

Simcoe Chapter CANADA POST HERITAGE CLUB  
72 Leuty Avenue Toronto ON M4E 2R4  
Telephone 416-716-2898 email [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com)  
Newsletter—written October 3, 2023



## ***President's Message***

Dear Members,

I want to thank Canada Post for providing grant money to every Heritage Chapter including ours every year. I am also grateful for my colleagues that are still working at the Post Office to allow my team and I to enter the South-Central Plant and print our newsletter and have a place to work at. This has gone on at the discretion and generosity of the Production Control and Reporting Manager **Lia Mougoussidis** and Plant Directors. Namely **Mr. David Deeks** in the past and currently **Mr. Troy Seto**. Because of their kindness, Simcoe Chapter has been able to save some money and feel more comfortable to give to our yearly donations to various charities. Our thanks to everyone who make this possible, especially our number one supporter the superintendent of RVU at South Central Plant **Mr. Jason Langford** who has being so kind and extremely helpful to set us up for success.

I also want to thank everyone who renewed their club membership this year. We are grateful for your continued support. The Heritage Club is open to anyone and everyone who worked for Canada Post from different jobs, ranks, unions, associations and background. We are all equal, want to have and enjoy social events and offer support for one another; also give back to society.

**The motto of the Heritage Club is "People helping People."**

For those of you who have never joined as paid members, I encourage you to join. The membership fee is merely \$10 per year. I am happy to report that Simcoe chapter gained 53 new members in 2021 and **49** new members in 2022. We lost **20** members due to RTS and lost **15** members due to death. **In 2023 we have gained thirty-nine (48) new members. As of to date we have 249 Paid Active members out of 800 ACTIVE members ( people that worked for Canada Post) and 51 Paid Associate members ( retired employee's spouse, out of 75 Associate members.** Reminder to all members, if you move, PLEASE do not forget to inform us of your new address and telephone number as this ensures you continue to receive our newsletter.

**The seed money (grant) we receive annually from Canada Post is based on the number of Paid ACTIVE members only. ( we receive nothing for Associate members). *Your Club needs your support!***

As a **paid member**, it gives you discounts at our luncheons, bus trips, home, auto Insurance from **Belair Insurance ( just bought out Johnson Insurance**, we will share information as soon as we hear from them. Belair could also contact you directly by mail ) and travel insurance from Medoc Travel, 30 % off with Goodlife fitness club, scholarship opportunities from Canada Post for your kids and grandkids. On July 13, 2023 I learned from a Heritage member that his Good Life Gym yearly membership fee was \$650 with the Heritage Club discount.( which works out to be \$25 bi-weekly. Including tax)

I hope the newsletter we put together provides you and your family with useful information on future social events, the contact information for our benefits, keep you connected to other colleagues. **Please keep a copy of the contact information section as this information may not be repeated in every future newsletter for environmental concerns.**

**Please ensure you keep this information readily available to you and your family .Please tell your spouse or family where the contact information is kept. Your Group Insurance Plan number and Employee ID number are also required information.**

### **Newsletter Production**

We want to acknowledge and thank you the following members who have helped us with our latest newsletter production in August 2023: **Lily Ng, Leely Chong , Margaret Wang, Niki Tsavalia , Ann Lamanna** our Treasurer and Anna Huang all contributed.

### **Announcement**

Anyone who would like to run for the position of President of the Chapter please submit your name to the current committee. Anyone wants to nominate a member to the position of president ; please submit your nomination to the current committee. Anna Huang announced this at our March 24,2023 ,June 6,2023, and August 28 ,2023 luncheon. The term of each position is two years.

### **HELP WANTED**

To run a volunteer organization like ours, we need more people to care, to get involved, to step up and to help. Anyone able to confirm attendees names for social events, assist with selling raffle tickets, taking photographs, collection of money at events, and help with the newsletter production which involves (stamping the envelopes with return address stamp, applying address labels, printing, stapling, folding, stuffing & sealing envelopes, stacking sealed envelopes of mail inside trays). Anyone who could help with these tasks and is interested in any of the other positions on the Committee please contact president, Anna Huang.

It is always great to see you at our events and see reunion of old friends, meeting new members. Your support and participation are appreciated. The positive feedback from our members were encouraging.


