

35th Anniversary



Parkland News

May 2024

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President's Message

Hello Parkland members,

It looks like spring has possibly arrived at last. But wait.... this is Alberta, anything is still possible for the next number of weeks. However, "Hope springs eternal" that we will have a great summer, with hopefully a little more moisture than our previous drought years, and a lot less drama with wildfires and smoky days.

This year the Heritage Club is celebrating its 35th anniversary. The club was formed in 1989 to recognize the invaluable contributions of long-term employees and enable them in retirement to continue to give back to their communities. Our club motto of "People Helping People" captures the spirit of service that defines our club. The Heritage Club also provides an opportunity for members to maintain connections with former colleagues and maintain a level of camaraderie beyond the workplace. We look forward to many more years of impactful contributions and meaningful connections within the Heritage Club!

Spring comes with the resumption of some of our favorite warm weather activities. In this newsletter you will find details on our upcoming spring BBQ, as well as the start of our monthly golf outings.

We will be hosting another quarterly luncheon on Thursday May 23, with a speaker from the Westend Seniors Centre who will do a presentation on benefits and programs offered by Senior's centers in the Edmonton area. Lunch is just \$20 per person plus a nonperishable item for the food bank. We hope to have another great crowd for that event.

Spring also brings us to scholarship season. You will find more information on our Heritage Club Scholarship program in this newsletter.

Here is wishing you a very pleasant summer. We know summer is a busy time, but we hope that you will find time to spend at least a bit of your summer with us at one of our upcoming events.

Bob Broomhall

President, Parkland Chapter 28

Have you moved recently???

If you have recently moved or are planning a move, please let us know so that we can update our mailing list.

Please let us know by email at parklandheritageclub@gmail.com, or by mail at The Heritage Club, 12135 - 149 St. Edmonton AB. T5L5H2.

You can also contact our membership coordinator Judy Broomhall at 780-481-8627, or by contacting any of the executive - contact information on the back page.

NEW!! - There is now a Change of Address form available on the Heritage Club website.

<https://heritageclub.ca/member-information-change/>



Change of
Address

Spring BBQ

We are excited to host our Annual Spring BBQ once again.

The date for the BBQ is:

Date: Thursday, June 13, 2024

Time: 11:00 AM to 3:00 (lunch at 12:30 PM)

Location: Devon Lions Park Gazebo
Devon AB



We are pleased to host our annual spring BBQ once again. The event will be held in the beautiful Lions Park in Devon AB. The Devon Lions Park is located in the river valley right next to the Devon Golf Course. See the map at the back of this newsletter for directions to the park.

Come out and enjoy a beautiful day and a great BBQ steak lunch with friends new and old.

The event goes rain or shine, but the gazebo is nice and cozy if the weather happens to be less than ideal. We host the BBQ in June as the weather is generally very good, and we have been fortunate in the last number of years to have great weather.

We have held this event in Devon for several years. We realize it is a bit out of the way for some members, but the facilities are excellent and as a private park we are not under the same beverage restrictions we would be in other venues. If transportation is required, please contact any of the executive (see the list of club executive members at the back of this newsletter) and we will arrange to get you there and back.

For those that may be baby-sitting grandchildren, we will have Hot dogs and chips available for the young ones; kindly inform us in advance to ensure ample provisions.

What to bring?

- We suggest you bring a plate and cutlery. We provide paper plates and plastic cutlery, but they don't always do well with steak.
- We supply coffee and water, but feel free to bring a beverage of your choice.
- A folding lawn chair is optional if you would like to sit out in the sun for a bit.

Cost is.

\$15.00 per person for paid-up members and spouses.

\$20.00 per person for non-members.

We are pleased to be able to offer, as an option, payment via our new online payment program, but we're also certainly happy to accept cheques and cash payments as well. Information on how to use the online system is on the BBQ registration form.

Please complete the BBQ Attendance Registration form enclosed with this newsletter and send it along with your payment to the Heritage Club office, at the address indicated.

Fall Banquet:

Plans are underway to host our popular Fall banquet. Dates and locations are not yet finalized as we are considering the arrangements for this event.

Stay tuned and watch for a further announcement in our summer newsletter.

