



Parkland News

May 2025

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President's Message

Hello Parkland Members,

It looks like we've made it through another winter! Hopefully, you had the chance to enjoy some winter activities—or maybe even escape to somewhere warmer for a little break from the cold.

With spring in the air, your executive team is already busy planning a variety of activities for the warmer months ahead. Our first big event will be the annual BBQ at Devon Lions Park on **June 12**. We're happy to share that we've been able to keep the same low price as in previous years. We'd love to see a great turnout for this always-popular event! Along with a delicious meal and the chance to reconnect with friends—both old and new—we're also adding a few surprise activities to make it even more enjoyable.

While we don't often focus on the business side of club operations, we do want to share an important update. Due to the recent and significant increase in postage rates, we've had to re-evaluate how we distribute our

quarterly newsletters. Up until now, we've been mailing newsletters to anyone who requested a printed copy. However, the cost has grown considerably.

Many of our members already receive the newsletter via email, and we're now encouraging those who currently receive it by mail to consider switching to email, if possible. Of course, we understand that email may not work for everyone, and we will continue to offer printed copies to those who need them. Your help in this matter would go a long way in keeping our costs manageable.

Please take a moment to review the information on the last page and let us know your delivery preference.

Thank you for your ongoing support and involvement—we truly appreciate it!

Bob Broomhall
President, Parkland Chapter



Change of
Address

Have you moved recently???

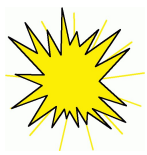
If you have recently moved or are planning a move, please let us know so that we can update our mailing list.

Please let us know by email at parklandheritageclub@gmail.com, or by mail at The Heritage Club, 12135 - 149 St. Edmonton AB. T5L5H2.

You can also contact our membership coordinator Judy Broomhall at 780-481-8627, or by contacting any of the executive - contact information on the back page.

NEW!! - There is now a Change of Address form available on the Heritage Club website.

<https://heritageclub.ca/member-information-change/>



Spring BBQ

We are excited to host our Annual Spring BBQ once again.

We're excited to host our annual spring BBQ once again at the beautiful Lions Park in Devon, AB. Nestled in the scenic river valley beside the Devon Golf Course, the park offers a perfect setting for a fun and relaxing day. For directions, please refer to the map on the back of the BBQ registration form.

The date for the BBQ is:

Date: Thursday, June 12, 2025

Time: 11:00 AM to 3:00 (lunch at 12:30 PM)

**Location: Devon Lions Park Gazebo
Devon AB**

Join us for a day of sunshine (we hope!) and great company, featuring a delicious BBQ steak lunch. Whether you're reconnecting with old friends or making new ones, it's always a fantastic time.

Rain or shine, the BBQ is on!

If the weather doesn't cooperate, no worries — the gazebo provides a cozy, sheltered space. June usually brings lovely weather, and we've been lucky in recent years with beautiful BBQ days.

We've held this event in Devon for several years now. While it may be a bit of a drive for some members, the excellent facilities — and the benefit of fewer beverage restrictions in this private park — make it worth the trip. If you need help with transportation, don't hesitate to reach out to one of the club executives (contact details are at the back of this newsletter), and we'll make sure you get there and back safely.

Please complete the BBQ Attendance Registration form enclosed with this newsletter and send it along with your payment to the Heritage Club office, at the address indicated on the form.

Luncheons

Spring is in the air, and what better way to welcome the warmer days ahead than by gathering for lunch with friends — both familiar faces and maybe some new ones? It's a great chance to share your spring and summer plans and anything else that's coming up this season.

Join us for our next luncheon on

Thursday, May 22 at 11:30 AM
Location: Buffet Royale, West End
Cost: \$20 per person

As always, we'll cover the rest, including taxes and gratuity.

Also mark your calendar for our summer luncheon.

Thursday August 14 at 11:30, Buffet Royale, West End. same great price

If you're able, please consider bringing a non-perishable food item to support the local food bank.

To help us plan, kindly confirm your attendance by calling:

Paul Otto at 780-484-8636 or Bob Broomhall at 780-481-8627



Bringing little ones?

