



Parkland News

January 2025

In this Issue:



President's message
 Membership Renewal
 Volunteer Hours
 Membership Benefits
 Annual General Meeting
 Donations
 Food Bank
 Obits

New Members
 Santa Letter Writing Campaign
 Luncheons
 Scholarship Program
 Heritage Club Travel
 Executive

Upcoming Events

March Luncheon
March 13, 2025
 Food Bank
Feb 20, 2025
Mar 20, 2025
 Spring BBQ
 Date: *TBD*
(likely early June)
 Fall Banquet
 Date: *TBD*
(likely late September)
 2025 AGM
October 9, 2025

President's Message:

Hello Parkland Members,

Happy New Year!

First let me apologize for this newsletter being very late. We are currently experiencing an issue with our mailing account that has delayed the issuing of this newsletter

As we ring in 2025, we wish everyone a joyful and successful year ahead! Last year was a milestone for us as we celebrated our 35th anniversary with several well-attended events. Thank you to all who joined in making it such a memorable year.

January marks the beginning of our 2025 membership drive. Becoming a paid-up member comes with many benefits, which are outlined in more detail later in this newsletter. To make

membership renewal as seamless as possible, we've introduced a variety of payment options to suit everyone's needs.

We're excited about the year ahead and encourage all members to participate in our many upcoming activities. From our regular luncheons to special events, there's something for everyone to enjoy. Additionally, we have numerous volunteer opportunities available, and we hope you'll consider lending a hand to support our vibrant chapter.

Thank you for your continued support and engagement. Let's make 2025 another incredible year together!

Bob Broomhall

President, Parkland Chapter

Have you Moved or planning to move?

If you have recently moved or are planning a move, please let us know so that we can update our mailing list. Please let us know.

by email at: parklandheritageclub@gmail.com,

or by mail at: The Heritage Club, 12135 – 149 St. Edmonton AB. T5L5H2.

You can also contact our membership coordinator Judy Broomhall at 780-481-8627, or by contacting any of the executive – contact information on the back page.

NEW! You can now also update your mailing address by going to: heritageclubparkland.ca and then click on "Update your Address."



Change of Address



MEMBERSHIP:

Our 2025 membership drive is now underway.

Heritage Club Payment methods

Cash / Cheque / Debit Card / Credit Card /E-Transfer

Many of you have asked for additional options to pay for dues and other activities, so we have several options for you.

Cheque / Cash Send your payment to the Club's mailbox at the Edmonton Mail Processing Plant:

Heritage Club
12135-149 St NW
Edmonton, AB. T5L 5H2

Credit or Debit Card via our club's website:

heritageclubparkland.ca

This is a multi-use club page and payment site that also connects you to the National Website. You can pay your dues, and also pay for the Spring BBQ, the Fall Banquet, change your address and more.

Go to the Club's webpage (noted above) and click on "Dues."

Payment is via Stripe payments, and we can accept most payment methods.

Interac E-Transfer - We accept payment via eTransfer. Just use the Club's email address.

parklandheritageclub@gmail.com

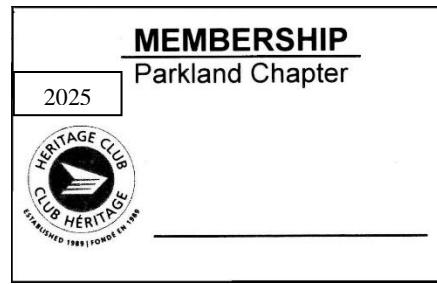
(no spaces) (no Password required).

Please remember to add a note to say who you are and what you are paying for e.g.: Sue and Joe Smith - Annual Dues (helps with tracking your payments).

Reporting Volunteer Hours:

Each year, the President of our chapter submits a report detailing the volunteer hours contributed by our members. These hours encompass not only work with the Heritage Club but also participation in community activities such as fundraising events, volunteering with religious or senior organizations, or supporting children's groups, like coaching. Any form of volunteering counts toward this report.

The Heritage Club National Community Service Award is presented annually to a chapter that exemplifies our club's motto, "People helping People." In the past, the Parkland Chapter has received this award, largely thanks to the impressive number of volunteer hours reported by our members.



Members will receive a card similar to the one shown above as acknowledgement of payment.

