



Since 1989

Pineridge Chapter – Fall Edition Newsletter – Oct-Nov '26

President's Message

Hello fellow Posties,

October is a time where we welcome the autumn colours and cooler air, a time of reflection over the year, a time of celebration at Thanksgiving with family and friends.

October is usually the time to renew the membership with this Chapter for next year. It ensures you continue getting our newsletter four times a year, and gain access to the great discounts we have negotiated for you. At \$10 per year per member, this is a great deal to keep in contact with your fellow work mates and friends, past and present.

We have negotiated a new benefit for our membership: Hotel Planners, just in time for anyone considering going away this winter. Also, anyone thinking of travelling, should also use our discounts with belairdirect travel insurance, formerly called Medoc, which is now associated with belairdirect home & auto Insurance. As well, Fall is a good time to improve your health and fitness by joining a health club like GoodLife Fitness, checking up on your hearing with HearingLife, your vision with Specsavers, all with our discount programs.

We look forward to seeing you throughout the year at any of our get togethers. It is always nice to meet up with friends.

So, stay safe, and we look forward to meeting once again.

J.P.

Jean Pierre Leguerrier

President

Upcoming Event

Pineridge Chapter is having our next Christmas time Gala Event on Friday, December 11th, at The Mandarin Restaurant, 1725 Kingston Road, Pickering, at 12 noon. The menu is varied and pleasing to everyone who has been there, and Santa may have a lot of gifts!

Please register early by calling or texting Pat, at 289-927-1521, and it is strongly recommended that you pay well before the event.

Our current pricing for this event:

\$20 for a Senior Paid Member of the Heritage Club
\$25 for a Senior Non-Member
\$30 for an Adult Member Non-Senior

As most of you know, the current pricing for a Senior who gets a 20% discount at The Mandarin for lunch is over \$30. The pricing has recently gone up.

Send in your e-payments to: *pineridgechapter14@gmail.com*, or your cheques made out **to Pineridge Heritage Club**, and mailed to: Pat Stephenson, Pineridge Heritage Club, 295 Bluejay Cres., Oshawa ON L1G 6X4. If you end up cancelling for any reason, we will refund your payment. Please note, for all our events, we recommend you call to register your attendance, it makes our lives so much easier. Also, please do not arrive too early: we need the time to set things up for you!

For this event, part of the donations to the 50/50 draw will be going back to our club, to bolster our finances, and some to a charitable, national organization.

Notice Board

Would you like more events offered? Pineridge Chapter used to have more events: day and multi-days bus trips, golfing and bowling, but it seems that these didn't attract many of our members. If you have suggestions for new events, please reach out to our VP, Debbie Greenwood, via email (*dagreenwood4@gmail.com*).

Elections: this year, as per the Constitution, this being an even number year, the positions up for renewal would be for President and 2nd Vice Presidents, and the elections would be held at our Annual Gala Christmas event, if required. If anyone wants to submit their name, or nominate someone, please let anyone on the Committee know by November 30th.

Life Events: Have you had any life events you would like the us to announce? Marriages, births, special anniversaries, special awards, deaths, hospitalizations, etc. Let us know so we can pay tribute.

Helping Others: We continue to collect non-perishable food items for the Food Banks, and we thank everyone for their generous donations every time we hold an event.

We have found a new home for our donations of soda can tabs: a local church in Scarborough accepts these from us. Thank you for all your generous donations and thoughts in the past.



Heritage Club Scholarship Winners

Of over twenty applications this year, we have 3 lucky winners: Reed Bursey, Newfoundland, Madison Wong, Ontario, and Alexis Mathieu, Quebec. Madison, our winner from Ontario, provided a beautiful picture of herself, with a thank you note.



Colleagues & Friends who have passed this year: Our Condolences

Doris Daly, Bernadette Butler, Edward Pember, Anne Ballantyne, Jane Chih-Yen Fung, Deborah Ann Sergio, Steve Yu, Samuel Trimble. Also, Harold Welch, former Committee Member for Pineridge Chapter.

Welcome to all new members & retirees

Ann and Rocco Lamanna, David Aldridge, Edmundo Guanlao, Wendy Achtzehnter

ELF ALERT!: Santa needs Postal Elves to help replying to children's letters this Christmas. Please let me know if you are available. The Program begins end of November.

