



SINCE 1989

Pineridge Chapter - Fall Edition Newsletter - October 2022

President's Message

Dear Members,

October is the time to renew your membership with the club for next year. This ensures you continue getting our newsletter four times a year for the news on your friends, activities and events, and gain access to the great discounts we have negotiated for you.

For those who have never joined as paid members, would you consider joining now? The membership is only \$10 per year, and the benefits of paid membership are the following:

**Johnson Home and Auto Insurance, exclusive savings of up to 35%
Medoc Travel Insurance discounts
GoodLife Fitness, discounts of 30% off the regular access rates
Collette Tours, discounts off tours
Choice and Radisson Hotels, discounts of up to 20% in Canada, USA, & worldwide
Special scholarship opportunities for your kids and grand kids
Discounted luncheons, holiday banquets, sports activities, bus trips, and group tours for you and your friends.**

The more members we have, the more activities we can enjoy as a retired community, and continue donating to local charities.

So stay safe, hope to see you at our next activities.

J.P.

**Jean Pierre Leguerrier
President**

UPCOMING EVENTS FOR 2022

Tuesday, November 1st, 2022: Wine Me & Dine Me in Prince Edward County

An enjoyable day away that takes you east to lovely Prince Edward County with its island-like location in Lake Ontario, south of Trenton and Belleville. It offers wine tasting at two wineries, a full course luncheon at the popular Waring House Restaurant and Inn in Picton, and some shopping time in the charming village of Bloomfield.

Enjoy coffee on your own at The Big Apple in Colborne before motoring on to Picton where we'll visit the Black Prince Winery and enjoy some wine sampling.

Your luncheon will be at the lovely Waring House Restaurant, a short distance from the winery. On the menu will be a salad, grilled chicken breast with a chardonnay dill sauce, potatoes, vegetables, plus dessert and coffee.

After lunch it's on to the nearby village of Bloomfield, to browse. Our last stop will be to sample some of the fine wines and complimentary snacks at the Harwood Vineyards in Hillier, before heading home.

The price is \$145 per person, which includes motorcoach transport, wine tastings, full course luncheon, all taxes and meal tip. Mention that you are a Heritage Club member for a 10% discount.

Cedar Heights Plaza departure is 8:45 am and returns 7:00 pm. Call Time of Your Life Tours for complete details and to make reservations (416-224-0684).

Friday, December 9th, 2022, 12:00: Christmas Time Banquet at The Mandarin

Please pencil in this date as we will be hosting our yearly yule time banquet at this location.

This will also come with a price change at this time. We have held the same subsidized pricing for almost three years now, in spite of inflation, increased taxes, and covid, but it has taken it's toll. So, effective for the December Mandarin event, we will be raising our price by \$5, to \$20 for a senior paid member of our Chapter to attend.

This still favours our members, as you would have to pay the following, if you came on your own: Senior's Lunch \$20.79, add a Drink \$2.49, taxes \$3.03, tip \$3.95, total: \$30.26.

If you bring a family member or friend who is a non-senior and/or non-member, the rate will be going from \$21 to \$27, still a savings of \$10. You must be a paid member of the Pineridge Chapter to benefit from the discounted price and it covers all-you-can-eat buffet, non-alcoholic drink, taxes and tip. Please carry your Senior id to claim the "coveted" senior's discount.

Please register early by calling or texting Pat, at 289-927-1521, and it is strongly recommended that you pay well before the event; send in your e-payments to: *pineridgechapter14@gmail.com*, or your cheques: 4081 Thickson Rd N, PO Box 4023, Whitby ON L1R 0J7. If you end up cancelling for any reason, we will refund your payment. Please note, for all our events, we recommend you call to confirm that the events will occur, as these are still uncertain times.

T H E L O C A L N E W S

DUES ARE DUE TIME

It's October and it's time! Still only \$10 per year per member, and \$10 for your spouse. For that you get four newsletters per year and a lot of discount opportunities. You can pay by cheque, made out to Pineridge Heritage Club, 4081 Thickson Rd. N., PO Box 4023, Whitby ON L1R 0J7, or do an e-payment to *pineridgechapter14@gmail.com*.

