

Parkland News

January 2024

35th Anniversary

Upcoming Events

March Luncheon
March 14, 2024

Food Bank
Jan 18, 2024

Feb 15, 2024

Spring BBQ
Date: *TBD*
(likely early June)

Fall Banquet
Date: *TBD*
(likely late September)

2024 AGM
October 10, 2024

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President's Message:

Hello Parkland Members,

As we close out the hustle and bustle of the Christmas season, I want to take a moment to extend a heartfelt thank you to all the dedicated volunteers who have tirelessly contributed to the success of our various activities in the past year.

The Santa Letter Writing Program was particularly busy, spreading joy and creating cherished memories for children and families alike. Thank you to all who have contributed to the success of this program year after year. Your dedication and enthusiasm are the driving forces behind the positive impact we make in the lives of those we touch.

As we start with a new year and the renewal of memberships for 2024, we are excited to announce new and convenient ways to renew your membership, with more details later in this newsletter. These changes aim to streamline the

process, ensuring that you can easily renew your membership. Your continued support is invaluable and ensures that we can continue to serve you with the benefits and activities we undertake each year.

Looking ahead to the new year, this will be the 35th anniversary of the Heritage Club. The chapter executive is looking at various options to celebrate this milestone.

Finally, I want to extend my warmest wishes to each of you. May the coming year bring joy, prosperity, and new opportunities for growth and success, and may 2024 be a year filled with shared accomplishments and memorable moments. Happy New Year!

Bob Broomhall

President, Parkland Chapter

Have you Moved or planning to move?

If you have recently moved or are planning a move, please let us know so that we can update our mailing list. Please let us know.

by email at: parklandheritageclub@gmail.com.

or by mail at: The Heritage Club, 12135 – 149 St. Edmonton AB. T5L5H2.

You can also contact our membership coordinator Judy Broomhall at 780-481-8627, or by contacting any of the executive – contact information on the back page.

NEW! You can now also update your mailing address by going to: heritageclubparkland.ca and then click on "Update your Address."



Change of
Address



MEMBERSHIP:

The 2024 membership drive is now underway, and we have some exciting news.

New Heritage Club Payment methods Cash/Cheque/Direct Payment/Credit Card /E-Transfer

We hear ya! So many have said please give us other options to make the payment of our dues and other activities.

Cheque/Cash - Of course we will still take your cheque for payment (cash is also acceptable) Send your payment to the Club's mailbox at the Edmonton Mail Processing Plant:

Heritage Club
12135-149 St NW
Edmonton, AB. T5L 2H5

NEW!! Other methods (Credit/Debit Card) via our clubs' website: heritageclubparkland.ca

This is a multi-use club page and payment site that also connects you to the National Website. You can pay your dues, and also pay for the Spring BBQ, the Fall Banquet, change your address and more.

Go to the Club's webpage (noted above) and click on "Dues."

Payment is via Stripe payments, and we can accept most payment methods.

Interac E-Transfer - **YES!!** We accept payment via eTransfer. Just use the Club's email address. parklandheritageclub@gmail.com (no spaces) (no Password required).

Please remember to add a note to say who you are and what you are paying for e.g.: Sue and Joe Smith - Annual Dues (helps so much with tracking your payments).

If you have questions or concerns, please reach out to Ron McPhail at 587-596-5864

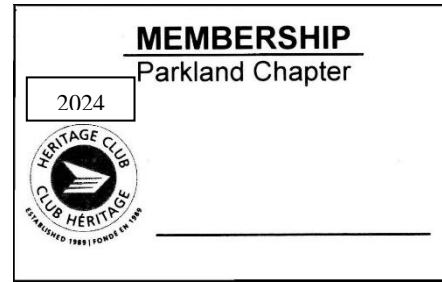
Reporting Volunteer Hours:

Each year our chapter President submits a report of all volunteer hours worked by members of the chapter. These hours include not only volunteer hours with the Heritage Club, but also time worked in community events such as fundraising activities, work done with religious or seniors' organizations, or working with children's groups, for example coaching. Anything relating to volunteering counts in the report.

The Heritage Club National Community Service Award is awarded each year to a chapter demonstrating that they are actively meeting our club's motto of "people helping

people." Parkland Chapter has won this award in the past in large part because of the number of volunteer hours reported by our members.

Please help us demonstrate that we are one of the most active chapters. There is a Volunteer Hours reporting form on the bottom of the Membership Renewal form. This form should be used to report volunteer hours worked by members of Parkland Chapter for the betterment of the community. Please specify if the time worked is per week, month, or year



Members will receive a card similar to the one shown above as acknowledgement of payment.

