



Simcoe Chapter CANADA POST HERITAGE CLUB  
72 Leuty Avenue Toronto ON M4E 2R4  
Telephone 416-716-2898  
email [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com)  
Newsletter– distribution June 18, 2026

### President's Message

Dear Members,

After that long, cold and wet Spring we are getting some pleasant weather. I hope everyone is treasuring the great weather to do some gardening, travelling, barbecuing and visiting friends and family. I wish everyone great health and happiness! Remember to stay positive.

**Canada Post Heritage Club was formed in 1989. It was established by Canada Post Corporation as a formal program to recognize the contributions of long term and retired employees. Canada Post has been generous in providing an annual grant money to the Heritage Club for the past thirty-five 35 years.** However, this support has been suspended since **2025**. Because Canada Post has incurred significant annual losses since 2018, fuelled by rapid changes in the postal and parcel delivery sectors, high labour costs and legacy regulatory measures. This reality has threatened support from Canada Post to the Heritage Club, and the **seed money** to the club has been suspended as of beginning of 2025. **FREE POSTAL MAILING PRIVILEGES WAS TERMINATED** in 2025 and 2026. After negotiation, we managed to get a temporary reprieve, a relief fund to help us pay for our mailing expenses We wait with hope and anticipation that new arrangements and considerations will be afforded to us pending future financial improvements.

**We have increased our annual membership fee from \$10 to \$20 a year as of 2026.** We start collecting in September for the following year. **If you have not sent in your 2026 membership fee, please do so now. To save mailing costs we mail out one hardcopy of the newsletter once a year to all members. The other three quarterly newsletters will be e-mailed to the paid members only that we have email addresses for. PLEASE PROVIDE US WITH YOUR E-MAIL ADDRESS IF YOU HAVE NOT DONE SO.**

I am forever grateful to my colleagues still working at the Post Office for allowing me and my team to print our newsletter at South Central and to have a place to work on the

newsletter. This has been at the discretion and generosity of the Production Control & Reporting Manager, **Lia Mougoussidis**, and past Plant Director, **Troy SETO**, who has been promoted. The current Plant Director is **Zifaan Jaffer**. Their kindness and support have saved Simcoe Chapter money on printing costs, allowing us to give generously in our annual charitable donations. Thanks to everyone who made this possible, especially our number one supporter, **Jason Langford**, Superintendent of RVU, who has been so kind and extremely helpful to us. Jason printed **Heritage pamphlet** about the club for us and has ensured that it is available in the lobby for potential members.

2026 marks the 37<sup>th</sup> anniversary of the Heritage Club, a club dedicated to fostering camaraderie among retired employees of Canada Post. Our motto is “**people helping people**” and we strive to give back to society through volunteerism and supporting charities. I want to thank everyone who renewed their club membership this year. We are grateful for your continued support. **The Heritage Club is for anyone and everyone who worked for Canada Post from different jobs, ranks, unions or associations. We are all equal.** We provide enjoyable social events and offer support to one another and people in need.

If you are not a paid member, I encourage you to join. We have been hard at work growing our membership, and I am happy to report that Simcoe Chapter gained fifty-three new members 53 in 2021; 49 in 2022; 66 in 2023, 54 in 2024; **32 in 2025.**

**As of December 31, 2025, we had 275 paid active members and 63 paid Associate members.**

**Heritage Club used to receive annual funding from Canada Post. The Heritage Club National Executive then divide and re-distribute this SEED money to each chapter, based on chapter performance and activities; it is also based on the number of Paid Active members.** In 2024, we received \$2,500 Seed money from Head Office Canada Post, plus another \$500 from Canada Post, as an Achievement Award for Simcoe Chapter in the category of Camaraderie (to acknowledge the Simcoe Chapter President’s achievement).

