



Parkland News

November 2025

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December (Christmas) Luncheon



Hey everyone!

Our next quarterly luncheon is coming up, and this time we're getting into the Christmas spirit!

Join us for a **Christmas-themed lunch** — good food, great company, and lots of holiday cheer. It's always a fun time to catch up with fellow posties and enjoy a great meal at a great price.

\$20 per person, and please remember to bring something for the Food Bank.

Thursday, December 11, 2025

11:30 AM

Buffet Royale, West End

17202 - 95 Ave NW, Edmonton, AB

If you're planning to come, please give **Paul**



Otto (780-484-8636) or Bob Broomhall (780-481-8627) a quick call so we can save you a spot.

Bring your holiday spirit and your appetite — it's sure to be a great get-together!

Coffee Get Togethers:

Are you an early bird? Several Edmonton and area members get together for coffee.

North side - 9:30 AM the first Tuesday of the month - Londonderry Mall- just outside A&W

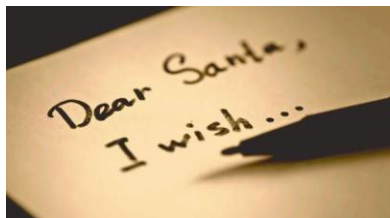
West end - 8:00 AM - every Wednesday - Mayfield A&W (Stony Plain Rd & 170 St.)

Fall Banquet

On Sunday, September 21, we had a wonderful turnout for our always-popular Fall Banquet. It was a fantastic evening filled with great entertainment, plenty of visiting, and lots of enjoyable conversation — catching up on summer adventures and talking about plans for the winter ahead. As always, the food was delicious, and the desserts were even better!



Santa Letter Writing Program:



Planning for this year's **Santa Letter Writing Program** is already well underway.

As you know, there is a possibility of a rotating

postal strike this season. Since it's uncertain whether this will occur—or how long it might last—we're moving forward with plans for a regular Santa Letter Writing campaign and will adjust if necessary.

You may also be aware that Canada Post and the Heritage Club are presently working through some organizational differences. As a result, the Heritage Club will not be taking the lead this year as we have in the past. However, we understand how meaningful this tradition is—both for our members and for the children eagerly awaiting their letters from Santa. We will therefore continue to assist by connecting volunteers with the local Canada Post coordinator to help ensure the program's success.

Canada Post is still looking for volunteers to help answer children's letters to Santa Claus.

It's a simple and rewarding way to share the holiday spirit!

How It Works:

- Let the coordinator know how many letters you would like to answer (in multiples of 20).
- You'll receive the requested number of children's letters, along with matching reply letters and envelopes.
- If you prefer to receive a few each week, simply let the coordinator know.
- The reply letters are pre-written—you just add a personal touch with a short P.S. (a list of suggested postscripts will be provided).
- Address the postage-paid return envelope and drop it in the mail.

To learn more or to volunteer, please contact:
Bob Broomhall 780-481-8627

broomb@telus.net

Food Bank:

Thank you to all those that volunteered in October. We had a great time and helped sort a lot of food.

Our next event is November 20 from 1:00 PM to 4:00 PM.

December is always a very busy time for the Food Bank, so it would be great to see a big volunteer turnout on this day. In December we will be volunteering on Thursday December 18.

Other dates confirmed for the new year are January 15, February 19, and March 19.

We would like to continue to build our core list

of volunteers for this once-a-month activity. of giving back to our community and feeling good about it. If you know of anyone else that would be interested, please pass this on to them.

If you would like to join up, send an email or phone.

Paul Otto
Heritage Club Food Bank Coordinator
protto@shaw.ca
780-484-8636

Santa's Anonymous

Members living in the metro Edmonton area will know that one of the local radio stations, 880 CHED sponsors a large toy drive to provide a toy at Christmas time to underprivileged children in the Edmonton area. By far the busiest day for Santa's Anonymous is Delivery Day, when volunteer drivers deliver all of the

toys. To make this happen Santa's Anonymous needs porters to take gifts from the warehouse to waiting drivers. Parkland Chapter volunteers to help with porter activities. Delivery Day this year is Saturday December 20. If you are interested in helping with this fun and fulfilling activity, please call Ron Prosser at 780-270-6298 or ronprosser@shaw.ca

2025 Heritage Club Scholarship Winners

We are thrilled to announce the results of our 2025 Scholarship Program. Once again, the judges were very pleased with the interest in our program and more than impressed with the quality of the candidates. All of the applicants had notable resumes, and as always, the choice came down to the smallest of details. Congratulations to all of our candidates, and particularly to the three successful individuals as they pursue their studies and move forward in their chosen career paths. Wherever they go, they will be a true asset to their communities.