For those renewing their membership by mail, please complete the enclosed renewal form and send it, along with your 2025 membership dues, to the address indicated on the form.

If you have questions or concerns about paying your dues, please reach out to Ron McPhail at 587-596-5864

Your membership dues make up a significant portion of our annual income and are vital to our chapter's activities. Our chapter also receives a portion of our funding from our national office, including contributions from Canada Post Corporation and other club sponsors.

We are currently updating our membership database to include email addresses. If you have an email address, we encourage you to share it with us. Email is a fast and cost-effective way to keep you informed about news and upcoming events between newsletter editions.

If you have any questions about your membership status or other membership-related inquiries, please contact our membership representative, Judy Broomhall, at (780) 481-8627 or parklandheritageclub@gmail.com.

We need your help to showcase that we remain one of the most active chapters. You can report your volunteer hours using the Volunteer Hours section at the bottom of the Membership Renewal form. Be sure to indicate whether the hours are per week, month, or year.

You can mail the form back to us at the address shown on the form or alternatively, you can email your information to:

parklandheritageclub@gmail.com.

Thank you for your dedication to making a difference in our community!

*Being a senior means finally having the time to do whatever you want
If only you could remember what it was you wanted to do!"*

Heritage Club - Membership Benefits



There are many benefits to joining and maintaining an active status in the Canada Post Heritage Club. See our website for details on many of these offers.

1. Reduced prices on club activities, such as the Spring BBQ and Fall Banquet.
2. Access to the Heritage Club Scholarship Program – 2025. The Heritage Club awards three (3) scholarships to children or grandchildren of all dues paid members of the Heritage Club. The scholarships are valued at \$2,000 each for any post-secondary university or college studies.
3. Access to MEDOC Travel Insurance through Johnson Insurance (soon to be Belair Direct). A comprehensive group travel insurance plan that provides up to \$10 Million emergency medical coverage when travelling outside your province or outside of Canada, for an unlimited number of trips less than 40 days. Extended coverage is available for up to 182 days. This is one of the most affordable travel policies around. See our website for more details.
4. Access to reduced rates on Home and Auto Insurance through belairdirect Insurance. Discounts of up to 35%.
5. Access to the belairdirect Insurance Scholarship Program (50 scholarships at \$1,000 each) for those that hold a belair or Johnson Insurance policy. Go to www.belairdirect.com/en/scholarship for more information.
6. Access to reduced membership fees at Goodlife Fitness. Members of the Heritage Club get a 30% discount off the regular prices, and no sign-up fees. This includes access to all GoodLife locations. World-renowned Group Fitness classes, and professionally trained staff assist you in achieving your goals. You must be a paid member of the Heritage Club to get the discount, and you will require your Heritage Club number to access the information regarding this program. To learn more about this offer, go to our website.
7. Access to reduced rates at Collette Travel. Collette offers travelers 100 years of guided touring experience, more than 160 tours to all seven continents, and full-time industry leading tour managers. 24/7 guides you every step of the way to your next adventure. Heritage Club members save \$100 per person on any Collette tour. Plus, special seasonal offers that could save members up to an additional \$500 per person.
8. Access to reduced prices on hearing aids and other hearing products from Hearing Life Canada.
9. Access to reduced pricing on eye exams and eyeglasses at SpecSavers.

Annual General Meeting

The 2024 Annual General Meeting was held October 10, 2024, at the Buffet Royale Carvery in conjunction with the October quarterly luncheon.

At this meeting, the positions of President, First Vice President and Secretary were up for election. Bob Broomhall was elected President for a one-year term. Paul Otto was elected as 1st. Vice President and Maggie Hallworth was elected as Secretary, both for a two-year term.

Congratulations to the above members and thank you for allowing your name to stand. Our thanks also to the Nominating Committee.

A date was set for the 2025 Annual General Meeting. The 2025 AGM will be held on October 9, 2025, again in conjunction with the October quarterly luncheon.

Donations:

Parkland Chapter, on behalf of its members, makes several charitable donations each year. In 2024 Parkland Chapter executive authorized several donations to local community organizations on behalf of the members of Parkland Chapter. This year our club made donations to The Edmonton Food Bank, Ronald MacDonald House, The Christmas Bureau, Make a Wish, and in late summer to the Red Cross Jasper Fire campaign.