Please remember that our Heritage Club chapter receives only a portion of our funding through the national office, (from Canada Post Corporation, and other club sponsors), and that your membership dues represent a large portion of our chapter's annual income.

We are updating our membership database with email addresses for those that have them. **We encourage you to provide an email address, if you have one,** as it is a quick and cost-effective way of quickly informing members of news items and upcoming events between issues of the newsletter.

If at any time you are unsure of the status of your membership dues, or have any other questions regarding membership, please feel free to contact your membership representative, Judy Broomhall at (780)481-8627 or parklandheritageclub@gmail.com

If you are renewing your membership by mail, please complete the enclosed membership renewal form and submit your 2024 membership dues by mailing the form, and your cheque to the address shown on the form,

God promised men that good and obedient wives would be found in all corners of the world.

Then he made the earth round. . . and laughed and laughed and laughed.

Heritage Club - Membership Benefits



There are many benefits to joining and maintaining an active status in the Canada Post Heritage Club. See our website for details on many of these offers.

1. Reduced prices on club activities, such as the Spring BBQ and Fall Banquet.
2. Access to the Heritage Club Scholarship Program – 2024. The Heritage Club awards three (3) scholarships to children or grandchildren of all dues paying members of the Heritage Club. The scholarships are valued at \$2,000 each for any post-secondary university or college studies.
3. Access to MEDOC Travel Insurance through Johnson Insurance (soon to be Belair Direct). A comprehensive group travel insurance plan that provides up to \$5 Million emergency medical coverage when travelling outside your province or outside of Canada, for an unlimited number of trips less than 40 days. Extended coverage is available for up to 182 days. This is one of the most affordable travel policies around. See our website for more details.
4. Access to reduced rates on Home and Auto Insurance through Johnson Insurance. Discounts of up to 35%.
5. Access to the Johnson Insurance Scholarship Program (50 scholarships at \$1,000 each) for those that hold a Johnson Insurance policy. Go to www.johnson.ca/scholarship for more information.
6. Access to reduced membership fees at Goodlife Fitness. Members of the Heritage Club get a 30% discount off the regular prices, and no sign-up fees. This includes access to all GoodLife locations. World renowned Group Fitness classes, and professionally trained staff assist you in achieving your goals. You must be a paid member of the Heritage Club to get the discount and you will require your Heritage Club number to access the information regarding this program. To learn more about this offer, go to our website.
7. Access to a great corporate rate at all Choice hotel properties worldwide. Includes Comfort Inns, Quality Inns, Econo Lodge and Rodeway Inns.
8. Access to reduced rates at Collette Travel. Collette offers travelers 100 years of guided touring experience, more than 160 tours to all seven continents, and full-time industry leading tour managers. 24/7 support guides you every step of the way to your next adventure. Heritage Club members save \$100 per person on any Collette tour. Plus, special seasonal offers that could save members up to an additional \$500 per person.

Annual General Meeting

The 2023 Annual General Meeting was held October 12, 2023, at the Buffet Royale Carvery in conjunction with the October quarterly luncheon.

At this meeting, the positions of President, Treasurer, and 2nd. Vice President were up for election. Bob Broomhall was elected President for a one-year term. Ron Prosser was elected as 2nd. Vice President and Ron McPhail was elected as Treasurer, both for a two-year term.

Congratulations to the above members and thank you for allowing your name to stand. Our thanks also to the Nominating Committee.

A date was set for the 2024 Annual General Meeting. The 2024 AGM will be held on October 10, 2024, again in conjunction with the October quarterly luncheon.

Donations:

Parkland Chapter, on behalf of its members, makes a number of charitable donations each year. In 2023 Parkland Chapter executive authorized cash donations to Edmonton Sports Central, The Society of St. Vincent de Paul, The Senior's Outreach Centre in Grand Prairie, and The Learning Centre Literacy Association.

In recent years we have made donations to a few different Women's shelters, some hospital foundations in northern Alberta, Ronald McDonald House, The Edmonton Food Bank, E4C School lunch program, The Mustard Seed, the Boyle Street Coop, and The Salvation Army

At the Fall Banquet members raised in excess of \$500 from the sale of tickets on raffle items, and the club contributed funds to create a \$1,000 donation. Members

voted for the charity that the evenings funds would go to and then the top 3 additional charities would be funded in 2024.

The charity with the most votes was the Edmonton Food Bank, so a \$1,000 donation was made to them in November. The other top 3 charities were The Edmonton Christmas Bureau, Make-a-Wish Foundation and Ronald MacDonald House and so for 2024, the executive has authorized donations to those charities and one additional charity to be named at a later date.

