
- .. cancer clinic guide/assistant

EARLY DUES RENEWAL DRAW

For this year, there will be a draw held at the beginning of February 2023 for a prize of **\$100**.

All members who pay their 2023 membership dues before January 31st, 2023, will have their name entered into the February draw.

Note: All members who have already paid their 2023 membership dues will also be entered into the February draw.

Membership Renewal Time

It is time for renewal of Thames Heritage Club Annual Dues for 2023 through payment of the **\$12 yearly dues**. Your Heritage Club counts on your continued support to offer membership benefits.

Send payments to :

Thames Heritage Club
955 Highbury Ave
London, On N5Y 1A3

(Note: H Dues may be paid by e-transfer)

..send to: Henry Masek

hsmasek@hotmail.com

Membership Benefits

Some of the membership benefits are ...

- discounted fees at GoodLife Fitness
- 40% - 50% discount at Columbia Sportswear Employee Store Events
- very attractive travel Insurance rates with Medoc (Johnson Insurance)
- pre-retirement meetings to review retiree documentation packages
- Widow / Widower consultation service
- 4 newsletters per year for paid-up members (2 newsletters per year for regular members)
- discount on cost of **Annual Banquet**
- discount at Annual Golf Tournament
- discounted periodic luncheons at the Mandarin Restaurant and other eating establishments
- scholarships for university and college
- discount of \$100 to \$500 per person on Colette Tours

C P C Pension Payment Dates - 2023

January 31
February 28
March 31
April 28
May 31
June 30
July 31
August 31
September 29
October 31
November 30
December 29

C.P.P. Pension Payment Dates - 2023

January 27
February 24
March 29
April 28
May 26
June 28
July 28
August 27
September 27
October 27
November 26
December 22

Superannuation Payment Dates – 2023

January 27
February 24
March 29
April 26
May 29
June 28
July 27
August 29
September 27
October 27
November 28
December 27

In Memoriam – 2022

Atkinson , Dean
Badgley , Denise
Boone , Thomas
Deane , Bob
Greenaway , Bruce
Hobbs , Edna
Hendry , Robert
Hollister , Robert
Hurley , William
Lampman-St Denis , Dawn
MacDonald , William
Pageot , Albert
Richardson , Gordon
Stenson , Ron
Thiel , Gunther
Webb , Dorothy
Wise , Mary

New Members – 2022

Adeniji , Victoria
Atkinson , Marj
Beaton , Susan
Clark , Darlene
Dearmo , Gordon
Desando , Bruno
Dowhan , Sandra
Giles , Rebecca
Grant , Cynthia
Manzara , Joseph
McCormick , Michelle
Oliveira , Victor
Orosz , Jeff
Richardson , Jean
Shrumm , David
Steinman , Douglas
Van Boven , Janet
White , Michelle

2023 CPC Pension Indexing Rate

The indexing rate for January 2023 has been set at **6.33%**

Heritage Club Executive

President: Henry Masek
519-204-8873
thamesheritageclub@gmail.com



1st Vice-President:
2nd Vice-President: Sherry Hexter
519-636-7411
Treasurer: Stew Metcalf
519-660-4193
Secretary: Dianna Snell
519-601-0085

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Pre-Retirement Meetings

Future retirees may meet with the Heritage Club president to discuss what to expect in the way of documentation from both Canada Post H.R. and the Pension Centre along with assistance in completing the various forms

Contact Henry Masek @ 519-204-8873

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Widow / Widower Consultation

There is a need for widows and widowers of former Canada Post employees to have support when facing the death of a spouse when it comes to pension , benefits and survivor documentation. This covers Superannuation , Canada Post Pension, Canada Pension Plan ,Old Age Pension , Canada Revenue Agency , Canada Life and Sun Life Benefits including (basic and over-65 life insurance policies) Your Heritage Club president will guide you through this complex area of concern.

Christmas Shopping Time

Your Heritage Club has arranged another Heritage Club Invitation for members to shop at the Columbia Sportswear Employee Store in London. Card carrying Thames Heritage Club Members for year 2022 and 2023 can shop and enjoy a discount of between 40% - 50% off brands such as Columbia , Sorel , Mountain Hard Wear and Prana. This is an invitation-only event which occurs four times per year. Club members are to have their current club I.D., photo I.D. and the invitation and present it at the employee store from Nov 25 – Dec 18 , 2022 and shop. Each member can bring along **up to four (4) family and/or friends with them.**

Full details on attached Columbia Invite.

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Newsletter E-Mail Option

You may receive your Newsletter via e-mail if you wish. Just notify your Heritage Club though e-mail at thamesheritageclub@gmail.com or by calling a member of the executive.

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Death Of Member

In an effort to keep our information up to date , we need to know when any of our members is deceased.