Membership

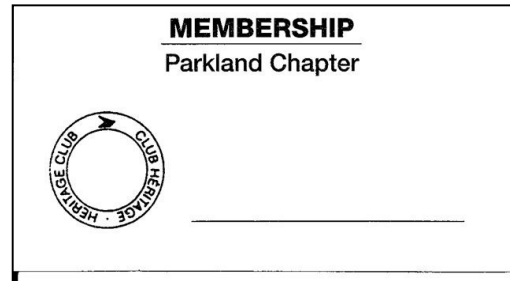
The 2024 membership campaign is well underway.

If you have already paid your 2024 membership, you will find your 2024 membership card enclosed with this newsletter. If instead your newsletter contains a membership renewal form, then we have not yet received your annual renewal, and we would ask that you please take a moment and complete the membership form enclosed.

Please remember that our Heritage Club chapter receives only a portion of our funding from the national office, and membership fees are necessary for the chapter to offer a range of activities and to keep everyone informed via newsletters and bulletins.

The annual dues in Parkland Chapter are still one of the lowest in the country at \$10.00 per member and \$10.00 for a spouse.

If you have any questions regarding your membership status, or if you are aware of a member that does not receive this newsletter, please have them contact Judy Broomhall at 780-481-8627 to confirm their membership status.



Luncheons

Spring has sprung, and it's got everyone thinking about the warmer months ahead. Why not kick off the season with a lunch outing among friends, both old and new? It's the perfect opportunity to catch up on everyone's winter adventures and hear about the exciting plans they have for the coming months.

Our next luncheon will be Thursday May 23 at 11:30 AM at the Buffet Royale Westend. Cost is \$20 per person plus, if possible, a non-perishable item for the food bank. We take care of the balance and the gratuity.

Next luncheon
Thursday May 23, 2024
11:30 AM
Buffet Royale
17202 95 Ave NW, Edmonton
Just \$20
Please remember to bring a non-perishable item for the Food Bank

We will also have a short presentation by a spokesperson from the Westend Seniors Centre on the benefits and programs offered by the network of senior's canters in the Edmonton area.

Please call Paul Otto 780-484-8636 or Bob Broomhall 780-481-8627 to confirm attendance.

\$20 per person

Golf Group:



Calling all golfers...

It's spring, and time to break out the golf clubs and enjoy some of the great golf courses in the Edmonton area.

Our golf group will once again be getting together once a month on the second Wednesday of the month at a different course each month.

No serious golfers in this group. Come out and enjoy a round of golf and some fellowship afterwards with

some old friends and a few new ones you haven't met yet.

Give Bob Broomhall a call at 780-481-8627, or send an email to parklandheritageclub@gmail.com, and get on the golf list so that we can contact you before each of the upcoming outings.

Interested members will be asked to let us know a few days in advance, so sufficient tee times can be arranged.

If you have any suggestions on courses you would like to play, let us know as well.

*Golf was once a sport for the rich
But now it has millions of poor players.*

Edmonton Food Bank



Parkland Chapter volunteers work one shift per month at the Edmonton Food Bank. We are there the third Thursday of the month from 1:00 PM to 4:00 PM. Our volunteers do a variety of jobs, such as sorting donated food items and filling food hampers.



Our list is still not where we want it to be, and there is always room for more volunteers at the Food Bank, so if this is something that interests you, please feel free to contact Paul Otto at 780-484-8636 (leave message- sorry no cell or text), or by email at protto@shaw.ca or parklandheritageclub@gmail.com



OBITUARIES:

It is always with a heavy heart that we hear of the passing of some of our members. We have been made aware that the following people have passed away:

Averil McClelland

Terence P. Cheesman

Frank Roggeveen

William Donnan

Roy Spychka

Lyle McKee

Chris Lawrence

Gilbert Lavallee

Margaret Pody

Pat Heatherington

If you are aware of a member or a spouse passing, can you please contact one of the executive, and let us know the name, date, and any information that you may be aware of, as to their career with Canada Post.

New Members:

Parkland Chapter of the Canada Post Heritage Club is pleased to welcome the following new members to the chapter:

Glenis Sample

Rudy Borrelli

Susan Wilson

Harvey Brauer

Edmonton

Edmonton

Edmonton

Edmonton

Margaret Holman

Anna Baltus

Marlene McKay

Dianne Taschuk

Edmonton

Blackfalds

Stettler

Edmonton

Did You Know:

Canada Post now has an app that provides alerts and updates about mail headed to your address or community mailbox. Use *MyMail* to get notified about your incoming

mail. *MyMail*, will update you about incoming Lettermail, Personalized Mail and Neighbourhood Mail. Get timely updates through the app, in your inbox or both.