**Canada Post has interrupted this seed money in 2025 and 2026. Due to it’s own financial difficulties. Our Club needs your support more than ever! If you know of colleagues who have retired or will soon be retired, please tell them about the advantages and positive experience you have with the Canada Post Heritage Club.**

**Benefits of a paid Heritage Club member include discounts at our luncheons and travel with Time of Your Life bus trips; up to 35% off home and auto Insurance from Belair Direct; and Goodlife Fitness memberships. Membership also includes Heritage Club sponsored scholarship opportunities of \$2,000 for your family members (application open on March 15 and ends on June 30; all completed application form and required documents must be post marked by June 30), as well as fifty scholarships of \$1,000 each for your kids and grandkids from Belair Direct.**

I hope the newsletter I put together provides you and your family with useful information on our future social events, the contact information for our benefits, and maintains the ties between you and your colleagues.

Volunteers run the Simcoe Chapter Heritage Club, mainly Anna Huang as president and Mr. Wai Chan as the treasurer. Anyone having good constructive, achievable, suggestions and willing to offer solutions and their voluntary time are welcomed. It is always great to see you come out and join us at our events and meeting new and old members. Your participation and support are appreciated. The positive feedback from our members is always encouraging.

Anna Huang  
President, Simcoe Chapter

### Help Wanted

To run a volunteer organization like ours, we always need more people to get involved and assist us with tasks like confirming attendees' names for social events, selling raffle tickets, taking photographs, collecting money at events and helping with the newsletter production. If you are interested in these or any other positions on the Committee, please contact Anna Huang. The position of President and Treasurer are both available for anyone willing to step up. We will be happy to show you how to do the job to ensure your and Simcoe Chapter's success.

### Upcoming Social event

**Thursday June 18, 2026 @ 12:00 at Mandarin Buffet** at 2206 Eglinton Avenue East Scarborough, Ontario (major intersection Birchmount Road and Eglinton Avenue). They will let our members in early.

We have 72 people signed up to attend, (10 are friends and family of members).

We will have 50/50 raffle ticket sales. Collection for Food Bank and Toy Mountain; and raffle six Tim Horton gift cards. \* **Senior paid member pays \$20** including a non-alcoholic beverage, 13% tax and 15% tips value at \$ 30.88

\* Non-Senior paid member with a drink total of \$28.88 plus 13% tax \$3.77  
Plus 15% tip \$4.35, Total \$ 37.11

We pay \$7.11 subsidies for you \* non-Senior paid member pays \$30.

\* Senior nonmembers Reg \$25.99 with 20% discount \$20.79, with 13% tax and 15% tip (no drink) \$ \$26.61 rounded off to \$27.00

## Proposal of future event in July or August 2026

Back in March with our newsletter, we proposed a barbecue/picnic in a public park in June 2026. No one except the suggester came forward. Please let Anna know if you are interested in participating and if you could help. We will only proceed if enough people showed interest.

## Past Social Event of 2026:

Thursday April 23, 2026, at Dragon Legend Buffet at 25 Lanark Rd, Markham, ON L3R 8E8.

**Seventy-nine 90** people attended. Twenty-seven 27 were non-members. **(I must work harder in convincing them to become a member! 😊)** Six were paid members from our sister Chapters. The buffet-style lunch serves Peking duck at regular price of \$30 for seniors and \$36 for adults (including 13% tax and 15% tips). At the time of our lunch, they had a promotion of \$20 per seniors not including tax and tip. So, \$26 after 13% tax and 15% tips. Collected \$70 from 50/50 raffle sale. The winner of 50/50 was Tony Sottile. We collected \$74 for Food Banks and \$16.55 for Toy Mountain.

Friday March 21, 2025 @ 12:00 at Mandarin Buffet at 2206 Eglinton Avenue East Scarborough, Ontario (major intersection Birchmount Road and Eglinton Avenue). We had **thirty-one (31)** in attendance. The winners of the free lunch voucher for one were Jim Quan and Claire Andrews. Our 50/50 raffle winner was Steve Di Marco: he made \$45. We collected \$77.60 for Food Bank and \$56.0 for Toy Mountain. We raffled three Tim Horton gift cards the winners were Wendy St. Michel, Linda Ning and Anna Huang.

Friday May 30, 2025, at Dragon Legend Buffet at 25 Lanark Rd, Markham, ON L3R 8E8.

