



Golden Horseshoe Chapter - 7th Edition Newsletter, November, 2025

President's Message

Dear Members,

I apologize for the long delay in newsletters. This year has been extremely complicated, between personal family issues, Canada Post strikes and unbeknown to our heritage members, Canada Post has removed all support to our Heritage Club members and chapters. The most devastating is the removal of our mailing privileges/subsidies. Our National Executive committee has been working to obtain some form of compensation in line with our members' contribution to CPC related activities such as community grant and scholarship evaluations, Santa Claus letter writing, community charity fund raising and community volunteering.

During the last Heritage Club Presidents' Conference, it was agreed by all the chapter presidents that, until CPC provided some compensation and recognition of the Heritage Club support to CPC, the chapters would not support CPC projects. Therefore, I will not be supporting any of the above noted CPC initiatives. I will ask members to show who would be interested in participating in the activities (Santa Claus Letter writing), only if our Executive is able to reach a satisfactory solution. If CPC is unwilling to support our members, then we will not support CPC.

I have tried to recruit members to volunteer and participate with the Golden Horseshoe Chapter but to date, I haven't been very successful. Most of my Golden Horseshoe Executive have experienced health issues this year, like me, and I am so appreciative of them for providing whatever support that they could. I encourage you to add whatever support that you can to the Golden Horseshoe Chapter and help us to strengthen our commitment to our members and to improve our service. Please contact me at 905-436-5390 or email me with whatever support you are available to provide to: jnglor2022@outlook.com.

With the issues of Canada Post, now cancelling our annual funding, as well as our mailing privileges, it is now quite a bit more costly to mail out our newsletters and keep our membership informed. You will notice smaller fonts used, less content in the newsletters and fewer newsletters, all to keep costs down. Also, this will be the last total mailing to all available (retired) CPC employees. Newsletters will only be provided to paying members and newly retired members, this allows the newly retired to become a paying member.

I'm optimistic that the Heritage Club, now in it's 36th year, can persevere. It is so nice to maintain ol' friendships and keep the camaraderie going.

Gloria

Gloria MacDonald, President
Golden Horseshoe Chapter

Continued...

I want to thank everyone who renewed their club membership this year. We are grateful for your continued support. The Heritage Club is for anyone and everyone who worked for Canada Post regardless of their jobs, ranks, unions or associations and background, with 20 years of service. Most retired employees have similar desires: to have and enjoy social events, to be supportive for one another, and give back to society. The motto of the Heritage Club is "People helping People."

I am extremely lucky that have had Saul Goldstein, David Kent, and Darlene Beauregard and their spouses assist me with the Golden Horseshoe Chapter. Their support at events, assistance with membership notification and newsletter production is critical. Thank you so much for your help.

Membership renewal for 2026 usually starts in November but is required by December 31, 2025. Our membership fee is only \$10. The \$10 membership fee includes newsletters and entry to the paid members and community volunteers draws: a \$50 gift card each which is usually drawn twice yearly; also chapter luncheon subsidies.

Note: our paid membership currently has now reached 125 members: Thank you!

In the past, our Golden Horseshoe chapter has sponsored 6 Mandarin lunches, in Burlington and Hamilton.

Of the many events/programs our chapter participates in, we would like to remind you that individual community service participation is also recognized. You will find a ballot at the end of this newsletter to record your community participation. Your community participation can be anything which supports your community (hospital volunteer, meals on wheels, etc.). To recognize the contribution of our members community support, the Golden Horseshoe Chapter will have for volunteers a \$50 gift card draw at the end of December. Please identify your volunteer services to your community. Your support regardless of where you assist, is greatly appreciated.

For the members who are able and can attend our events, we have draws at the luncheons. But I would also like to remind everyone that the paid members draw is for all paid members and not exclusive to members who attend events. We realize that many of our members would like to be kept in touch, would like to benefit with club discounts etc., but may not be able to attend. Naturally, I encourage all members who can attend events to please participate.