The executive would welcome suggestions from the membership on other worthy charities that they would like to see the club support.

Hard to believe I once had a phone attached to a wall, and when it rang, I picked it up without knowing who was calling.

Food Bank

A heartfelt thank you to all the members who have dedicated their time supporting the Edmonton Food Bank in the past year. We have made a commitment to provide an 8-person crew on the third Thursday of every month. To keep this commitment, we are currently seeking additional volunteers to join the Food Bank roster. Your participation will ensure that we continue to meet our commitment and make a positive impact in our community.

If you would like to add your name to the list of volunteers working the food bank, please contact:

Paul Otto
Heritage Club Food Bank Coordinator
780-484-8636
protto@shaw.ca

If you know of anyone else that might be interested, please pass this on to them.



Obituaries:

It is always with a heavy heart that we hear of the passing of some of our members. We have been made aware that the following people have passed away:

Jacqueline Granstrand
Lucy Krisco
Sharon Krezanoski
Suzanne Maisonneuve

Karen Cutway
Bob Froggatt
Jenny Pollard
Bob Brown

Walter Szwender
George Serbin

If you are aware of a member's passing, can you please contact one of the executives, and let us know the name, date, and any information that you may be aware of, as to their career with Canada Post.

New Members:

The Parkland Chapter of the Canada Post Heritage Club is pleased to welcome the following new members of the Parkland Chapter:

Andromeda Bethune
Louis Nardi
Diana Bachand
Jill Crowe
Elaine Zwack
Joanne Lamoureux

Red Deer
Edmonton
Warburg
Edmonton
Sherwood Park
Mallaig

Jacqueline Norman
Donna Pittendreich
Lorriane Klemchuk
Carrie Mydlak

Forestburg
Bon Accord
Red Deer
Edmonton

Do You Know Where These People Are?

We have had mail returned for the following people. We suspect many of them may have moved, but we do not know their forwarding address. If you know the whereabouts of any of the following people, can you please contact Judy Broomhall at parklandheritageclub@gmail.com, or 780-481-8627, or any of the executive (contact info on last page).

Mahlon Carver
Marguerite Dykun
Adeline MacDonald
Bonnie MacGregor

Red Deer
Sherwood Park
Camrose
Edmonton

Patricia Matier
Robert McQueen
Wendolyn Moro-Brown

Fort Saskatchewan
Edmonton
Edmonton

*Does anyone else have a plastic bag full of plastic bags?
or is it just me.*

Santa Letter Writing Program 2023



The Santa Letter Writing Program is over 40 years old, established in 1982, it is even older than the Heritage Club which started in 1989 and will be celebrating 35 years in 2024. In 1982, Santa received his own postal code HOH OHO. Thousands of postal employees and retirees answer over one million letters to Santa each year.

In Parkland, we are just wrapping up a very busy late November and December. In addition to the Santa Letter Writing Program itself, Parkland Chapter also participated in The Kingsway Santa Parade of Lights, the St Albert Salvation Army Santa's Breakfast and the Festival of Trees, Breakfast with Santa. We also had a group of members that acted as porters for the 630 CHED Santa's Anonymous Delivery Day.

We are now in the process of completing some final numbers and reports on the 2023 Santa Letter Writing campaign. Within what seemed like a very short 3-week timeframe, our Heritage Club chapter enlisted the efforts of 84 exceptionally dedicated volunteers, who assisted with providing a response to over 17 thousand individual letters and preparing and delivering class posters to over 850 school classes, representing an additional 16 thousand school letters. Thanks to the outstanding dedication of our volunteers, we only had a little over 400 letters that missed the December 22 deadline. Each of those letters received a post-Christmas response from Santa, ensuring no child was left without a reply.

What a terrific job by an incredible group of volunteers.



Christmas Lunch

On December 14, 2023, we had a great turnout at the Buffet Royale Carvery restaurant in west end Edmonton, for our annual Christmas Luncheon. There was lots of visiting and catching up with friends' activities, past and future. The festive spirit was heightened when Santa made a surprise appearance, spreading cheer and delivering a small gift to all attendees.

2024 will see the continuance of quarterly luncheons, with the next luncheon scheduled for Thursday March 14, at 11:30 at the Buffet Royale west end in Edmonton. As discussed at the recent Annual General meeting, the club will continue to subsidize luncheons, with members paying \$20 per person and the club will pick up the remainder including the gratuity. Because of our involvement with the Edmonton Food Bank, members are asked to bring a non-perishable food item to the luncheon. We will also continue with our speaker series. The topic and speaker for this upcoming luncheon is still to be confirmed.