If you're babysitting grandchildren that day, we'll have hot dogs and chips available for the kids. Just let us know in advance so we can plan accordingly.

What to bring:

- A plate and cutlery — we do provide paper plates and plastic utensils, but they're not always steak-friendly!
- Coffee and water will be available, but feel free to bring your preferred beverage.
- A folding lawn chair if you'd like to soak up some sun.

Cost:

- \$15.00 per person for paid-up members and their spouses
- \$20.00 per person for non-members

We're happy to now offer online payment and eTransfer as payment options. Of course, cheques and cash are still gladly accepted. Details are on the BBQ registration form.

We can't wait to see you there!

Next Luncheons

Thursday May 22, 2025

Thursday August 14, 2025

11:30 AM

Buffet Royale

17202 95 Ave NW, Edmonton

Just \$20

Please remember to bring a non-perishable item for the Food Bank

Fall Banquet:

Plans are underway to host our popular Fall banquet. Dates and locations are not yet finalized as we are considering the arrangements for this event. Stay tuned and watch for a further announcement in our summer newsletter.

Membership Renewal

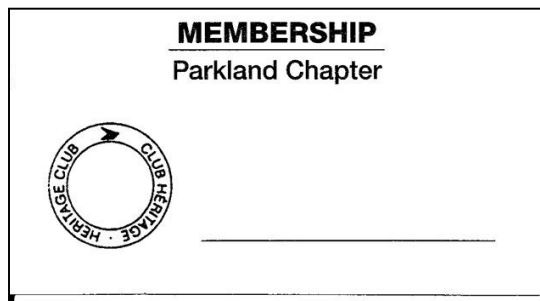
Our 2025 membership campaign is in full swing!

If you've already renewed, your 2025 membership, we thank you and your 2025 membership card is included with this newsletter, or if you receive your newsletter by email, you will receive a email copy of your receipt.

If instead you've received a membership renewal form, it means we haven't yet received your payment. We kindly ask that you take a moment to complete and return the enclosed form.

Please keep in mind that our Parkland Chapter receives only limited funding from the national office. Your membership dues play a vital role in supporting the activities we offer and in keeping everyone connected through newsletters and updates.

Annual dues for 2025 remain among the most affordable in the country at: \$10.00 per member and \$10.00 for a spouse.



If you have any questions about your membership status — or if you know of a fellow member who isn't receiving our newsletter — please reach out to Judy Broomhall at 780-481-8627 to confirm their information.

We appreciate your continued support.

OBITUARIES:

It is always with a heavy heart that we hear of the passing of some of our members. We have been made aware that the following people have passed away:

*Judy Green
Nita Morehouse*

*Peter Lipkewich
Perry Novak*

*Robert Sylvester
Loraine Kikstra*

If you are aware of a member or a spouse passing, can you please contact one of the executive, and let us know the name, date, and any information that you may be aware of, as to their career with Canada Post.

New Members:

Parkland Chapter of the Canada Post Heritage Club is pleased to welcome the following new members to the chapter:

*Tak Tam
Donna Wizniuk*

*Edmonton
Glendon*

*Melanie Rowan
Theodorus Greuter*

*Edmonton
St. Albert*

Help Out at the Edmonton Food Bank

Parkland Chapter proudly supports the Edmonton Food Bank by volunteering one afternoon each month. We're there on the third Thursday of every month from 1:00 PM to 4:00 PM, helping with tasks like sorting donations and assembling food hampers.

We're always looking to grow our volunteer team — and there's plenty of room for more helping hands! If you'd like

to get involved, we'd love to have you join us.

It's a wonderful way to give back and connect with others in the community!



For more information or to sign up, please contact: Paul Otto at 780-484-8636 (voice message only — no cell or text) or email parklandheritageclub@gmail.com



2025 HERITAGE CLUB TRAVEL OPPORTUNITIES CANADA POST HERITAGE CLUB MEMBERS AND FRIENDS



May 16 & 23, 2025, - 14-night Alaska cruise, (2 cruises, back-to-back), Vancouver return, on the Radiance of the Seas, Visiting Juneau, Icy Strait, Sitka, Skagway, northbound. Hubbard Glacier Seward and Ketchikan, south bound. Limited availability - call the Heritage Club office for pricing — inside cabins from \$1,120 pp for May 16/25, from \$1,092 pp for May 23/25.