Heritage Club members receive up to 50% off - online registration with a (paid-up) Thames Heritage Club membership

To learn more about this offer visit <https://corporate.goodlifefitness.com>

You will require your (paid-up) Thames Heritage Club number to access information regarding this offer.

REMINDER:

Any GoodLife new applications or renewals will be denied if current year membership dues are not paid.

We are looking for anyone who would like to assist Santa answer all those letters he receives from kids before Christmas. Your Heritage Club has the ability to ship kits directly to people working from home. In the kit are the actual letters from kids , response letters and envelopes , writing equipment (pens) , instructions , Log Sheets to record the reply envelope series numbers and return envelopes to return the original letters and envelopes from kids so they can be shredded.

If you're interested let us know
thamesheritageclub@gmail.com



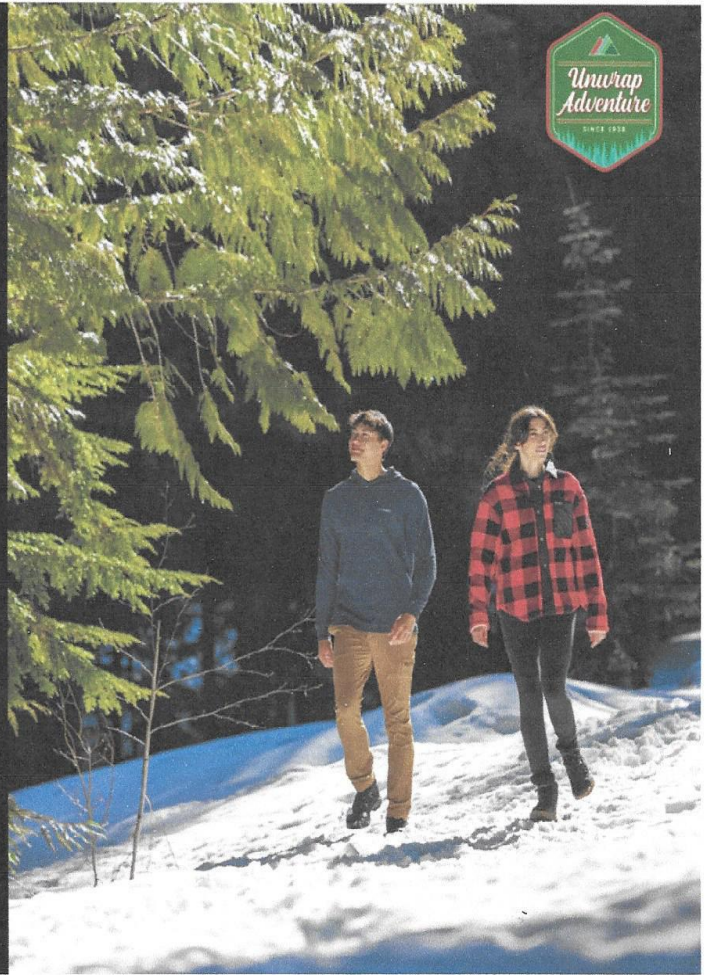
FIND GREAT GIFTS FOR ALL THIS SEASON!

ADDITIONAL SAVINGS UP TO

30% OFF

SELECT HOLIDAY STYLES

*DISCOUNTS IN ADDITION TO EMPLOYEE STORE PRICING



EXCLUSIVELY FOR:

Canada Post Heritage Club

VALID DATES

11/25/2022 - 12/18/2022

VALID FOR YOU + 4 GUESTS

WHAT TO BRING

THIS INVITATION
PHOTO I.D.
PROOF OF AFFILIATION

business card | membership card |
company email signature | pay stub |
original email | other form of affiliation

LOCATION & HOURS

1-1425 Max Brose Dr
London ON, N6N 0A2

MON-FRI: 9AM - 9PM
SAT: 9:30AM - 7PM
SUN: 10AM - 6PM

Check online for latest Holiday Hours

YEAR ROUND ACCESS

MILITARY PERSONNEL: EVERY DAY
SENIORS (65+): FIRST TUESDAY OF EACH MONTH

Questions? Please email: londonemployeestore@columbia.com



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Valid for you and up to 4 guests for multiple visits during your invite period. Columbia reserves the right to modify or cancel this offer at any time. Please present this original invitation to the receptionist for entry and again at checkout. This invitation is non-transferable. You must be present during shopping. The products purchased are intended solely for the buyer's own personal use, including gifts to others. Resale of products is strictly prohibited. Columbia Sportswear limits the number of items purchased to no more than 10 of the same style. For team and company purchases, please speak to a member of our store management team. Offer may not be combined with any other offer or discount. Valid from dates listed above. ©2022 Columbia Brands USA, LLC.