



Presidents Message

Hello All,

Another Spring is upon us. After two long years of Covid and with most of us fully vaccinated we may finally see a brighter future ahead of us. As the days get longer and the weather gets warmer I know that we all will be wishing to get out and socialize with family and friends. We hope you continue to exercise caution and socialize safely.

The Chinook Chapter was inactive for all of last year. The restrictions placed upon us by the Provincial government made it virtually impossible to hold even a simple luncheon and, to be fair, very few of our members where ready to reengage in that endeavor. We are hoping that 2022 will be better and we will able to re-start some of our annual events, like our luncheons, and hopefully we will be able to arrange our AGM this year.

The executive of the Chinook Chapter hope that the information provided in our quarterly newsletters is beneficial to you and your family members. We try to keep you up to date on any upcoming Social events, important contact information for benefits, our involvement in Canada Post programs and other information that helps connect you and other retirees and co-workers. We have received support from our members regarding the Newsletters and we always appreciate your comments and questions.

Have a great Spring everyone and...

Stay Positive! Stay Safe! Stay Healthy!

Laurie Reid President. Chinook Chapter, Calgary

2022 Spring Edition Issue #56



"Retirement: a time to enjoy all the things you never had -CATHERINE PULISFER



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Welcome to Members who recently registered with the

Heritage Club - National Office

Kerri Guillaime - Calgary Jacqueline Strong - Crossfield Moira Warnock - Lethbridge

Welcome to New Members of the Chinook Chapter

Lynn Barrie - Champion Elizabeth Dunham - High River Daniel Hopkins - Wheatland County Carson Jarvis - Red Deer Tim Lee - Carstairs Steve Mills - Calgary Catherine Reisler - Airdrie



The Chinook Chapter is pleased to advise that we have no reported Deaths in this quarter.



TO OUR VOLUNTEERS!

Thank you to all of our volunteers. For the second year in a row we have had to cancel several of our planned events due to Covid. Many of our members, however, did not cancel their volunteerism. 64 of our members reported a total of 8,260 volunteer hours. This is really great and shows that our members still manage to help out when and where needed and understand the Heritage Club motto of : "People helping People." Great job everyone!

If any member has any pictures or stories they would like us to publish, please send them to us and we will include them in our next newsletter.



Now that the Province has re-opened without restrictions we are hopeful that we will be able to start our Luncheons up again. The executive will be discussing this shortly and we will advise you all soon with details of when and where. Stay tuned!



As mentioned in our Year-end Newsletter we had not tabulated our contribution to the Santa Letter Writing program. We are now happy to report that the 56 members of the Chinook Chapter who volunteered last year, answered 6,245 Letters putting in a total of 520 Hours.

The executive of the Chinook Chapter would like to thank these members who still offer their support to this program thru thick and thin, every year that we request their support, and despite the ongoing Covid pandemic last year.

Thanks again everyone and we hope that we are able to increase our member volunteers for this worthwhile program next year!

APPLY FOR SCHOLARSHIPS

HERITAGE CLUB SCHOLARSHIP PROGRAM - 2022

The Heritage Club is planning to award three (3) scholarships to children or grand children of all dues paying members of the Heritage Club. The scholarships are valued at \$2,000 each for university or college studies. The scholarships will be awarded to students starting, for the first time, their first year of full time studies.

ELIGIBILITY CRITERIA

Dependent children, including adopted children and stepchildren, grandchildren, wards in legal guardianship of all active members (dues paying member for the last 2 years) of a Heritage Club Chapter. Applicants who have previously received a Heritage Club scholarship are not eligible.

ELIGIBLE INSTITUTIONS

These scholarships are applicable to all Canadian educational institutions which have provincial degreegranting powers or their affiliates and at Canadian colleges or CEGEPs*.

QUALIFICATIONS OF APPLICANTS

Applicants must have completed the requirements for admission into the first year of an undergraduate degree program or college diploma program at a recognized educational institution. Applicants must have obtained an average of 75% (or equivalent) on the best 5 academic courses (see list of academic courses below) in the final year of secondary school or CEGEP (pre-university education). If applicants interrupt their schooling, the maximum period permitted between the completion of secondary school or CEGEP (pre-university education) and the commencement of an undergraduate university degree program or college diploma program is 1 year. During this period, students may NOT have undertaken postsecondary courses.

