



Parkland News

January 2026

In this Issue:



President's message

Membership Renewal

Volunteer Hours

Membership Benefits

Annual General Meeting

Donations

Food Bank

Obits

New Members

Santa Letter Writing
Campaign

Luncheons

Scholarship Program

Heritage Club Travel

Executive

Upcoming Events

Next Luncheons

February 26, 2026

April 23, 2026

Food Bank

Feb 19, 2026

Mar 19, 2026

Spring BBQ

Date: June 11, 2026

Fall Banquet

Date: Sept 20, 2026

2026 AGM

October 8, 2026

President's Message:

Hello Parkland Members,

Happy New Year!

As we welcome the start of 2026, I want to extend my warmest wishes to all our members for a happy, healthy, and successful year ahead.

Over the past year, we were pleased to host several well-attended functions. It was wonderful to see so many members participate, connect, and help keep our club vibrant. Looking ahead, we are excited about the events planned for 2026 and hope to see many of you join us.

The past year also brought significant change, particularly regarding our relationship with Canada Post. While these changes created challenges, we remain optimistic that the coming year will bring positive progress and solutions that benefit both our members and our organization.

The new year also marks the start of our membership renewal period, and we sincerely thank you for your continued support and commitment.

Details on how to renew your membership are included in this newsletter.

Due to financial considerations, we have updated how our newsletters are distributed. Members who have renewed their membership may choose how they would like to receive their newsletter, either by email or by mail. Members who have not renewed will continue to receive newsletters by email if we have an email address on file; however, if we do not have an email address, they will receive only the January newsletter by mail. We encourage all members to share an email address, when possible, as email is a fast and cost-effective way to receive updates and reminders.

Thank you again for your ongoing support. We look forward to making 2026 an exceptional year together.

Bob Broomhall

President, Parkland Chapter



Change of Address

Have you Moved or planning to move?

If you have recently moved or are planning a move, please let us know so that we can update our mailing list. Please let us know.

by email at: parklandheritageclub@gmail.com,

or by mail at: The Heritage Club, 12135 – 149 St. Edmonton AB. T5L5H2.

You can also contact our membership coordinator Judy Broomhall at 780-481-8627, or by contacting any of the executive – contact information on the back page.

NEW! You can now also update your mailing address by going to: heritageclubparkland.ca and then click on "Update your Address."



MEMBERSHIP:

Our 2026 membership drive is now underway.

Heritage Club Payment methods

Cash / Cheque / Debit Card / Credit Card /E-Transfer

Many of you have asked for additional options to pay for dues and other activities, so we have several options for you.

Cheque / Cash Please make your cheque out to:

Heritage Club - Parkland

Send your payment to the Club's mailbox at the Edmonton Mail Processing Plant:

Heritage Club

12135-149 St NW

Edmonton, AB. T5L 5H2

Credit or Debit Card via our club's website:

www.heritageclubparkland.ca

This is a multi-use club page and payment site that also connects you to the National Website. You can pay your dues, and also pay for the Spring BBQ, the Fall Banquet, change your address and more.

Go to the Club's webpage (noted above) and click on "Dues."

Payment is via Stripe payments, and we can accept most payment methods.

Interac E-Transfer - We accept payment via eTransfer. Just use the Club's email address.

parklandheritageclub@gmail.com

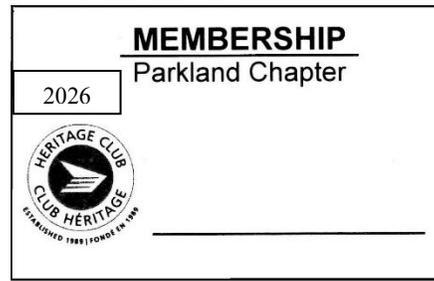
(no spaces) (no Password required).

Please remember to add a note to say who you are and what you are paying for e.g.: Sue and Joe Smith - Annual Dues (helps with tracking your payments).

