



Parkland News

August 2024

35th Anniversary

In this Issue:



President's message

Fall Banquet

BBQ Recap

October Luncheon and AGM

Food Bank

Santa Letter Writing

New Members

Obits

Travel

Hearing Life

Johnson Insurance

Executive

Fraud Corner

Did You Know

Upcoming Events

Fall Banquet

Sept 22, 2024

Fall Luncheon

Oct 10, 2024

Annual Gen Meeting

Oct 10, 2024

Food Bank

3rd Thursday each month

Festival of Trees

TBD

Santa Letter Writing

Nov 27 – Dec 22

President's Message

Hello Parkland Members.

It's hard to believe that summer is half over, and in a couple of weeks, kids will be back to school and the non-retirees will be back at the grind. I know, I know, it's tough being retired, we never get a day off...

And what a summer it has been, with lots of rain early on and then hot and dry for much of June and July. Our hearts go out to all those that have been affected by severe wildfires in our area again this year. On behalf of our members, Parkland Chapter recently made a sizable donation to the Red Cross fund for Alberta fire victims.

This is a milestone year for the Heritage Club, as we celebrate our 35th Anniversary.

Fall brings the resumption of regular activities with the Heritage Club, starting

with our Fall Banquet on September 22, and our Annual General Meeting being held in conjunction with a regular Lunch and Learn event on October 10. More details on both events are in this newsletter. We hope that many of you will have the opportunity to join us.

There is also some exciting news regarding a new partner sponsorship with HearingLife Canada, and some additional news on the Johnson Insurance transition to belairdirect.

Wishing you an enjoyable remainder of the summer and we hope to see you out at some of our events this year.

Bob Broomhall

President, Parkland Chapter



WE'RE ON-LINE: Check out our website; www.heritageclub.ca You will find additional event pictures and club information. Log on and have a look



Fall Banquet:



The Heritage Club is celebrating an important anniversary!

In 1989 Canada Post established a formal program to honor the contributions made to Canada's postal services by the Corporation's retired and long-service employees. Today the Heritage Club has 24 local chapters and over 20,000 members across Canada.

We're excited to celebrate this significant milestone at our popular Annual Fall Banquet which will take place on September 22, 2024, at the St. Albert Inn, where we enjoyed a fantastic event last year.

This year's banquet will once again be held on a Sunday and scheduled earlier in the day to accommodate those who prefer not to drive after dark. We hope this timing allows everyone to enjoy the evening comfortably.

For those who might be concerned about not knowing many people, ask to be seated at our host table. By the end of the night, we guarantee you'll have made some new friends!

Details:

Sunday September 22, 2024.

Cocktails at 4:30 PM

Dinner at 5:30 PM

Heritage Room
St. Albert Inn
#156 St. Albert Trail
St. Albert, AB

We're also pleased to maintain last year's price, making this a wonderful opportunity for a delicious meal, great entertainment, and the chance to reconnect with old friends and make some new ones.

If you need a ride to the event, please contact any of the executive members listed on the back page, and we'll arrange transportation for you.

A registration form with all the details is attached separately. We look forward to seeing you there!

Spring BBQ recap:

Our 2024 Spring BBQ was a resounding success! Held on June 13 at the Devon Lions Park, we were graced with a perfect Alberta blue-sky day, and the turnout was fantastic.

Members enjoyed a delicious steak lunch with all the



trimmings and had plenty of time to mingle and reconnect with both old and new friends.

Be sure to mark your calendars for next June and join us for this favorite event. We look forward to seeing you there!

October Luncheon & Annual General Meeting

Parkland Chapter continues to offer Lunch and Learn sessions following our regular luncheons. Our May luncheon was a great success, featuring an informative presentation from the Westend Senior's Centre.

Our upcoming luncheon will be a combined event, including our Annual General Meeting followed by a presentation from Alberta Health on Senior's Slips and Falls.

Join us for a delicious lunch at a great price, connect with old and new friends, and gain valuable insights on slip and fall protection.

We look forward to seeing you there!

The event will take place on:

Thursday October 10, 2024

11:30 AM

Buffet Royale, West End

17202 - 95 Ave NW

Edmonton AB

The Annual General Meeting (AGM) will take place immediately after our luncheon. We



promise to keep the AGM portion short and sweet!

Don't worry about being pressured into anything—while we do open the floor for nominations for executive positions, our nominating committee has candidates lined up in advance. This means there's no pressure on you to accept a nomination. However, if you or someone you know is interested in a position on the club executive, please let us know by emailing parklandheritageclub@gmail.com.

The AGM is a great chance to review what the club has accomplished over the past year, hear about plans for the upcoming year, and have a say in how the club operates.

We look forward to your participation!

Food Bank:



The Food Bank group attends the Edmonton Food Bank on the 3rd Thursday of each month from 1:00 to 4 PM.