At our recent fall banquet, our members raised more than \$500 from the sale of raffle tickets, and a silent auction item and then the club contributed additional funds to create a \$1,000 donation. Members voted for the charity that the evenings funds would go to and then the top 2 additional charities that would be funded in 2025.

Members chose Ronald MacDonald House as the recipient of the banquet raffle and silent auction proceeds. The Zebra Child Protection Centre and Santa's Anonymous were a close second and third and will receive donations in the new year.

In recent years we have made donations to a few different women's shelters, some hospital foundations in northern Alberta, E4C School lunch program, The Mustard Seed, the Boyle Street Coop, and The Salvation Army.

The executive would welcome suggestions from the membership on other worthy charities that they would like to see the club support.

Retirement is when you stop living at work and start working at living.

Food Bank

A sincere thank you to our members who have generously volunteered their time to help us support the Edmonton Food Bank over the past year. We are committed to providing an 8-person team for a 3-hour shift on the third Thursday of each month. To uphold this commitment, we are looking for more volunteers to join our Food Bank roster. Your involvement will help us keep this pledge and continue making a meaningful difference in our community.

Parkland chapter recently donated a framed print from the Canada Post 'winter animals' stamp collection for the Edmonton Food Bank's silent auction at their recent gala dinner.

If you would like to add your name to the list of volunteers working the food bank, or if you know of anyone else that might be interested, please contact:

Paul Otto

Heritage Club Food Bank Coordinator

780-484-8636 protto@shaw.ca



Obituaries:

It is always with a heavy heart that we hear of the passing of some of our members. We have been made aware that the following people have passed away:

Len Arnott
John Coberg
Helen Jones
Henry Kikstra

Alvin Nemirsky
James Massey
Bert Lamaitre
Elaine Cooper

Peter Cooper
Teddy Baldry
Shirley Lupaschuk
Gary Jackson

If you are aware of a member's passing, can you please contact one of the executives, and let us know the name, date, and any information that you may be aware of, as to their career with Canada Post.

New Members:

The Parkland Chapter of the Canada Post Heritage Club is pleased to welcome the following new members of the Parkland Chapter:

Elaine Wall
Albert Kwan
Theresa Sarnelli
Gerald Cartwright
Barbara Maceachern

Chipman
Edmonton
Edmonton
Edmonton
Fort Saskatchewan

Jennifer Caudron
Calvin Ferbey
Donna Yaremkevich
Jeff Kropinak

Spruce Grove
Edmonton
Elk Point
Sherwood Park

Do You Know Where These People Are?

We have had mail returned for the following people. We suspect many of them may have moved, but we do not know their forwarding address. If you know the whereabouts of any of the following people, can you please contact Judy Broomhall at parklandheritageclub@gmail.com, or 780-481-8627, or any of the executive (contact info on last page).

Marguerite Dykun
Wendolyn Moro-Brown
Garnet Stark
Geraldine Empson

Sherwood Park
Edmonton
Strathmore
Cochrane

Glen Pickrell
John Wong
Gerald Chisholm

Barrhead
Edmonton
Edmonton

*People who wonder whether the glass is half empty or half full are missing the point...
The glass is refillable.*

Santa Letter Writing Program 2024



Unfortunately, due to the Canada Post strike, the 2024 Santa Letter Campaign had to be cancelled this year. Some rural offices that remained open managed to respond to some children's letters locally.

Approximately 900 children's letters were received from the St



Albert Salvation Army Santa's breakfast, the Edmonton Festival of Trees Santa's breakfast and the Christmas Market at Fort Edmonton Park. Additionally, the local Canada Post coordinator estimated that 300 to 400 letters were received through regular mail. This number is significantly lower than the usual 30,000 plus letters received. Unfortunately, none of these letters were answered, and it is understood that all of them were sent to the Canada Post Head Office.

Despite the cancellation, the chapter actively participated in several community holiday events, including the St Albert Salvation Army Santas Breakfast, and the Edmonton Festival of Trees Santas Breakfast, as well as assisting at Santas Anonymous Delivery Day as porters.



