



## **Golden Horseshoe Chapter - 9th Edition Newsletter, April 2026**

### ***President's Message***

Dear Members,

I hope this newsletter finds everyone in good health and spirits as we move into warmer weather. Since our last letter we have had a luncheon in St Catherines where we conducted the draws for the paid members, the Hockey Collectors' raffle, and the community volunteers. The winners and photos of our last winners will follow in this newsletter.

I encourage everyone to submit their community volunteer hours they donate to charity: meals on wheels, food banks, hospital seniors' home, Legion, etc. Where you donate your time is not relevant. Just send in your volunteer report. There are at least 2 draws annually: the Golden Horseshoe Chapter has a \$50 gift card draw for all recorded volunteers.

I have tried to recruit members to volunteer and participate with the Golden Horseshoe Chapter but to date, I haven't been very successful. Most of my Golden Horseshoe Executive have experienced health issues this year, like me, and I am so appreciative of them for providing whatever support that they could. I encourage you to add whatever support that you can to the Golden Horseshoe Chapter and help us to strengthen our commitment to our members and to improve our service. You don't have to commit to attending meetings, you could volunteer to help at local fund raisers. Please contact me at 905-436-5390 or email me with whatever support you are available to provide to: [jnglor2022@outlook.com](mailto:jnglor2022@outlook.com).

With the issues of Canada Post, now cancelling our annual funding, as well as our mailing privileges, it is now quite a bit more costly to mail out our newsletters and keep our membership informed. You will notice smaller fonts used, less content in the newsletters and fewer newsletters, all to keep costs down. This newsletter will only be provided to paying members and newly retired members, this allows the newly retired to become a paying member. I do want to mention the National Executive Team are providing some relief with the mailing cost for which we are grateful. Unfortunately, Canada Post and the Canada Post Heritage Club are still negotiating what support we can expect to receive. I will provide an update in the Fall.

I'm optimistic that the Heritage Club, now in its 37<sup>th</sup> year, can persevere. It is so nice to maintain ol' friendships and keep the camaraderie going. If you know of ways to any raise funds for our chapter, please let me know.

*Gloria*

Gloria MacDonald, President  
Golden Horseshoe Chapter

I want to thank everyone who renewed their club membership this year. We are grateful for your continued support. The Heritage Club is for anyone and everyone who worked for Canada Post regardless of their jobs, ranks, unions or associations and background, with 20 years of service. Most retired employees have similar desires: to have and enjoy social events, to be supportive for one another, and give back to society. The motto of the Heritage Club is "People helping People."

I am extremely lucky to have Saul Goldstein, Darlene Beauregard, Dave Kent, Gerry Neilson and their spouses to assist me with the Golden Horseshoe Chapter. Their support at events, assistance with membership notification and newsletter production is critical. Thank you so much for your help.

### Meet our Team!



Missing from the photo is David Kent and spouse: sorry about that Gen.



In the past, our Golden Horseshoe chapter has sponsored between 2 to 4 annual Mandarin lunches, in Burlington, Hamilton and Saint Catherines.

Of the many events/programs our chapter participates in, we would like to remind you that individual community service participation is also recognized. You will find a ballot at the end of this newsletter to record your community participation. Your community participation can be anything which supports your community, (hospital volunteer, meals on wheels, etc.). To recognize the contribution of our members community support, the Golden Horseshoe Chapter will have for volunteers a \$50 gift card draw at the end of December. Please identify your volunteer services to your community. Your support regardless of where you assist, is greatly appreciated.

For the members who are able and can attend our events, we have draws at the luncheons. But I would also like to remind everyone **that the paid members draw is for all paid members** and not exclusive to members who attend events. We realize that many of our members would like to be kept in touch, would like to benefit with club discounts etc., but may not be able to attend. Naturally, I encourage all members who can attend events to please participate.