2024/25 HERITAGE CLUB TRAVEL OPPORTUNITIES

CANADA POST HERITAGE CLUB MEMBERS AND FRIENDS



July 11/24, 11-nights cruising Alaska on the Queen Elizabeth. Visit Icy Strait point (Hoonah), Glacier Bay National Park, Hubbard Glacier, Haines, Juneau, Wrangell, Misty Fjord! and Ketchikan as well as cruising the Inside Passage. FOR THOSE WHO MISSED THE CUNARD EXPERIENCE — it is back again this summer. Fred Danells will be hosting this cruise. Call for new promos! *Note: Queen Elizabeth is not returning to Vancouver next year.*

August 20/24, 11-nights on the Volendam, Boston to Montreal visiting Portland, Saint John, Halifax, Charlottetown, Corner Brook Nfld, Saguenay, Quebec City and Montreal. Inside cabins from \$1397.00 plus taxes \$430.00 CAD per person. Flights to Boston and return from Montreal extra. Call for other promos for this sailing.

September 15/24, 14-nights Alaska on the Noordam, Vancouver return, visiting Anchorage (overnight), Kodiak, Valdez, Glacier Bay, Sitka, Skagway, Ketchikan, Prince Rupert. Inside cabins from \$1472.00 plus tax pp (or even less with non-refundable deposit).

October 5/24, 17-nights on the Koningsdam, Vancouver return, visiting Honolulu (overnight), Kauai, (overnight); Kona and Hilo, lots of sea days to relax and enjoy the ship. Insides start at \$2254.00 cad pp plus taxes \$278.00.

February 15/25, 35-nights on the Koningsdam, SanDiego return, visiting Kona, Maui, Honolulu (overnight) Kauai, Raiatea, Papeete (overnight), Moorea, (overnight), Fakarava, Taiohae, French Polynesia. Call the Heritage Club for current pricing.

June 8/25, 28-nights “Cross the Arctic Circle” on the Westerdam, Seattle return. Visit Ketchikan, Sitka, Hubbard Glacier, Valdez, College Fjord, Seward, Dutch Harbour, Nome, cross the Artic Circle during the summer solstice, Kodiak, Anchorage (overnight), Homer, Glacier Bay, Haines, Juneau, Wrangell, cruise Tracy Arm, Prince Rupert, and end in Seattle. Fred Danells will be hosting this one. Insides from \$6450.00 plus taxes \$933.00 CAD per person. Only one trip a season!

October 4/25, 9-nights Vancouver to Honolulu on the action-packed Anthem of the Seas. This is a fun ship experience on route to Hawaii where you can stay on land for as many days as you like before flying home. Leave from the port of Vancouver, stay on board overnight in Seattle and then settle in to enjoy all the action on the ship— bumper cars, rock climbing, simulated sky diving, surf experiences, breathtaking 360-degree views from the North Star over 15 specialty / theme restaurants, cafes, theatres, kids pools, adult pools in the tranquilly Solarium and more. Balcony cabins from \$1250.00 plus tax pp. Insides and windows lower prices.

Call or email the Heritage Club for info on all trips. Also let us know your preferences for travel and we will keep you advised of the latest offers. Call The Heritage Club office, 604-482-4311.

Note: Be sure you have adequate out of country medical and trip cancellation insurance before confirming your trip.

Johnson - belairdirect

As you may already know, one of our major sponsors, Johnson Insurance, is undergoing a rebranding to belairdirect. The home and vehicle division has already moved over and in the not-too-distant future, the Group Benefits and Travel Division will also be rebranded.

You do not need to take any action at the moment. Your existing policy with Johnson Insurance will remain in effect and all contacts will remain in place.

We will provide additional information, as we received it. There is a small information package available to view on our national website at www.heritageclub.ca





SCHOLARSHIP OPPORTUNITIES

There are several Scholarship Programs available to the children and grandchildren of Heritage Club Members to assist them in their academic careers.