Christmas Lunch

On December 12, 2024, we enjoyed an excellent turnout at the Buffet Royale Carvery in Edmonton's west end for our annual Christmas Luncheon. The event was filled with lively conversations as attendees reconnected and shared updates on past and upcoming activities. The holiday spirit was further evidenced by a surprise visit from Santa's helper, who distributed small gifts to everyone present. Looking ahead to 2025, our usual quarterly luncheons will continue. The next gathering is set for Thursday, March 13, at 11:30 AM at the Buffet Royale in Edmonton's west end. We have a detective from Edmonton Police Services as our guest speaker. He will be speaking to us about online fraud and Identity Theft.

The club will maintain its luncheon pricing, with members paying just \$20 per person.

In support of our partnership with the Edmonton Food Bank, members are encouraged to bring a non-perishable item for the Food Bank, to the luncheon.



Our next luncheon is scheduled for.

Thursday March 13, 11:30
 Buffet Royale Carvery
 17202 - 95 Ave NW, Edmonton.

Guest speaker – Edmonton Police Services – Online Fraud & Identity Theft

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

HERITAGE CLUB SCHOLARSHIP PROGRAM – 2025

The Heritage Club is once again going to be awarding three (3) scholarships to children or grandchildren of dues paying members of the Heritage Club. The value of each scholarship is \$2,000 each. The scholarships are for any university or college studies. The scholarships will be awarded to students starting, for the first time, their first year of full-time studies.

ELIGIBILITY CRITERIA

Dependent children, including adopted children and stepchildren, grandchildren, wards in legal guardianship of all active members (dues paying member for the last 2 years) of a Heritage Club Chapter. Applicants who have previously received a Heritage Club scholarship are not eligible.

APPLICATION DEADLINE

Submissions must be postmarked on or before June 28, 2025.

HOW TO OBTAIN AN APPLICATION PACKAGE

Please contact Bob Broomhall, Parkland Chapter President at: parklandheritageclub@gmail.com Or go to the Heritage Club webpage at www.heritageclub.ca and obtain an application form from the tab marked “Forms”

Belair direct Insurance Scholarship Program – 2025

This year, belairdirect Insurance Company Inc. (belairdirect) will once again award 50 scholarships each valued at \$1,000, to students who completed high school in 2025 and are attending a post-secondary educational institution in Canada, in the fall of 2025.

The belairdirect Insurance Company Inc. scholarships are available to the children and grandchildren of Heritage Club members that have MEDOC travel insurance, or home or auto insurance with belairdirect.

Application forms for the belairdirect scholarships will be available in the spring of 2025. At <https://www.belairdirect.com/en/scholarship>

2024 Scholarship Winners

Heritage Club Scholarship Winners 2024

Bianca Choice is the granddaughter of Van Fraser member Trudy Choice. We wish Bianca success within her chosen field of architectural engineering, beginning now at the University of Waterloo.

Brian MacDonald is the grandson of Golden Horseshoe chapter president Gloria MacDonald. We wish Brian every success as he returns to Canada to study business at the University of Western Ontario.

Kenzie Williams is the granddaughter of Heartland Chapter member Phyllis Page. Kenzie will enter Brandon University to study nursing, on the way to her ultimate dream of becoming a doctor. We wish her success in the future.

Belair Direct winners 2024

belairdirect is proud to announce that the following children of Canada Post Heritage Club members have been awarded a \$1,000 belairdirect scholarship to assist with their post-secondary education.

Congratulations to

Ian Wong the child of Sam Wong from Vancouver, BC

Luke Brosinski the child of Debrah Cranfield from Chilliwack, BC

Education: - is where you spend years studying for tests, only to realize the real test is remembering where you left your glasses

2025 - HERITAGE CLUB TRAVEL

HERITAGE CLUB MEMBERS AND FRIENDS



Mar 29/25, 7-day Coastal cruise on the Koningsdam, San Diego to Vancouver return. Visit San Francisco, (2 days overnight), Astoria, Victoria. Insides from \$1,000 pp including all taxes. Air to San Diego extra.

April 5/25, 17-night Hawaii cruise Vancouver return. Visit Kahului, Honolulu overnight, Kona and Kauai plus lots of sea days to enjoy the ship. Insides from \$2,863 pp including taxes.

April 13/25, 21-day Panama Canal Cruise, Fort Lauderdale to Vancouver on the Nieuw Amsterdam. Visit Turks and Caicos, Aruba, Cartagena, Panama Canal, Puntarenas, El Salvador, Puerto Vallarta, Cabo San Lucas, San Diego, Victoria, Vancouver. Insides from \$2,722 pp.

