



Terra Nova Chapter Newsletter December 2021



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President's Message

Wouldn't it be nice if this message didn't have to mention the pandemic? Unfortunately, ignoring something which has fundamentally changed all of our lives isn't really an option. To quote Captain Obvious, "No one knows what the future holds." We can only hope that it will bring us to a day when we can view someone from outside our household (even from the mainland – gasp!) with less anxiety. No, not every stranger has Covid.

Of course some do, and therein lies our problem.

After 18 months spent almost literally in the basement, my wife and I did a little cautious travelling this summer. We even ventured across the Gulf to Halifax, masked and double-vaccinated. But I confess to cringing whenever I found myself in close proximity to an accent which sounded different. A Texas licence plate, while once a signal that Newfoundland was finally on the map, is now a cause for concern. Who are these people, and why have they chosen NOW to travel to Canada, possibly bringing plague and pestilence with them??

There is no certainty to be had for any of us, although here in Newfoundland and Labrador we have been blessed with low numbers and can hopefully continue to see a slow return to social activities. We can only cautiously plan, be ready to cancel if required, and hope that the people around us are being as careful as we are. Can we really trust that the person sitting next to us at dinner didn't return yesterday from a Covid hotspot? Please, friends, take care of yourselves and each other. Vaccines are

the solution, but they are not a magic bullet. We are all vulnerable to a disease where even a mild infection can be passed on to someone else.

Eldred Holmes, President, Terra Nova Chapter

Heritage Club Update

Like many organizations across Canada and the world, the Heritage Club has seen its activities effectively halted by the pandemic. Newsletters have been circulated – mostly detailing cancellations – but in-person gatherings are scarce, and rightly so. The Annual General Meeting of national presidents scheduled for Quebec City was cancelled in June 2020 and again in June 2021, and the National Executive has functioned through FaceTime meetings. Unfortunately this is only adding to our ongoing issues surrounding succession and the need for additional membership involvement.

A slow and cautious return to activities is imminent, but the continued viability and success of our Club can only be achieved if the membership steps up to take on active role in leadership and participation in club projects. If you have some time to offer, please contact El Holmes. The executive of the Postal Employees 25 Year Club, after serving in their positions for many years, would like to pass the torch on to fresh hands. An attempt at a meeting in October 2021 to hold an election of officers met with little success. Across Canada we've seen a number of chapters fail because local leadership was lacking. There's a bad joke that there is only one way out of these executive positions – and dying in harness is particularly troublesome when there's no one willing to pick up the reins. It would be unfortunate if our Heritage Club became yet another victim of pandemic restrictions, but I'm not sure we can entirely blame apathy on the pandemic.

*If we were logical, the future would be bleak, indeed. But we are more than logical.
We are human beings, and we have faith, and we have hope, and we can work.
– Jacques Yves Cousteau*

Executive News

The current executive of the Terra Nova Chapter, Heritage Club, consists of:

- Eldred Holmes, President
- Dave Roche, Secretary/Membership Officer
- Bill Marshall, Treasurer

Elections for these positions were scheduled for May 2020, deferred and held in October 2021. All incumbents were acclaimed to their positions.

If you'd like to be more involved, particularly in organizing social or volunteer activities within your communities (when safe to do so), please contact El Holmes, and the Club will assist you in any way possible.

The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty. – Winston Churchill

Year in Review

There were no scheduled activities for the Heritage Club or the Postal Employees 25 Year Club in the past year.

We did, however, make donations over the Christmas season to a number of charities, including The Gathering Place, the Single Parent Association of Newfoundland, Choices for Youth, the Jimmy Pratt Outreach Centre, and the Community Food Sharing Association. We also donated to the Janeway Telethon. The print draw held in conjunction with last year's newsletter was a great success, resulting in a donation to the CPC Community Foundation. The winner was Raymond Hull of Corner Brook. Look for details of this year's print draw with this newsletter.