If you are unsure if you have already paid or not, you can call or text (905-391-5390), or e-mail me (*jnglor@rogers.com*) and I will let you know.

ODDS AND SODS

On October 1st, we will be holding our latest group luncheon at the Pickering Mandarin. Hope to see all our friends and members.

Trent Severn Chapter held their Golf Tournament at Deer Run Golf Course in Little Britain with 32 golfers coming out from Simcoe, Pineridge and Trent Severn Chapters.

HELPING OTHERS

On top of collecting food items for the food banks, we are also collecting empty pill bottles, soda can tabs, and bread ties for other Chapters. These can benefit medical supplies overseas and in programs for the purchase of assistive devices.

BOWLING ANYONE?

We are looking to set up some bowling events of 5 pin bowling. We are currently looking at the Ajax Bowling Centre on Harwood Ave. It is centrally located to both our Scarborough and Durham membership, there would be laughter, (tears?), food and prizes involved, all at an affordable price.

We currently have over a dozen names, and we will be developing an event for late Fall, early Winter. Call or text J.P., if this interests you: 905-391-5390, *jnglor@rogers.com*.

GOODLIFE FITNESS

Most people start joining the fitness programs in the Fall. If you intend on applying under the Heritage Club discount, you must have paid your dues for 2023.

RETIREES AND/OR 25 YRS OF SERVICE MEMBERS

Welcome to: Brad Barger, Laurie Brooks, Teresa Deangelis, Lal De Silva, William Fieghen, Kenneth Gibson, Douglas Mereweather, Dorothy Mitchell, Wendy Sebert, Leonard Waddell, Betty Low, Anne Goodwin, Carrie Blackwood, Soni Lata, Randy Ryan, Carole Sleep, Joanne West.

OUR CONDOLENCES TO THEIR FAMILY & FRIENDS

Friends we lost this year: Michael Graziano, David Ngo, Allan Williamson, Bernice Willis, Linda Spadaro, Noreen Lettau, Denise Goodbridge, John Elwell, Olive Billie Pickard, Robert Goddard, Larry Newton, Tony Ronald Eric Leith, Fred Major, Eric Meikle.

CHANGE OF MAILING ADDRESS FOR THE CHAPTER

Canada Post has changed our postal code, effective August 1st, 2022: Pineridge Heritage Club, 4081 Thickson Rd. N. PO Box 4023, Whitby ON L1R 0J7.

ELECTIONS

This year, the elections will be for President, 2nd VP, and Treasurer, and they will be held at our Christmas time Mandarin. The three people occupying those positions currently:

Patricia Stephenson: As you know, Bernie Snyder was our Treasurer from 2012 to 2022, after which he accepted the position of 1st Vice President. Then, we passed the position of treasurer onto Patricia Stephenson, who, although had not reached the usual 25 year service at Canada Post, had worked in payroll at General Motors. We were fortunate to have Pat step up to fill the position, as no one else volunteered.

Debbie Greenwood: Debbie has occupied the position of Vice President since she retired.

J.P. Leguerrier: I have been your Chapter President from 2013 to now, and I would very much like a Pineridge member to step up for this key position. Anyone who volunteers will be mentored into the position until they are comfortable. I currently hold two positions: President of Pineridge and National President for 24 other Chapters. The workload is substantial, and I need all the help I can get. I believe we could also benefit from new and different ideas.

If you are interested, please contact Bernie Snyder or myself, of your intentions or nominations, by November 15th. We need volunteers like you to step up and help out for the Chapter to continue and grow.

CHOICE HOTELS TO PURCHASE RADISSON HOTEL

Choice Hotels provides Heritage Club members with discounted room rates at all their hotel brands. With the merger of Choice and Radisson Hotels, it will add nine new hotel brands and 624 additional locations to the Choice Hotels network. Likely it will take time to implement all the final details, but we fully expect that our members will be able to access the same level of discounts at Radisson as are available currently at Choice.

