



HUMBER

est. 1989 | *People helping people*

NEWS

February – 2024

Humber Heritage Club Executive:

Diane Biggs, President

Debbie Neal, 1st Vice President

Elsie Pettit, 3rd Vice President

Barnie Joosten, Treasurer

Linda Young, Secretary

Wayne Johnson, Executive at Large



Heritage Club Website www.heritageclub.ca

PRESIDENTS MESSAGE TO ALL OF OUR MEMBERS "HAPPY NEW YEAR, 2024"

First of all, I wish to send a thank you to all our members who continue to support the Humber Heritage Club. Thank you for paying your dues, the tireless volunteer work throughout the year and for making the Humber Chapter a welcoming place to attend.

The Executive, as well as myself, would like to acknowledge and send a very special thank you to the members who show up early to our functions to lend a hand. We couldn't do it without you. Also, a warm welcome to all our new members who joined in 2023.

I also wish to acknowledge and thank our executive team members for their continual work in our organization and participation in support of the Humber Heritage Club. If you are interested in joining the executive team, please call me at 905-487-4311 to learn about more open positions.

A special thank you to Jayne Clayton for her fourteen years of service as our secretary, photographer, minute taker and many more functions too numerous to mention with Humber Heritage Club. Jayne is just stepping down and will still be attending our events. Linda Young has offered to fill this position with our executive team. We welcome Linda and are looking forward to working with her.

Diane Biggs and your Executive Team

Chapter Membership Dues

GOOD NEWS! NO DUES INCREASE!

FYI - Four newsletters in 2024 will only be sent out to members who have paid their yearly dues. These will be via e-mail. If you don't have an email, a letter will be mailed

Members in the Know

BARRY GILBERT is the President of The Eagle Spirits of the Great Water on the treaty lands and territory of the Mississauga of the Credit. In particular, the territory of the Amshinabek, Huron-Wendat, Haudenonsatines, Ojibway and Chippewa people. If you would like more information, please contact him at tekawitha371@gmail.com

ARNO ILIC is the Author of two fascinating books – “The World According to A I (it's not what you think) “and “Letters in the Lunchbag”. If you would like to speak to Arno or are interested in purchasing one of his books, please contact him at www.ilicmanagement.org

DOUGLAS REID makes and creates a wonderful assortment of hand-crafted BIRD HOUSES. He is also a geometric accomplished painter as well. He can be reached at reidwhelan@sympatico.ca

LINDA YOUNG started her business BAKED TO EAT during the pandemic to pay for her three year old grandson's hearing aid. She makes a great variety of delicious homemade cookies and cupcakes. If you would like to place an order for her Baked To Eat treats, she can be reached at lindayoung@hotmail.com.

If you have an interest that you would like to share with our members, please contact us at humberchapter2@hotmail.com

A skeleton walks into a bar and says
“Hey bartender, I'll have a beer and a mop”

Santa Elves HO-HO-HO Letter Writing Program



What an incredible year! Humber Chapter volunteers really stepped up as usual! Our Chapter helped Santa in answering 7,050 letters to children and 362 schools! Every elf worked tirelessly to ensure all of the children received a reply from Santa Claus. Thank you to all our volunteers and for keeping the magic of Christmas alive. Also, a special letter of thank you will be posted soon. Watch for it in the mail.

If you are interested in participating next year or would like more information about it, please reach out to our Santa Coordinator Debbie Neal at 647-215-1515. It is a worthwhile program and just what you need to get into the Christmas spirit!

NEW FACEBOOK PAGE

Join and follow us on Facebook page to see pictures of past and upcoming events. Post your pictures there to share with our members! Search for HUMBER CHAPTER HERITAGE CLUB. You know you're in the right place if you see Snoopy on top of the big red mailbox.

Humber Chapter Heritage Club

<https://www.facebook.com/groups/860687395308937>

Canada Post Employees & Retirees Group (2300 members)

<https://www.facebook.com/groups/312323678873408>

Canada Post Scholarship Program 2024

The Heritage Scholarship Program is open to all dependent children and grandchildren of dues (paid for present and last year) members of the Heritage Club. There are three (3) scholarships of two thousand dollars each (\$2000.00). The full application for this scholarship is available on the Canada Post Website. The closing date is June 2024. For more information, please contact our National Program Coordinator, Eldred Holmes at

holmese@nl.rogers.com.

