



SINCE 1989

Pineridge Chapter - Fall Edition Newsletter – October 2023

President's Message

Dear Members,

We are back from our summer time recess and looking forward to bringing you new events for you to enjoy with your fellow “postie” friends. October is naturally the time to renew your membership with the club for next year. This ensures you continue getting our newsletter four times a year for the news on your friends, activities and events, and gain access to the great discounts we have negotiated for you.

For those who have never joined as paid members, would you consider joining now? The membership is only \$10 per year, and some of the benefits of paid membership are the following:

Belair direct (formerly Johnson) Home and Auto Insurance, savings of up to 35%
Medoc Travel Insurance discounts
GoodLife Fitness, discounts off the regular access rates
Collette Tours, discounts off tours
Special scholarship opportunities for your kids and grand kids
Discounted luncheons and activities for you and your friends.

The more members we have, the more activities we can enjoy as a retired community, and continue donating to local charities.

So stay safe, hope to see you at our next activities.

J.P.

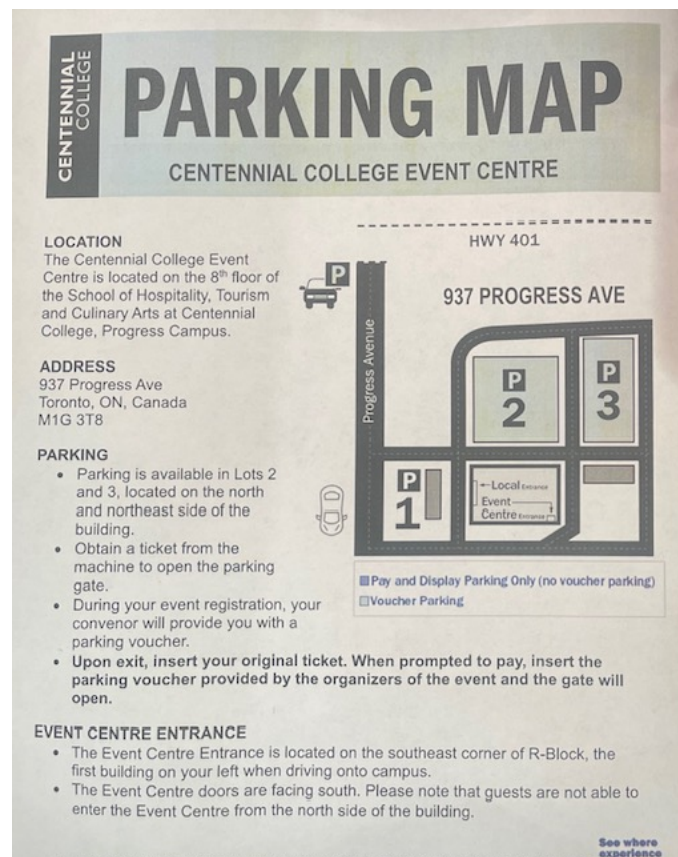
Jean Pierre Leguerrier
Chapter President

UPCOMING EVENTS FOR 2023

This year, we are celebrating Christmas in Grand Style! Toronto area Chapter members have the option of attending two celebrations:

Simcoe Chapter is hosting their event on Friday, December 8 at 12:00 on the 8th floor of the School of Hospitality, Tourism and Culinary Arts, Centennial College, 937 Progress Ave., Scarborough. The cost is \$45 per person, and the parking fee will be paid by Simcoe Chapter. Contact Anna Huang at: ahuang0513@gmail.com, or 416-716-2898, to confirm attendance. Payment can be made by cheques, payable to: Simcoe Chapter, 9 Dolly Varden Blvd., Scarborough, ON, M1H 2K2, or by e-transfer to simcoe.heritage2018@gmail.com.

The elaborate menu will include Soup, Salad, Roasted Turkey with all the fixin's, Sumac Baked Salmon, Penne al Pesto, Carrots, Garlic Mashed Potatoes and a delicious selection of Festive Desserts.



Pineridge Chapter is also having a Christmas event on Thursday, December 14, at The Mandarin Restaurant, 1725 Kingston Road, Pickering. The menu is varied and pleasing to everyone who has been there, and we are keeping our event as a day time luncheon, to accommodate those wishing to avoid night time driving.

The price remains at \$20 per senior paid member or your spouse, and \$27 for a guest who is not a member, or a senior. You must be a paid member of Pineridge, or one of the other Chapters to benefit from the discounted price and it covers all-you-can-eat buffet, non-alcoholic drink, taxes and tip. Please carry your Senior id to claim the “coveted” senior’s discount.

Please register early by calling or texting Pat, at 289-927-1521, and it is strongly recommended that you pay well before the event.