#### **HELP WANTED**

To run a volunteer organization like ours, we need more people to care, to get involved, to step up and to help. Anyone able to participate with luncheons, collecting material for social events, assist selling raffle tickets, taking photographs, collection of money at events, and help with any tasks and is interested in any of the positions on the Committee, please contact me, Gloria MacDonald or any of our executive.

We are always appreciative of any donations provided to our chapter for door prizes, draws, or food banks items. Let us know if any friends or family members have items to donate.

#### **Our next Luncheon event: May 12, 2026, in St Burlington @ 12:00 noon** **We will collect food for the foodbanks**

The Senior member's cost for attending will be \$15.00 per paid member (or spouse), and \$25.00 for non-members senior. The cost includes tax, tips, and non-alcoholic drink. The Golden Horseshoe Chapter subsidizes the rest of the lunch costs for paid members.

Note: Please send in your request to attend this luncheon to Gloria MacDonald, on the included form as soon as possible so we can plan accordingly. If available space becomes an issue, members who have booked this event will be given priority seating.

If you pay for this event, then are unable to attend for health etc. reasons, you will either receive a refund or credit to the next event (your choice).

Please address all cheques to **Golden Horseshoe Chapter**, or e-transfers to the account at [jnqlor2022@outlook.com](mailto:jnqlor2022@outlook.com). **Any cheques not correctly addressed to the Golden Horseshoe Chapter will be returned.** Send below request to attend, along with cheque to:

**Gloria MacDonald  
Golden Horseshoe Chapter  
16 Watersdown Crescent  
Whitby ON L1R 1Z1**

**Mandarin Lunch Event Registration: May 12, 2026, Burlington 12:00 noon**

Mandarin Burlington On  
1881 Fairview St  
Burlington, On L7S 2K4  
905-632-6000

\$15.00 each per senior for member or senior spouse, non-member: \$25.00

I would like to attend:

Name:

Name of spouse (if applying as a couple):

Address:

City:

Postal Code:

Phone Number:

Email address: (optional):

Self: \_\_\_\_\_ Couple: \_\_\_\_\_ Amount Enclosed:\$ \_\_\_\_\_

**Make cheque to: Golden Horseshoe Chapter, 16 Watersdown Cres., Whitby ON L1R 1Z1**

Save the next date on your Calendar

**Our Christmas Luncheon event: December 1<sup>st</sup>, 2026, 12:00 Hamilton**  
**We will collect food for the foodbanks**

The senior member's cost for attending will be \$15.00 per paid member (or spouse), and \$25.00 for non-members. Non seniors will be also subsidized based on their cost. The cost includes tax, tips, and non-alcoholic drink. The Golden Horseshoe Chapter subsidizes the rest of the lunch costs for paid members.

Note: Please send in your request to attend this luncheon to Gloria MacDonald on the included form as soon as possible so we can plan accordingly.

If you pay for this event, then are unable to attend for health etc. reasons, you will either receive a refund or credit to the next event (your choice).

Please address all cheques to **Golden Horseshoe Chapter**, or e-transfers to the account at [inglor2022@outlook.com](mailto:inglor2022@outlook.com); **any cheques not correctly addressed to the Golden Horseshoe Chapter will be returned.** Send below request to attend, along with cheque to:

**Gloria MacDonald  
Golden Horseshoe Chapter  
16 Watersdown Crescent  
Whitby ON L1R 1Z1**

**Mandarin Christmas Lunch Event: Dec. 1, 2026, Hamilton @ 12:00 pm**

The Hamilton Mandarin  
1508 Upper James ST  
Hamilton On L9B 1K3  
905-383-6000

Seniors \$15.00 each per person for member or spouse, non-member: \$25.00.

I would like to attend:

Name:

Name of spouse (if applying as a couple):

Address:

City:

Postal Code:

Phone Number:

Email address: (optional):

Self: \_\_\_\_\_ Couple: \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_

**Make cheque to: Golden Horseshoe Chapter, 16 Watersdown Cres., Whitby ON L1R 1Z1**

**Membership**

**This Newsletter is for paid and new retirees therefore you have paid for this year and this is just a reminder that renewal for 2027 is Dec. 2026.**

Membership dues for the following year are due in December. Remember, annual dues paid by our members are instrumental in keeping our chapter alive and active. The dues go towards newsletters draws and events.