May 16 & 23 2025, 14-night Alaska cruise, 2 cruises, back-to-back, Vancouver return on the Radiance of the Seas, visiting Juneau, Icy Straight, Sitka, Skagway - northbound, Hubbard Glacier and Seward, Ketchikan - southbound. Limited availability - call the Heritage Club office for pricing— inside cabins from \$1,100 pp for May 16/25 from \$1,260 pp for May 23/25

June 8/25, 28-nights “Cross the Arctic Circle” on the Westerdam, Seattle return. Visit Ketchikan, Sitka, Hubbard Glacier, Valdez, College Fjord, Seward, Dutch Harbour, Nome, cross the Arctic Circle during the summer solstice, Kodiak, Anchorage (overnight), Homer, Glacier Bay, Haines, Juneau, Wrangell, cruise Tracy Arm, Prince Rupert, and end in Seattle. Insides from \$7,450 pp including taxes. Only one trip a season!

July 27/25, 7-Nights Alaska cruise, Vancouver return on the Serenade of the Seas. Visit Sitka, Tracy Arm, Icy Straight, Juneau and Ketchikan. Limited availability for current pricing.

September 14/25, 14-night Alaska cruise on the Noordam, Vancouver return, visiting Sitka, Anchorage, Kodiak, Valdez, Glacier Bay, Juneau, Skagway, Ketchikan, Princess Rupert. Insides from \$2,800 pp. This cruise goes further north and has no repeat ports!

October 4/25, 9-nights Vancouver to Honolulu on the action-packed Anthem of the Seas. This is a fun ship experience enroute to Hawaii where you can stay on land for more days in Hawaii and fly home. Inside cabins from \$1,250 plus tax pp. Insides from \$1,009 plus tax pp and windows available. **LIMITED AVAILABILITY**

Note: Be sure you have adequate Out of Country Medical and Trip Cancellation insurance before confirming your trip. Call your Heritage Club Travel office for information on Johnson (soon to be Belair) Medoc insurance. Note: Price and availability at the time of printing may change at any time. Call :604-482-4311 or email Van Fraser Heritage Club vanfrasernews@gmail.com for more information or detailed itineraries and pricing on other categories of cabins.

Also, call or email the Heritage Club Travel office and let them know your preferences for travel and they will keep you informed of the latest offers. Added information and travel options will be sent to the travel club list, as available.

Heritage Club Travel office, 604-482-4311 email: fwdanells@hotmail.com

Travel Tips:

Always scan important documents like your passport, itinerary, and travel insurance, then email them to yourself for easy access. Always keep essential items—passport, cash, phone, and medication—in a carry-on. Use a money belt or hidden pouch for valuables. Stay flexible with plans, respect local customs, and notify someone of your itinerary for added safety.

*Travel is the only time you spend money to feel rich... and then constantly ask,
'Where's the Free Wi-Fi?'*

Heritage Club - Parkland Chapter 28

2025 Executive



President

Bob Broomhall
(780) 481-8627



Treasurer

Ron McPhail
587-596-5864



Secretary

Maggie Hallworth
780-405-2094



First Vice President

Paul Otto
780-484-8636



Second Vice President

Ron Prosser
780-270-6298



Past President

Lloyd Rogowski
780-458-8936

The executive will do their best to serve the members of the Parkland Chapter in every way possible. Please do not hesitate to call any one of us to answer any of your questions.

You can also contact us via our email address. If you have any questions, comments, or concerns, please feel free to let us know by sending us an email at parklandheritageclub@gmail.com

Fraud prevention:

Financial scams and fraud come in many different forms. Sometimes they arrive in the form of a text message, email, or phone call, and often are designed to look like they are coming from your bank.

One of the best ways to protect yourself from these kinds of scams is to learn what your bank would never ask you to do.

Eight things your bank would never ask you.

- Your bank would never call you and ask for personal information. (If you call them, they may ask some personal questions to confirm your identity,)
- Your bank would never ask you to keep a secret or be dishonest.
- Your bank would never threaten to cancel your services and ask for remote access into your device.
- Your bank would never try to rush you into doing something.
- Your bank would never ask you to help with an investigation.
- Your bank would never ask you to purchase gift cards or cryptocurrency.
- Your bank would never ask you to transfer money as part of an investigation.
- Your bank would never request access to your computer.

