



Since 1989

## **Pineridge Chapter – Winter Edition Newsletter – Feb '26**

### ***President's Message***

Hello fellow Posties,

Here we are in February, the second month of the year and in the northern hemisphere, it is usually considered the last month of winter: God, please make it so! March is considered the beginning of Spring, and is the month for St. Patrick's festivities and the start of the Spring Equinox.

Anyone thinking of travelling this year, should use our discounts with belairdirect travel insurance, formerly called Medoc, which is now associated with belairdirect home & auto Insurance. As well, Spring time is a good time to get ready for a year of fun and activities by checking in on your hearing needs with HearingLife, and your vision with Specsavers, all with our discount programs. As well, GoodLife Fitness is also part of our benefits package.

If you have kids and grandkids, you need to check out our Heritage Club Scholarship Program: a great opportunity for your family! The details will be posted on our web site, heritageclub.ca by March 15<sup>th</sup>, and the applications have to be submitted by June 15<sup>th</sup>.

We THANK YOU all for renewing your membership and continuing to support our club. As we told you last year, our annual subsidies and mailing privileges with our parent company, Canada Post, were cancelled, due to huge financial losses and labour issues with them. However, we strive to continue the camaraderie and friendship with all our friends and members.

We look forward to seeing you throughout the year at any of our get togethers. It is always nice to meet up with friends and we thank you for your continued support to our club, we hope you will stay safe, and we look forward to meeting once again.

*J.P.*

**Jean Pierre Leguerrier**

**President**

## **Our Next Event**

Pineridge Chapter is having our next Spring Time - St. Patrick Day Event on FRIDAY, March 20th, at The Mandarin Restaurant, 1725 Kingston Road, Pickering, at 12 noon.

The menu is varied and pleasing to everyone who has been there, and the Luck of the Irish may shine upon you! It will be a great opportunity to Wear the Green and your Irish Flat Cap!



A wee bit of history: The flat cap originated in 14th-century Northern England, evolving into a staple of British and Irish working-class attire by the 16th century. A 1571 English law mandated all non-noble males over six, had to wear woollen caps on Sundays to support the wool industry, cementing its status. It later became popular for country leisure and with modern, stylish, and pop-culture.

Our last event, the Christmas Gala, was very well attended and enjoyed by all!



Please register early by calling or texting Pat, at 289-927-1521, and it is strongly recommended that you pay well before the event.

We now have a new pricing for our lunch events as our annual subsidies from Canada Post have been eliminated. Our new 2026 pricing for the lunch event:

\$22 for a Senior Paid Member of the Heritage Club  
\$32 for a Non-Senior/Non-Member

Send in your e-payments to: [pineridgechapter14@gmail.com](mailto:pineridgechapter14@gmail.com), or your cheques made out to **Pineridge Heritage Club**, and mailed to: Pat Stephenson, Pineridge Heritage Club, 295 Bluejay Cres., Oshawa ON L1G 6X4. Please indicate “**payment for lunch**” on payment details.

Also, if making an e-payment, please be careful as there are similar names of other organizations using "**pine ridge**" as a business name on the web.

If you end up cancelling for any reason, we will refund your payment. Please note, for all our events, we recommend you call to register your attendance, it makes our lives so much easier. Also, please do not arrive too early: we need the time to set things up for you!

Our last lunch event was well attended & it is always a good opportunity to dine with friends! For this event, part of the donations to the 50/50 draw will be going back to our club, to bolster our finances, and some to a charitable local organization: this event, the CNIB Guide Dogs.

### **Notice Board**

**Would you like more events offered?** Pineridge Chapter use to have more events: day and multi-days bus trips, golfing and bowling, but it seems that these didn't attract many of our members, anymore. If you have suggestions for new events, please reach out to our VP, Debbie Greenwood, via email (dagreenwood4@gmail.com).

**Election News:** For 2025, as per the Constitution, this being an odd number year, the positions up for renewal were for 1<sup>st</sup> and 3<sup>rd</sup> Vice Presidents, and Secretary-Treasurer, and the elections would have been held at our Annual Gala event, if required. No one submitted their name, or nominated anyone, so the Committee stands as before.