Reporting Volunteer Hours:

Each year, the President of our chapter submits a report detailing the volunteer hours contributed by our members. These hours include not only service with the Heritage Club, but also involvement in community activities such as fundraising events, volunteering with religious or senior organizations, and supporting children's programs, including coaching. All forms of volunteer service are eligible to be included in this report.

The Heritage Club National Community Service Award is presented annually to a chapter that best reflects our motto, "People Helping People." In past years, Parkland Chapter has proudly received this award, largely due to



Members will receive a card similar to the one shown above as acknowledgement of payment.

For those renewing their membership by mail, please complete the enclosed renewal form and send it, along with your 2026 membership dues, to the address indicated on the form.

If you have questions or concerns about paying your dues, please reach out to Ron McPhail at 587-596-5864

Your membership dues make up a significant portion of our annual income and are vital to our chapter's activities. Our chapter also receives a portion of our funding from our national office.

We are currently updating our membership database to include email addresses. If you have an email address, we encourage you to share it with us. Email is a fast and cost-effective way to keep you informed about news and upcoming events between newsletter editions.

If you have any questions about your membership status or other membership-related inquiries, please contact our membership representative, Judy Broomhall, at (780) 481-8627 or parklandheritageclub@gmail.com.

the outstanding number of volunteer hours reported by our members.

We need your help to demonstrate that our chapter continues to be among the most active. Please report your volunteer hours in the Volunteer Hours section at the bottom of the Membership Renewal form, and indicate whether the hours are calculated weekly, monthly, or annually.

You may mail the completed form to the address listed on the form or, alternatively, email your volunteer information to: parklandheritageclub@gmail.com.

Thank you for your continued dedication and for making a positive difference in our community!

*I don't have senior moments.
I have surprise brain vacations.*

Heritage Club - Membership Benefits



There are many benefits to joining and maintaining an active status in the Canada Post Heritage Club. See our website for details on many of these offers.

Please remember that many of the corporate offers are based on group rates. In order to participate in the benefits afforded to active members of the Heritage Club one must be an active dues paying member and possess a permanent membership card with their Heritage Club membership number on it.

1. Reduced prices on club activities, such as the Spring BBQ, the Fall Banquet, and regular luncheons.
2. Access to the Heritage Club Scholarship Program – 2026. The Heritage Club awards three (3) scholarships to children or grandchildren of all dues paid members of the Heritage Club. The scholarships are valued at \$2,000 each for any post-secondary university or college studies.
3. Access to belairDirect Travel Insurance. A comprehensive group travel insurance plan that provides up to \$10 Million emergency medical coverage when travelling outside your province or outside of Canada, for an unlimited number of trips of less than 40 days. Extended coverage is available for up to 182 days. This is one of the most affordable travel policies around. See our website for more details.
4. Access to reduced rates on Home and Auto Insurance through belairdirect Insurance. Discounts of up to 35%.
5. Access to the belairdirect Insurance Scholarship Program (50 scholarships at \$1,000 each) for those that hold a belair or Johnson Insurance policy. Go to www.belairdirect.com/en/scholarship for more information.
6. Access to reduced membership fees at Goodlife Fitness. Members of the Heritage Club get a 30% discount off the regular prices, and no sign-up fees. This includes access to all GoodLife locations. World-renowned Group Fitness classes, and professionally trained staff assist you in achieving your goals. You must be a paid member of the Heritage Club to get the discount, and you will require your Heritage Club number to access the information regarding this program. To learn more about this offer, go to our website.
7. Access to reduced rates at Collette Travel. Collette offers travelers 100 years of guided touring experience, more than 160 tours to all seven continents, and full-time industry leading tour managers. 24/7 guides you every step of the way to your next adventure. Heritage Club members save \$100 per person on any Collette tour. Plus, special seasonal offers that could save members up to an additional \$500 per person.
8. Access to reduced prices on hearing aids and other hearing products from Hearing Life Canada.
9. Access to reduced pricing on eye exams and eyeglasses at SpecSavers.