**Note: our paid membership currently has now reached 125 members: Thank you!**

New members applying to the Heritage Club will receive our Chapter's newsletters in the current year of their retirement and/or having achieved 20 years of service; after that, they need to signify their intent to join our Chapter by paying dues to the Golden Horseshoe Chapter, to continue receiving our communications.

Our membership year runs from **January to December** and costs only \$10 per member, or \$20 per couple. For the 2027 membership, please send dues in by December 15th, 2026. If you are a member but are no longer mobile, please join up anyways, you will be eligible for quarterly draws, newsletters, and Heritage Club discounts.

**Newsletter Distribution**

Newsletters will be produced at least 2 times annually and will be distributed to every member and associate who have paid their annual dues to the Chapter. Also, a general distribution was made once a year to every person who has applied for general membership to the Heritage Club in our Chapter area. Articles of general interest for the newsletter are always welcome.

Have you had any life events you would like the us to announce? Marriages, births, special anniversaries, special awards, deaths, hospitalizations, etc. Let us know so we can pay tribute.

**CHANGE OF ADDRESS NOTICE FORM**

Name:

Old Address:

New Address:

Postal Code:

Phone Number:

Effective Date:

**Volunteering**

The motto of the Heritage Club is “**People helping People**”; we would like to know of any activity you are currently participating in that benefits people and/or your community, such as fund raisers, work with health, religious or seniors’ organizations, coaching children’s groups, etc., and the hours you spend at it per month. This is one of the criteria we are measured on by CPC, and it affects our yearly funding. You can report these hours on your due’s renewal form.

There are many examples of volunteering, ways you can help your community and fellow man, and feel good about yourself: church, organizations, knitting groups, literacy and schools, Santa Letters, Heritage Club, library and museums, hospital and seniors’ homes, soup kitchens, food banks, meal on wheels, shut in programs, income tax prep, fund raisers, Christmas hamper programs, etc.

**Golden Horseshoe Volunteer Request**

Would you like to be a volunteer for the Chapter or be part of the Committee?

\_\_\_\_\_ Yes, I would like to be part of the Golden Horseshoe Chapter Committee.

\_\_\_\_\_ Yes, I would like to volunteer to help with events

If so, please call or text Gloria @ 289-675-4000, or send with your renewal envelope.

**Reporting your current Volunteer Work**

I currently volunteer my services at \_\_\_\_\_

I volunteer \_\_\_\_\_ days a week/month. For \_\_\_\_\_ hours

Please note: all community work is valuable and should be recorded.

The Golden Horseshoe Chapter would like to organize subsidized luncheons, outings, bus travel, annual banquet, and sports’ events for its’ members. Also, we would like to collect and donate food for the food banks at our events. We also make donations to various charities throughout the year. As many of our members generously donate their time to local, charity organizations, we would like to recognize them.

Do you have any suggestions for trips or special events you would like? Call or text: Gloria MacDonald, 289-675-4000.

### The Membership Benefits, Discounts and Advantages

- **Belairdirect, formerly Johnson Home and Car Insurance:** discounts of up to 35%.  
And Scholarship Opportunities.
- Discounts with **Belairdirect Travel Insurance (Formerly MEDOC)**
- **GoodLife Fitness:** discounts up to 30% off the regular all club access rates.
- **HearingLife:** hearing and noise protection aids, 10% discount and price matching
- **Discounts with SpecSavers.**
- Discounts at the **Columbia Sportswear Company Employee Store.**
- Discounts to **Golden Horseshoe Chapter** events and luncheons.
- Heritage Club **Scholarships opportunities** for your children and grandkids of \$2,000 per school year.
- Several newsletters a year to keep in touch.