HERITAGE CLUB SCHOLARSHIP PROGRAM 2024

The Heritage Club is planning to award three (3) scholarships to children or grandchildren of Heritage Club members who have paid dues for the past two years. The scholarships are valued at \$2,000 each for university or college studies. The scholarships will be awarded to students starting, for the first time, their first year of full-time studies.

Eligible recipients include dependent children, including adopted and stepchildren, grandchildren, and wards in legal guardianship of active members.

These scholarships are applicable to all Canadian educational institutions which have provincial degree granting powers or their affiliates and at Canadian Colleges or CEGEPs,

To obtain an application package contact Parkland President Bob Broomhall at 780-481-8627 or by email at parklandheritageclub@gmail.com

To be considered all applications must be received or postmarked on or before June 30, 2024.

The National Office of the Heritage Club is looking for members to review scholarship applications. If you are interested in helping with this, please contact Bob Broomhall, Parkland President at parklandheritageclub@gmail.com

JOHNSON INSURANCE INC. SCHOLARSHIP PROGRAM 2024

Unfortunately, the Johnson Insurance scholarship program is currently not available at this time. As you may know, Johnson Insurance Inc. is transitioning to belairdirect. Johnsons has told us that they expect their scholarship program to be available again later this year, likely branded as belairdirect.

Please watch our Heritage Club website

www.heritageclub.ca. where we will update that site as soon as we get further information. In the past the Johnson's scholarships have been available to the children and grandchildren of Heritage Club members that have MEDOC travel insurance, or home or auto insurance with Johnson Insurance.

The Learning Centre - Casino

Many members will remember that for a number of years, Parkland Chapter supported The Learning Centre of Edmonton with a funding project they had with Alberta Education to send out a monthly newsletter to various schools. After that project ended, we have over the years still stayed in touch and have assisted them with volunteer help when they are fortunate enough to get a casino date.

The Learning Center is again looking for casino volunteers for an upcoming casino on August 4 and 5, at the Grand Villa Casino in Rogers Place. If you are interested in assisting with this casino, please contact Bob Broomhall at 780-481-8627, or Paul Otto at 780-484-8636, or send an email to parklandheritageclub@gmail.com

How do you make 7 an even number?

Remove the "s"

Your Benefits Contact Numbers

C.P.C. Pension	1-877-480-9220	Access H.R.	1-877-807-9090
Superannuation	1-800-561-7930	Employment Ins	1-800-206-7218
C.P.P. / O.A.S.	1-800-277-9914	Passport	1-800-567-6868
Canada Life	1-866-716-1313	Can Revenue Agency	1-800-959-8281
P.S.H.C.P.	1-855-415-4414		

Your Benefits Survivor procedures:

To ensure the survivor of a retiree maintains pension, health and medical benefits, several contacts must be made after a retiree's death.

Access H.R. (1-877-807-9090) - This is the Canada Post HR department – not to be confused with the Pension Department

- retiree name
- employee I.D. number
- social insurance number
- copy of death certificate

C.P.C. Pension (1-877-480-9220) (for those members that retired after Oct 1, 2000)

- retiree name & employee I.D. number
- postal code
- month and date of birth
- copy of death certificate
- copy of retiree's will.

Canada Life - C.P.C. (1-866-716-1313) – retired after Oct 1, 2000

Canada Life - PSHCP (1-855-415-4414) – retired prior to Oct 1, 2000

- retiree name
- employee number
- copy of death certificate
- plan numbers - 51057, 51391, 52111, 52112, 52113, 52114 & 52115

NOTE: Very important to notify Canada Life as soon as possible in order to set up a new automatic withdrawal in the survivor's name to keep the policy in force and maintain medical, dental and vision benefits.

C.P.P. / O.A.S. (1-800-277-9914)

- retiree name
- social insurance number
- copy of death certificate

NOTE: Besides the C.P.P. survivor Pension, there is a Death Benefit payable to the survivor.

Superannuation (1-800-561-7930) (for those members that retired prior to Oct 1, 2000)

- retiree name
- social insurance number
- copy of death certificate
- copy of marriage certificate

Canada Revenue Agency (1-800-959-8281)

C.R.A. must be contacted when a member or spouse passes to prepare for T-1 and T-3 form completion.