Contact Paul Otto at 780-484-8636 for more information. *Paul is still looking to add additional volunteers to his roster.*



*I want to be like a caterpillar.
Eat a lot, Sleep for a while. Wake up beautiful.*

A Sneak Peek at the Santa Letter Writing Program:

We know it's still summer and thoughts of winter seem distant, but Santa's busy season is just around the corner! While Santa enjoys his well-deserved break, he'll soon need his trusty postal elves to help manage the flood of letters he receives each year from children.

As we continue to enjoy the summer, here's a heads-up that starting in September, our Parkland Santa team will begin seeking volunteers for the 2024 Santa Letter Writing Program.

Although the status of the Festival of Trees is still uncertain, it's possible they may return to the Edmonton Convention Centre, potentially in a smaller format. If that happens, we may need volunteers for the Canada Post booth where children write their letters to Santa.



Additionally, for the first three weeks of December, we'll need volunteers to assist with sorting and preparing incoming mail, as well as responding to children's letters.

If you're interested in helping with any of these activities, please contact Bob Broomhall at 780-481-8627 or email parklandheritageclub@gmail.com.

Let's spread some holiday cheer together!

New Members:

The Parkland Chapter of the Canada Post Heritage Club is pleased to welcome the following new members to the Parkland Chapter:

Ken Rubis

Sturgeon County

John Maves

Spruce Grove

Mike Kindrachuk

Edmonton

Denise Scott

Edmonton

Obituaries:

It is always with a heavy heart that we hear of the passing of one of our members. We have been made aware that the following members have recently passed away.

Bill Kanda

Kenneth MacDonald

Eddy Daelman

Roy Carlson

Anne Trotter

Adeline MacDonald

Orest Kalynchuk

If you are aware of a member's passing, can you please contact one of the executives, and let us know the name, date, and any information that you may be aware of, as to their career with Canada Post.

The fitness trainer asked me "what kind of squat are you accustomed to doing."

I said "Diddly."

TRAVEL OPPORTUNITIES 2024

HERITAGE CLUB MEMBERS AND FRIENDS



October 5/24 17-night on the Koningsdam, Vancouver return. Visiting Honolulu (overnight), Kauai, (overnight); Kona and Hilo, lots of sea days to relax and enjoy the ship. Call for last-minute availability.

January 6/25 and January 28/25 Two twenty-two-day South America cruises including Antarctica experience on the Oosterdam, Santiago Chile to Buenos Aires and return to Santiago. You can cruise for 22 or 44 days. This trip is always awesome and a highlight. Call the Heritage Club for more info and pricing. Fred will be on this one to point out all the scenery and wildlife!

February 8/25 21-night Caribbean cruise, on the Eurodam. Fort Lauderdale return. Visit St Maarten, St Johns, Martinique, Dominica, St. Kitts, St. Thomas, Bahamas, Grand Turk & Caicos, Dominican Republic, Aruba, Curaçao, Bonaire. This is a great winter getaway and can be done in shorter segments if you don't have 21 days. Call the Heritage Club for basic pricing or the "Have it All Price."

February 15/25 35-night, South Pacific, on the Koningsdam, San Diego return, visiting Kona, Maui, Honolulu (overnight) Kauai, Raiatea, Papeete (overnight), Moorea, (overnight), Fakarava, Taiohae, French Polynesia. This is a popular itinerary. Call for availability.

May 5/25 5-night Introductory/ pre-Mother's Day cruise, Vancouver return, on the Caribbean Princess. Visit Sitka and Ketchikan, Alaska along with scenic cruising. Prices available for the basic cruise or you may want to splurge on Princess Plus or Princess Premier packages.

June 8/25 28-night "Cross the Arctic Circle" on the Westerdam, Seattle return. Visit Ketchikan, Sitka, Hubbard Glacier, Valdez, College Fjord, Seward, Dutch Harbour, Nome. Cross the Arctic Circle during the summer solstice, Kodiak, Anchorage (overnight), Homer, Glacier Bay, Haines, Juneau, Wrangell, cruise Tracy Arm, Prince Rupert, and end in Seattle. Fred Danells will be hosting this one. Insides from \$7450.00 including taxes per person. Only one trip a season!

July 27/24 7-night Alaska cruise, Vancouver return on the Serenade of the Seas. Visit Sitka, Tracy Arm, Icy Strait, Juneau and Ketchikan. Call for the all-inclusive price.

October 4/25 9-night Vancouver to Honolulu on the action-packed Anthem of the Seas. This is a fun ship experience on route to Hawaii where you can stay on land for as many days as you like before flying home. Leave from the port of Vancouver, stay on board overnight in Seattle and then settle in to enjoy all the action on the ship— bumper cars, rock climbing, simulated sky diving, surfing experiences, breathtaking 360-degree views from the North Star. Over 15 specialty / theme restaurants, cafes, theatres, kid's pools, adult pools in the tranquilly Solarium and more. Balcony cabins from \$1250.00 plus tax pp. Insides from \$1009.00 plus tax pp and windows available.