CANADA POST PENSION UPDATE

In April 2022, the Government of Canada introduced the CPC Pension Plan Funding Regulations. These approved regulations will provide Canada Post with temporary relief from its solvency funding obligations until December 31, 2024. Without this relief, Canada Post expected that they would have had to make estimated special payments of \$796 million for 2022, because the solvency relief of 15% available under the Pension Benefits Standards Act, (1985), would be fully utilized during the year. Funding relief will not reduce or eliminate CPC’s obligation to fully fund the Plan. Canada Post acknowledges that it needs to find long term solutions for the Plan to be sustainable and affordable for Plan Members and the Corporation.

Canada Post Pension Plan Report to Members 2021

SANTA’S HELPERS WANTED

The Christmas season is once again around the corner, and we are getting ready for all the mail that will soon arrive for Santa Claus. Each year children from around the world send their Christmas wishes to Santa, who lives in Canada’s Great White North. Over the years, Canada Post employees, both current and retired, have been bringing joy and happiness to these children, by responding to their letters. We are looking for Heritage Club members who are willing to spend an hour or two replying to these letters which may be at home again this year, in order to stay safe and compliant with current safety protocols. If you would like to help spread a little joy and happiness, contact Bernie @ 416-439-9505, or any member of the Executive, or complete the form below and return to us.

SANTA HELPER VOLUNTEER

Name:Address:
City:Postal Code:Phone No :
Email Address:Languages:

2022 SCHOLARSHIP WINNERS

The Canada Post Heritage Club is very proud to offer a Scholarship Program to the dependents of our members. During the first three years we were able to assist eleven worthy young people with their educational goals. This year the value of the individual awards has been increased from \$1000 to \$2000 each, and we are very pleased with the response received. The quality of the applicants is always exceptional, making the choice a difficult one that often comes down to the finest details.

The winners for this year's Scholarship grants are: Erica Choice of Van Fraser Chapter, Kaleigh Hall, of Van isle, and Marissa Cox, of Bluenose.

THE "L I F E I S G O O D" SECTION

Those who jump off a bridge in Paris are in Seine.

A man's home is his castle, in a manor of speaking.

Dijon vu - the same mustard as before.

A man needs a mistress just to break the monogamy.

A hangover is the wrath of grapes.

Does the name Pavlov ring a bell?

Condoms should be used on every conceivable occasion.

Reading while sunbathing makes you well red.

When two egotists meet, it's an I for an I.

A bicycle can't stand on its own because it is two tired.

In democracy your vote counts. In feudalism your count votes.

She was engaged to a boyfriend with a wooden leg but broke it off.

A chicken crossing the road is poultry in motion.

If you don't pay your exorcist, you get repossessed.

You feel stuck with your debt if you can't budge it.

A lot of money is tainted - taint yours and taint mine.

A boiled egg in the morning is hard to beat.

He had a photographic memory that was never developed.

Once you've seen one shopping center, you've seen a mall.

Bakers trade bread recipes on a knead-to-know basis.

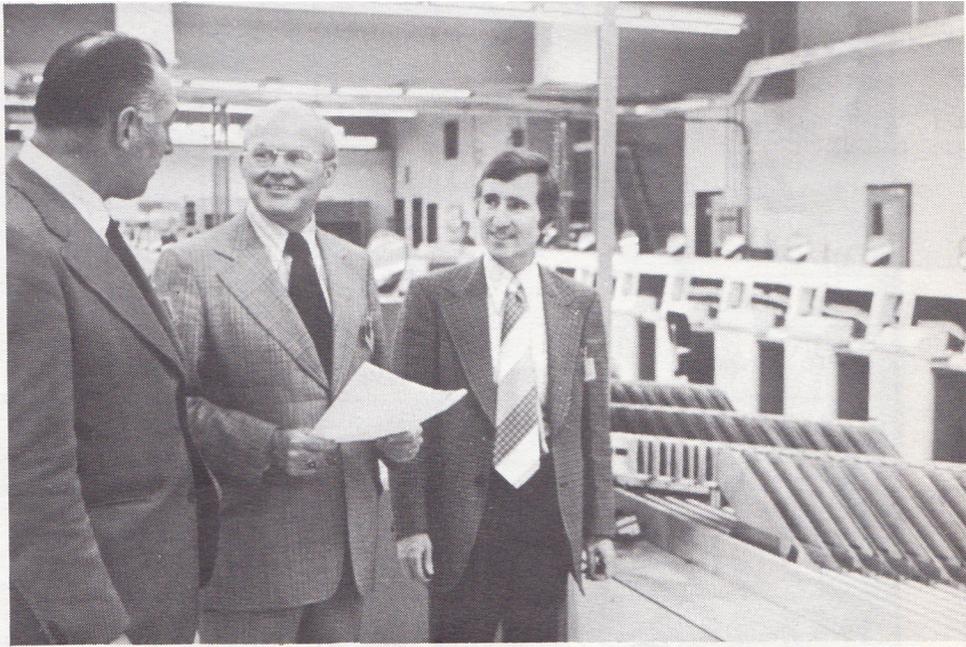
Acupuncture is a jab well done.