**Scholarship Program:** This Year's Scholarship Program will run until the end of June, 2026. Please watch for the monetary opportunities for your kids and grandkids. The information will be on our web site, [heritageclub.ca](http://heritageclub.ca).

**Life Events:** Have you had any life events you would like the us to announce? Marriages, births, special anniversaries, special awards, deaths, hospitalizations, etc. Let us know so we can pay tribute.

**Helping Others:** We continue to collect non-perishable food items for the **Food Banks** at every event, and we thank everyone for their generous donations.

**Soda Can Tabs:** We have found a new home for our donations of Soda Can Tabs: a local church in Scarborough. These eventually provide assisted devices for the handicapped.



**Thank you for all your generous donations and thoughts in the past.**

### **Colleagues & Friends who have passed: Our Condolences to Family & Friends**

Doris Daly, postal clerk, predeceased by her husband, Donald Daly, a letter carrier.  
Bernadette Butler, postal clerk.



## The “LIFE is GOOD” Section

Some people talk to you in their free time. Others free up their time to talk to you. Important difference...

Remember that you don't have to attend every argument you are invited to.

Shoutout to everyone who can still remember their childhood phone number, but can't remember the password they created yesterday. You are my people!

We older people know about living on the edge... we used to answer the phone without even knowing who was calling!

90% of bald people still own a comb; they just can't part with it.

Remember before Facebook when no one cared what you had for breakfast? We still don't! Cell phones bring you closer to people living far away, but take you away from the people next to you.

Correct each other in private. Support each other in public. Keep your personal business off the internet.

My doctor insists that I should schedule time for exercise. I have blocked off 3:00 - 3:15 on September 7, 2027. Tentatively....





## THE POST HORN



### *A POSTAL SERVICE STORY*

A lot of retirees remember fondly getting these long service awards: the Birks Jewelers watches & the silver and gold pins with a different number of diamonds, based on your years of service.



Left, Joseph-Benjamin Leguerrier, Montreal Letter Carrier, circa 1880's. To the right, Jean-Pierre Leguerrier, Ottawa Letter Carrier, circa 1970's: so I guess it's in the DNA?

## Our sponsors & affinity partners: an opportunity for discounts

### belairdirect for Home and Auto, and Travel Insurance

#### Passport to Prizes Contest!



belairdirect are giving you a chance to win one of five \$10,000 travel vouchers\* up for grabs. It's so easy to enter! Simply visit [belairdirect.com/ptpcontest](https://belairdirect.com/ptpcontest)

Complete the quick and easy entry form, and you're entered. Good luck!



\*Certain conditions apply.



### HearingLife

Book your FREE appointment


Our clients say 9.5/10  Based on 45,537+ reviews in Canada for 2025 


**Save up to \$2,100 on the latest hearing aids!**

For a limited time, get our state-of-the-art hearing aids at an unbeatable price. Experience crystal-clear conversations and reconnect with the world around you.





CPHC Members & family save an EXTRA 10%\*\*\*

Claim Your Special Offer Now





Members and family save an EXTRA 10%!

 Personalized hearing care
  400+ hearing centres
  30-day FREE hearing aid trial
  3 Years full service warranty

## GoodLife Fitness



### The Heritage Club

Save with **\$0** enrollment & **30% off**  
all membership types

Join at  
[corporate.goodlifefitness.com](https://corporate.goodlifefitness.com)



#### Corporate Membership Benefits:

- Reduce stress and feel great – physically and mentally
- 200+ clubs in Canada; some with 24-hour access
- Discount extended to two family members once employee/member has joined
- World-renowned Group Fitness classes
- GoodLife On-Demand delivers online workouts wherever and whenever you want
- GoodLife Rewards offers savings and exclusive deals from GoodLife partners

SCAN TO SEE  
WHAT GOODLIFE OFFERS!



SCAN TO BOOK A TOUR  
AND ONE VISIT TRIAL PASS!