**Anna Huang 416-716-2898**  
**President, Simcoe Chapter**  
**email [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com)**



### **Past Social Events of 2023**

**Monday August 28,2023 @ 11:30 at Halibut House** located at 3003 Danforth Avenue Toronto, Ontario M4C 1M4 . 38 members attended ,each person ordered their choice from the menu, Simcoe Chapter reimbursed each paid member \$ 5 cash. We did a combined collection for Food Banks and Toy Mountain , collected \$134.85.We sold Raffle ticket for 50/50 draw. Mr. Sean McInerney won 50 % the jackpot which was \$65.We had raffled five \$10 Tim Horton Gift cards the five winners were Jessica Lui, Geraldine Hollick, Leely Chong, Dennis Bay and Richard Gibson.

**Monday September 25,2023 @ 11:30 at Occasions Restaurant** located at 30 Eastwood Road Toronto, Ontario M4L 3B6 29 people attended ,including 6 non members, each person ordered their choice from the menu, Simcoe Chapter reimbursed each paid member \$ 5 cash. We collected \$55 for Food Banks and \$45 for Toy Mountain. We sold Raffle ticket for 50/50 draw. Mr. Alfred Wilson won 50 % the jackpot which was \$110. We raffled three \$10 Tim Horton Gift cards , the three winners were the very lucky Wilfred Wilson, Mike Kabalo and Chris Porter.

### Upcoming Social Events of 2023

Simcoe Chapter Christmas luncheon is on Friday December 8 at 12:00 at Centennial College  Event Centre on the 8th floor of school of Hospitality, Tourism and Culinary Arts at Centennial College, Progress Campus.

at 937 Progress Avenue, Toronto, ON M1G 3T8  Menu  1. Butternut Squash Soup Fried sage, crème fraiche 2. Christmas Salad Baby arugula and baby kale, poached pear, pomegranate, candied walnuts, honey, and apple cider vinaigrette

\*\*\*

3. Roasted Christmas Turkey

gravy, traditional stuffing, cranberry sauce 4. Sumac Baked Salmon dill and apple butter sauce Penne al Pesto basil, spinach, parmesan.

\*\*\*

5. Ontario Maple Glazed Roasted Carrot

Heirloom carrot, rosemary, orange

6. Garlic Mashed Potato



Yukon potato, butter, cream


\*\*\*

7. Selection of Festive Dessert

Cheesecake with raspberry jam

Christmas Pudding served with Crème Anglaise Fresh Fruit Platter  Price is \$45 a person Including water, non-alcoholic soft drinks, and hot beverage  all tax and tips are included.

 Paid members Parking fee will be paid by Simcoe Chapter .  Luncheon is served buffet style.

 Anyone from Simcoe and other chapters are welcomed .

Payment in advance , by e-transfer or mailing cheques payable to Simcoe Chapter prior to Friday November 17, 2023 **or sooner** .

Please also call Anna Huang at 416-716-2898 to confirm your booking .

Please make e-transfer to

[simcoe.heritage2018@gmail.com](mailto:simcoe.heritage2018@gmail.com)

or

sent cheque to

Simcoe Chapter

9 Dolly Varden Blvd

Scarborough Ontario

M1H 2K2

Thank you . Looking forward in seeing you .

This information will be available through Simcoe , Pineridge and Humber Chapter next newsletter.

Detailed parking instruction can be provided to anyone interested.

Anna Huang

Simcoe Chapter president

### Time of your Life

Time of your life also have out of town concerts. If you are curious or interested, please write to me and I will send you their detailed advertisement through e-mail or you can contact them directly at 500

Sheppard Avenue East, Suite 203 Toronto, Ontario M2N 6H7.

416-224-0684 or email address [timeofyourlifetourstoronto@gmail.com](mailto:timeofyourlifetourstoronto@gmail.com)

Reminder anything you pay that including a ticket toward a show, train or boat ride are not refundable.

### **Welcome New Members Retirees and or 25-year service employees.**

I am very happy to report that we have gained **53** new members in 2021 and **49** new members in 2022 .We have **47** new members in 2023 so far.it is very hard to achieve this result as there is always natural attrition.So if you know any retired colleagues or newly retirees; please invite them to join the Simcoe Chapter.