Our next luncheon is scheduled for.

Thursday March 14, 11:30
Buffet Royale Carvery
17202 - 95 Ave NW, Edmonton.

*We invite all members to come out and meet
with old and new friends.*

2023 Heritage Club Scholarship Results

The Canada Post Heritage Club is very proud to offer a Scholarship Program to the dependants of our members (in good standing). The qualifications of the applicants are always impressive, making it a difficult choice for our evaluators. Congratulations to the 2023 winners and we

wish them every success in their future endeavors. They are all talented, hardworking individuals, and will surely do well in their studies and their chosen careers. The future is in good hands, if the caliber of our applicants is any indication.

Margaret Fallscheer Margaret is the granddaughter of Parkland Chapter member Sandra Fallscheer.



Margaret participates in many school and extracurricular activities. 4H Club president, SPCA volunteer, Student Leadership Council, she finds time to volunteer with Canadian Parents for French and the parish Bebe project. If that wasn't enough, Margaret babysits, tutors, and is a trail guide program leader. Her high academic level is reflected in the designation of Academic Great Distinction-French Immersion. Congratulations, Margaret, and good luck with your studies in biological sciences at the University of Calgary.

Abbygale Davidson Abbygale is the granddaughter of Humber Chapter member Bruce Fleming. Abby has



maintained an excellent academic average while fully participating in her school and community. As secretary of the School Council, she received high praise for her work ethic and initiative. Drama club, cross-country running and skiing, and participation in a school exchange program show a well-rounded individual, while her volunteer activities in wetlands protection prove her to be highly motivated to improve her world. We wish her good luck as she begins her studies in Biomedical Science at the University of Guelph.

Christian Shimmin Christian is the grandson of Van Fraser member June Steeves. Christian's commitment



to his studies is reflected in his 97% academic average, and this is balanced by his enthusiastic participation in school and parish activities. A skilled track athlete, he is also a Sunday school teacher, camp counselor, and area leader in his job at MacDonalds. His interest in physics in particular earned him the Exemplary Student Achievement Award for the past two years. Christian will be working towards a science degree at Simon Fraser University, with a goal of medicine, possibly research. We wish him the very best of luck in this very worthwhile career.

HERITAGE CLUB SCHOLARSHIP PROGRAM – 2024

This year, the Heritage Club is planning to once again award three (3) scholarships to children or grandchildren of dues paying members of the Heritage Club. The value of each scholarship is \$2,000 each. The scholarships are for any university or college studies. The scholarships will be awarded to students starting, for the first time, their first year of full-time studies.

ELIGIBILITY CRITERIA

Dependent children, including adopted children and stepchildren, grandchildren, wards in legal guardianship of all active members (dues paying member for the last 2 years) of a Heritage Club Chapter. Applicants who have previously received a Heritage Club scholarship are not eligible.

APPLICATION DEADLINE

Submissions must be postmarked on or before June 28, 2024.

HOW TO OBTAIN AN APPLICATION PACKAGE

Please contact Bob Broomhall, Parkland Chapter President at: parklandheritageclub@gmail.com

Canada Post issued clothing

Do you have any new or gently used Canada Post issued clothing that you would like to see donated to some of our needy neighbors? Canada Post in Edmonton is calling for donations of new or gently used clothing items, specifically Canada Post issued apparel. These items will have the insignia removed and be distributed to local shelters, aiding those in need. To contribute, reach out to Bob Broomhall at broomb@telus.net or 780-481-8627 for arrangements.

*So, you drive across town to a gym,
to walk on a treadmill?*

2024 - HERITAGE CLUB TRAVEL

HERITAGE CLUB MEMBERS AND FRIENDS



April 13/24 20-nights Panama Canal Fort Lauderdale to Vancouver on the Eurodam. Visit Cartagena, Columbia; transit Panama Canal; Puntarenas, Costa Rica; Nicaragua; Guatemala; Huatulco, Mexico; Puerto Vallarta; San Diego; Santa Barbara; San Francisco and disembark in Vancouver. Inside cabins from \$2654.00 plus taxes \$952.00 CAD per person. Air one way to Fort Lauderdale extra.

April 30/24 Introductory 5-day cruise on the Noordam, Vancouver return; Visit two ports Ketchikan and Prince Rupert along with two scenic days at sea. Inside cabins from \$408.00 and balconies from \$640.00 plus taxes \$343.00 per person. This is a great little cruise for first timers or those wanting a quick break with friends and colleagues.