**IMPORTANT:** To benefit from these discounts, you must mention your Heritage Club membership number, and you must have paid your membership dues to the Golden Horseshoe Chapter for the current year or more, otherwise coverage could be denied or terminated.

**Payment for dues and luncheons:** Cheques for luncheons, events and membership dues should be made out to: **Golden Horseshoe Chapter, then sent to Gloria MacDonald, 16 Watersdown Cres., Whitby ON L1R 1Z1.** Sorry for the frequent reminder of payment dues, but we have had a number of cheques requiring return for correction

### Your Committee Members

Gloria MacDonald, President

Patricia Stephenson, Membership Database

*Email: [jnglor2022@outlook.com](mailto:jnglor2022@outlook.com)*

Vice Presidents: Saul Goldstein, Darlene Beauregard, David Kent

J.P. Leguerrier, Assist Writer/Editor Newsletter

Gerry Neilson and spouse Irene, missing from our group photo



**Past Draw Winners**

Paid members draw 2025, of 130 paid members

Winner: Robert McMurray of Hamilton

Community Volunteer Draw 2025:

Winner: Darlene Beauregard of St Catherines

Special Raffle Draw NHL collector limited edition

Winner: Dave Price of Stoney Creek

**Some of our Winners at our last Christmas event!**



## SPECIAL RAFFLE OFFER

We have a lovely NHL limited edition collectors' item to raffle off. This 2014 Collector's Album, a \$99 value, honours Canadian Hockey legends Orr, Pilote, Kelly, Harvey, Howell and Horton, and includes a 48 page history written in association with the Hockey Hall of Fame.

Tickets are 1 for \$5 or 3 for \$10. You can purchase tickets: via e-transfer to [jnqlor2022@outlook.com](mailto:jnqlor2022@outlook.com), at our May luncheon or via mail. Please send mail requests early to avoid mail disruption delays.

There will be another draw at our next event for another Collector's Album, so stay tuned hockey fans!

Questions: please call Gloria MacDonald at 905-436-5390

**The 2014 NHL® Collector's Album - one of only 10,000 - features these exclusive, special edition collectibles:**

- An Official Upper Deck® Collector Hockey Card featuring legendary eight-time Norris Trophy winner Bobby Orr.
- A 70mm x 145mm (3" x 6") silver-plated metal plaque individually embossed with the familiar silhouette of the James Norris Memorial Trophy.
- Three silver-plated medallions, each engraved with the spectacular image of an important award: the Frank J. Selke Trophy, the Calder Memorial Trophy and the King Clancy Memorial Trophy.
- A 48-page bilingual full-colour booklet written in association with experts at the Hockey Hall of Fame that recounts the exhilarating story and classic rivalries of the Original Six era, plus career highlights of the six great Canadian defencemen.

**L'Album de collection sur la LNH® de 2014, dont le tirage est limité à 10 000 exemplaires, contient les articles de collection exclusifs « édition spéciale » suivants :**

- Une carte de hockey de collection officielle Upper Deck® mettant en vedette le légendaire Bobby Orr, huit fois gagnant du trophée Norris.
- Une plaque au fini argent (70 mm sur 145 mm (3 po sur 6 po)) représentant en relief le célèbre trophée commémoratif James-Norris.
- Trois superbes médaillons plaqués en argent et gravés à l'image du trophée Frank-J-Selke, ainsi que des trophées commémoratifs Calder et King-Clancy.
- Un livre bilingue de 48 pages couleur - rédigé en collaboration avec des experts du Temple de la renommée du hockey - raconte l'histoire envivante et les rivalités illustres de l'époque Original Six, ainsi que les faits saillants de la carrière de six grands défenseurs canadiens : Bobby Orr, Pierre Pilote, Red Kelly, Doug Harvey.

Name _____	Phone# _____
Address _____	

Name _____	Phone# _____
Address _____	

Name _____	Phone# _____
Address _____	