June 8/25, 28-nights "Cross the Arctic Circle" on the Westerdam, Seattle return. Visit Ketchikan, Sitka, Hubbard Glacier, Valdez, College Fjord, Seward, Dutch Harbor, Nome, cross the Arctic Circle (during the summer solstice!), Kodiak, Anchorage (overnight), Homer, Glacier Bay, Haines, Juneau, Wrangell, cruise Tracy Arm, Prince Rupert and end in Seattle. Insides from \$6,502 pp including taxes.

July 27/25, 7-nights Alaska cruise, Vancouver return on the Serenade of the Seas. Visit Sitka, Tracy Arm, Icy Strait, Juneau and Ketchikan. Limited availability. Call for current pricing.

September 14/25, 14-nights Alaska cruise on the Noordam, Vancouver return. Visiting Sitka, Anchorage, Kodiak, Valdez, Glacier Bay, Juneau, Skagway, Ketchikan, and Prince Rupert. Insides from \$2,800 pp. This cruise goes further North and has no repeat ports!

October 4/25, 9-nights Vancouver to Honolulu on the action-packed Anthem of the Seas. This is a fun ship Experience enroute to Hawaii where you can stay on land for more days in Hawaii and fly home. Insides from \$1,009, Windows from \$1,149 and balconies from \$1,229 CAD-per person, plus taxes. LIMITED AVAILABILITY! (Lower prices with non-refundable deposit)

October 25/25, 14-nights Mexico/California on the Nieuw Amsterdam San Diego return. Visit Cabo San Lucas, La Paz, Loreto Mexico, San Diego, Avalon, and San Francisco overnight, and Ensenada Mexico. Inside cabins from \$1,897 pp including taxes. Contact the Heritage Club office for other rates and promos as well as a 7-day option.

January 9/26 and Jan 31/26, 22-night Antarctica cruise on the Oosterdam: Santiago Chile to Buenos Aires and return. Call Fred in the Heritage Club office to discuss the itinerary and pricing.

February 15/26, 12-Days to Mexico on the Zuiderdam, San Diego return, visiting from Guadalajara to Ensenada.

March 22/26, 21-days Fort Lauderdale to Rotterdam on the Rotterdam, visit ports in England, Norway, and the Netherlands.

May 30/26, 10-night Spring Cruise on the Volendam, Montreal return. Visit Quebec City, Saguenay QC, Charlottetown PEI, St John's NFLD, and St Pierre and Miquelon. Inside cabins from \$2,209 CAD pp, including taxes. Air, pre and post hotel and gratuities extra. Contact the Heritage Club office for other rates on window or balcony cabin prices.

Call or email the Heritage Club at 604-482-4311 or vanfrasernews01@gmail.com for info on all trips.

Note: Be sure you have adequate out-of-country medical and trip cancellation insurance before confirming your trip.



SCHOLARSHIP OPPORTUNITIES

There are a couple of Scholarship Programs available to the children and grandchildren of Heritage Club Members to assist them in their academic careers.

HERITAGE CLUB SCHOLARSHIP PROGRAM 2025

The Heritage Club is planning to once again award three (3) scholarships to children or grandchildren of Heritage Club members who have paid dues for the past two years. The scholarships are valued at \$2,000 each for university or college studies. The scholarships will be awarded to students starting, for the first time, their first year of full-time studies.

Eligible recipients include dependent children, including adopted, stepchildren, grandchildren, and wards in legal guardianship of active members.

These scholarships are applicable to all Canadian educational institutions which have provincial degree granting powers or their affiliates and at Canadian Colleges or CEGEPs,

To obtain an application package contact Parkland President Bob Broomhall at 780-481-8627 or by email at parklandheritageclub@gmail.com

To be considered all applications must be received or postmarked on or before June 30, 2025.