Dues are due time: It's October and it's time! Still only \$10 per year per member, and \$10 for your spouse. For that you get four newsletters per year and a lot of discount opportunities. Our membership runs from January to December and is available for retirees, and current working members of Canada Post who have 20 years of service. You can pay by cheque, made out to **Pineridge Heritage Club**, and mail to Pat Stephenson, Pineridge Heritage Club, 295 Bluejay Cres., Oshawa ON L1G 6X4, or do an e-payment to pineridgechapter14@gmail.com.

If you are unsure if you have already paid or not, you can call or text Pat Stephenson's number (289-927-1521), or e-mail her at: p_stephenson2001@yahoo.ca

MEMBERSHIP DUES RENEWAL SLIP

Name:

Name of spouse (if applying as a couple):

Address:

City:

Postal Code:

Phone Number:

Email address: (optional):

Renewal for Self: _____ Couple: _____ Amount Enclosed: \$ _____
Is this a Renewal: _____ or a New Membership: _____

Do you do any volunteering?
With what organization?

How many hours per month?

The "LIFE is GOOD" Section

Lying around, pondering the problems of the world, I realized that, at my age, I don't really give a rat's ass anymore. If walking is good for your health, the postman would be immortal. A whale swims all day, only eats fish, and drinks water, but is still fat. A rabbit runs, and hops, and only lives 15 years, while a tortoise doesn't run, and does mostly nothing, yet it lives for 150 years. And they tell us to exercise!?! I don't think so!

Now that I'm older, here's what I've discovered

1. I started out with nothing, and I still have most of it.
2. My wild oats are mostly enjoyed with prunes and all-bran.
3. If all is not lost, then where the heck is it?
4. It was a whole lot easier to get older, than it was to get wiser.
5. Some days, you're the top dog, some days you're the hydrant
6. I wish the buck really did stop here; I sure could use a few of them.
7. Kids in the back seat cause accidents.
8. Accidents in the back seat cause kids.
9. It is hard to make a comeback when you haven't been anywhere.
10. The world only beats a path to your door when you're in the bathroom.
11. If God wanted me to touch my toes, he'd have put them on my knees.
12. When I'm finally holding all the right cards, everyone wants to play chess.
13. It is not hard to meet expenses . . . They're everywhere.
14. The only difference between a rut and a grave is the depth.
15. These days, I spend a lot of time thinking about the hereafter . . . I go somewhere to get something, and then wonder what I'm "here after".
16. It is a lot better to be seen than viewed.