**Seventy-nine 79** people attended. The buffet-style lunch offered Peking duck at \$30 for seniors and \$36 for adults (including 13% tax and 15% tips). We collected \$102 from Raffle sales. Collected \$55 from 50/50 raffle sale The winner of 50/50 was Cindy Ng. We collected \$76 for Food Banks.

We were honoured with the presence of Heritage Club National President and Pineridge Chapter president JP Leguerrier, Golden Horseshoe President Gloria MacDonald, Trent Severn President Robin O'Donohue and former Simcoe Chapter treasurer Frank Agresti.

**Thursday August 21,2025 @12:00 at Mandarin Buffet** at 2206 Eglinton Avenue East Scarborough, Ontario (major intersection Birchmount Road and Eglinton Avenue). Paid members who are seniors pay only \$20, Non-senior Paid members \$30 and \$35 for family member or friend to attend. We had fifty-three **53** signed up and **48** showed up. The winners of the free lunch vouchers for one were Stephen Yip and Debbie Brow. Our 50/50 raffle winner was James Sithole, he made \$65. We collected \$102 for Food Bank and \$90 for Toy Mountain.

**Thursday September 25 at Occasions Restaurant** at 30 Eastwood Road, Toronto, Ontario @11:30

Thirty-six **36** members and two guests attended. Simcoe Chapter reimbursed each member \$ 5 cash. All members contributed their rebate to Raffle sales or charitable donation toward Food Bank and Toy Mountains. We collected \$110 in total from the 50/50 raffle sale; the winner of \$55 is Dinna Pember. We collected \$108 for Food Bank, and \$81 for Toy Mountain. We made \$39 from raffle sale of Tim Horton gift cards.

**Friday December 12,2025 at Peter & Paul Banquet Hall** at 231 Milner Avenue, Toronto, Ontario

Mingling started @11:00, lunch started at 12:00 The Christmas luncheon was **\$65 per person** all inclusive.

The chapter paid for coat check for everyone.

Seventy **70** attended including twelve guests. Simcoe Chapter reimbursed each paid member \$ 5.00.

All members contributed their rebate to Raffle sales or charitable donation toward Food Bank and Toy Mountains. We collected **\$305** in total from the 50/50 raffle sale; the winner of **\$152** was Frank Selke, Robin O'Donohue's partner from Trent Severn Chapter. We collected **\$242.35** for Food Bank, and **\$255** for Toy Mountain. We made **\$315** from raffle of various gifts members donated. Simcoe Chapter received three NHL coin collector's Album each had a face value of \$99.95 from 2013, 2014 and 2017 through our friend Cindy Daoust, the By-Town Chapter President. Anna Huang got few gift items from our sponsor Belair Direct. Our volunteer committee members were: Claire Andrews, Michael Musing, Margaret Wang, Jessica Lui, Niki Tsavalia and Jimmy KC Cheung.

### **Time of your Life**

Time of your Life offers excursions and out-of-town concerts. If you are interested and needed to get their details, please call or text me 416-716-2898 or email [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com) and I will send you their detailed advertisement. You can also contact them directly at 500 Sheppard Avenue East, Suite 203 Toronto, Ontario M2N 6H7 416-224-0684 or email address [timeofyourlifetourstoronto@gmail.com](mailto:timeofyourlifetourstoronto@gmail.com).

Please be reminded that anything you buy, including a ticket for a show, train or boat ride, is non-refundable.

Welcome New Members, Retirees and **20-year long-term service** employees.

I am happy to inform you that Heritage Club **have lowered the number of years of service required to** join our club to twenty years, from twenty-five.

**In 2025** we have **Thirty-three 33** new members that joined us . Sang-Tae Jim Lim, Diane Galka, Alfred Kem Shaw, Eva Cromie, Kam Hum, Bill Mantziounis, Paul Angellotti, Owen Whyte, Koon Por Wong, Vinh Hong, Mei Qin Chin, Yim Lim, Bridget Marques, David MacKinnon, Peter B.M. Woo, Roanna Woo, Johnson Tsang, Pauline Tsang, Peter Ko, Fiona Ko, Shoba Mansharamani, Sylvain Trudel, Kimberley Nuguid, Jiji John, Teresa Y.J. Chan, Ivan H.X. Duong, Annie Duong, Ron Stricker, Alfred Ng , Lucy Hutchinson, Michael Westall, Yiu Yee Lam, Claudia Moreno Ruiz, Deborah Main, Larry Main, Pam McKibbon and Gurdip Bedi.