ACADEMIC COURSES - GRADE 12/CEGEP

Language Arts, Mathematics, Pure Mathematics, Applied Mathematics, Science, Biology, Chemistry, Physics, Social Studies, Geography, History, Literature, Accounting, Computer Graphics, Law. French, English or any one language.

SELECTION OF SCHOLARSHIP RECIPIENTS

The jury is comprised of the Heritage Club executive committee members. The evaluation will be based on scholastic ability, character and leadership qualities at school and in the community. Decisions of the jury are final and without appeal.

APPLICATION DEADLINE

Submissions must be postmarked on or before June 30, 2022.

HOW TO OBTAIN AN APPLICATION PACKAGE

Please visit the Heritage Club website at heritageclub.ca or contact Eldred Holmes at holmese@nl.rogers.com

My Insurance



Scholarship Program 2022 OPEN: April 28, 2022

The 2022 Johnson Inc. Scholarship Program is scheduled to open on April 28, 2022.

With a Johnson scholarship behind you, you have everything in front of you. Since 1998, the Johnson Scholarship Program has awarded over \$1,000,000 in scholarships and academic grants to students across Canada.

Please visit this website for scholarship program updates and to access the application form and obtain full requirements and submission instructions.

Who May Apply

To apply, applicants must be:

- a resident of a province or territory of Canada;
- completing high school in 2022; and
- enrolled in an undergraduate program on a full-time basis for the 2022-2023 academic year at a recognized publicly funded Canadian post-secondary institution or CEGEP (if living in

the province of Quebec).

Applicants must also fall into at least one of the following categories:

- have a
 - home or car insurance policy through Johnson or
 - MEDOC travel insurance policy or
 - group benefits plan (such as health, dental or life insurance) through Johnson
- be a member or employee of a Johnson recognized group* (policy not required);
- have a parent/guardian or grandparent who has a
 - home or car insurance policy through Johnson or
 - MEDOC travel insurance policy or
 - group benefits plan (such as health, dental or life insurance) through Johnson
- have a parent/guardian or grandparent who is a member or employee of a Johnson recognized group* (policy not required); OR
- be a child/grandchild of a Johnson employee.

Online Application Form

Applications shall be submitted on the completion of the applicant's graduating year of high school.

A completed application must be submitted by **July 28, 2022** and must include a transcript for the period of September 2020 to December 2021. **NOTE:** Recognizing the impact of COVID-19, SPC will accept unofficial transcripts – bearing the student's name and date – from student accounts where official transcripts are not available.

Please return to this website when our program opens to access the online application form and obtain full requirements and submission instructions.

For More Information

If you require further information, please call toll free <u>1-844-567-1237</u> or email <u>scholarshipfund@johnson.ca</u>.

*A "recognized group" means an employer group, professional association, alumni association, union or other group that has an insurance program agreement currently in force with Johnson.





As we indicated in your 2021 Fall Newsletter your membership dues for 2022 are due. We still have 35 members who have not renewed their membership for this year. <u>This is a friendly reminder.</u> We appreciate the support of all of our members and look forward to your questions, response and involvement with our Chapter as an active member. If membership renewals are not received then we cut back our Newsletters from quarterly to Fall only.

If you still have your <u>2022 "Green" Membership Renewal</u> form sent out in September, please return it to the Chapter as soon as possible, along with your \$10.00 dues if your membership is still outstanding. If you are paying dues for multiple years, please note that on the form. Should you choose a more generous fee for 2022 please note what amount is beyond the basic fee and indicate same as a donation on the form. Thank you!

If you are not sure if you have paid your dues for 2022 or have paid your dues but have not received your 2022 membership card please contact the Chapter at: heritagechinook@shaw.ca.

Return your Form

If you have already paid your dues and received your membership card for 2022 <u>but still have your GREEN "Active Membership Information"</u> <u>sheet</u> it needs to be returned to the Chinook Chapter Heritage Club for Administrative purposes.