THE POST HORN



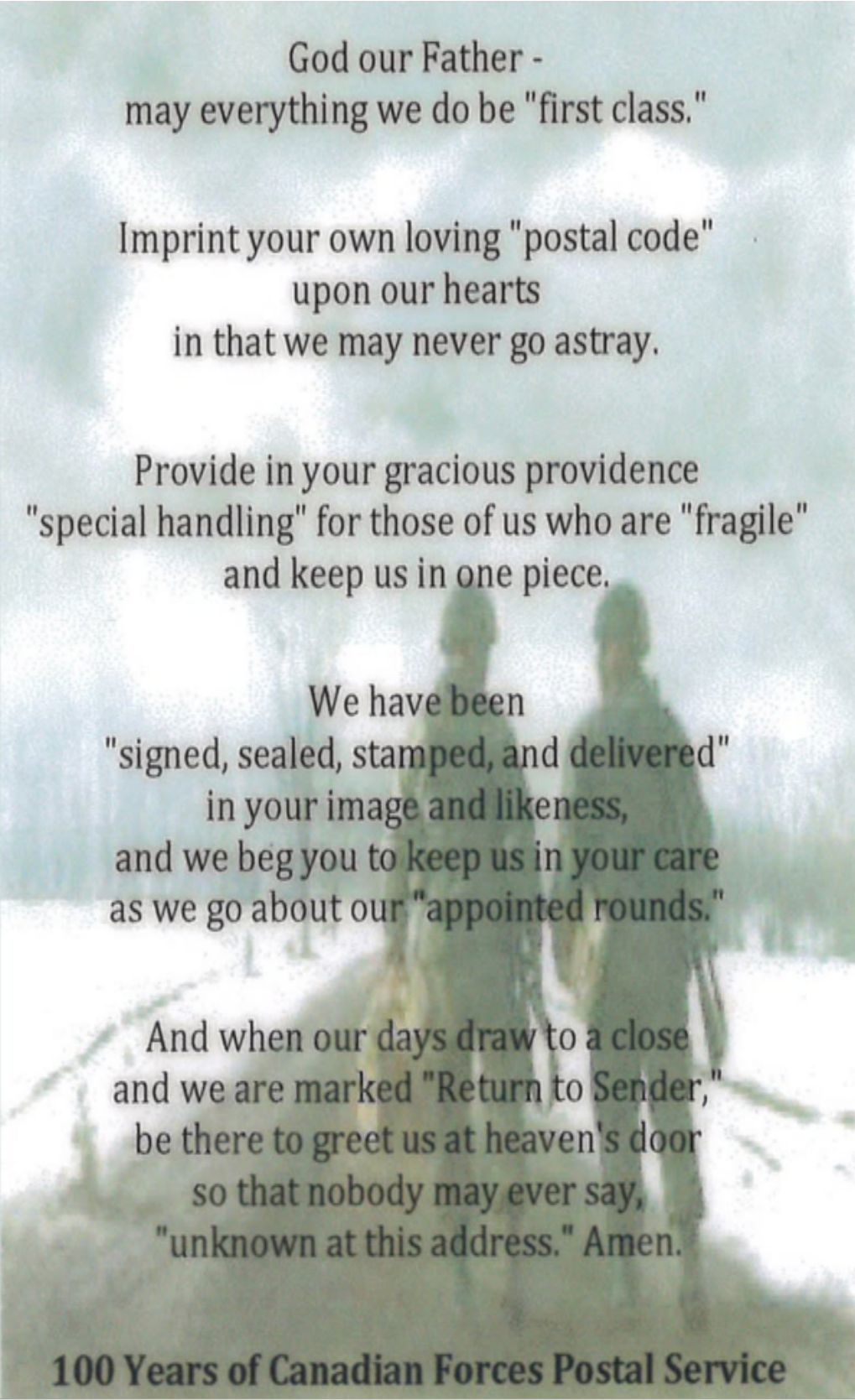
A POSTAL SERVICE STORY

Around 1911, the Canadian Postal Corps was created, just prior to World War I.

A trade in the Canadian Army now called the Canadian Forces Postal Service, CFPS, it has served for over a hundred years the soldiers, sailors, and airmen that have been deployed, and has maintained a vital link to their family and friends, back home.

Nicknamed the "morale" department, for when an individual is deployed in a strange, far away land, facing unknown dangers, nothing improves the morale better than getting a parcel or a letter from home.

This brave unit of the Canadian Army has also come up with their own special prayer, with a slight humorous, postal, slant.



God our Father -
may everything we do be "first class."

Imprint your own loving "postal code"
upon our hearts
in that we may never go astray.

Provide in your gracious providence
"special handling" for those of us who are "fragile"
and keep us in one piece.

We have been
"signed, sealed, stamped, and delivered"
in your image and likeness,
and we beg you to keep us in your care
as we go about our "appointed rounds."

And when our days draw to a close
and we are marked "Return to Sender,"
be there to greet us at heaven's door
so that nobody may ever say,
"unknown at this address." Amen.

100 Years of Canadian Forces Postal Service

Our sponsors & affinity partners: an opportunity for discounts

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A free benefit to say thank you for being a member.

Up to 65% off

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belairdirect for Home, Auto, and Travel Insurance



Hi Heritage Club member!

Now you can embark on unlimited adventures with annual travel insurance from belairdirect – at a preferred rate for group members like you! You could receive protection for an unlimited number of trips per year, often at a lower cost than single trip coverage.¹

Plus, there's no age or health restrictions² and you can choose from convenient monthly or annual payment options. It's travel insurance, simplified!

Sincerely,

J.P. Leguerrier

J.P. Leguerrier
National President

Leave your worries at home when you have belairdirect travel insurance

Travel medical insurance

You could receive coverage of up to \$10M per person, per trip for medically necessary treatments during emergencies while travelling outside your province.