**In 2026, so far we have 17 additional newmembers:Deborah Main, Larry Main, Pam Mc Kibbon, Gurdip Bedi, Kim Ang, Mei Tan, Patrick Li, Josephine Li, Jeff Liu, Eduardo Lopez, Roger Marques, Mansula Kanapathippillai, Richard Pachowski, Lisa Cowell, Tiziana Meschino-DiMarino, Kedar Ramoutar and Peter Tong.**

**In memoriam**

**In 2025** we learned the passing of **thirteen 13** members. We offer our deepest condolences to their families - they will be missed. We learned of the passing of Anthony Galea, Ruth Batson, Kenneth Ng, Yat Wan Chow, Cecilia Leacock, Winnifred Sookdeo, Dianne Sullivan, David Russell (not the David William Russel that worked at South Plant), Michelle Wilson (wife of Phil Wilson June 23,2025), Randy Critch (July 18, 2025) and Rita Bartraw (September 27, 2025), Stella Pao (August 2025), Ruth Storey( heard about it on December 12, 2025, passed away July 11, 2024, wife of Lawson Huang).

Other colleagues that passed away in 2025 were Kenny Ng, Annette Scottie McGuinness (November 25, 2025) Jane Fung (October 25, 2025), Dan Goodman (June 1, 2025) and Chris Brandy (July 16, 2025).

**In 2026**, we are saddened to learn about **Mr. Steve Lee** (husband of Maria Lee), passed away on March 10, 2026. **Paul CY Wong** (passed away April 7, 2026), **Lea Laypa** (passed away September 4, 2025), **Roger Muthusamipillai** (passed in 2019 learned on

April 26, 2026), **Kevin Albert** (passed away September 2024 learned May 8, 2026) and **Ingrid Procter** passed away 10 years ago learned May 25, 2026)

### **GoodLife Fitness Discount**

The GoodLife Fitness subscription year starts in September through to August the following year. If you intend to apply under the Heritage Club discount, you must have paid your dues for 2025 and every year by September for the following year.

Corporate Membership Benefits:

- Waived enrollment fee exclusive to corporate partners (regular fee \$99+tax)
- Add a family member on your corporate rate
- State-of-the-art cardio equipment
- Free weights and weight machines
- Showers available
- World-renowned Group Fitness classes (select memberships)
- Professionally trained staff to assist you in achieving your goals
- 24-hour locations (select Clubs)

### **HERITAGE CLUB MEMBERSHIP FEES ARE DUE EVERY OCTOBER FOR THE FOLLOWING YEAR**

Club membership fees are renewable in October every year and if you have not had the chance to send in your payment, please do so by the end of October. National Heritage Club use the number of new members as a gage of how successful a chapter is doing. In the past the number of paid members at end of December as determination for seed money we receive. It is \$20 per year for you and \$20 for your spouse from 2026 on. If you wish to send in multiple years, the limit is three years at one time. **it is welcomed and appreciated. Send your yearly membership dues of \$20 per person by cheque to Simcoe Chapter Heritage Club, 72 Leuty Avenue Toronto, Ontario M4E 2R4 or through e-transfer to [Simcoe.heritage2018@gmail.com](mailto:Simcoe.heritage2018@gmail.com)**

### **Heritage Club Scholarships**

**Heritage Club** awards three scholarships to students starting an accredited university or college for the first time, their first year of full-time studies and the award is \$2,000. To

be eligible, students must be dependent children, including adopted children, stepchildren, grandchildren, and wards in legal guardianship of an active, dues paying member for two consecutive years of a Heritage Club Chapter. **Application for 2026 Canada Post Heritage Scholarship is open as of March, 2026. All applications must be post-marked by June 30<sup>th</sup> of that year.** Please google for the application form online. For 2026, [Heritage Club Scholarship Program](#) submit your application [heritageclub.ca](http://heritageclub.ca) and required documents to our new scholarship coordinator **Cindy Daoust @** [bytowndchapter.com](mailto:bytowndchapter.com)