I want to welcome the ten new members that joined us since August 10,2023

the last newsletter in sequence of date joined are: Maria Lee , Steve Lee , Nisar Hazratgul, Frances Mah, Lanny Mah, Peter Paitz, Erlinda Russell, Pamela Schatochin and Susan Mc Neil.

### **In Memory of**

People, we have sadly lost over the year.....we only report when we are notified. Our deepest condolences to their family; they will be missed.

We learned on August 17,2023 that Wilfred Caskenette passed away on September 24,2022.

We are sorry to announce the passing of Dawn Ash in August ,2023.( sister of Donna Sherlock Falkowski)

We have learned the passing of JOHN GERARD MEGAHEY , John was born in Belfast, North Ireland on September 11,1957 he passed away at age 65 on September 3, 2023, after a lengthy illness. John started at Gateway Maintenance department in the 1980's . He then transferred to Bermondsey Parcel delivery driver in Scarborough in 2011 driving small parcel delivery for a couple of years before transferring to South Central as a truck driver through Southern Ontario. John retired in around 2015 due to medical reasons.

Celebration of life on October 19,2023 13:00 to 16:00 Durham Celtic Club 110 Ash Street , Whitby, Ontario L1N 4A9

For further details please visit obituary or contact Tina Megahey [TinaMegahey@yahoo.ca](mailto:TinaMegahey@yahoo.ca)

### **MEMBERSHIP FEES ARE DUE EVERY OCTOBER FOR THE FOLLOWING YEAR**

Club memberships fees should be renewed in October every year for the following year and if you have not had the chance to send in your payment, please do so, **only \$10 per year for you and \$10 for your spouse. If you wish to send in multiple years at one time it is welcomed and appreciated. Send your yearly membership Dues of ten dollars \$10 per person by cheque to Simcoe Heritage 9 Dolly Varden Blvd Scarborough, Ontario M1H 2K2 or through e-transfer to [Simcoe.heritage2018@gmail.com](mailto:Simcoe.heritage2018@gmail.com)**

### **Heritage Club Scholarships**

Heritage Club awards three scholarships to students starting for the first time, their first year of full-time studies, provided it's an accredited institution and the awards has increased to \$2,000 for university or college studies. To be eligible, students must be dependent children, including adopted children, stepchildren, grandchildren, and wards in legal guardianship of an active, dues paying member of 2 years of a Heritage Club Chapter. **All applications must be post-marked by June 30<sup>th</sup> of that year. Please google for the application form online. Submit your application to Mr. Eldred Holmes [holmese@nl.rogers.com](mailto:holmese@nl.rogers.com)**

In 2022, the value of the individual awards has been increased from \$1000 to \$2000 each, and we are incredibly pleased with the response received. The quality of the applicants is always exceptional, making the choice a difficult one, that often comes down to the finest details.

**2023 Scholarship winners are Abbygale Davidson of Humber Chapter, Margaret Fallscheer of Parkland Chapter and Christian Shimmin of Van Fraser Chapter.**

## 2023 Heritage Club Scholarship Results

The Canada Post Heritage Club is very proud to offer a Scholarship Program to the dependants of our members (in good standing). We are now in our sixth year with this program, and with this year's class we have presented scholarships to nineteen fine young people. The qualifications of the applicants are always impressive, making it a difficult choice for our evaluators. We thank them for their thoughtful deliberations. Congratulations to the 2023 winners and we wish them every success in their future endeavors. They are all talented, hardworking individuals, and will surely do well in their studies and their chosen careers. The future is in good hands, if the caliber of our applicants is any indication.

### **Abbygale Davidson**

Abbygale is the granddaughter of Humber Chapter member Bruce Fleming. Abby has maintained an excellent academic average while fully participating in her school and community. As secretary of the School Council, she received high praise for her work ethic and initiative. Drama club, cross-country running and skiing, and participation in a school exchange program show a well-rounded individual, while her volunteer activities in wetlands protection prove her to be highly motivated to improve her world. We wish her good luck as she begins her studies in Biomedical Science at the University of Guelph.