The National Office of the Heritage Club is looking for members to review scholarship applications. If you are interested in helping with this, please contact Bob Broomhall, Parkland President at parklandheritageclub@gmail.com

belair Insurance. - Scholarship Program 2025

The belairdirect Insurance company (formerly Johnson Insurance) scholarship program is also open for applications.

Belairdirect scholarships are available to the children and grandchildren of Heritage Club members. You do not need to have a policy with belairdirect or Johnson Insurance, you just need to be a dues paying member of the Heritage Club.

More information can be found on the belairdirect scholarship webpage
<https://www.belairdirect.com/en/scholarship.html>



Your Benefits Contact Numbers

C.P.C. Pension 1-877-480-9220
Superannuation 1-800-561-7930
C.P.P. / O.A.S. 1-800-277-9914
Canada Life 1-866-716-1313
P.S.H.C.P. 1-855-415-4414

Access H.R. 1-877-807-9090
Employment Ins 1-800-206-7218
Passport 1-800-567-6868
Can Revenue Agency 1-800-959-8281

Your Benefits Survivor procedures:

To ensure the survivor of a retiree maintains pension, health and medical benefits, several contacts must be made after a retiree's death.

IMPORTANT: *There are two (2) different Pension and Benefit packages depending on when the member retired*

- Superannuation Pension and Canada Life – PSHCP Benefits – for those that retired **prior to Oct 1, 2000**
- CPC Pension and Canada Life - CPC Benefits – for those than retired **after Oct 1, 2000**

Access H.R. (1-877-807-9090) - This is the Canada Post HR department – not to be confused with the Pension Department.

Access HR needs to be notified no matter which pension plan the member is part of.

- retiree name
- employee I.D. number
- social insurance number
- copy of death certificate

Superannuation (1-800-561-7930) (for those members that retired prior to Oct 1, 2000)

- retiree name
- social insurance number
- copy of death certificate
- copy of marriage certificate

C.P.C. Pension (1-877-480-9220) (for those members that retired after Oct 1, 2000)

- retiree name & employee I.D. number
- postal code
- month and date of birth
- copy of death certificate
- copy of retiree's will.

Canada Life - PSHCP (1-855-415-4414) – retired **prior** to Oct 1, 2000

Canada Life - C.P.C. (1-866-716-1313) – retired **after** Oct 1, 2000

- retiree name
- employee number
- copy of death certificate
- plan numbers - 51057, 51391, 52111, 52112, 52113, 52114 & 52115

NOTE: Very important to notify Canada Life as soon as possible in order to set up a new automatic withdrawal in the survivor's name to keep the policy in force and maintain medical, dental and vision benefits.

C.P.P. / O.A.S. (1-800-277-9914)

- retiree name
- social insurance number
- copy of death certificate

NOTE: Besides the C.P.P. survivor Pension, there is a Death Benefit payable to the survivor.

Canada Revenue Agency (1-800-959-8281)

C.R.A. must be contacted when a member or spouse passes to prepare for T-1 and T-3 form completion.

Heritage Club - Parkland Chapter 28 2025 Executive



President

Bob Broomhall
(780) 481-8627



Treasurer

Ron McPhail
587-596-5864



Secretary

Maggie Hallworth
780-405-2094



First Vice

President
Paul Otto
780-484-8636



Second Vice President

Ron Prosser
780-270-6298



Past President

Lloyd Rogowski
780-458-8936

Newsletter Distribution

Recent increases in postage rates have resulted in your club executive having to review our quarterly newsletter distribution costs. There are a number of options under consideration such as reducing the frequency of the newsletter, distributing the newsletter only to those members that have paid their membership fees for the year, sending the newsletter only by email, or increasing the annual membership dues.

The executive has determined that the first step should be to see if we can get more members to receive their newsletter by email.

With that in mind if you are willing to receive your newsletter by email, can you please send a short email to parklandheritageclub@gmail.com and let us know the email address that you would like us to use.

If you no longer wish to receive the newsletter, a short note to parklandheritageclub@gmail.com would also be appreciated.