



HUMBER

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NEWS

January 2026

Your Humber Heritage Executive:

Diane Biggs, President

Debbie Neal, 1st Vice President

Sue Edelsward, Travel and Events

Barnie Joosten, Treasurer

Elsie Pettit, Executive at Large

Wayne Johnson, Executive at Large



*To all our members,
Happy New Year*



Heritage Club Website www.heritageclub.ca

PRESIDENTS MESSAGE

First, I wish to send a special thank you to all our members who continue to support the Humber Heritage Club. Thank you for paying your dues, as well as your tireless volunteer work throughout the year and for making the Club a welcoming place to attend. A special thank you to Santa Claus who took time from the North Pole to attend the Christmas party. Check the website <https://heritageclub.ca/humber/> under gallery for lots of pictures from all events.

2025 Year in Review

We started with our Valentine's Day Celebration on February 11 at the Mandarin Restaurant. 74 people attended.

The Easter luncheon was on April 15 at the Mandarin, attended by 61 guests.

On June 5, a cheese tour was held. 22 patrons attended with afternoon lunch at the Windmill Country Market in Brantford. The tour started in New Hamburg and ended in Ancaster, in total 8 different cheese shops.

On June 21, 103 fans attended the Chicago White Sox - Blue Jays game. Blue Jays won the game by a score of 7 to 1.

Canada Day was celebrated on July 3 at the Mandarin Restaurant. 78 attended this luncheon.

September. 19 was the Grand River boat cruise. We had a full boat, 48 people.

September. 27-28 was the 5th annual Healing and Gathering Weekend at the Small Arms inspection Building in Mississauga.

October is Halloween and we had a party at the Mandarin Oct. 30 with 73 colourful guests.

Our final gathering was the Christmas Luncheon on Dec. 11 at the Mandarin. 80 guests attended.

The Executive, as well as I, would like to acknowledge the members who show up early at our functions to give a hand. We couldn't do it without you. Also, a warm welcome to our new members who joined in 2025.

Douglas Reid for his abstract art pieces and beautiful bird houses he donated for prizes.

Tonia Keenan for donating her stunning jewelry for prizes.

Barry Gilbert who has continually dressed up in a Santa Claus suit and treats our members with candy canes, of course only if they were good.

Thank you to the executive team members for their continual work in our organization and participation in support of the Humber Heritage Club Chapter. If you are interested in joining the executive team, please call me at 905-487-4311 to learn about more open positions.

I'm excited to see what 2026 has in store for us and look forward to seeing you at one of our many functions. See photos of your friends enjoying an afternoon out at our Facebook page and on the Heritage Club Website.

Diane Biggs and your Executive Team

- *FYI** Please be advised that four newsletters in 2026 will only be sent out to:
- Members who have paid their yearly dues and have an email with us.
 - Paid members without email will get a copy in the mail

Chapter Membership Dues

Thank you to all the members who have paid for 2026.
Members owing dues will get another email with an attached form.

Paid Membership features some of the following:



One of the top Insurance Companies. They offer up to a 35% discount for home and automobile insurance coverage.

For travelers! belairdirect Health and Travel Insurance
On page 8 are prices for +40 days travel insurance



You need to be a current paid member to attend Goodlife Fitness to receive approximately up to 30% off regular club rates.



They offer a discount of up to \$500.00; please check with them for more details.



Free Hearing Test for Club Heritage Members and Family.
We rely on hearing every single day. Yet so many of us don't think about getting it checked until there's a problem. Did you know that SENSORINEURAL HEARING LOSS is the most common type of hearing loss? Think loud workplaces, concerts, or even power tools. It creeps up slowly, but the effects can last a lifetime. As a Canada Post Heritage Club member, call 1-877-735-1149 or visit **HearingLifeAdvantage.ca** to book your free appointment.

belairdirect Scholarship Program 2026

belairdirect Insurance also has a scholarship program available for our paid-up members. Information regarding the Belair scholarship will be in our spring newsletter.

We have a phone number, 1 844 567 1237, or email at scholarshipfund@belairdirect.com.

