

Winter Newsletter 2023

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Penguin walk at the Calgary Zoo

The Executive of the Chinook Heritage Club extend best wishes to all for a happy, bright and safe Holiday Season.

Thank you for supporting the Chapter, especially those that come out to the social gatherings we offer during the year.

I also want to thank the members who donate above the membership fee to the Club. Your generosity is appreciated.

Thank you to those of you who volunteer your time to assist at our events.

Let's look forward to a Happy New Year.

All my best, Kathy



WELCOME NEW MEMBERS

Welcome to new members who recently joined the Chinook Chapter of the Heritage Club

Verly Astly	Jacqueline Strong
Susan Goodwin	Linda Wigeland
Donna Kroeger	Valerie Wise

ANNUAL GENERAL MEETING

Our annual General Meeting was held on October 31, 2023.

Starting bank Balance (January 1, 2023) : \$15,419.47

Current Bank Balance (October 31,2023): \$16,555.94

Main Expenses are donations to Alberta charities, subsidized luncheons and subsidized Stage West Productions. Our books will be audited by Heritage Club member volunteers early January for the 2023 fiscal Year.

Membership is up from 2022. We are welcoming back past members who have been absent a few years and we are gaining new members. Please continue to promote the Club to fellow employees/ retirees.

We have over 400 paid members but we struggle to get support for our functions. If you have an idea for activities, please advise us. Our contact information is available online at the Canada Post Heritage club site and at the back of every newsletter.

CHRISTMAS LUNCHEON

Our annual Christmas Luncheon was held on December 5, 2023. There were 40 members in attendance. The luncheon was a great success. The meal was excellent, and there was a lot of table hopping, as friends greeted friends. We donated over 45 toys and cash to Toy Mountain. We donated 161 pounds of food to the Veterans Food Bank. Thanks to Kathy Duffin for organizing the luncheon and delivering the toy donations. Thanks to Terry and Trudy for delivering the food donations.



Christmas Luncheon

Payments for Heritage Club Chinook Chapter For 2024

Membership Renewal for 2024 : \$10.00 per member. Clearly identify if you are paying for multiple years.

Donations to the club should be clearly identified. Thank you to those who do add donations.

As stated earlier we are offering a new option for Dues Payment.

E-Transfer to paiddueschinook@gmail.com

Please ensure your name is on the E-transfer and that you add any pertinent message in the Message box. Please still return your Renewal form as there is other information on the form that we collect.

The old way still works. Address your renewal plus cheque or money order to :

Chinook Chapter Heritage Club

P.O. Box 36118 Lakeview R.P.O.

Calgary Ab. T3E 7C6

PAID DUES MEMBERSHIP BENEFITS:

Special rates for Johnson's (now Belaire Direct) Travel Insurance. Discounts up to 35% on Belaire Home and Auto Insurance.

Membership at Good Life Fitness at approximately 50 % off regular club fee.

Dues money supports local charities.

Scholarship opportunities for your children and grandchildren of \$2,000.

Membership Cards

Membership cards will not be sent out every year anymore. In 2024 you will receive a laminated membership card . This is the only card we will automatically send. Put it in your wallet or in your sock drawer...try not to lose it.

Your membership number is required for accessing benefits such as Good Life Fitness and Belaire Insurance (Johnson's Insurance' s new name).

In future years we will acknowledge receipt of your membership dues by email. If you don't have an email address we will acknowledge receipt by lettermail.

We will also send your Membership renewal to you by lettermail with a return envelope. The Membership renewal also has your membership number on it.

You can always contact us by email at heritagechinook@gmail.com to request replacement of a lost card.

Santa Letter writing Program

This year we had 27 volunteers from Chinook Chapter answering Santa letters. We had a slow start receiving letters from the kids but we are getting good volumes now. Thank you to all the volunteers with the Santa Letter Writing Program.



This is the most recent Travel information from the Van Fraser Heritage club. Please see “Note” at the bottom of the page for contact information if you see something interesting.

September/October 2023

2024-25 VAN FRASER HERITAGE CLUB TRAVEL OPPORTUNITIES

January 4 / 24 22 night South America / Antarctic cruise on the Oosterdam, from Santiago, Chile to Buenos Aires, Argentina. Fred Danells, Van Fraser Heritage Club, will be hosting and sharing his experience having already doing this cruise 6 times! Visit Santiago, Puerto Montt and Port Chacabuco, Chile; cruise Chilean Fjords, Strait Magellan, visit Puerto Montt, Chile; Punta Arenas, cruise the Cockburn, Beagle Channels, Glacier Alley, Ushuaia, Argentina, be amazed as you cruise through Antarctic for 4 days before heading up to the Falkland Islands, Port Madryn, Puntos Este and Montevideo, Uruguay and overnight on the ship in Buenos Aires. Fly from Vancouver to Santiago, Chile and return from Buenos Aires. Inside cabins start at \$3200.00 plus taxes \$591.00 cad per person. Air and pre-cruise hotel are extra. January 29/24 22 night South America/Antarctic cruise on Oosterdam, from Buenos Aires to Santiago, Chile— reverse itinerary of above cruise. You can do either of the 22 day cruises or stay on board for 44 days.