Sunlife to Canada Life health benefits transition - PSHCP– (affecting members who retired prior to Oct 1, 2000)

After a rocky start Canada Life is finally starting to catch up on a huge backlog. They have hired additional claims examiners and call takers. They claim their wait times have decreased, and claims are being processed more quickly. They have introduced a new Urgent needs escalation process for priority cases to ensure that urgent claims for life-sustaining prescription drugs, medical services and supplies are prioritized.

For more information go to <https://www.welcome.canadalife.com/pshcp/member-update.html>

By the Way: The Dental plan will be transitioning from Sun Life to Canada Life on November 1, 2024. Hopefully it will be a smoother transition than the health benefits transition. More information can be found at <https://www.canada.ca/en/treasury-board-secretariat/topics/benefit-plans/plans/faq.html>.

Heritage Club - Parkland Chapter 28

2024 Executive



**President &
Secretary**

Bob Broomhall
(780) 481-8627



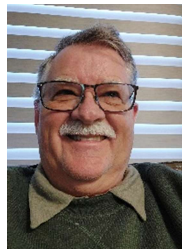
Treasurer

Ron McPhail
587-596-5864



**First
Vice President**

Paul Otto
780-484-8636



**Second
Vice President**

Ron Prosser



Past President

Lloyd Rogowski
780-458-8936

The executive will do their best to serve the members of the Parkland Chapter in every way possible. Please do not hesitate to call any one of us to answer any of your questions.

You can also contact us via our email address. If you have any questions, comments, or concerns, please feel free to let us know by sending us an email at parklandheritageclub@gmail.com

SCAM Alert: Here are a few of the scams that cybercriminals use on Meta / Facebook:

1. Viral Videos

Viral videos are popular on several social media platforms. If you accidentally click a link for a fake viral video, you may see a message that asks you to update your video player. However, instead of updating your video player, a virus will be downloaded onto your device.

To avoid clicking on fake video links, search Google for the video you would like to watch. If the search results don't include a link to a YouTube video or a video from another legitimate website, the viral video may be a scam.

2. Fake Profile Scam

Cybercriminals can steal names and pictures from a person's real social media profiles and send connection requests to the person's friends. Then, the cybercriminals scam the person's friends by faking an emergency. Don't fall for this trick! Be careful when you accept connection requests from someone, you're already friends with.

Why couldn't Dracula's wife get to sleep?
Because of his coffin.



2024 SPRING BBQ - Registration Form:

Date: Thursday June 13, 2024

Time: 11:00 to 3:00 (lunch at 12:30)

Location: Devon Lions Park

Price \$15.00 per person for paid up active members.
\$20.00 per person for non-members.

Name: _____

Number in party: _____

Amount Paid: _____

Online Purchasing
You can use your debit card or any major credit card to purchase tickets.
Go to our Parkland webpage.
<https://heritageclubparkland.ca>
Click on events.
Choose member or non member.
The next page will allow you to enter how many tickets and take your credit card information.
You can of course still use cash or cheque. The choice is yours.

If using cash or cheque, please complete this form and submit to the Heritage Club no later than June 5, 2024

Send to:

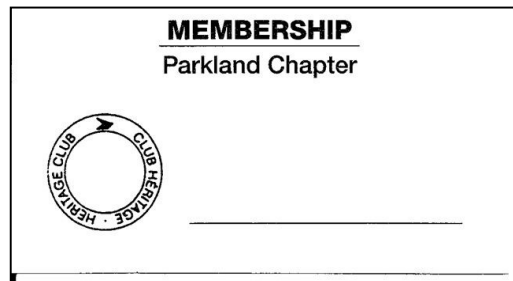
Heritage Club
12135-149 Street
Edmonton, AB T5L 5H2



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2024 - Membership Renewal

THANK YOU



Thank you for submitting your 2024 membership dues.

As you receive your newsletter by email, your 2024 membership renewal card has been mailed to you separately. You should receive it in the mail in a few days.

2024 Spring BBQ

- Enter Devon on Athabasca Ave (Main Street)
- When you get a chance go north (left) 1 block to Saskatchewan Ave.
- Go East on Saskatchewan Ave. It will go down a long hill into the river valley.
- At the bottom of the hill, you will see Lions Park.
- Follow the signs to the Gazebo.

Date: Thursday June 13, 2024

Time: 11:00 to 3:00

(Lunch at 12:30 PM)

Location: **Devon Lions Park Gazebo**
Devon AB

The park is located in the river valley right next to the Devon Golf Course.