HELP WANTED

To run a volunteer organization like ours, we need more people to care, to get involved, to step up and to help. Anyone able to participate with luncheons, collecting material for social events, assist selling raffle tickets, taking photographs, collection of money at events, and help with any tasks and is interested in any of the positions on the Committee, please contact me, Gloria MacDonald or any of our executive.

We are always appreciative of any donations provided to our chapter for door prizes, draws, or food banks items. Let us know if any friends or family members have items to donate.

Our next Luncheon event: December 17th, 2025, 12:00 noon

The Member's cost for attending will be \$15.00 per paid member (or spouse), and \$25.00 for non-members. The cost includes tax, tips, and non-alcoholic drink. The Golden Horseshoe Chapter subsidizes the rest of the lunch costs for paid members.

Note: Please send in your request to attend this luncheon to Gloria MacDonald on the included form as soon as possible so we can plan accordingly. If available space becomes an issue, members who have booked this event will be given priority seating.

If you pay for this event, then are unable to attend for health etc. reasons, you will either receive a refund or credit to the next event (your choice).

Please address all cheques to **Golden Horseshoe Chapter**, or e-transfers to the account at jnglor2022@outlook.com; **any cheques not correctly addressed to the Golden Horseshoe Chapter will be returned.** Send below request to attend, along with cheque to:

**Gloria MacDonald
Golden Horseshoe Chapter
16 Watersdown Crescent
Whitby ON L1R 1Z1**

Mandarin Lunch Event Registration: Dec. 17, 2025 Hamilton

@ 12:00 pm

The Hamilton East Mandarin
1223 Barton St. East Suite 501 905-547-6000

\$15.00 each per person for member or spouse, non-member: \$25.00

I would like to attend:

Name:

Name of spouse (if applying as a couple):

Address:

City:

Postal Code:

Phone Number:

Email address: (optional):

Self: _____ Couple: _____ Amount Enclosed: \$ _____

Make cheque to: Golden Horseshoe Chapter, 16 Watersdown Cres., Whitby ON L1R 1Z1

Membership

Membership dues for the following year are due in December. Remember, annual dues paid by our members are instrumental in keeping our chapter alive and active. The dues go towards newsletters draws and events.

New members applying to the Heritage Club will receive our Chapter's newsletters in the current year of their retirement and/or having achieved 20 years of service; after that, they need to signify their intent to join our Chapter by paying dues to the Golden Horseshoe Chapter, to continue receiving our communications.

Our membership year runs from **January to December** and costs only \$10 per member, or \$20 per couple. For the 2026 membership, please send dues in by Dec 15, 2025. If you are a member but are no longer mobile, please join up, you will be eligible for quarterly draws, newsletters, and Heritage Club discounts.

Paying your dues

Please address Cheques for luncheons and membership dues to Golden Horseshoe Chapter. You may also pay by e-payments, inglor2022@outlook.com.

MEMBERSHIP DUES RENEWAL SLIP Dues are \$10.00 due by Dec of each year.	
Name: _____	
Name of spouse (if applying as a couple): _____	
Address: _____	
City: _____	Postal Code: _____
Phone Number: _____	
Email address: (optional): _____	
Dues for Self: _____ Couple: _____ Amount Enclosed: \$ _____	
Is this a Renewal: _____ or a New Membership: _____	
Please make cheques out to: Golden Horseshoe Chapter And mail application with cheque to: Gloria MacDonald (President) Golden Horseshoe Chapter 16 Watersdown Crescent, Whitby ON L1R 1Z1 PLEASE SELECT WHERE YOU PREFER YOUR EVENTS WITH AN ☒ HAMILTON _____ ST CATHARINES _____ BURLINGTON _____	

Newsletter Distribution

Newsletters will be produced at least 2 times annually and will be distributed to every member and associate who have paid their annual dues to the Chapter. Also, a general distribution will be made once a year to every person who has applied for general membership to the Heritage Club in our Chapter area. Articles of general interest for the newsletter are always welcome. Have you had any life events you would like the us to announce? Marriages, births, special anniversaries, special awards, deaths, hospitalizations, etc. Let us know so we can pay tribute.