THE POST HORN



A POSTAL SERVICE STORY

The introduction of mechanization in the early 70's brought new, speedier methods for sorting and delivering mail. Here, member Ken Louden is inspecting the new set up, sporting a wide tie that was so popular back then.



Scarborough Manager Bert Green (centre) informs Shift Superintendents Bill Pettit (left) and Ken Louden that the encoding suites and letter sorting machines are now the official property of Canada Post Office. Final acceptance tests using live mail were completed in mid-April and the document of transfer (held by Mr. Green) was signed by Mr. Jerry Fultz, Director of Operating Systems, in Ottawa, on April 24. The encoding suites (shown here) and the letter sorting machines which complete the mechanized mail flow, constitute two of the three steps in the system.

SOME USEFUL INFORMATION

Benefit Contacts: Canada Post Pension Site, 1-800-480-9220; Gov't of Canada Superannuation, 1-800-561-7930; CPP/Old Age Security, 1-800-277-9914.

Extended Health Plans: Canada Life, 1-866-249-5723; Sun Life, 1-800-361-6212
Access H.R., Canada Post Human Resources, 1-877-9090.

Upon the death of a Canada Post employee, many of the benefits and survivor pension will continue after, including a death benefit payable to the survivor. The survivor needs to contact the appropriate agencies mentioned above, and provide the following information: Retiree name & Last Address, Employee ID No., SIN #, Date of Birth, and Copy of Death Certificate.

“Posties from the Past”, re-enactors at our recent Heritage Club Conference in Quebec City. Left to right, 1957, 1892 and 1894 uniforms. The 1894 version, is the uniform Albert Jackson, the first black letter carrier in Canada, would have worn in Toronto.



WHO WE ARE

Pineridge Chapter is one of 25 Chapters across the country; it covers an area of the Greater Toronto Area which is mainly east of Victoria Park Avenue (eastern part of York County), encompassing Scarborough, and areas within historical Ontario and Durham Counties.

WHAT WE DO

The Pineridge Chapter organizes subsidized luncheons, bus tours, annual banquet and sporting events for its' members. Also, we collect and donate food for the food banks, as well as make donations to various charities throughout the year. Many of our members generously donate their time to local, charity organizations. In December, we hold a Holiday banquet for our members and we participate in the Santa Letter writing campaign. We are proud of our members and their contributions to our communities.

Do you have any suggestions for trips or special events you would like? Give our V-P Debbie a call, text, or message: *dagreenwood4@gmail.com, (905)-706-5285.*

WHY JOIN? – THE MEMBERSHIP ADVANTAGES

Johnson Home and Car Insurance: discounts of up to 35%. Scholarships.

Discounts for you and who travels with you with **MEDOC Travel Insurance.**

GoodLife Fitness: discounts up to 30% off the regular all club access rates.

Choice Hotels: discounts of up to 15% in Canada, and worldwide, which includes Comfort, Quality, Rodeway Inn, EconoLodge, Clarion, MainStay Suites, Sleep Inn, and coming soon: Radisson Hotels.

Collette Tours discounts.

Discounts to **Pineridge Chapter** events, luncheons, bus trips, group tours, sports activities.

Heritage Club **scholarships** for your kids and grandkids of \$2,000 per school year.