July 11/24 11-nights cruising Alaska on the Queen Elizabeth. Visit Icy Strait Point (Hoonah), Glacier Bay National Park, Hubbard Glacier, Haines, Juneau, Wrangell, Misty Fjord!, and Ketchikan as well as cruising Inside Passage. FOR THOSE WHO MISSED THE CUNARD EXPERIENCE — back again next summer! Book now to get the best choice of cabin and dining time and enjoy traditional cruising. Insides begin at \$1470.00 plus tax \$345.00 cad pp. Fred Danells will be hosting this cruise. Call for new promos!

August 20/24 11-nights on the Volendam, Boston to Montreal visiting Portland, Saint John, Halifax, Charlottetown, Corner Brook, NF, Saguenay, Quebec City and Montreal. Inside cabins from \$1750.00 plus taxes \$350.00 CAD per person. Flights to Boston and return from Montreal extra.

October 1/24 13 nights on the Quantum of the Seas, cruising from Vancouver to Honolulu, visit Victoria, Seattle, overnight in San Francisco, overnight in Maui and arrive in Honolulu. Fly home direct from Honolulu or stay a few nights in a hotel. This is an action-packed ship with bumper cars, roller blading, sports courts, simulated sky diving, surf pool, rock climbing, numerous pools including the quiet adult only Solarium pools! Lots of dining options. Don't miss this one— a great break before winter rolls in. Inside from \$1139.00 cad plus tax pp.

October 5/24 17-nights on the Koningsdam, Vancouver return, Visiting Honolulu overnight; Kauai, overnight; Kona and Hilo, lots of sea days to relax and enjoy the ship. Insides start at \$2254.00 cad pp plus taxes \$278.00.

June 8/25 28-nights “Cross the Arctic Circle” on the Westerdam, Seattle return. Visit Ketchikan, Sitka, Hubbard Glacier, Valdez, College Fjord, Seward, Dutch Harbor, Nome, cross the Arctic Circle during the summer solstice, Kodiak, Anchorage (overnight), Homer, Glacier Bay, Haines, Juneau, Wrangell, cruise Tracy Arm, Prince Rupert, and end in Seattle. Fred Danells will be hosting this one. Insides from \$6450.00 plus taxes \$933.00 CAD per person. This cruise only goes one trip a season!

Note: Be sure you have adequate Out of Country Medical and Trip Cancellation insurance before confirming your trip. Call your Heritage Club Travel office, for information on Johnson (soon to be Belair) Medoc insurance. Note: Price and availability at the time of printing may change at any time. Call :604-482-4311 or email Van Fraser Heritage Club vanfrasernews@gmail.com for more information or detailed itineraries and pricing on other categories of cabins.

Also, call or email the Heritage Club Travel office and let them know your preferences for travel and they will keep you advised of the latest offers. Added information and travel options will be sent to the travel club list, as available.

Heritage Club Travel office, 604-482-4311 email: fwdanells@hotmail.com

Travel Agent Slogan
We mean it when we say we want you to go away.

Heritage Club - Parkland Chapter 28

2024 Executive



**President &
Secretary**

Bob Broomhall
(780) 481-8627



Treasurer

Ron McPhail
587-596-5864



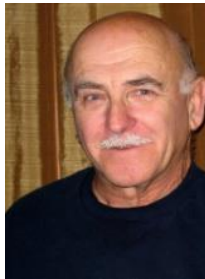
**First
Vice President**

Paul Otto
780-484-8636



**Second
Vice President**

Ron Prosser



Past President

Lloyd Rogowski
780-458-8936

The executive will do their best to serve the members of the Parkland Chapter in every way possible. Please do not hesitate to call any one of us to answer any of your questions.

You can also contact us via our email address. If you have any questions, comments, or concerns, please feel free to let us know by sending us an email at parklandheritageclub@gmail.com

Scam of the Week: A new Spin on Call Back Phishing

Earlier this month, the FBI released an official advisory about the rise of callback phishing attacks. Callback phishing is when a phishing email directs you to call a number instead of clicking on a link. Typically, if you call the number in a callback phishing email, the cybercriminal will try to trick you into providing sensitive information. Stay safe from similar scams by following the tips below:

- Avoid calling phone numbers provided in emails. Instead, navigate to an official website to find the best contact number.
- Be suspicious of emails that contain a sense of urgency. Cybercriminals use a sense of urgency as an attempt to catch you off guard and get you to click or act impulsively.
- Consider the context, timing, grammar, and other details of the email or call. For example, would your bank usually ask you to call in?

*Wouldn't it be wonderful if we could put ourselves in the dryer for ten minutes,
then come out wrinkle-free...and three sizes smaller.*