Send in your e-payments to: *pineridgechapter14@gmail.com*, or your cheques made out to **Pineridge Heritage Club**, and mailed to: Pat Stephenson, Pineridge Heritage Club, 295 Bluejay Cres., Oshawa ON L1G 6X4. If you end up cancelling for any reason, we will refund your payment. Please note, for all our events, we recommend you call to register your attendance, it makes our lives so much easier!

T H E L O C A L N E W S

DUES ARE DUE TIME

It’s October and it’s time! Still only \$10 per year per member, and \$10 for your spouse. For that you get four newsletters per year and a lot of discount opportunities. You can pay by cheque, made out to **Pineridge Heritage Club**, and mail to Pat Stephenson, Pineridge Heritage Club, 295 Bluejay Cres., Oshawa ON L1G 6X4, or do an e-payment to *pineridgechapter14@gmail.com*.

If you are unsure if you have already paid or not, you can call or text Pat Stephenson’s number (289-927-1521), or e-mail her at: p_stephenson2001@yahoo.ca

TRENT SEVERN GOLF TOURNAMENT

Trent Severn held their annual Golf Tournament on September 16th, at the Deer Run Golf Course. Thirty golfers attended. Everyone had a good time, a good meal, and lots of prizes.

HELPING OTHERS

On top of donating to worthwhile charities, and collecting food items for the food banks, we also collect soda can tabs for the Optimist Club. These can benefit programs for the purchase of assistive devices. We also collect plastic bread ties, not the paper types, for other Chapters. Please note, the collection of empty pill bottles has been discontinued.

Thank you all for your recent participation and donations!

NEW RETIREES AND/OR 25 YRS OF SERVICE MEMBERS

Sandra Laflamme, Mary Stringer

OUR CONDOLENCES TO THEIR FAMILY & FRIENDS

Friends we lost this year. We can only report those that we have been notified:
Raymond Whittle, Jaleel Gaffoor, Monica Flynn, Walter Dixon, Linda Gray, Alice
Saulkaines, Ella (Boyd) Smith, Henry Devine, John Stotts, Alma Gavin

GOODLIFE FITNESS DISCOUNT

The GoodLife Fitness subscription year usually starts the month you pay it. If you intend to apply under the Heritage Club discount, you must have paid your dues for that month, and renew by that month for the following year.

GoodLife Corporate Membership Benefits:

Waived enrollment fee exclusive to corporate partners (regular fee \$99+tax). Add a family member on your corporate rate. State-of-the-art cardio equipment. Free weights and weight machines. Showers available. World-renowned Group Fitness classes (select memberships). Professionally trained staff to assist you in achieving your goals. 24-hour locations (select Clubs).

ELECTIONS

This year, the position up for renewal would be for President, and the election would be held at our Annual Banquet. If anyone wants to submit their name, or nominate someone, please let anyone on the Committee know by November 30th.

SANTA’S HELPERS WANTED

The Christmas season is once again around the corner, and we are getting ready for all the mail that will soon arrive for Santa Claus. Each year children from around the world send their Christmas wishes to Santa, who lives in Canada’s Great White North. Over the years, Canada Post employees, both current and retired, have been bringing joy and happiness to these children, by responding to their letters. We are looking for Heritage Club members who are willing to spend an hour or two replying to these letters which may be at home again this year, in order to stay safe and compliant with then current safety protocols. If you would like to help spread a little joy and happiness, contact Bernie @ 416-439-9505, or any member of the Executive, or complete the form below and return to us.

SANTA HELPER VOLUNTEER

Name:Address:
City:Postal Code:Phone No :
Email Address:Languages

2023 SCHOLARSHIP WINNERS

The Canada Post Heritage Club is very proud to offer a Scholarship Program to the dependents of our members. During the first three years we were able to assist eleven worthy young people with their educational goals. Last year the value of the individual awards was increased from \$1000 to \$2000 each, and we are very pleased with the response received. The quality of the applicants is always exceptional, making the choice a difficult one that often comes down to the finest details.

The winners for this year's Scholarship grants are: Abbygale Davidson, Humber Chapter, Margaret Fallscheer, Parkland, and Christian Shimmin, Van Fraser.

THE "L I F E I S G O O D" SECTION

When a kid says "*Daddy, I want mommy*" that's the kid version of "*I'd like to speak to your supervisor*".

It's weird being the same age as old people.

Just once, I want a username and password prompt to say CLOSE ENOUGH.

Do you ever wake up in the morning and look in the mirror and think...
"*That can't be accurate?*"

Last night the internet stopped working so I spent a few hours with my family. They seem like good people.