The Chinook Chapter wants to make sure we have updated information on file for all members. If any member has an update to their address, phone or email, please contact the Chapter and send your updates to our email address:

heritagechinook@shaw.ca

Membership Benefits

There are many benefits to joining and maintaining active status with the Heritage Club:

- Access to MEDOC Travel Insurance through Johnson Insurance. A comprehensive group travel insurance plan that provides up to \$5 Million emergency medical coverage when travelling outside your province or outside of Canada, for an unlimited number of trips less than 40 days. Extended coverage is available for up to 182 days. This is one of the most affordable travel policies around.
- Access to reduced rates on Home and Auto Insurance through Johnson Insurance. Discounts of up to 35%
- Access to reduced membership fees at Goodlife Fitness. Members of the Heritage Club receive a 50% discount off of the regular price. This includes access to all Goodlife locations. World renowned Group Fitness classes and professional trained staff to assist you. You must be a paid member of the Heritage Club (through the Chinook Chapter) to get the discount and you will require your Heritage Club Membership number to access the program.
- Access to a great Corporate rate at all Choice Hotel properties worldwide. This includes Comfort Inns, Quality Inns, Econo Lodge and Rodeway Inns.
- Telus Mobility Heritage Club/Canada Post Purchase Plan. Discounts on cellular phones and cellular phone service. Available from an Ontario dealer, however, they ship for free. Cell plans are very competitive - members should check prices locally as well.
- Heritage Club Scholarship Programs. The Heritage Club awards three (3) Scholarships to children and grandchildren of all dues paying members of the Heritage Club.

Please check our website at : heritageclub.ca for further information on all benefits associated with Membership.



National Heritage Club:

Our National Heritage Club is in the process of revamping our National Site. Stay tuned for an update on the opening of our New improved site.



Your Benefit Contact Numbers

Canada Post Pension Site: 1-800-480-9220 Gov't of Canada Superannuation: 1-800-561-7930 Canada Pension Plan/Old age Security: 1-800-277-9914 Canada Post Extended Health Plan (Canada Life) 1-866-249-5723 Sun life Insurance: 1-800-361-6212 Access H.R. - CPC Human Resources: 1-877-807-9090

Survivor Benefits;

As a Canada Post employee, many of your benefits will continue upon your death. To make certain the survivor of a retiree maintains the pension, health and medical benefits several contacts must be made after the retiree's death.

Access H.R. 1-877-807-9090 Retiree name Employee I.D. number Social insurance number Copy of death certificate

<u>C.P.C. Pension – 1-877-480-9220</u> Retiree name Employee I.D. number Postal code Month and date of birth Copy of death certificate <u>Superannuation – 1-800-561-7930</u> Retiree name Social insurance number Copy of death certificate

<u>C.P.P. /O.A.S. – 1-800-277-9914</u> Retiree name Social insurance number Copy of death certificate Note: Besides the survivor pension there is also a death benefit payable to the survivor.

<u>Canada Life Assurance – 1-866-249-5723</u> <u>Retiree name</u> Employee number Copy of death certificate Plan number Emailed notifications: If we have your correct email address on file, we will communicate with you by that means. One exception is our Fall Newsletter which is mailed to everyone.

If you prefer to receive our Spring/Summer/Year-end Newsletters via Canada Post please indicate (hardcopy) on the registration form beside the email address line.

However, it is beneficial for you to provide your email address, because we will have the means to quickly distribute information that is pertinent to the pensions or an event that may be of interest to you. Provide us with the email address but write (hardcopy) beside it so we know you are an exception for quarterly newsletters. Also, if you are on Facebook, keep an eye on our Chinook Chapter Heritage Club page for posts.

Contact

Chinook Chapter Heritage Club PO BOX 36118 LAKEVIEW RPO CALGARY, AB T3E 7C6

heritagechinook@shaw.ca

All contact with the Chapter may be handled through written correspondence to our address, email or via Facebook

Check out our Heritage Club National Website: hhtp://heritageclub.ca

This is your Newsletter

Do you have any ideas or suggestions for activities, projects or even charitable contributions for our Club.



Your Executive:

President: Laurie Reid 1st Vice Pres.: Katrina Duffin 2nd Vice Pres.: Carolyn Paulson Treasurer: Kathryn Cunningham Secretary: Evelle Rock What's happening in your Town or City? Do you have an article you would like us to publish? Do you need help organizing a Luncheon or event in your area? Let us know. We can help.

This is your club, help us to give you what you want!