Canada Post Scholarship Program 2026

The Heritage Scholarship Program is open to all dependent children and grandchildren of a Humber Heritage Club member (dues paying member for the last 2 years). There are three (3) scholarships of two thousand dollars each (\$2000.00). The full application for this scholarship is available at

<https://heritageclub.ca/scholarship-program/>. The closing date is June 30, 2026. For more information, please contact our National Program Coordinator, Eldred Holmes at holmese@nl.rogers.com.



Santa Elves HO-HO-HO Letter Writing Program

The Santa Letter program was back again this year.

Letter volumes were really reduced from previous years.

If you are interested in participating next year (2027) or would like more information about it, please reach out to our Santa Coordinator, Debbie Neal, at 647 215-1515.

It is a worthwhile program and just what you need to get into the Christmas spirit.



Facebook groups

Join and follow us on Facebook where you can see pictures of past and upcoming events. Post your pictures there to share with our members! Search for **HUMBER CHAPTER HERITAGE CLUB**. You'll know you're in the right place if you see Snoopy on the big red mailbox.



<https://www.facebook.com/groups/860687395308937>

Canada Post Employees & Retirees Group (3200 members)



<https://www.facebook.com/groups/312323678873408>

Canada Post Employees & Retirees Group

Private group · 2.6K members

Join group

Share

Our Benefits Survivor Procedures

To ensure the survivor of a retiree maintains pension, health and medical benefits, a number of contacts must be made immediately upon a retiree's death.

Access HR: 1-877-807-9090

Access H.R.- Info required: Retiree name, S.I.N., copy of death certificate.

CPC Pension: 1-877-480-9220

C.P.C. Pension - Info Required: Retiree name, Employee ID#, postal code, date of birth, copy of death certificate.

Canada Life: 1-866-716-1313

Canada Life - Info required: Retiree name, employee I.D., copy of death certificate, plan number (51057 & 513910). Note: Very important to notify Canada Life ASAP in order to set up a new automatic withdrawal in the survivor's name to keep the policy in force and maintain medical, dental and vision benefits.

CPP/OAS: 1-800-277-9914

C.P.P./O.A.S. – Info required: Retiree name, S.I.N., copy of death certificate. In addition to the survivor pension there is also a death benefit payable to the survivor.

Canada Revenue 1-800-959-8281

Canada Revenue Agency – CRA must be contacted when a member or spouse passes away and a T-1 and T-3 to be completed.

Passport 1-800-567-6868

Charities we supported in 2026

Salvation Army, Fred Victor Society
Covenant House, Scott Mission
Canadian Red Cross, Caledon Food Bank
Eagle Spirits of the Great Waters

In loving memory

It is with great sadness to share with you the list of Humber Heritage Club members who have passed this year.

Collaco	Vincent	Mississauga
Buckingham	Bryan	Mississauga
Yanaky	Barry	Etobicoke
Brardinelli	Stefano	Toronto
Persad	Bhawani	Mississauga
St. Onge	Robert	Mississauga
Chan	Edward	Brampton
Masek	Henry	London
Wayda	Peter	Mississauga
Waite	Veronica	Etobicoke
Potter-Rochon	Catherine	Mississauga
Mukherji	Shukla	Mississauga
MacIntyre	David	Brampton
McPherson	David Joseph	Brampton
Barron	David	Brampton
Carbone	Joseph	Downsview

Income tax receipts (if you are retired)

Call Canada Life for a tax slip for payments made for your benefits and belairdirect travel for payments made to them for travel insurance. (1 833 583 3205).

Member Suggestions

Feel free to suggest outings or events for our membership.

Please respond to humberchapter2@hotmail.com

NEWSWORTHY FUTURE EVENTS for 2026

February 11: We will be celebrating Valentine's Day at Pacini Italian Restaurant.
298 Derry Road West

March: Glow in the Dark Golf Eglinton and Dixie

April: Bowling Day Eglinton and Dixie

May: Oxford County Cheese Tour

June: Blue Jay game June 27 Texas Rangers

July: Canada day at the Mandarin

Aug: Grand River Cruise

Sept: Scenic Train Trip

Oct: Halloween at the Mandarin

Nov-Dec: Christmas at the Mandarin

Happy New Year

Wow 2027

Travel Insurance

Travel plan 2

Premiums Effective September 1, 2025 to August 31, 2026
for persons insured under the Canada Post Extended Health Care Plan (CPEHCP)

The following premiums are applicable to the Base Plan - for trips up to 40 consecutive days outside Canada.