Valid until:  
August 8, 2026

## Specsavers

## Save with Specsavers

Welcome to the Canada Post Heritage Club we're proud to partner with this organization to provide affordable, accessible eyecare and eyewear to all its members.

All our locations provide a great range of offers, glasses, and contact lenses, as well as online booking and direct billing.

Plus, as a valued Heritage Club member, you can also get **60% off lens upgrades\*** to help you make the perfect glasses.

And don't forget, if you're eligible for provincial health care, your eye exam (including an OCT eye health scan) will be at no cost to you.\*\*

**Book an eye exam today at [specsavers.ca](https://specsavers.ca)**

\*Discount only available for Heritage Club members with proof of valid Heritage Club membership. Cannot be used for friends or family purchases. Offer details are subject to change. Other conditions and exclusions apply, for more details visit [www.heritageclub.ca/membership/](https://www.heritageclub.ca/membership/)  
\*\*Costs of eye exams provided by independent optometrists are covered by provincial health care for eligible seniors.



### Why Join? – The Membership Advantages

- **belairdirect** (formerly Johnson) Home and Car Insurance: discounts of up to 35%.
- **belairdirect** travel insurance (formerly **MEDOC**)
- **belairdirect** scholarships for your children.
- **GoodLife Fitness**: discounts up to 30% off the regular all club access rates.
- **HearingLife**: discounts up to 10% with price matching in effect.
- **Specsavers**: discounts on glasses.
- **Genumark**: access to Corporate branded apparel.
- **Pineridge Chapter** discounts to events and/or luncheons.
- **Heritage Club scholarships** for your kids and grandkids of \$2,000 per school year.

**IMPORTANT:** In order to benefit from these discounts, you must: Mention your Heritage Club membership number, and you must have paid your membership dues to the Pineridge Chapter for the current year or more, otherwise coverage could be denied or terminated.



### **Volunteering**

The motto of the Heritage Club is “**People helping People**”; we would like to know of any activity you are currently participating in that benefits people and/or your community, such as fund raisers, work with health, religious or seniors’ organizations, coaching children’s groups, etc., and the hours you spend at it per month.

There are many examples of volunteering, ways you can help your community and fellow man, and feel good about yourself: church, organizations, knitting groups, literacy and schools, Santa Letters, Heritage Club, library and museums, hospital and seniors’ homes, soup kitchens, food banks, meal on wheels, shut in programs, income tax prep, fund raisers, Christmas hamper programs, etc.

We collect dues by end of December every year: cheques made out to Pineridge Heritage Club, and mailed to: Pat Stephenson, Pineridge Heritage Club, 295 Bluejay Cres., Oshawa ON L1G 6X4, or e-transfers to: *pineridgechapter14@gmail.com*. Please indicate “payment for dues” on payment details.

#### **MEMBERSHIP DUES RENEWAL SLIP**

**Dues are \$10.00 due by December of each year.**

Name:

Name of spouse (if applying as a couple):

Address:

City:

Postal Code:

Phone Number:

Email address: (optional):

Dues for Self: \_\_\_\_\_ Couple: \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_

Is this a Renewal: \_\_\_\_\_ or a New Membership: \_\_\_\_\_

#### **Reporting your current Volunteer Work**

I currently volunteer my services at \_\_\_\_\_

I volunteer \_\_\_\_\_ days a week/month. For \_\_\_\_\_ hours

Please note: all community work is valuable and should be recorded.

### **Your Committee Members**

J.P. Leguerrier, Chapter President, Writer-Editor

Bernie Snyder, 1<sup>st</sup> Vice-President, *jobernsnyder@gmail.com*

Debbie Greenwood, 2<sup>nd</sup> Vice-President, *dagreenwood4@gmail.com*

Cheryl Leith, 3<sup>rd</sup> Vice-President, *cherylleith@rogers.com*

Patricia Stephenson, Treasurer-Secretary, Membership Dues & Database

*p\_stephenson2001@yahoo.ca*

Lifetime Honorary Member: Margaret Fisher

Volunteer Helpers: G. MacDonald, Jos Snyder, K. Dayal, Ric Morgan