The Santa letter writing campaign was a very challenging project, given that there was only one person permitted to enter the Kenmount Road plant to handle the actual letters. At the request of the Post Office we made it work, and a huge thank you goes out to everyone who made our goal of answering every child's letter achievable. This year's winner of the national incentive prize was Janice Phillips. A draw was also held by the administration at the Kenmount Road plant, and the winner of a framed print was Bill Coultas.

Membership and Dues

Annual membership fees are \$10.00 per year, payable either to the 25 Year Club **OR** the Heritage Club, and are due now for 2022. A renewal form is included with this newsletter. Please complete the questionnaire and return with your payment in the envelope provided at your earliest convenience.

Please note that Chapter correspondence other than the annual newsletter will only be sent to active, ie. dues-paying, members. In addition, you will need your membership number and you must be an active member in order to take advantage of any Heritage Club discounts.

Associate membership is available to the interested spouses of current members, and to surviving spouses of deceased members who wish to continue to receive correspondence, participate in activities, and keep up with news from their friends in the Club. Paid up Associate Members

will be issued their own membership number. If you wish to take advantage of this opportunity, please advise the Terra Nova Chapter President.

A prize draw for paid up Heritage Club members (other than Metro Chapter) is held each year. The lucky winners of small cash prizes for 2021 are Shirley Hollett, Thomas Rogers, and Ross Andrews. Congratulations to this year's winners. A similar draw will be held in late 2022, so be sure to get your dues payment in and get your name in the hat. Given that all of the Metro Chapter activities were cancelled for 2021, we felt it appropriate to recognize those members' loyalty with a prize draw as well. The winners were John Sullivan, Paulette Foote and Brenda Frizzell.

Discounts and Deals

Membership discounts have been negotiated with Johnson Insurance for home and auto policies, and if you plan to travel when it is safe to do so, their MEDOC travel plan is a great choice. Enhancements to the MEDOC plan over the past couple of years have made their coverage even more attractive.

A substantial member's discount is available at all GoodLife Fitness locations. Please note that you must purchase your membership on-line, not at the gym, and you will require your Heritage Club membership number to participate. Details on Heritageclub.ca, under Links.

The Heritage Club has a partnership with Choice Hotels Canada, including Choice, Comfort, Quality, Clarion, and others. Full details are on our website, under Links.

Also available on the website is information about discounts available on travel opportunities from Collette Travel.

Remember, you must be a Paid Up member to take advantage of any of these offers.

Hang on to your hat. Hang on to your hope. And wind the clock, for tomorrow is another day. – E.B. White

Scholarship Program

The Heritage Club Scholarship Program has just completed its fourth successful year, and over the past four years we have had the privilege of assisting thirteen deserving young people with their university education. This year's winners of \$1000 scholarships were Leah Born of Edmonton AB, Clarisse Pelletier of Longueuil QC, Laetitia Pasqualini of Candiac QC, and Genvieve Tokarz of Fort McMurray AB. More information about these fine young people is posted on our website. This will be another challenging year for all of our graduates, and as Scholarship Coordinator I am especially proud that we are able to assist these four worthy individuals.

The H.C. Scholarship Program is open to dependent children and grandchildren of all active (dues paid for 2 years) members of any Heritage Club Chapter. The full application package is available on the website, and the closing date for applications for the 2022 Program will be June 30, 2022.

Heritage Club members and their families are also eligible to apply for scholarships from Johnson Insurance. Information is available on our website. Please note that you do not have to be a customer of Johnsons, just an active Heritage Club member.

*I believe that imagination is stronger than knowledge. That myth is more potent than history.
That dreams are more powerful than facts. That hope always triumphs over experience.
That laughter is the only cure for grief. And I believe that love is stronger than death. –
Robert Fulghum*

Website Navigation and Features

As indicated throughout this newsletter, the Heritage Club website can be found at www.heritageclub.ca. The site, which is slated to be renewed and relaunched late this year, opens to the National page, on which can be found Links to programs and discounts as indicated elsewhere in the newsletter, as well as useful links to sites such as Canada Life (formerly Great West Life), Sun Life, and the CPC pension plan.