We celebrated last night with a couple of adult beverages
..... Metamucil and Ensure.

You know you are getting old when friends with benefits means having someone who can drive at night.

After watching how some people wear their masks,
I understand why contraception fails.

For those of you that don't want Alexa or Siri listening in on your conversation, they are making a male version....it doesn't listen to anything.

I just got a present labeled, '*From Mom and Dad*', and I know darn well Dad has no idea what's inside.

Now that I have lived through a plague, I totally understand why Italian renaissance paintings are full of fat people lying on couches.

Love what you have before life teaches you to love what you lost.

THE POST HORN



A POSTAL SERVICE STORY

This year, the Heritage Club is proposing to Canada Post a commemorative stamp recognizing the contribution of the Railway Mail Clerks, an elite service that lasted from 1854 to 1971. The proposal was written up by Jim Bain, of the Van Fraser Chapter. There are still some members of this service still living, and we hope to commemorate their service this way.

**PROPOSAL FOR A
COMMEMORATIVE STAMP
RECOGNIZING THE CONTRIBUTION OF
*THE CANADIAN RAILWAY MAIL SERVICE***

**Submitted by
The Canada Post Heritage Club**



Senior's Info Board:

SENIORS' DISCOUNTS – For 2023

A&W - 10%
 BULK BARN – WEDNESDAY - 15%
 CANADIAN TIRE – WEDNESDAY - 10%
 CANADIANA FLOWERS - CARP MEMBERS - 15%
 DENNY'S RESTAURANT - THURSDAY AFTER 2 PM - 15%
 GIANT TIGER - 1ST MONDAY OF EACH MONTH - 10%
 GLOBAL PET FOODS - REWARDS CARD - LAST TUESDAY OF EACH MONTH - 15%
 GO TRANSIT - OFF REGULAR FARE WITH PRESTO CARD - 55%
 GOODWILL - 2ND MONDAY OF EACH MONTH - 25%
 HOTELS – 10 - 15%
 HUDSON'S BAY - HIC CARD - 1ST TUESDAY OF EACH MONTH - 15%
 M&M'S - TUESDAY - 10%
 MANDARIN BUFFET - 20%
 MASTERMIND TOYS - 1ST TUESDAY OF EACH MONTH - 20%
 MCDONALDS-COFFEE - 20%
 MICHAELS - 10%
 NO FRILLS – WEDNESDAY - 10%
 PET VALU – MEMBERSHIP - LAST THURSDAY OF EACH MONTH - 10%
 REXALL - LAST TUESDAY OF EACH MONTH - 20%
 SALVATION ARMY THRIFT STORE - 10%
 SHOPPERS DRUG MART – THURSDAY - REG. PRICE ITEMS - 20%
 SMITTY'S RESTAURANT - BIRTHDAY MEAL - FREE
 SOBEY'S - 1ST TUESDAY OF EACH MONTH - 10%
 SUBWAY SANDWICH - 10%
 TIM HORTONS - SELECT ITEMS - 10%
 TTC-CASH \$2.30 OR PRESTO CARD \$2.25
 VALUE VILLAGE – DONATE - 20% & TUESDAY - 30%
 VIA RAIL - 10% & CAA MEMBER - 20%
 WENDY'S SODA & COFFEE - FREE
 YORK REGION TRANSIT - CASH \$2.40

Editor's Note: Not all of these discounts have been verified. Thank you, Anna, for providing the list.

Your Benefits Contact Numbers

C.P.C. Pension	1-877-480-9220
Superannuation	1-800-561-7930
C.P.P. / O.A.S.	1-800-277-9914
Canada Life	1-866-716-1313
P.S.H.C.P.	1-855-415-4414
Access H.R.	1-877-807-9090
Employment Ins	1-800-206-7218
Passport	1-800-567-6868
Can Rev Agency	1-800-959-8281

WHO WE ARE

Pineridge Chapter is one of 24 Chapters across the country; it covers an area of the Greater Toronto Area which is mainly east of Victoria Park Avenue (eastern part of York County), encompassing Scarborough, and areas within historical Ontario and Durham Counties.

WHAT WE DO

The Pineridge Chapter organizes subsidized luncheons, bus tours, annual banquet and sporting events for its' members. Also, we collect and donate food for the food banks, as well as make donations to various charities throughout the year. Many of our members generously donate their time to local, charity organizations. In December, we hold a Holiday banquet for our members and we participate in the Santa Letter writing campaign. We are proud of our members and their contributions to our communities.