February 3/24 21 nights Caribbean Fort Lauderdale return on the Eurodam. Visit Saint Maarten, St. Johns, Saint Lucia, Dominica, St. Kitts, St. Thomas, Half Moon Cays, Jamaica, Cayman Islands, Belize, Cozumel and Key West. Insides from \$3345.00 plus taxes \$585.00 cad pp.

Note: you can also do this cruise for just 10 days if you want less time away. Call for prices.

April 13/24 20 nights Panama Canal Cruise Fort Lauderdale to Vancouver on the Eurodam. Visit Cartagena, Columbia; transit Panama Canal; Puntarenas, Costa Rica; Nicaragua; Guatemala; Huatulco, Mexico; Puerto Vallarta; San Diego; Santa Barbara; San Francisco and disembark in Vancouver. Inside cabins from \$2604.00 plus taxes \$897.00 CAD per person. Air one way to Fort Lauderdale extra.

July 11/24 11 nights cruising Alaska on the Queen Elizabeth. Visit Icy Strait point (Hoonah), Glacier Bay National Park, Hubbard Glacier, Haines, Juneau, Wrangell!, Misty Fjord!, and Ketchikan as well as cruising Inside Passage. FOR THOSE WHO MISSED THE CUNARD EXPERIENCE — back again next summer! Book now to get choice of cabin and dining time and enjoy traditional cruising. Insides begin at \$1873.00 plus tax \$345.00 cad pp. Fred Danells will be hosting this cruise.

October 1/24 13 nights on the Quantum of the Seas, cruising from Vancouver to Honolulu, visit Victoria, Seattle, overnight in San Francisco, overnight in Maui and arrive Honolulu. Fly home direct from Honolulu or stay a few nights in a hotel. You can also stay on board and cruise an additional 18 days to Sydney, Australia. Call the Heritage Club office for details.

June 8/25 28 nights “Cross the Arctic Circle” on the Westerdam, Seattle return. Visit Ketchikan, Sitka, Hubbard Glacier, Valdez, College Fjord, Seward, Dutch Harbour, Nome, cross the Arctic Circle during the summer solstice, Kodiak, Anchorage (overnight), Homer, Glacier Bay, Haines, Juneau, Wrangell, cruise Tracy Arm, Prince Rupert and end in Seattle. Fred Danells will be hosting this one. Insides from \$6450.00 plus taxes \$933.00 CAD per person. Only one trip a season!

Note: Be sure you have adequate out of country medical and trip cancellation insurance before confirming your trip. Call your Heritage Club office, for information on Johnson (soon to be Belair) Medoc insurance. Prices available at time of printing and may change at any time. Call: 604-482-4311 or email Van Fraser Heritage Club: vanfrasernews@gmail for more

Contacts For Your Heritage Club:

By Mail:

P.O. Box 36118 Lakeview R.P.O.

Calgary Ab. T3E 7C6

President: Kathy Cunningham

First Vice President: Kathy Duffin

Second Vice President: Carolyn Paulson

Acting Treasurer: Laurie Reid

Secretary: Evelle Rock

You can reach Kathy Cunningham by phone at 403-287-8618.
Please leave a message.

You can contact us by email at :

heritagechinook@gmail.com

2024

Chinook Chapter Heritage Club

(Circle applicable case) NEW MEMBER - PREVIOUS MEMBER

Registration and Dues Form

Members Name (please print) _____

Name of significant other _____

Address: _____

City/Town: _____ Prov _____ Postal Code: _____

Email Address: _____

Telephone Number: _____

Start Date with CPC: _____ mo/day/year

Are you retired? Y/N Date of Retirement _____ **Years of Service** _____

Any comments, suggestions and interests you would like to share with us:

TRAVEL _____ SANTA LETTERS _____ GOLF _____

COMMITTEE WORK (ASSIST CHAPTER EXECUTIVE) _____

LUNCH WITH OTHER MEMBERS IN YOUR AREA _____

CULTURAL _____

TOTAL NUMBER OF HOURS YOU HAVE DONATED IN 2023 _____

**Please make cheque (\$10.00) payable to:
Chinook Chapter, Heritage Club**

MAIL TO:

**ATTN: Kathy Cunningham, Treasurer
Chinook Chapter Heritage Club
PO BOX 36118 LAKEVIEW RPO
CALGARY AB T3E 7C6**