



NEWS

Chinook Chapter Heritage Club

Presidents Message

Hello All,

I hope this newsletter finds everyone safe, well and in good health or as good as can be expected in this turbulent time.

As my first year as President of the Chapter ends I find myself reflecting on Year 2020. What a year it has been. Commencing with a World-Wide Pandemic, Quarantine, Face Masks, Hand Sanitizer, Social Distancing, Curbside Pick-up, Working from Home, On-Line Learning and lots of Netflix.

It has been an idle year for many of the Heritage Club Chapters across the country, something that is not usual for a Club which promotes Volunteerism and Socialization. Most of the events we had planned for the Chapter were Cancelled due to Covid-19. We are happy to report that we did manage to get in 6 Luncheons this year as well as our AGM and all were done safely and as per Regulated Provincial Safety Guidelines.

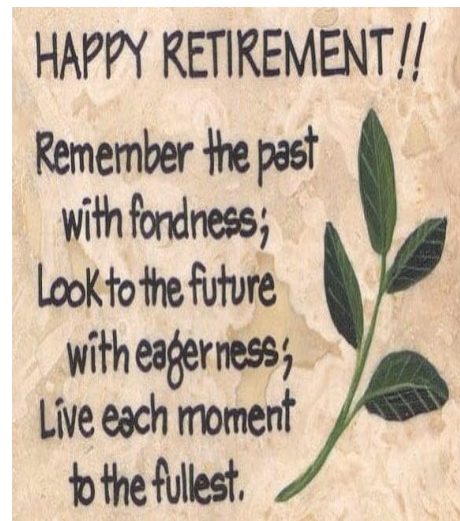
Covid-19 did not allow us to go beyond a few events and for the first time in over 30 Years, the Heritage Club had to cancel the National AGM. Going forward into 2021 we hope for a year of Recovery and Normality. A chance to once again engage with each other and the world.

On a personal note, I would like to thank my fellow Executive members - Katrina, Carolyn, Kathryn and Evelle for your continued commitment and dedication to the Chapter. It is appreciated.

To every member of the Chinook Chapter I wish you a very Happy, Healthy and Prosperous New Year!

Laurie Reid
President,
Chinook Chapter, Calgary

2020
Year-End Edition
Issue #51



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**Welcome to Members who recently registered with the
Heritage Club - National Office**

Margo Gray - Penhold

Rosalie Reay - High River

Welcome to New Members of the Chinook Chapter

Fae Roberts - Calgary



**It is with great sadness that we announce the passing of
some of our members and co-workers:**

Allan Baekeland - Calgary

Margaret Callahan - Calgary

Erma (Ann) Jadeske - Calgary

Richard Krickler - Calgary

Judy Simmonds - Redcliff

**The Chinook Chapter sends our deepest condolences to
these members families, loved ones and friends at their
loss.**



DONATIONS & THANKS



CHARITABLE DONATIONS

At our Chinook Chapter Annual General Meeting and Luncheon held on October 29th, a motion was passed to consider adding Charities to our list, as due to COVID-19 the Chapter did not fund any outings this year.

Several motions were passed to donate: \$250.00 to the Calgary Food Bank, \$250.00 to the Veterans Food Bank, \$250.00 to Meals on Wheels (for our most vulnerable Seniors), \$250.00 to the Calgary Women's Shelter, \$300.00 to the Salvation Army and \$300.00 to the Calgary Brown Bagging for Kids program. We also donated, as in past years, \$100.00 each to the Calgary Legion #1, the Calgary Museum of the Regiments, the Lethbridge Legion Branch #4, the Medicine Hat Legion Branch #17 and the Red Deer Legion Branch #35.

2020 has been a very tough year for Charitable organizations all across our City and province. Our Chapter received several letters of "Thank's" for our Charitable contributions this year.

Calgary "Meals on Wheels" wrote to say that without our help, most of their clients would simply go hungry. The "Veteran's Food Bank" advised us that our Donation will benefit many Veterans and their families and that they were truly blessed to have wonderful supporters such as us. The "Calgary Food Bank" let us know that to have Community Members join them in ensuring that no Calgarian goes hungry is truly humbling and they were incredibly grateful and fortunate to have us as part of their team.

The "Salvation Army" was truly grateful for the difference our donation was making in their support to the entire community. The "Calgary Women's Emergency Shelter" let us know that our financial gift provided stability to the agency and dependable support for families experiencing family violence and abuse.

We also received a heart felt note from the "Calgary Brown Bagging for Kids" Program Director thanking us once again this year for our continued commitment to helping feed hungry children in our Community.