Do you have any suggestions for trips or special events you would like? Give our V-P Debbie a call, text, or message: *dagreenwood4@gmail.com, (905)-706-5285.*

WHY JOIN? – THE MEMBERSHIP ADVANTAGES

Belairdirect (formely Johnson) Home and Car Insurance: discounts of up to 35%.

Discounts for you and who travels with you with **MEDOC Travel Insurance.**

GoodLife Fitness: discounts up to 30% off the regular all club access rates.

Collette Tours discounts.

Discounts to **Pineridge Chapter** events, luncheons, bus trips, group tours, sports activities.

Heritage Club scholarships for your kids and grandkids of \$2,000 per school year.

NOTE: The Choice Hotel discount is no longer available due to insufficient patronage.

IMPORTANT: In order to benefit from these discounts, you must mention your Heritage Club membership number, and you must have paid your membership dues to the Pineridge Chapter for the current year or more, otherwise coverage could be denied or terminated.

LIFE EVENTS

Have you had any life events you would like the us to announce? Marriages, births, special anniversaries, special awards, deaths, hospitalizations, etc. Let us know so we can pay tribute.

Payment for dues and luncheons: Cheques for luncheons and membership dues should be made out to: **Pineridge Heritage Club**, and sent to our **new address:** Patricia Stephenson, Pineridge Heritage Club, 295 Bluejay Cres., Oshawa ON L1G 6X4.

You may also do an e-payment at: *pineridgechapter14@gmail.com.*

Payment for Time of Your Life bus tours ONLY: cheques should be made out directly to **Time of Your Life Tours**, and sent to 500 Sheppard Ave. East, Suite 203, Toronto ON, M2N 6H7, (416) 224-0684. Mention you are a Pineridge Chapter Heritage Club member for any applicable discount at the time.

YOUR COMMITTEE MEMBERS:

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Writer-Editor, Newsletter

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Bernie Snyder, Vice-President

Membership Communications, Event Reservations

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Debbie Greenwood, Vice-President, Travel Co. Liaison, Recruitment

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E-transfers: pineridgechapter14@gmail.com

Cheryl Leith, Special Events

Gail Bourhill, Webmaster

Support Staff: G. MacDonald, J. Snyder, M. Fisher, K. Dayal

Past President: Les Kimmerer

Honorary Lifetime Member: Margaret Fisher

CHANGE OF ADDRESS NOTICE FORM

Name:

Old Address:

New Address:

Postal Code:

Phone Number:

Effective Date:

MEMBERSHIP

Membership dues for the following year are due with the last newsletter of the year, in **October**. Remember: annual dues paid by our members are instrumental in keeping our chapter active.

New members applying to the Heritage Club will receive our Chapter's newsletters in the current year of their retirement and/or having achieved 25 years of service; after that, they need to signify their intent to join our Chapter by paying dues to the Pineridge Chapter, in order to continue receiving our communications. Our membership year runs from **January to December** and costs only \$10 per member, or \$20 per couple.

If you are no longer mobile, but still want to keep in touch by receiving only the newsletter, the cost is \$5.

MEMBERSHIP DUES RENEWAL SLIP

Name:

Name of spouse (if applying as a couple):

Address:

City:

Postal Code:

Phone Number:

Email address: (optional):

Dues for Self: _____ Couple: _____ Amount Enclosed: \$_____

Is this a Renewal: _____ or a New Membership: _____

Do you do any volunteer work?

With what organization?:

How many hours per month?:

VOLUNTEERING

The motto of the Heritage Club is “**People helping People**”; we would like to know of any activity you are currently participating in that benefits people and/or your community.

There are many examples of volunteering, ways you can help your community, and fellow man: fund raisers, religious organizations, knitting groups, literacy and schools, Santa Letters, Heritage Club, library and museums, hospital and seniors’ homes, coaching, soup kitchens, food banks, meal on wheels, shut in programs, income tax prep, Christmas hampers, etc.

This is one of the criteria we are measured on by CPC, and it affects our yearly funding. You can report these hours and the type of volunteer work you do in your dues renewal slip, or to me personally, jnglor@rogers.com, or by text/phone 905-391-5390.

PAYING YOUR DUES

Send the **completed dues renewal form** to **our new address**: Pat Stephenson, Pineridge Heritage Club, 295 Bluejay Cres., Oshawa ON L1G 6X4. Cheques for luncheons and membership dues should be made out to **Pineridge Heritage Club**.

You may also pay by e-payment: pineridgechapter14@gmail.com.

NEWSLETTER DISTRIBUTION

This newsletter is produced quarterly and is distributed to every member and associate who has paid their annual dues to the Chapter. Also, a general distribution is made once a year to every person who have applied for general membership to the Heritage Club in our Chapter area. Articles of general interest for the newsletter are always welcomed.