Have you ever noticed? - People using umbrellas usually seem to be under the weather.

Our Sponsors and Partners

Special rates and benefits to Heritage Club members

belairdirect.
car and home insurance



**Group members save up to 31% on car and home insurance.
Give yourself the gift of simpler insurance.**

No matter what type of coverage you're looking for, you can simplify your insurance with exclusive rates paired with great coverages and convenient tools.

- **Exclusive discounts** There's value in being a group member. Get preferred rates for both car and home insurance.
- **Enhanced coverage** Extra coverage at no additional cost is always a plus! With the Affinity Plus endorsement, group members receive enhanced coverages and receive exclusive access to add-ons and benefits.
- **Enhanced digital features** Time is money! Use our highly rated insurance app and save time with quick and easy access on your insurance policies, and so much more.
- **Exceptional 24/7 claim support** Accidents don't just happen from 9 to 5! Whenever you need help with a claim, we'll be there to support you, online, over the phone, or through the belairdirect app.



We make travelling simple with one annual insurance plan: MEDOC®Travel Insurance. So even for those last-minute getaways, you'll already have one thing packed and ready to go.

Your MEDOC® Travel Insurance includes:

Unlimited trips - Coverage for an unlimited number of trips throughout the policy year.

Access to coverage regardless of age or health status - Insurance that can be purchased no matter your age or health status.

Trip disruption - Trip cancellation, interruption and delay insurance for multiple trips throughout the policy year.

Medical emergencies - Emergency medical coverage, including for COVID-19 related medical emergencies.

Dental emergencies - Emergency relief for certain accidental dental injuries.

Vehicle return - Help covering eligible expenses to transport your car back home, if you're unable to because of a medical emergency.

Pet return - Travelling with your favourite furry friend? If your trip is interrupted or if we return you to Canada, this benefit can help cover the cost of returning your cat or dog home.



The Heritage Club has partnered with Collette Tours to offer Heritage Club members discounted prices on more than 160 different tour opportunities. Heritage Club Members save \$100 per person on any Collette tour plus, special seasonal offers that could save you up to an additional \$500 per person. (Savings determined by tour and date). Use offer code HCSAVE. Call Collette Tours at 1-866-446-5075 to learn more.



TRUSTED PARTNER OF



Book your **FREE** hearing test



AIR MILES.

10% OFF

- We offer you and your family 100 AIR MILES® Reward Miles when you complete your first FREE hearing test!
- After your hearing test, you will be rewarded with 100 Miles + receive up to 1000 Miles with your purchase of select hearing aids.
- Members and their family save an EXTRA 10% off the final purchase price of hearing aids.
- We will price match an equivalent hearing aid with the same features, options and services.



60% off lens upgrades

For Heritage Club Members

Promo Code: 202401

Discount only available for Canada Post Heritage Club members on presentation of this perk page and proof of membership. 

Cannot be used for friends or family purchases. Offer can be used in conjunction with our two pairs from \$149 offer when applied to glasses from our \$149 range and above. Offer cannot be used in conjunction with any other vouchers or offers including when you purchase a single pair of glasses from our \$149 range and above, as a lens upgrade is already included in this bundle. Excludes safety eyewear. Discount is applied before taxes. No cash surrender value. Cannot be applied to past transactions. Offer details are subject to change.



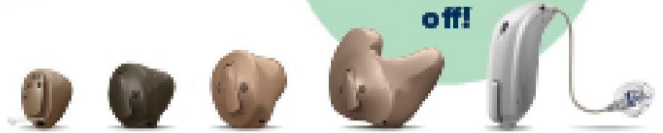
- 30% savings on annual membership
- Joining fee waived (\$99 savings)
- Must be a paid-up member of the Heritage Club



Canada
Post Heritage
Club members
and family save
an EXTRA 10%
off!

 **HearingLife**

Trusted
Partner of



Save up to \$1700 on your hearing aid purchase

It's never too late to show your ears some love! That's why we're offering you up to \$1700 off the latest hearing aids. Plus, as a Canada Post Heritage Club member, you and your family enjoy exclusive benefits at HearingLife & Network Partner clinics, including an extra 10% off the final purchase price.

Book your FREE appointment today! Visit www.hearinglifeadvantage.ca or call 1-888-335-7537.