To find out what's happening in your chapter, click on "Select a Chapter" from the home page and choose Terra Nova. There you'll find newsletters, accounts of recent meetings, and pictures from local events, as well as notification of upcoming events. Check back regularly, as new information will be added monthly.

If you have any suggestions for content to be included, please pass them on to the Chapter President. We wish to respect our members' privacy, so if you would prefer that your name or photo not be posted to the site, please let the President know.

Upcoming Events

We have scheduled a **Christmas luncheon for Thursday, December 9th at 12:30 p.m. at the Royal Canadian Legion, Blackmarsh Road.** Strict Covid protocols will be in place for this event. There will be a full turkey dinner served, and spouses are welcome. More information will be forthcoming as plans are finalized. If you're coming in from out of town, contact El Holmes at 753-4231 for details.

Volunteer Activities

The Santa Letter campaign will be getting underway in the next couple of weeks. The program will look different again this year – doesn't everything? – and enormous effort is being put into making the project safe for everyone. If you'd like to participate, contact your local post office. It's a huge project, carried out in a very tight time frame, so the more people who get involved the fewer disappointed children there will be.

The primary charity of the Corporation is the Canada Post Community Foundation. The focus of their efforts is to distribute grants to community groups which offer direct support to programs, initiatives and activities that benefit children. Donations can be made throughout the year, and once a year the Foundation distributes funds to worthy organizations. The Heritage Club fully supports the fund-raising efforts of the Foundation, and we encourage our members to participate wherever you can.

There are many ways to give – whether through the CP Community Foundation, through your local church or service group, hospital foundations, or food bank. Take a look around your community. You may be sure that there are very real needs that you can help to fill. If each of us volunteers an hour, great things can be accomplished.

Hope smiles from the threshold of the year to come, whispering "it will be happier."
– Alfred Tennyson

Good to know – Tips for retirees and about-to-be's!

Motor Vehicle Registration - Reminder

As of spring 2018, the Newfoundland and Labrador Motor Vehicle Registration Division are no longer mailing out notifications of expiration of registration stickers for vehicles or drivers' licences. No one should rely on their memory alone to make sure these deadlines are met. You can request to be notified by email when your motor vehicle registration and licence renewal come due. Go to www.servicenl.gov.nl.ca and choose Registration Renewal under Vehicle Registration. You will need to update your email address in order to activate reminder notifications. For peace of mind, do it today.

Your Benefits Contact Numbers

C.P.C Pension	1-877-480-9220	Access H.R.	1-877-807-9090
Superannuation	1-800-561-7930	Passport	1-800-567-6868
C.P.P./O.A.S.	1-800-277-9914	Employment Insurance	1-800-206-7218
Canada Life	1-866-716-1313	Canada Revenue	1-800-959-8281

Your Benefits Survivor Procedures

To ensure the survivor of a retiree maintains pension, health and medical benefits, a number of contacts must be made immediately upon a retiree's death. We suggest you clip and save this page for your permanent records.

Access H.R. (1-877-807-9090)

Info required: Retiree name, employee ID #, Social Insurance number, copy of death certificate

C.P.C. Pension (1-877-480-9220)

Info required: Retiree name, employee ID#, postal code, month and date of birth, copy of death certificate, copy of retiree's will

Canada Life (1-866-716-1313)

Info required: Retiree name, employee ID#, copy of death certificate, plan number (51057 & 513910). **Note:** *Very important to notify Canada Life as soon as possible in order to set up a new automatic withdrawal in the survivor's name to keep policy in force and maintain medical, dental, and vision benefits.*

C.P.P. / O.A.S. (1-800-277-9914)

Info required: Retiree name, Social Insurance number, copy of death certificate. In addition to the survivor pension, there is also a death benefit payable to the survivor.