### **Margaret Fallscheer**

Margaret is the granddaughter of Parkland Chapter member Sandra Fallscheer. Margaret participates in many school and extracurricular activities. 4H Club president, SPCA volunteer, Student Leadership Council, she finds time to volunteer with Canadian Parents for French and the parish Bebe project. If that wasn't enough, Margaret babysits, tutors, and is a trail guide program leader. Her high academic level is reflected in the designation of Academic Great Distinction-French Immersion. Congratulations, Margaret, and good luck with your studies in biological sciences at the University of Calgary.

### **Christian Shimmin**

Christian is the grandson of Van Fraser member June Steeves. Christian's commitment to his studies is reflected in his 97% academic average, and this is balanced by his enthusiastic participation in school and parish activities. A skilled track athlete, he is also a Sunday school teacher, camp counselor, and area leader in his job at MacDonalds. His interest in physics earned him the Exemplary Student Achievement Award for the past two years. Christian will be working towards a science degree at Simon Fraser University, with a goal of medicine, possibly research. We wish him the very best of luck in this very worthwhile career.

### Johnson Insurance Scholarships

Please be advised that **Johnson Insurance has been bought out by Bel Air Insurance recently.** We will share more information with you as they become available to us. We are assuming the cost and policy will remain status quo and it will be seamless to our members. In 2022 Johnson Insurance offered 50 scholarships, valued at \$1,000.00 each, to eligible students completing high school in 2022 and starting post-secondary education in the fall of 2022. Application open April 27, 2023 with deadline date of July 27, 2023. To learn more for year 2023 Please visit [johnson.ca/scholarship](http://johnson.ca/scholarship) [scholarshipfund@johnson.ca](mailto:scholarshipfund@johnson.ca) universities Canada 1-844-567-1237.

### **Who we are?**

Simcoe Chapter is one of 24 Chapters across the country; it covers an area of the Greater Toronto Area, which is East from Scarborough, West to Etobicoke South from Lake Ontario North to Lake Simcoe including Markham, Richmond Hill, and New Market. North to Lake Simcoe and South to Lake Ontario. Have you checked our national web site? <http://heritage-club.forcefivedev.ca/simcoe>

### **What we do?**

The Simcoe Chapter organizes subsidized luncheons, bus travel, annual banquet, and golf tournament. With its partner Chapter for its' members. Also, we collect donations for the Food bank and Toy Mountains throughout the year. Many of our members generously donate their time to local charity organizations.

Every year in November; we make our donations .Our past donations included the following Charity groups: \$300 to Toronto Daily Food \$200 to Veterans & Family /Royal Canadian Legion \$200 to Toy Mountain /Salvation Army \$300 to Canadian Cancer Society.

### Santa Letter Program

**Santa's Workshop Program** started in 1982; it was the 41<sup>st</sup> anniversary of the program. This program would not exist without the support of our Heritage Club members across Canada. 2022 Christmas, Janice Adams and Patricia Byrne were our co-captains for Simcoe Chapter. We thank them for an excellent job. They have agreed to continue their role in 2023 . I have contacted all the past and new volunteers in the last week of September 2023, to establish our volunteer list. If you have not been contacted yet and wish to participate as a new Santa Letter volunteer for 2023, Please contact Anna Huang [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com) or call 416-716-2898 as soon as you can. I have contacted and confirmed with existing volunteers on September 28, that we can count on their continued support.

In 2022 Simcoe Chapter's forty 40 volunteers replied to over 10,000( new update) letters. Canada Post received more than 50,000 pieces of mail addressed to Santa Claus from Japan, China and Taiwan combined .National Heritage Club have a yearly draw for each chapter's Santa Volunteer; year 2022 Simcoe Chapter's volunteer winner is Janice Adams who won \$50 .

### Why Join? – The Membership Advantages

**Belair Insurance and Car Insurance:** discounts of up to 35% Discounts for you and who travels with you with **MEDOC Travel Insurance**

**GoodLife Fitness:** discounts up to 30% off the regular all club access rates.

**You must sign up online and ask for corporate representative , then ask to join under corporate membership for Heritage Club rate as well as waive the \$99 annual membership fee.**

**Discounts to Simcoe Chapter events**, luncheons, and bus trips through Time of Your Life Tour Company.

**Special Scholarships** for your kids and grandkids of \$2,000 per school year. **(Note: the member must be a paid member for two consecutive years for their family member to qualify for consideration of application for scholarship award program.)** **IMPORTANT:** To benefit from these discounts, you must mention your Heritage Club membership number, and you must have paid your membership dues to the Simcoe Chapter for the current year, otherwise coverage could be denied or terminated.