So, the Chinook Chapter "Thank's" you our members for your continuing support of our Chapter. Your support allows us to support the rest of the Community!

The Chinook Chapter would like to personally thank the members who not only paid their dues, but also sent a little extra something for the Chapter. It is through your continued generosity that our Chapter was able to help extra Charities this year.

So, a "Great Big, Thank You" to:

Russ Adams Dave Cool Shirley Martin Doris Morris
Orville Nordstrom John Nouwen Kenneth Parry



REMEMBRANCE DAY 2020

The current Covid-19 pandemic played havoc with the Remembrance Day activities this year and forced most of the ceremonies to go on-line.

We appreciate that Kaye Born volunteered and was able to lay our wreath on behalf of the Chinook Chapter at the Legion in Red Deer this year.
Thank you, Kaye.

Hopefully we will get a chance to proceed with normal ceremonies in 2021.

SANTA LETTER WRITING PROGRAM



We knew going into this year of Covid-19 that it was going to be a challenge for the Santa Letter Writing Program. Our Chapter really appreciates the numerous Chinook Chapter members who have lent their support over the years to the program. Although our Volunteer members were down this year we want to thank the 55 Members who answered our call to participate despite the pandemic.

We are still tallying the number of letters our Volunteers responded to this year, so we are not able to provide the total numbers as of yet. The program got off to a very slow start, again due to Covid-19, so we have not fully completed the "After Christmas" postcards.

However, the executive of the Chinook Chapter want to thank everyone who participated this year and made sure that the simple gesture of a return Letter from Santa brought joy to many children.

Thank you again everyone and hopefully 2021 will be a better year for the Program!



We have included the latest information from our Friends in Van-Fraser Chapter's September/October newsletter below. **Please be advised, however, that we can not guarantee the availability of any trips listed.** Please ensure you contact the Van-Fraser Chapter immediately if you see something of interest to you as their occupancy for these trips is limited and is offered to their members first.

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September/October 2020

2021 Travel Opportunities Van Fraser Heritage Club Members, Family and Friends

April 24, 2021 7 Day Repositioning cruise from San Diego to Vancouver on the Koningsdam. Visit San Diego; Avalon, California; Santa Barbara, California; San Francisco (overnight) and Victoria before arriving in Vancouver. Inside cabins from \$1039.00 plus taxes CAD per person and includes an amenity package— all you can drink ,pre paid gratuities and two Speciality dinners. (A lower price of \$649.00 plus taxes pp is available with no amenities). Taxes are \$240.00 pp.

May1, 2021 7 days Alaska on the Koningsdam, Vancouver return. Visit Ketchikan, Juneau, Skagway and Glacier Bay. Inside cabins from \$1290.00 plus taxes CAD pp and includes the drink package, pre paid gratuities and speciality dining. (A lower rate starting at \$891.00 plus taxes CAD pp is available with no amenity packages) Taxes are \$273.00 pp.

NOTE: These two cruises can be combined for a 14 day cruise.

May 2021 13 day Spring Bus visiting Rapid City ,South Dakota for five days seeing all the parks in the area, including Mount Rushmore, Custer, Badlands, Deadwood and 2 days in Yellowstone National Park. ****Watch for news about next years trip****

June 20/21 and June 27/21 14 day cruise on the Nieu Amsterdam to Alaska, Vancouver return. This is two 7 day cruises combined for a 14 day return trip. Call now for detailed itinerary and pricing with the special promo including drinks and prepaid gratuities. Mark you calendar to get back to Alaska for the awesome scenery and perhaps some fishing.

July 14/21 35 day cruise on the Zaandam, Voyage of the Vikings. Boston return. Visit ports in USA, Newfoundland, Greenland, Iceland, Norway, Netherlands, Ireland, Scotland, Nova Scotia. Call the Heritage Club for a detailed itinerary and current prices. **This voyage is selling out**

October 4, 2021 Travel Canada Trip a 11 day cruise, Montreal return on the Empress of the Seas. Visit Montreal, St .Pierre and Miquelon; St. Johns ,Newfoundland; Corner Brook NF Sydney, NS; Saguenay, Quebec; overnight in Quebec City ;Montreal. Fly to and from Montreal and enjoy all Canadian ports except one (St. Pierre and Miquelon). Insides \$1950.00 pp inc taxes.