Age	0 - 54	55 - 59	60 - 64	65 - 69	70 - 75	76 - 80	81+
	INDIVIDUAL PREMIUM (Family plan premium* is double the amount below)						
Base Plan Premium†	124	151	172	227	338	548	969

The following premiums are applicable to the Supplemental Plan for trips in excess of 40 consecutive days outside Canada. The Supplemental Plan Total Trip Duration should include the date you leave Canada for a period of longer than 40 consecutive days and the date you return to your province or territory of residence.

Category A Health Option Rates

Age	0 - 54	55 - 59	60 - 64	65 - 69	70 - 75	76 - 80	81+
Supplemental Plan Total Trip Duration² (Days)	INDIVIDUAL PREMIUM (Family plan premium* is double the amount below)						
41-50	149	191	213	262	432	728	1,339
51-60	187	248	271	356	521	919	1,731
61-75	235	340	384	498	657	1,203	2,308
76-90	288	408	449	595	810	1,516	2,939
91-105	332	480	547	697	969	1,819	3,566
106-120	387	614	679	858	1,210	2,232	4,292
121-135	442	755	854	1,014	1,463	2,640	5,013
136-150	490	838	919	1,125	1,636	2,966	5,657
151-165	546	928	1,049	1,241	1,814	3,301	6,312
166-182	598	1,016	1,120	1,370	2,014	3,676	7,049

Category B Health Option Rates

Age	0 - 54	55 - 59	60 - 64	65 - 69	70 - 75	76 - 80	81+
Supplemental Plan Total Trip Duration² (Days)	INDIVIDUAL PREMIUM (Family plan premium* is double the amount below)						
41-50	169	212	238	294	476	810	1,497
51-60	207	277	305	402	578	1,022	1,924
61-75	260	380	427	552	728	1,335	2,573
76-90	319	453	499	663	902	1,683	3,276
91-105	366	538	607	778	1,075	2,028	3,974
106-120	432	683	755	949	1,350	2,486	4,776
121-135	490	845	947	1,130	1,629	2,939	5,581
136-150	550	930	1,022	1,256	1,823	3,306	6,307
151-165	603	1,037	1,166	1,381	2,023	3,676	7,028
166-182	669	1,131	1,250	1,522	2,242	4,091	7,851

Category C Health Option Rates

Age	0 - 54	55 - 59	60 - 64	65 - 69	70 - 75	76 - 80	81+
Supplemental Plan Total Trip Duration² (Days)	INDIVIDUAL PREMIUM (Family plan premium* is double the amount below)						
41-50	209	266	305	395	627	1,038	1,829
51-60	266	452	498	634	947	1,464	2,521
61-75	363	735	832	992	1,431	2,094	3,564
76-90	470	926	1,021	1,272	1,862	2,776	4,739
91-105	574	1,130	1,278	1,542	2,297	3,455	5,908
106-120	689	1,463	1,609	2,016	3,172	4,536	7,656
121-135	807	1,814	2,049	2,492	4,043	5,622	9,404
136-150	914	2,028	2,240	2,809	4,578	6,390	10,703
151-165	1,022	2,277	2,570	3,127	5,105	7,154	12,001
166-182	1,144	2,515	2,771	3,491	5,713	8,031	13,473

Trip Cancellation is a compulsory benefit under this insurance. For Ontario, Newfoundland and Labrador, Manitoba and Quebec residents, Retail Sales Tax is payable on the premium for Trip Cancellation, 30% of the listed premium rate. For Saskatchewan residents, Retail Sales Tax is payable on the entire premium. This tax is not applicable in other provinces.

See reverse for administrative information.