Liam Cull

Liam Cull is the grandson of Terra Nova member Freeman Cull, and hails from Roddickton, NL. Those who believe that opportunities are limited for residents in smaller communities haven't reckoned with Liam Cull. With an academic average of 99% - impressive enough on its own - Liam is an integral part of everything happening in his community. His achievements include Student of the Year, Volunteer of the Year, Male Athlete of the Year, as well as scholarship, academic and merit awards, all while

working part-time and tutoring younger students. Liam has chosen nursing as his career, and will enter Memorial University to pursue those studies,

Sidney Metcalf

Sidney Metcalf is the granddaughter of Stewart Metcalf, longtime member of Thames Chapter. Sidney is an exemplary candidate who has combined high academic achievement with volunteer activities in her school and community, playing and coaching basketball, and carrying a part-time job through her final year of high school. Sidney will be entering King's University College to study Social Science.

Henri Roy

Henri Roy is the grandson of Russell Hart, member of Brunswick/Abegweit Chapter. Henri has maintained an average of mid-90's throughout high school, with a particular interest and aptitude for mathematics. He has won numerous math competitions. Henri also has 12 years of classical violin studies. Henri will be entering Queen's University to pursue a career in engineering.

In 2026, the Heritage Club will once again offer 3 scholarships worth \$2,000 each to dependent children and grandchildren of active Heritage Club members. Deadline is June 30, 2026. See the Heritage Club website for more information or call Bob Broomhall 780-481-8627

Please keep a copy of this page with your important documents

Your Benefits Contact Numbers

C.P.C. Pension	1-877-480-9220	P.S.H.C.P.	1-855-415-4414
Superannuation	1-800-561-7930	Access H.R.	1-877-807-9090
C.P.P. / O.A.S.	1-800-277-9914	Employment Ins	1-800-206-7218
Canada Life	1-866-716-1313	Passport	1-800-567-6868
		Can Revenue Agency	1-800-959-8281

Your Benefits Survivor procedures:

To ensure the survivor of a retiree maintains pension, health and medical benefits, several contacts must be made after a retiree's death.

IMPORTANT: There are two (2) different Pension and Benefit packages depending on when the member retired

- Superannuation Pension and Canada Life – PSHCP Benefits – for those that retired **prior to Oct 1, 2000**
- CPC Pension and Canada Life - CPC Benefits – for those than retired **after Oct 1, 2000**

Access H.R. (1-877-807-9090) - This is the Canada Post HR department – not to be confused with the Pension Department.

Access HR needs to be notified no matter which pension plan the member is part of.

- retiree name
- employee I.D. number
- social insurance number
- copy of death certificate

Superannuation (1-800-561-7930) (for those members that retired prior to Oct 1, 2000)

- retiree name
- social insurance number
- copy of death certificate
- copy of marriage certificate

C.P.C. Pension (1-877-480-9220) (for those members that retired after Oct 1, 2000)

- retiree name & employee I.D. number
- postal code
- month and date of birth
- copy of death certificate
- copy of retiree's will.

Canada Life - PSHCP (1-855-415-4414) – retired prior to Oct 1, 2000

Canada Life - C.P.C. (1-866-716-1313) – retired after Oct 1, 2000

- retiree name
- employee number
- copy of death certificate
- plan numbers - 51057, 51391, 52111, 52112, 52113, 52114 & 52115

NOTE: It is **very important** to notify Canada Life as soon as possible in order to set up a new automatic withdrawal in the survivor's name to keep the policy in force and maintain medical, dental and vision benefits.

C.P.P. / O.A.S. (1-800-277-9914)

- retiree name
- social insurance number
- copy of death certificate

NOTE: Besides the C.P.P. survivor Pension, there is a Death Benefit payable to the survivor.

Canada Revenue Agency (1-800-959-8281)

C.R.A. must be contacted when a member or spouse passes to prepare for T-1 and T-3 form completion.