### **Newsletter Distribution**

These newsletters are written and produced by Anna Huang **quarterly** and distributed to every **paid** member and **paid** associate who has **paid** their annual dues to the Chapter.

**We are only required to mail out a general distribution to every member who have applied for general membership to the Heritage Club in our Chapter area ONCE A YEAR. Articles of general interest for the newsletter are always welcomed.**

### **Lost hotel Discount:**

**Alert Update on hotel discount ! Due to lack of our members taking advantage of the hotel discount with Choice Hotel and it's affiliated network of hotel chains . Heritage Club member no longer get any discount.**

## **2023 MEMBERSHIP COMMUNITY VOLUNTEER HOURS**

### **Volunteering**

Do you do volunteer work: \_\_\_\_\_ Hours per month: \_\_\_\_\_

Name of Organization: \_\_\_\_\_

The volunteer hours on behalf of Simcoe Chapter as recorded. I would ask that you keep a record of the hours that you spend this year doing **volunteer work in your community**. Please send this completed form / or information **by December 15, of each year** to Simcoe CPC Heritage Club, 72 Leuty Avenue, Toronto, Ontario M4E 2R4. If you have any questions or concerns, please contact Anna Huang at 416-716-2898 or Email: [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com)

## **MEMBERSHIP DUES RENEWAL SLIP (Remember to let us know of any change)**

Name: \_\_\_\_\_

Name of spouse (if applying as a couple): \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email (optional): \_\_\_\_\_

Renewal for Self: \_\_\_\_\_ Couple: \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_

Is this a Renewal: \_\_\_\_\_ or a New Membership \_\_\_\_\_?

**\*\* send your yearly membership Dues of ten dollars per person by cheque to Simcoe Heritage**

**9 Dolly Varden Blvd , Scarborough, Ontario M1H 2K2 or through e-transfer to**  
**[Simcoe.heritage2018@gmail.com](mailto:Simcoe.heritage2018@gmail.com)** ✂ \_\_\_\_\_

## **Survivor Benefits.**

As a Canada Post employee, many of your benefits will continue upon your death. To make certain the survivor of a retiree maintains the pension, health, and medical benefits several contacts must be made after the retiree's death.

## **Superannuation 1-800-561-7930**

Retiree name Retiree Name

Social insurance number Social Insurance Number

Copy of death certificate Copy of death certificate

**Note:** *Besides the survivor pension there is also a death benefit payable to the survivor.*

## **C.P.P. /O.A.S. – 1-800-277-9914**

Retiree name

Employee I.D. Number

Month and date of birth

Copy of death certificate

## **C.P.C. Pension – 1-877-480-9220**

Retiree name

Employee I.D. Number

Month and date of birth

Copy of death certificate

## **Access H.R. 1-877-807-9090**

Retiree name

Employee I.D. number

Social insurance number

Copy of death certificate

## **Great West Life/ Canada Life 1-866-716-1313**

Retiree name

Employee number

Copy of death certificate

Plan number

**Note:** *Very important to notify Canada Life as soon as possible to set up a new automatic withdrawal in the survivor's name to keep the policy active and maintain medical, dental, and vision benefits.*

### **YOUR EXECUTIVE COMMITTEE**

Anna Huang, Chapter President, Newsletter Writer, Member's List, Recruitment

Email: [ahuang0513@gmail.com](mailto:ahuang0513@gmail.com) Mobile 416-716-2898

Ann Lamanna, Treasurer/Secretary

Email [a.lamanna@rogers.com](mailto:a.lamanna@rogers.com) Mobile 416-587-6258

**Members at Large: Claire Andrews, Blesilda Yap ( Editor) ,Wai Chan**

**Leely Chong, Niki Tsavalia, Jim Georgopoulos, Jessica Lui ,**

**Lily Ng, Margaret Wang, and Cheryl Mustonen**

**Past President, Lea Maynard**

**Email Transfers of payment of membership dues: [simcoe.heritage2018@gmail.com](mailto:simcoe.heritage2018@gmail.com)**