IMPORTANT: In order to benefit from these discounts, you must mention your Heritage Club membership number, and you must have paid your membership dues to the Pineridge Chapter for the current year or more, otherwise coverage could be denied or terminated.

LIFE EVENTS

Have you had any life events you would like the us to announce? Marriages, births, special anniversaries, special awards, deaths, hospitalizations, etc. Let us know so we can pay tribute.

Payment for dues and luncheons: Cheques for luncheons and membership dues should be made out to our **new address: Pineridge Heritage Club**, 4081 Thickson Rd. N., PO Box 4023, Whitby ON, L1R 0J7. You may also do an e-payment at: *pinridgechapter14@gmail.com.*

Payment for Time of Your Life bus tours ONLY: cheques should be made out directly to **Time of Your Life Tours**, and sent to 500 Sheppard Ave. East, Suite 203, Toronto ON, M2N 6H7, (416) 224-0684. Mention you are a Pineridge Chapter Heritage Club member for any applicable discount at the time.

YOUR COMMITTEE MEMBERS: J.P. Leguerrier, Chapter President

Writer-Editor, Newsletter, Membership Database

jnglor@rogers.com

Bernie Snyder, Vice-President

Membership Communications, Event Reservations

jobernsnyder@gmail.com

Debbie Greenwood, Vice-President, Travel Co. Liaison, Recruitment

dagreenwood4@gmail.com

Patricia Stephenson, A/Treasurer, Membership Dues, e-payments

p_stephenson2001@yahoo.ca

E-transfers: pineridgechapter14@gmail.com

Cheryl Leith, Special Events

Gail Bourhill, Webmaster

Support Staff: G. MacDonald, J. Snyder, M. Fisher, K. Dayal

Past President: L. Kimmerer

CHANGE OF ADDRESS NOTICE FORM

Name:

Old Address:

New Address:

Postal Code:

Phone Number:

Effective Date:

MEMBERSHIP

Membership dues for the following year are due with the last newsletter of the year, in **October**. Remember: annual dues paid by our members are instrumental in keeping our chapter active.

New members applying to the Heritage Club will receive our Chapter's newsletters in the current year of their retirement and/or having achieved 25 years of service; after that, they need to signify their intent to join our Chapter by paying dues to the Pineridge Chapter, in order to continue receiving our communications. Our membership year runs from **January to December** and costs only \$10 per member, or \$20 per couple. If you are no longer mobile, but still want to keep in touch by receiving only the newsletter, the cost is \$5.

MEMBERSHIP DUES RENEWAL SLIP

Name:

Name of spouse (if applying as a couple):

Address:

City:

Postal Code:

Phone Number:

Email address: (optional):

Renewal for Self: _____ Couple: _____ Amount Enclosed: \$ _____

Is this a Renewal: _____ or a New Membership: _____

Would you be interested in bowling?

Anything else?:

Volunteering (see below)

Do you do volunteer work: _____

Hours per month: _____

Name of Organization: _____

VOLUNTEERING

The motto of the Heritage Club is “**People helping People**”; we would like to know of any activity you are currently participating in that benefits people and/or your community.

There are many examples of volunteering, ways you can help your community, and fellow man: fund raisers, religious organizations, knitting groups, literacy and schools, Santa Letters, Heritage Club, library and museums, hospital and seniors’ homes, coaching, soup kitchens, food banks, meal on wheels, shut in programs, income tax prep, Christmas hampers, etc.

This is one of the criteria we are measured on by CPC, and it affects our yearly funding. You can report these hours on your dues renewal form.

PAYING YOUR DUES

Send the **completed dues renewal form** to **our new address**: Pineridge Heritage Club, 4081 Thickson Rd. N., PO Box 4023, Whitby ON, L1R 0J7. You may also pay by e-payment: *pineridgechapter14@gmail*. **Cheques for luncheons and membership dues** should be made out to **Pineridge Heritage Club**.

NEWSLETTER DISTRIBUTION

This newsletter is produced quarterly and is distributed to every member and associate who has paid their annual dues to the Chapter. Also, a general distribution is made once a year to every person who have applied for general membership to the Heritage Club in our Chapter area. Articles of general interest for the newsletter are always welcomed.