### **Belair Direct Insurance Scholarships**

Belair Direct Insurance offers **fifty scholarships** each year, valued at \$1,000.00 each, to eligible students completing high school in 2026 and starting post-secondary education in the fall of 2026. **Application open April 30, 2026, with deadline date of June 30, 2026.** To learn more of Belair Direct Scholarship Program, [scholarshipfund@belairdirect.com](mailto:scholarshipfund@belairdirect.com) or call 844-567-1237.

### **Simcoe Chapter**

Simcoe Chapter is one of 25 Heritage Club Chapters across the country; it covers an area of the City of Toronto Proper and York Region, which is West from Scarborough, East from Etobicoke South from Lake Ontario, and south of Richmond Hill. Have you checked our national web site?

<http://heritage-club.forcefivedev.ca/simcoe>

### **Santa Letter Program**

The Santa Letter Program started in 1982 and would not exist without the support of our Heritage Club members.

Canada Post cancelled Santa Program in 2024 due to labours disruption prior to Christmas and it was settled days prior to Christmas. In 2025 Canada Post managed a Santa Program with limited support from the members of Heritage members. Anna Huang contacted 2025 Santa volunteers and provided their names and contact information to the National coordinator for Santa Letters Program. Thanks to our dedicated volunteers for their continued support for year 2025. I will be canvassing you the regular Santa Helpers in September 2026.

### **Notes about Travel Insurance and paid member discount**

A word of advice, please do not wait until few days before you are travelling to join the membership and expect an immediate discount on your travel insurance. Heritage Club are operated by volunteers, and the newly PAID membership are submitted **once monthly** at end of each month. You must allow enough time for your membership application and fee to be processed prior to the end of the month. In other words, if you plan to travel in October, ensure you pay your membership in August; so, your name will be submitted in September, allowing ample time for processing your travel discount.

**There is also no advantage in paying for membership as late into the year as possible. The yearly membership is twenty dollars new rate is \$20. Membership is for January 1 to December 31, no partial payment and is due every October for the following year.**

**GoodLife Fitness:** discounts up to 30% off the regular all club access rates. You must join the Heritage Club and be a Paid member before signing up online and ask for corporate representative, then ask to join under corporate membership for Heritage Club rate as well as waive the \$99 annual membership fee.

### **Newsletter Distribution**

This newsletter is produced quarterly and is distributed **via email** to every **paid active** member and paid associate who has paid their annual dues to the Chapter. Since Canada Post have stopped providing free mailing privileges to the Heritage Club. We regret that we could only send the newsletter via email. **A general distribution is made once a year to every member who has applied for general membership to the Heritage Club in our Chapter area.**

### **Hearing Life Free Hearing Test + 100 Air Miles® for Club Heritage Members and Family**

We rely on our hearing every single day, yet so many of us do not think about getting it checked until there is a problem. Did you know that Sensorineural Hearing Loss is the most common type of hearing loss? Think loud workplaces, concerts, or even power tools. It creeps up slowly, but the effects can last a lifetime. That is why regular hearing tests matter. They are quick, easy, and can catch things before they get worse. As a Canada Post Heritage Club member, when you book and complete a free hearing test, you get one hundred Air Miles® Reward Miles™ just for taking that first step! Call 1-877-735-1149 or visit [HearingLifeAdvantage.ca](http://HearingLifeAdvantage.ca) to book your free appointment today!

Canada Post Heritage members get a 10% discount toward their hearing aid purchase. Up to \$1,700 off the Latest Hearing Aids. It is never too late to show your ears some love! That is why we are offering you up to \$1700 off the latest hearing aids. Plus, as a Canada Post Heritage Club member, you and your family enjoy exclusive benefits at HeringLife & Network Partner clinics, including an extra 10% off the final purchase price. Book your FREE appointment today! Visit [www.hearinglifeadvantage.ca](http://www.hearinglifeadvantage.ca) or call 1-888-335-7537.