Johnson Scholarship Program 2024

Johnson Insurance also has a scholarship program available for our paid up members. Information regarding the Johnson scholarship will be in our next newsletter.

<https://www.johnson.ca/scholarship>

Paid Membership Features some of the following:

Heritage Club

In 2024, the Heritage Club will celebrate their 35th anniversary with over 18,000 active members across the country and 24 chapters.

Not yet a member of Canada Post's Heritage Club? It's not too late. You're eligible to join if you've contributed 25 years or have retired with 10 completed years in the service of Canada Post. On top of the camaraderie and opportunities to maintain friendships into retirement, you also benefit from preferential rates and discounts with Heritage Club partners:

- Johnson Home and Auto Insurance
- MEDOC Travel Insurance
- GoodLife Fitness gyms and Fitness Clubs
- Énergie Cardio gyms
- Heritage Club Scholarship Program for your kids and grandkids
- Collette Tours

The different chapters also offer discounted rates on group events, such as luncheons, day trips, group tours, sports and other recreational activities. In addition, members are the driving force behind the

National Heritage Literacy Project and assist with Canada Post's popular Santa Letter-writing Program. Visit heritageclub.ca for more information.



The screenshot shows the Heritage Club website. At the top is a navigation bar with links: HOME, ABOUT, MEMBERSHIP, FORMS, MEETING MINUTES, GALLERY, CONTACT, FR. On the right is a dropdown menu for 'SELECT CHAPTER'. Below the navigation is a large photo of a diverse group of people smiling at a social gathering. A small Heritage Club logo is overlaid on the photo. Below the photo is a text block with the following content:

In 1989 Canada Post established a formal program to commemorate the contributions made to Canada's postal services by the Corporation's retired and long-service employees. Today the heritage Club has 24 local chapters and over 20,000 members across Canada.

The Heritage Club aims at developing pride among its members, celebrating the best from the past, sharing the achievements of the present and creating opportunities for the future.

From regular get-togethers and cultural outings, to recreational events and community focused projects, the Club's activities can take a wide range of forms. For example, chapter members contribute thousands of hours every year to the Santa Letter Writing Program and to helping community charities raise money for various causes. They also raise money from among their members to support community ventures such as literacy programs, food hamper drives at Christmas and Easter and various charities to help children, the homeless, the sick and infirm.

Forget about all the fun you'll have, your membership also has great benefits!

Here are just a few of the exclusive offerings you'll enjoy as a Heritage Club Member.

- Access to Johnson Insurance discounts
 - Home and Automobile
 - Travel Insurance (MEDOC)
- GoodLife Fitness discounts (Gym)
- Choice Hotels discounts
- Scholarships for children and grandchildren of members
- Collette Tour discounts

[JOIN TODAY!](#)

*Please note there is a nominal membership fee.

Below the text is a red banner titled 'OUR PARTNERS' with logos for Johnson Insurance, MEDOC, GoodLife Fitness, and Collette Tours.

2023 EVENTS



February 11 Valentines Day

We celebrated this special day with our members at the Mandarin restaurant with Hearts and Chocolates.

Breakfast Meetings, Peters – March & July

Our breakfast get-together at Peter's Restaurant on Eglinton was very successful. It was so successful that we held it twice. Peters are known for their six-inch corned beef sandwich so a lot of our members took home take-out containers. It was a great opportunity to catch up with friends and enjoy everyone's company. We are looking at various restaurants that feature a breakfast menu. Stay tuned for future dates and places.

Spring Mandarin April

St. Patrick's Day was celebrated by our members, especially those wearing green. *



Birthday Luncheon, August



We celebrated our members' birthdays at the Mandarin restaurant with many prizes. Also, members who attended had the option of receiving a future Birthday card recognizing their special day.

Mino Bimaadziwin Sept. 30

Our member, Barry Gilbert, who is the President of the Eagle Spirits of the Great Waters, celebrated his third gathering and healing ceremony. Our members were invited to attend and found it to be very informative for all who attended. We learned a great deal about the past life of indigenous people.

October 01- Mandarin Seniors Day

What a gathering at the Mandarin. We featured a half price Seniors Day. Members paid \$10 and \$15 for guests.