Annual General Meeting

The 2025 Annual General Meeting was held October 9, 2025, at the Buffet Royale Carvery in conjunction with the October luncheon.

At this meeting, the positions of Treasurer and 2nd Vice President were up for election for a two-year term.

Ron McPhail was re-elected as Treasurer.

Maggie Hallworth was elected 2nd Vice President. Maggie Hallworth will hold both the 2nd Vice president

and the Secretary role until a new Secretary is elected next year.

Congratulations to the above members and thank you for allowing your name to stand.

A date was set for the 2026 Annual General Meeting. The 2026 AGM will be held on October 8, 2026, again in conjunction with the October luncheon.

Donations:

At our recent fall banquet, our members raised close to \$500 from the sale of raffle tickets, and a silent auction item and then the club contributed additional funds to create a \$750 donation. Members voted for the charity that the evenings funds would go to and then the top 2 additional charities that would be funded in 2026.

Members chose the Hope Mission as the recipient of the banquet raffle and silent auction proceeds. The Edmonton Christmas Bureau and Win House (a local women's shelter) were close second and third and will receive donations in the new year.

In 2025 the Parkland Chapter executive also authorized donations to several local community organizations on

behalf of the members of Parkland Chapter. This past year our club made donations to The Zebra Child Protection Centre and Santa's Anonymous.

In recent years we have made donations to a number of different women's shelters, some hospital foundations in northern Alberta, School lunch programs, and organizations serving the needy such as The Mustard Seed, the Boyle Street Co-op, and The Salvation Army.

The executive would welcome suggestions from the membership of other worthy charities that they would like to see the club support.

*Why couldn't Dracula's wife get to sleep??
Because of his coffin.*

Food Bank

A sincere thank you to our members who have generously volunteered their time to help us support the Edmonton Food Bank over the past year. We are committed to providing an 8-to-10-person team for a 3-hour shift on the third Thursday of each month. To uphold this commitment, we are looking for more volunteers to join our Food Bank roster. Your involvement will help us keep this pledge and continue making a meaningful difference in our community.

If you would like to add your name to the list of volunteers working the food bank, or if you know of anyone else that might be interested, please contact:

Paul Otto

Heritage Club Food Bank Coordinator

780-484-8636 protto@shaw.ca



Obituaries:

It is always with a heavy heart that we hear about the passing of one of our members. We have been made aware that the following members have passed away:

Delbert Schaffrick
Charles (Chuck) Fairhart
Erik Quint

David Horbasenko
Carrie Mydlak
Lillian Toma

Nancy Yee Hung Pon
Alcide (Sid) Allarie
Geraldine (Gerry) Grabher

If you are aware of a member's passing, can you please contact one of the executives, and let us know the name, date, and any information that you may be aware of, as to their career with Canada Post.

New Members:

The Parkland Chapter of the Canada Post Heritage Club is pleased to welcome the following new members of the Parkland Chapter:

Timothy Arnott Fort Saskatchewan
Rick Diesbourg Edmonton
Rosario Salucop Edmonton
John Parker Edmonton
Mylene Tipan Edmonton
Miramar Fereja Edmonton

Sharon Curry Wetaskiwin
Jacqueline Foisy Spruce Grove
Colleen Wenger Camrose
Myra West Edmonton
Michele Meister Edmonton

Do You Know Where These People Are?

We have had mail returned for the following people. We suspect many of them may have moved, but we do not know their forwarding address. If you know the whereabouts of any of the following people, can you please contact Judy Broomhall at parklandheritageclub@gmail.com , or 780-481-8627, or any of the executive (contact info on last page).

Arlene Bochon Tofield
Gerald Chisholm Edmonton
Denise Dirk Sherwood Park
Marguerite Dykun Sherwood Park
Geraldine Empson Cochrane

Violet Hoffman Stony Plain
Bruce Mawer Iron River
Garnet Stark Strathmore
John Wong Edmonton

Retired and loving my new boss: - Me.