MEMBERSHIP DUES RENEWAL SLIP (Remember to let us know of any change)

Name: \_\_\_\_\_

Name of spouse (if applying as a couple):  
\_\_\_\_\_

Address:  
\_\_\_\_\_

Phone Number: \_\_\_\_\_ Email (optional):  
\_\_\_\_\_

Renewal for Self: \_\_\_\_\_ Couple: \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_

Is this a Renewal: \_\_\_\_\_ or a New Membership \_\_\_\_\_?

\*\* send your yearly membership dues **of twenty dollars** per person by cheque to Simcoe Heritage 72 Leuty Avenue Toronto, Ontario M4E 2R4 or through preferred method of e-transfer to [Simcoe.heritage2018@gmail.com](mailto:Simcoe.heritage2018@gmail.com) &lt;-----  
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**The motto of the Heritage Club is “People helping People”**; we would like to know of any activity you are currently participating in that benefits people and/or your community, such as fund raisers, work with health, religious or seniors’ organizations, coaching children’s groups, etc., and the hours you spend at it per month. This is one of the criteria we are measured on by CPC, and it affects our yearly funding. You can report these hours on the above form.

We receive a yearly fund from the National Executive where we are evaluated from the involvement of our members in volunteer activities. I gather our members’ hours and then do a year-end summary to report of all the volunteer hours on behalf of Simcoe Chapter. Please keep a record of the hours that you spend every year doing volunteer work in your community and send this completed form / or information by December 15<sup>th</sup> of each year to Simcoe CPC Heritage Club, 72 Leuty Avenue, Toronto, Ontario M4E 2R4. If you have any questions or concerns, please contact Anna Huang at 416-716-2898 or Email: [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com) please provide the name of the organization you volunteer at and your total hours .

Do you do volunteer work: \_\_\_\_\_ Hours per month: \_\_\_\_\_ Name of Organization:  
\_\_\_\_\_

**Important contact telephone numbers to keep for your survivors' sake.  
Write down your Employee ID number here for them on this page.**

Survivor Benefits

As a Canada Post employee, many of your benefits will continue upon your death. To make certain the survivor of a retiree maintains the pension, health, and medical benefits several contacts must be made after the retiree's death.

Superannuation 1-800-561-7930

C.P.P. / O.A.S. – 1-800-277-9914

Retiree name

Retiree Name

Social insurance number

Social Insurance Number

Copy of death certificate

Copy of death certificate

Note: Besides the survivor pension there is also a death benefit payable to the survivor.

Access H.R. 1-877-807-9090

C.P.C. Pension – 1-877-480-9220

Retiree name

Retiree name

Employee I.D. number

Employee I.D. number

Social insurance number

Month & date of birth

Copy of death certificate

Copy of death Certificate& Postal Code

Great West Life/ Canada Life 1-866-716-1313

Retiree name

Employee I.D. number

Copy of death certificate

Plan number.

Note: Very important to notify Canada Life as soon as possible to set up a new automatic withdrawal in the survivor's name to keep the policy active and maintain medical, dental, and vision benefits.

**YOUR EXECUTIVE COMMITTEE**

Anna Huang, Chapter President, Newsletter Writer, Member's List, Recruitment

Email : [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com) Mobile 416-716-2898

**Please call or text during reasonable hours of 10:00 to 18:00.**

Wai Chan, New Treasurer/Secretary

Email: [wai.chan@hotmail.ca](mailto:wai.chan@hotmail.ca)

Members at Large: Claire Andrews, Robert Borden, Blesilda Yap (Editor), Wai Chan, Niki Tsavalia, Jim Georgopoulos, Wendy Kabalo, Jessica Lui, Michael Musing, Lily Ng, Mary Mark and Margare Wang

Past President, Lea Maynard

Email Transfers of payment of membership dues: [simcoe.heritage2018@gmail.com](mailto:simcoe.heritage2018@gmail.com)