Niagara Falls Casino Trip, October

We travelled by bus to Niagara Falls for a day of gambling. Hopefully we will go again in the summer.

Halloween Luncheon, October



Costumes and masks were optional. Our members received a special treat from our ghostly vampire. We all had a spooky fun time. This event is never too old to celebrate. Boo!

Christmas December 04



A very merry celebration took place at the Mandarin restaurant. We brought a good volume of prizes and received good feedback from our 81 members.

NEWSWORTHY 2024 FUTURE EVENTS

I'm excited to see the many events that 2024 has in store for us and look forward to seeing you at one of our many functions. We'll be kicking this year off at the Open Cork Restaurant (Feb. 08) during the week of Valentine's Day. If you miss it, pop on our Facebook page to see photos of your friends enjoying an afternoon out.

We will be travelling to a casino by bus in 2024!

Celebrating Valentine's Day and Easter.

The Butterfly Conservatory in Niagara Falls or Cambridge.

Some of our top restaurants in Toronto will be one of our top features in 2024.

Stay tuned for more events and details in our upcoming 2024 newsletters.

If you have a favorite outing or restaurant that you feel our members would appreciate, please feel free to send us the information.

Charities Supported in 2023

In 2023 the Humber Chapter donated \$2125.00 to the following Charities.

Canadian Red Cross
Kid's Sport, Surrey B.C.
Mississauga Food Bank
Lions Foundation of Guard Dogs
Sick Kids Hospital
Royal Canadian Legion, Poppy division
Ontario Shore Mental Health
Covenant House
Salvation Army
Scott Mission
Fred Victor Society
Alzheimer Society
The Leukemia & Lymphoma Society
Canadian Red Cross (Ukraine)
Heart & Stroke
Caledonia Food Bank-The Exchange
Eagle Spirits of the Great Waters

Change of Address

Name _____
Old Address _____
New Address _____
City _____
Postal Code _____
Phone Number _____
Email _____

Your Benefits Survivor procedures:

To ensure the survivor of a retiree maintains pension, health and medical benefits, a number of contacts must be made after a retiree's death.

Access H.R. (1-877-807-9090) Retiree name, Employee I.D. number, Social Insurance Number, Copy of death certificate

C.P.C. Pension (1-877-480-9220) Retiree name & Employee I.D. Number, Address, Postal Code, Month and date of birth, Copy of death certificate, Copy of retiree's will.

Canada Life (1-866-716-1313) Retiree name, Employee number, copy of death certificate, Plan numbers - 51057 & 51391 **NOTE:** Very important to notify Canada Life as soon as possible in order to set up a new automatic withdrawal in the survivor's name in order to keep policy in force and maintain medical, dental and vision benefits.

C.P.P. / O.A.S. (1-800-277-9914) Retiree name, Social Insurance Number, copy of death certificate

NOTE: Besides the C.P.P. survivor pension, there is a Death Benefit payable to the survivor.

Superannuation (1-800-561-7930) Retiree name, Social Insurance Number, copy of death certificate, copy of marriage certificate **Note:** Sun Life benefit premiums for Superannuation survivor will be deducted directly from monthly survivor pension.

Canada Revenue Agency (1-800-959-8281) C.R.A. is to be contacted when a member or spouse passes to prepare for T-1 and T-3 form completion.

In Memoriam

It is with great sadness to share with you the list of Humber Heritage Club members who have passed away in 2023 or earlier.

Teasdale	Kenneth	Miller Lake
Curkan	Gary	Mississauga
Turner	Lloyd	Walkerton
Morin	George Philip	Mississauga
Neto	Carlos Sousa	Mississauga
Jones	Cecilia	Mississauga
South	W. Doug	Bramalea
Deleniana	Vergilio	Mississauga
Ready	Robert	Mississauga
O'Reilly	Mary Teresa	Mississauga
Oreto	Vincent	Oakville
Hollick	John	Mississauga
Megahey	John Gerald	Mississauga
Prajza	John	Toronto
Aiken	Bob	Hamilton
Chin	Florence	Mississauga
Foreman	Peter Herbert	Mississauga
Baxter	Joe	Wasaga Beach
Taylor	Brian	Etobicoke

If you are aware of any of our members who have passed away, please notify us. Humber Heritage Club will send a donation to the charity of choice of any one of our paid members.