Be sure you have adequate "Out of Country Medical and Trip Cancellation Insurance before confirming your trip, Call the Heritage Club Office, 604 482-4311 for information for all trips and Johnson Medoc Insurance,

*My brain says "Alaska."
My heart says "Caribbean."
My wallet says, "take a walk around the block."*

Heritage Club Cruise - Cunard's' Queen Elizabeth



35 Heritage Club members, including 6 from Parkland Chapter (Louis and Mirella Nardi, Len Phillips and his daughter Donna Smith, Dave Wasylynchuk, and his daughter Betty Holmes) recently enjoyed a 11-day Alaskan cruise on Cunard's elegant and beautiful Queen Elizabeth cruise ship. They were also joined by long time Parkland member Jean Steffler, now residing in Vancouver.



Another Travel Opportunity:

A reminder that the Heritage Club has partnered with Collette Tours to offer Heritage Club members discounted prices on more than 160 different tour opportunities. Heritage Club Members save \$100 per person on any Collette

tour plus special seasonal offers that could save you up to an additional \$500 per person. (Savings determined by tour and date). Use the offer code HCSAVE. Call Collette Tours at 1-866-446-5075 to learn more.

Life Hack

Mosquito bite? Press a HOT spoon on the bite. The heat will destroy the chemical that causes the reaction, and the itching will stop.

*I asked my granddaughter to get me the phonebook.
She laughed at me, called me a dinosaur, and handed me her iPhone.
So now the spider is dead, the iPhone is broken, and my granddaughter is furious.*



Another great partner for the Heritage Club

The Heritage Club is in the final process of partnering with Hearing Life Canada, as a valued partner and sponsor. Watch for an official announcement soon. Check out the national website after September 1 to see more about HearingLife.

Hearing Life is Canada's largest group of hearing centres with over 350 locations across the

country. They provide access to the most advanced hearing aid technology, clinical support and the most up-to-date diagnostic equipment. All their clinics are staffed by highly trained and certified hearing healthcare professionals ready to give you professional care and on-the-spot results.

Some of HearingLife's services

- Free, no obligation hearing tests to all adults ages 19 and older.)
- A broad selection of brand-name, digital hearing aids and assistive listening devices
- Counselling and assistance
- Affordable prices and flexible payment plans
- Exclusive 360-AfterCare - everything you need for three years, even batteries, lowest price and satisfaction guaranteed
- Discounts and special promotions for Heritage Club members and family.



Johnson Insurance changing to belair Direct.

As we have mentioned in previous newsletters, starting this summer and fall, the home and auto division of Johnson Insurance will gradually rebrand to belairdirect. Members with a Johnson home or auto policy don't need to do anything at this time. As your policy comes due, you will be contacted by belairdirect. Members wishing to get a quote from belairdirect can call them at

1-833-887-4114. Make sure you tell them you are with the Canada Post Heritage Club, to receive exclusive benefits for our organization. You can also quote the Heritage Club code CPCHC. Members can expect to see an introduction and promotional mailing from belairdirect in the next couple of months. At this time the MEDOC travel insurance offering will remain under the Johnson banner until at least mid 2025.

Charitable Donations:

Our club moto is "People helping People" One of the ways we do that is through charitable donations in our communities. For 2024, Parkland Chapter members, at our 2023 Fall Banquet chose "Make a Wish" and "Ronald McDonald House" as our primary charities for this year. In addition, we donated on behalf of

the Chapter to the Canada Post Community Foundation, and in the last few weeks to the Red Cross Jasper Wildfire Campaign. Looking ahead, the upcoming Fall Banquet will once again provide an opportunity for members to choose charities for 2025.

*I have selective hearing.
I'm sorry you weren't selected.*

Heritage Club - Parkland Chapter 28

2024 Executive



President & Secretary

Bob Broomhall
(780) 481-8627



Treasurer

Ron McPhail
587-596-5864



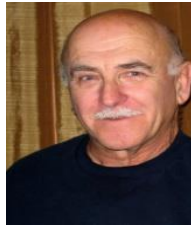
First Vice President

Paul Otto
780-484-8636



Second Vice President

Ron Prosser



Past President

Lloyd Rogowski
780-458-8936

The executive will do their best to serve the members of the Parkland Chapter in every way possible. Please do not hesitate to call any one of us to answer any of your questions.

You can also contact us via our email address. If you have any questions, comments, or concerns, please feel free to let us know by sending us an email at parklandheritageclub@gmail.com

Heritage Fraud Corner! Helping to keep you safe.

This begs repeating again and again and again - NEVER EVER!!

Two Factor Authentication(2FA) codes or Text verification codes

NEVER EVER give those 2FA or text authentication codes to ANYONE. Fraud actors will try to get you to give them access to that code and then they have free access to your stuff.

There is a reason that almost every single company that uses Text verifications codes has a disclaimer "Don't share this code with anyone, our employees will never ask for the code."

Did I say **NEVER EVER**, remember **NEVER EVER!!**

Did you Notice?

Canada Post, on the occasion of our 35th anniversary, has gifted us with a new, refreshed logo. On the left, the old one, and on the right, the 35th anniversary version