Santa Letter Writing Program 2025



This year's Santa Letter Writing campaign was certainly a little different. As many of you know, Canada Post is exploring new ways of delivering programs, and the Heritage Club has not been immune to these changes. As a result, the program was not managed in the same manner as in previous years.

Despite these changes, many members generously volunteered to reply to children's letters to Santa, and we sincerely thank everyone who contributed their time and effort. We understand that the overall number of children's letters was somewhat lower this year, with school submissions declining even more. It is likely that labour issues prior to the start of the campaign, along with the recent Alberta teachers' strike, contributed to the reduced school volumes.

The Heritage Club continues to discuss its future involvement in the Santa Letter Writing program with Canada Post, and it is our hope that we will be able to return to our previous level of participation.

As part of our Santa Letter Writing campaign, several members volunteered their time to support the 880 CHED Santas Anonymous Delivery Day. Serving as porters, they assisted by transporting children's gifts from the warehouse to delivery drivers, helping ensure a successful delivery day.

Christmas Lunch

On December 12, 2025, we enjoyed an excellent turnout at the Buffet Royale Carvery in Edmonton's west end for our annual Christmas Luncheon. The event was filled with lively conversations as attendees reconnected and shared updates on past and upcoming activities. The holiday spirit was further evidenced by a surprise visit from Santa, who distributed small gifts to everyone present.

Looking ahead to 2026, our usual luncheons will continue. The next gathering is set for Thursday, February 26 at 11:30 AM at the Buffet Royale in Edmonton's west end. We will have as our guest speaker, a representative from The Edmonton Food Bank. She will be speaking about the Edmonton Food Bank operation and how our Heritage Club involvement assists in their efforts.

In support of our partnership with the Edmonton Food Bank, members are encouraged to bring a non-perishable item for the Food Bank, to the luncheon.

The club will maintain our luncheon pricing, with members paying just \$20 per person.



Our next luncheon is scheduled for.

Thursday February 26
11:30 AM
Buffet Royale Carvery
17202 - 95 Ave NW, Edmonton.

Guest speaker – Edmonton Food Bank

Remember, calories don't count if you're smiling.

HERITAGE CLUB SCHOLARSHIP PROGRAM – 2026

The Canada Post Heritage Club is proud to support the next generation by awarding three scholarships of \$2,000 each to children (including adopted children or stepchildren or wards in legal guardianship) or grandchildren of dues-paying members who are beginning their post-secondary education.

These scholarships are intended to recognize hard-working, well-rounded students who demonstrate determination, community involvement, leadership, and a strong potential for success — not solely academic achievement.

Application timeline:

Applications open: March 15, 2026 - Applications close: June 15, 2026

Scholarship recipients announced: week of August 3, 2026

Eligible students are encouraged to apply and share their story, including academics, employment, volunteer work, extracurricular activities, and any challenges they have overcome along the way.

HOW TO OBTAIN AN APPLICATION PACKAGE

Please contact Bob Broomhall, Parkland Chapter President at: parklandheritageclub@gmail.com Or go to the Heritage Club webpage at: www.heritageclub.ca and obtain an application form from the tab marked “Forms”

Belair direct Insurance Scholarship Program – 2026

This year, belairdirect Insurance Company Inc. (belairdirect) will once again award 50 scholarships each valued at \$1,000, to students who completed high school in 2026 and are attending a post-secondary educational institution in Canada, in the fall of 2026.

The belairdirect Insurance Company Inc. scholarships are available to the children and grandchildren of active Heritage Club members.