Baggage protection

If your baggage takes its own holiday, we're here to look after your belongings, covering lost, stolen, or damaged baggage and travel documents.

Trip cancellation and interruption insurance

Trip cancellation and interruption insurance³ offers up to \$15,000 coverage per insured person, per trip, for expenses due to trip cancellation or interruption.

Pet return coverage

Never worry about your furry friend while you're away. Our pet return policy covers up to \$500 for the one-way transportation of your accompanying cat or dog back to your province in case of an emergency hospitalization or repatriation.

Get going with preferred travel insurance rates

Get your quote today with Heritage Club code 778.

Call 1 855 845.1774 and start exploring!

HearingLife



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Hearing care that **starts with listening.**

Experience hearing aids for **30 days, risk-free.**

PLUS **Canada Post Heritage Members & family save an EXTRA 10%.**



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A joint mission to improve eye health

Eye exams including OCT from \$99

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We believe expert eyecare and quality eyewear should be affordable for all. Visit an experienced optometrist today to get your eyes the care they need.

 Eye exam with 3D scan
\$99 at participating locations
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 Quality eyewear
hundreds of styles available
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 Local businesses
160 stores (and counting)
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GoodLife Fitness



GoodLife FITNESS

Enjoy Improved Fitness, Mental Health and Well-Being

The Heritage Club

Save with **\$0** enrollment & **30% off** all membership types

Join at corporate.goodlifefitness.com



Corporate Membership Benefits:

- Reduce stress and feel great – physically and mentally
- 200+ clubs in Canada; some with 24-hour access
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- World-renowned Group Fitness classes
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- GoodLife Rewards offers savings and exclusive deals from GoodLife partners

SCAN TO SEE
WHAT GOODLIFE OFFERS!



SCAN TO BOOK A TOUR
AND ONE VISIT TRIAL PASS!

Valid until:
August 8, 2026

Why Join? – The Membership Advantages

- belairdirect** (formerly Johnson) Home and Car Insurance: discounts of up to 35%.
- belairdirect** travel insurance (formerly **MEDOC**)
- belairdirect** scholarships for your children.
- GoodLife Fitness**: discounts up to 30% off the regular all club access rates.
- HearingLife**: discounts up to 10% with price matching in effect.
- Specsavers**: discounts on glasses.
- Hotel Planners**: corporate discounts for hotel reservations.
- Genumark**: access to Corporate branded apparel.
- Pineridge Chapter** discounts to events and/or luncheons.
- Heritage Club scholarships** for your kids and grandkids of \$2,000 per school year.
- And...** The knowledge that a portion of your dues support local families and charities in need.

IMPORTANT: In order to benefit from these discounts, you must:

1. Mention your Heritage Club membership number,
and
2. You must have paid your membership dues to the Pineridge Chapter for the current year or more, otherwise coverage could be denied or terminated.

Your Benefits Contact Numbers

Canada Post Pension Plan 1-877-480-9220
 Govt. of Canada Superannuation Pension Plan 1-800-561-7930
 Canada Pension Plan/Old Age Security 1-800-277-9914
 Canada Life Insurance 1-866-716-1313
 Public Service Health Care Plan 1-855-415-4414
 Access Human Resources 1-877-807-9090
 Employment Insurance 1-800-206-7218
 Passport 1-800-567-6868
 Canada Revenue Agency 1-800-959-8281

Your Committee Members

J.P. Leguerrier, Chapter President, Writer-Editor

Bernie Snyder, 1st Vice-President, *jobernsnnyder@gmail.com*

Debbie Greenwood, 2nd Vice-President, *dagreenwood4@gmail.com*

Cheryl Leith, 3rd Vice-President

Patricia Stephenson, Treasurer-Secretary, Membership Dues & Database
p_stephenson2001@yahoo.ca

Lifetime Honorary Member: Margaret Fisher

Volunteer Team of Helpers: Gloria MacDonald, Jos Snyder, Paul Greenwood, Ric Morgan

Payment for dues and luncheons: Cheques for luncheons and membership dues should be made out to: **Pineridge Heritage Club**, and sent to our address: P. Stephenson, Treasurer, Pineridge Heritage Club, 295 Bluejay Cres., Oshawa ON L1G 6X4.

You may also do an e-payment at: *pineridgechapter14@gmail.com*