Superannuation (if applicable) (1-800-561-7930)

Info required: Retiree name, Social Insurance Number, copy of death and marriage certificates. Upon request for coverage (within 60 days of death) Sun Life premiums for survivor will be deducted directly from survivor pension.

Canada Revenue Agency (1-800-959-8281)

CRA must be contacted when a member or spouse passes away, and T-1 and T-3 to be completed.



Member Updates

If you are planning to move, or have moved, please let us know by completing the appropriate form below.

If you have any information regarding a member's death, please let us know by completing the appropriate form below.

Return all forms to us at P. O. Box 2506, St. John's A1C 6E8, in the envelope which accompanies this newsletter.

Change of Address Notice

Member # _____ (if known)

Name: _____

Old Address:

New Address:

Phone Number: _____

Member's Death

Member # _____ (if known)

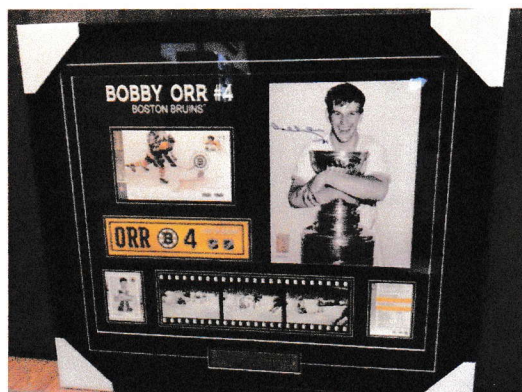
Family Name: _____

Given Name: _____

Date of Death _____

Last Address:

Phone Number: _____



2021 Prize Draw

Another blast from the past! All proceeds go to the Canada Post Community Foundation, supporting local programs which benefit children.

This print is a Canada Post collectible, and recognizes the game changing career of Bobby Orr, the iconic #4. This special edition print includes the Official First Day Cover of the 2017 commemorative stamp. The frame size, 26" x 29", ready to hang in your home.

Draw open to all dues paying Terra Nova Chapter Heritage Club members, drawing to take place January 31st, 2021. Tickets are \$2.00 each, 3 for \$5.00. Simply fill out the tickets below and return with your payment in the dues envelope provided. Thank you for your support!

Name _____ Phone # _____

Address _____

Name _____ Phone # _____

Address _____

Name _____ Phone # _____

Address _____

Please complete and return this questionnaire with your dues payment.



Terra Nova Chapter Questionnaire – December 2021

Your Name _____

Has your address changed? If so, your new mailing address is:

Do you have an e-mail address? _____
A complete registry of e-mail addresses will help us communicate with you better.

Do you currently volunteer in your community? Yes ☐ No ☐

If so, what sort of organizations do you work with? _____

How many hours per year do you estimate you volunteer? _____

Opt out? I no longer wish to be a member of the Heritage Club nor to receive correspondence from the Club.

Signature of member

Your Name _____

Dues: \$10.00 per year – 2022 payable on receipt

Amount Enclosed _____

Cheques payable to Terra Nova Chapter, Heritage Club.

Please note: Send \$10.00 only. If you have already paid dues to the 25 Year Club, it is not necessary to pay to the Heritage Club as well.

Please complete and return this questionnaire with your dues payment.



Postal Employees 25 Year Club
(A Council of Terra Nova Chapter,
Canada Post Heritage Club)

CHRISTMAS LUNCHEON

DELICIOUS TURKEY DINNER AND TRIMMINGS

**ROYAL CANADIAN LEGION, BLACKMARSH RD.
THURSDAY, DECEMBER 9, 2021
AT 12:30 P.M.**

\$10 PER PERSON, SPOUSES WELCOME
PROCEEDS TO COMMUNITY FOOD SHARING ASSOC.

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**FOR TICKETS CONTACT ONE OF THE
FOLLOWING BY DECEMBER 1ST:
WAYNE MURPHY 364-1263
EL HOLMES 753-4231**

Please note: Covid protocols in place. Must be fully vaccinated. Masks to be worn except when seated. Please maintain safe social distancing.