Application forms for the belairdirect scholarships will be available in the spring of 2026. at <https://www.belairdirect.com/en/scholarship>

2025 Scholarship Winners

Heritage Club Scholarship Winners 2025

We are pleased to announce the results of our 2025 Scholarship Program. The judges were pleased with the strong interest and impressed by the exceptional quality of applicants. Each candidate submitted an outstanding résumé, making the final selections highly competitive. We congratulate all applicants and especially the three scholarship recipients as they pursue their education and career goals. They will undoubtedly make meaningful contributions to their communities. We also thank our dedicated judging committee and everyone who has supported the program over the past eight years.

Liam Cull



Liam Cull is the grandson of Terra Nova member Freeman Cull, and hails from Roddickton, NL. Those who believe that opportunities are limited for residents in smaller communities haven't reckoned with Liam Cull. With an academic average of 99% - impressive enough on its own – Liam is an integral part of everything happening in his community. His achievements include Student of the Year, Volunteer of the Year, Male Athlete of the Year, as well as scholarship, academic and merit awards, all while working part-time and tutoring younger students. He plays and coaches multiple sports. His reference letters from school and municipal representatives speak highly of the huge contribution that he has made to his community through his volunteer efforts. Liam has chosen nursing as his career, and as he enters Memorial University to pursue those studies, we are confident that his patients, his community, and his province will all be better because of his participation. Good luck, Liam, and congratulations on everything you have achieved so far.

Sidney Metcalf



Sidney Metcalf is the granddaughter of Stewart Metcalf, longtime member of Thames Chapter. Sidney is an exemplary candidate who has combined high academic achievement with volunteer activities in her school and community, playing and coaching basketball, and carrying a part-time job through her final year of high school. All of these experiences have defined her can-do attitude, which she recognizes has added immensely to her personal growth. She is also grounded enough to realize that self care is also invaluable to a healthy lifestyle and is careful to address that with activities to enhance her personal wellbeing. Sidney will be entering King's University College to study Social Science, and we believe that she has every chance of being a very successful student. Congratulations, and good luck, Sidney!

Henri Roy



Henri Roy is the grandson of Russell Hart, member of Brunswick/Abegweit Chapter. Henri has maintained an average of mid-90's throughout high school, with a particular interest and aptitude for mathematics. He has won numerous math competitions. Henri also has 12 years of classical violin studies. He is invested in community sports activities, having played and coached soccer and started a basketball club for the francophone students in his area. His efforts in this area have expanded to now include a senior basketball club. His volunteer efforts in the community also include innovative ideas to raise funds for Ukrainian relief funds. Henri will be entering Queen's University to pursue a career in engineering. We trust that this scholarship will assist him in the pursuit of those goals. You've made a great start, Henri. Congratulations, and good luck!

2026 - HERITAGE CLUB TRAVEL

HERITAGE CLUB MEMBERS AND FRIENDS



February 15: 14-nights Caribbean cruise on the Eurodam Fort Lauderdale return. Visit Nassau, Turks and Caicos, Dominican Republic, Half Moon Cays, San Juan, St Thomas. Fares starting at \$1,785 CAD pp including taxes. Airfare extra.

March 22: 21-days Fort Lauderdale to Rotterdam on the M.S. Rotterdam. Fly to Fort Lauderdale, 9 Sea Days to relax and enjoy ship activities, visit Falmouth, Portland and Southampton, England; Brussels, Belgium; Skjolden, Stavanger, Kristiansand, and Oslo Norway; scenic cruising Oslofjord and Sognefjord, and disembark in Rotterdam. Inside cabins from \$3,090 CAD pp including taxes. Flights to Fort Lauderdale and return from Rotterdam are additional.

May 3: 14-night Alaska cruise, Vancouver return on the Nieuw Amsterdam. visit Juneau, Kodiak, Anchorage (overnight), Icy Straight, Wrangell, Glacier Bay, Ketchikan, Prince Rupert. Inside cabins starting at \$2,245 CAD per person, including taxes.

May 30: 10-night Spring Cruise on Volendam, Montreal return. All Canadian ports plus Pierre St Miquelon. **Last Call!!** Just a few cabins left starting at \$2,438 CAD per person, including taxes.