CHANGE OF ADDRESS NOTICE FORM	
Name: _____	
Old Address: _____	
New Address: _____	
Postal Code: _____	
Phone Number: _____	Effective Date: _____

Volunteering

The motto of the Heritage Club is “**People helping People**”; we would like to know of any activity you are currently participating in that benefits people and/or your community, such as fund raisers, work with health, religious or seniors’ organizations, coaching children’s groups, etc., and the hours you spend at it per month. This is one of the criteria we are measured on by CPC, and it affects our yearly funding. You can report these hours on your due’s renewal form.

There are many examples of volunteering, ways you can help your community and fellow man, and feel good about yourself: church, organizations, knitting groups, literacy and schools, Santa Letters, Heritage Club, library and museums, hospital and seniors’ homes, soup kitchens, food banks, meal on wheels, shut in programs, income tax prep, fund raisers, Christmas hamper programs, etc.

Golden Horseshoe Volunteer Request

Would you like to be a volunteer for the Chapter or be part of the Committee?

_____ Yes, I would like to be part of the Golden Horseshoe Chapter Committee.

_____ Yes, I would like to volunteer to help with events

If so, please call or text Gloria @ 289-675-4000, or send with your renewal envelope.

Reporting your current Volunteer Work

I currently volunteer my services at _____

I volunteer _____ days a week/month. For _____ hours

Please note: all community work is valuable and should be recorded.

The Golden Horseshoe Chapter would like to organize subsidized luncheons, outings, bus travel, annual banquet, and sports’ events for its’ members. Also, we would like to collect and donate food for the food banks at our events. We also make donations to various charities throughout the year. As many of our members generously donate their time to local, charity organizations, we would like to recognize them.

Do you have any suggestions for trips or special events you would like? Call or text: Gloria MacDonald, 289-675-4000.

The Membership Benefits, Discounts and Advantages

- **Belairdirect, formerly Johnson Home and Car Insurance:** discounts of up to 35%. And Scholarship Opportunities.
- Discounts with **Belairdirect Travel Insurance (Formerly MEDOC)**
- **GoodLife Fitness:** discounts up to 30% off the regular all club access rates.
- **HearingLife:** hearing and noise protection aids, 10% discount and price matching
- **Discounts with SpecSavers.**
- Discounts at the **Columbia Sportswear Company Employee Store.**
- Discounts to **Golden Horseshoe Chapter** events and luncheons.
- Heritage Club **Scholarships opportunities** for your children and grandkids of \$2,000 per school year.
- Several newsletters a year to keep in touch.

IMPORTANT: To benefit from these discounts, you must mention your Heritage Club membership number, and you must have paid your membership dues to the Golden Horseshoe Chapter for the current year or more, otherwise coverage could be denied or terminated.

Payment for dues and luncheons: Cheques for luncheons, events and membership dues should be made out to: **Golden Horseshoe Chapter, then sent to Gloria MacDonald, 16 Watersdown Cres., Whitby ON L1R 1Z1.** Sorry for the frequent reminder of payment dues, but we have had a number of cheques requiring return for correction.

Your Committee Members:

Gloria MacDonald, President, Membership Database

Email: jnglor2022@outlook.com

Gail Bourhill, Past President and Webmaster

Vice Presidents: Saul Goldstein, David Kent, and Darlene Beauregard

J.P. Leguerrier, Assist Writer/Editor Newsletter

SPECIAL RAFFLE OFFER:

We have a lovely NHL limited edition collectors' item to raffle off. This 2017 Collectable honours Canadian Hockey legends Richard, Béliveau, Howe, Orr, Lemieux and Gretzky.

Tickets are 1 for 5\$ or 3 for 10\$. You can purchase tickets: via e-transfer to inglor2022@outlook.com, at our Dec. luncheon or via mail. Please send mail requests early to avoid mail disruption delays.

Questions: please call Gloria MacDonald at 905-436-5390