October 15, 2021 15 day cruise, Montreal to San Juan Puerto Rico, Visit Montreal, overnight Quebec City, Sydney, NS; Halifax, NS; Saint John, NB; Bar Harbour, Maine; Portland, Maine; Cape Canaveral, Florida; Labadee, Haiti; Philipsburg, Netherlands Antilles; San Juan ,Puerto Rico. Insides from \$1649.00 pp and windows from \$1959.00 including taxes .

Note: these two cruises can be combined for a 25 day "Back to Back" cruise.

November 2021 Watch for information on our Tulalip bus trip.

January 4, 2022 22 Day Antarctica cruise on the Westerdam, departing Santiago, Chile around South America to Buenos Aries, Argentina. On route visit Antarctica for 4 days.

January 27, 2022 22 Day Antarctica cruise on the Westerdam, departing Buenos Aries, Argentina to Santiago, Chile with 4 days in Antarctica.

Note: these two cruises can be combined for a 44 day experience and double the time in Antarctica. Call for current prices and promotions.

February 2, 2022 25 Day Hawaii/ Mexico cruise on the Koningsdam from San Diego return. Inside cabins from \$4,726.00 plus tax including the drink package and gratuities or from \$3,461.00 plus tax without the drinks and gratuities. Call for itinerary and pricing.

Note: Be sure you have adequate out of country medical and trip cancellation insurance before confirming your trip. Call The Heritage Club office, 604-482-4311 for info on Medoc insurance. Prices change as new promotions offered. Always call for latest price.



Scholarship Program



Heritage Club 2020 Scholarship Results

As we all know, the Covid-19 Pandemic has disrupted our lives in ways we never could have anticipated. Perhaps one of the more affected groups has been our young people, who are graduating high school without actually completing the year or observing any of the normal ceremonies of graduation. Now they are faced with trying to build a future as they enter university life without a clear picture of how that will look – certainly not what it looked like previously. Now more than ever they need our support, and for that reason we are very proud to present the Canada Post Heritage Club 2020 Scholarships to three very worthy recipients. Thanks to all who applied, thanks to the judges, and congratulations to Abigail, Anika, and Shanaya. Good luck with your studies.



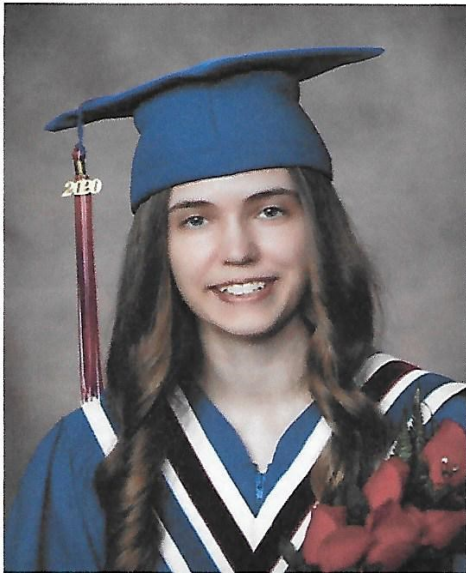
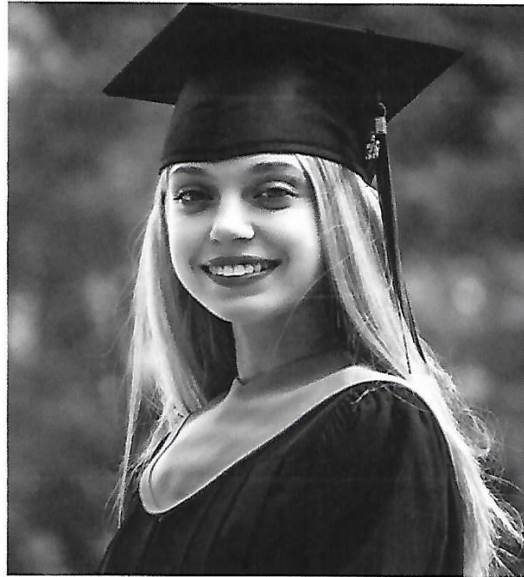
Abigail Leu

Abigail Leu is the granddaughter of Walter Leu, member of Simcoe Chapter. She has shown herself to be a caring and capable leader through her participation in multiple activities throughout her high school years. Media executive for her school's on-line magazine, president of two very successful JA teams, founding member of Relay for Life team, her interests are many and varied. In response to the Covid-19 crisis she showed resilience as she was instrumental in transitioning the Kindness Project to virtual for her Business Leadership class, collaborating with speakers, creating training kits for other schools, and building the website. Her communications skills are well recognized, and she has maintained a high average throughout. We wish

Abigail every success as she pursues her studies in Business Administration at Sir Wilfrid Laurier University.