June 7: 7-nights Alaska on the Serenade of the Seas, Vancouver return, visit Sitka, Tracy Arm, Juneau and Prince Rupert, BC. Insides from \$972 CAD pp including taxes and Balconies from \$2,440. CAD pp including taxes.

Aug 7: and Aug 14: 14-nights on the Ovation of the Seas, Vancouver return, 2 cruises, back-to-back visiting Ketchikan, Sitka, Skagway, Hubbard Glacier, Seward, Icy Straight. From \$2,010 CAD pp (includes taxes but deposit is non-refundable) for 14 nights or \$2,233 CAD pp including taxes with deposit refundable until final payment. Enjoy the humongous ship with lots of bells and whistles for all ages!

Sept 16: 18-nights Cruise Great Bear Rainforest and Alaska on the Zaandam, Vancouver return. Inside cabins from \$4,117 CAD pp. This is a one-time itinerary visiting unique areas such as cruising Princess Royal Island, Grenville channel, Great Bear Rainforest, Sitka, Valdez, Kodiak, Homer, Anchorage overnight, Hubbard Glacier and Glacier Bay, Juneau, Wrangell, Ketchikan, scenic cruising Bella Bella, and the Inside Passage. Balconies are waitlisted; limited insides and ocean view available.

Note: Be sure you have adequate out-of-country medical and trip cancellation insurance before confirming your trip.

Call Van-Fraser Heritage Club: 604-482-4311 or email: vanfrasernews01@gmail.com for more info., detailed itineraries and pricing on other categories of cabins. Cruise prices available at time of printing and may change at any time.

Travel Tips:

- Check documents early. Make sure passports, visas, and IDs are valid (some countries require 6 months before expiry).
- Make paper and digital copies of important documents and keep a digital or paper copy with you. Leave a copy of with a trusted person back home.
- Notify your bank to avoid card blocks while traveling. Have a second card or some cash.
- Use secure Wi-Fi: Avoid public Wi-Fi for banking unless using a VPN.
- Be flexible: Delays and changes happen—staying calm makes the trip much more enjoyable.

“I haven’t been everywhere, but it’s on my list.”

Heritage Club - Parkland Chapter 28

2026 Executive



President

Bob Broomhall
(780) 481-8627



Treasurer

Ron McPhail
587-596-5864



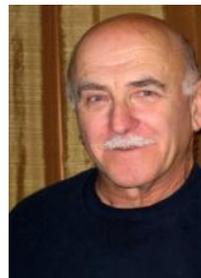
Secretary and Second Vice President

Maggie Hallworth
780-405-2094



First Vice President

Paul Otto
780-484-8636



Past President

Lloyd Rogowski
780-458-8936

The executive will do their best to serve the members of the Parkland Chapter in every way possible. Please do not hesitate to call any one of us to answer any of your questions.

You can also contact us via our email address. If you have any questions, comments, or concerns, please feel free to let us know by sending us an email at parklandheritageclub@gmail.com

Tips to avoid trips and falls due to snow and ice

Snow and ice can create hazardous walking conditions, but simple precautions can greatly reduce the risk of slips and falls.

- Wear footwear with good traction, such as boots with non-slip soles, and consider ice cleats for added grip.
- Walk slowly with short, deliberate steps to maintain balance, and keep your hands out of your pockets so your arms can help steady you.
- Before heading out, check walkways, driveways, and stairs for icy patches. Clear snow promptly and apply salt or sand to improve traction.
- Pay close attention to shaded areas, bridges, and steps, which freeze faster and stay icy longer. Use handrails whenever available. Be cautious entering and exiting vehicles when there may be ice underfoot.
- Plan extra travel time so you don't feel rushed and avoid distractions like using your phone while walking.
- When entering buildings, watch for wet floors caused by melting snow.

Staying alert helps you move safely.

“Be safe at home so you can be lazy longer.”