Anika Heidinger

Anika Heidinger is the step-granddaughter of Heartland member David Zayac. Anika has turned a learning exceptionality into Honor Roll success in her four years of high school. She has demonstrated her compassion and concern for others in her work as a gymnastics coach and her many volunteer activities. She is the Editor at Large for her school yearbook, having taken many of the pictures for the book and also helped create the layout of the book itself. Rarely seen without a camera, she also participated in a polar bear research trip to Churchill, MB, and is working on a young-children's book to educate others about climate change, proceeds to go to charity. Anika hopes to become a lawyer, and we wish her well as she begins her studies at the University of Winnipeg.



Shanaya McMillan

Shanaya McMillan is the granddaughter of Robert L Sweetland, member of Heartland Chapter. Shanaya received the Governor General's Academic Bronze Medal for her final average, while being the only graduate from her school to complete the International Baccalaureate (IB) program. In addition to her notable academic achievements, she was a leader in the Writing Club, Debate Team, Science Fair, as well as curling, soccer, Ukrainian dance, and as a volunteer swim coach working with children who require extra help. A Type 1 diabetic herself, Shanaya has volunteered with the JDRF and Diabetes Canada for many years, even creating and delivering her own educational presentation for elementary and university students. She intends to pursue a Science degree at the University of Manitoba, and we are confident that she will be successful in her endeavours.

Apply Now

SCHOLARSHIPS OPPORTUNITIES



2021

HERITAGE CLUB SCHOLARSHIP PROGRAM – 2021

The Heritage Club is planning to award three (3) scholarships to children or grand children of all dues paying members of the Heritage Club. The scholarships are valued at \$1,000 each for university or college studies. The scholarships will be awarded to students starting, for the first time, their first year of full time studies.

ELIGIBILITY CRITERIA

Dependent children, including adopted children and stepchildren, grandchildren, wards in legal guardianship of all active members (dues paying member for the last 2 years) of a Heritage Club Chapter. Applicants who have previously received a Heritage Club scholarship are not eligible.

ELIGIBLE INSTITUTIONS

These scholarships are applicable to all Canadian educational institutions which have provincial degree-granting powers or their affiliates and at Canadian colleges or CEGEPs*.

QUALIFICATIONS OF APPLICANTS

Applicants must have completed the requirements for admission into the first year of an undergraduate degree program or college diploma program at a recognized educational institution. Applicants must have obtained an average of 75% (or equivalent) on the best 5 academic courses (see list of academic courses below) in the final year of secondary school or CEGEP (pre-university education). If applicants interrupt their schooling, the maximum period permitted between the completion of secondary school or CEGEP (pre-university education) and the commencement of an undergraduate university degree program or college diploma program is 1 year. During this period, students may NOT have undertaken postsecondary courses.

ACADEMIC COURSES – GRADE 12/CEGEP

Language Arts, Mathematics, Pure Mathematics, Applied Mathematics, Science, Biology, Chemistry, Physics, Social Studies, Geography, History, Literature, Accounting, Computer Graphics, Law. French, English or any one language.

SELECTION OF SCHOLARSHIP RECIPIENTS

The jury is comprised of the Heritage Club executive committee members. The evaluation will be based on scholastic ability, character and leadership qualities at school and in the community. Decisions of the jury are final and without appeal.

APPLICATION DEADLINE

Submissions must be postmarked on or before **June 30, 2021**.

HOW TO OBTAIN AN APPLICATION PACKAGE

Please visit the Heritage Club website at heritageclub.ca or contact Eldred Holmes at holmese@nl.rogers.com

We have included the 2021 Lunch Schedule. Please be advised, however, that the Executive of the Chinook Chapter will not proceed with any lunch events if we feel that the Health and Safety of our members is in jeopardy. We will continue to follow the advise and guideline of the Provincial Health Care department. In the event that we cancel any lunch we will ensure that our members are notified by email prior to the scheduled luncheon.

2021 Notice Heritage Club - Chinook Chapter

**ALL RETIRED POSTAL EMPLOYEES, FAMILY AND FRIENDS ARE INVITED TO
COME TO OUR MONTHLY LUNCHEONS. PRICE - \$22.00**

Last Tuesday of each month, except **July and December** at the Winston Golf Club,
2502 - 6 St. N.E. Calgary, AB

LUNCH DATES/ MENU

RESERVATION DEADLINE

January 26 - Meat Loaf	10 a.m., Friday, January 22
February 23 - Roast pork	10 a.m., Friday, February 19
March 30 - Ham/Scalloped potatoes	10 a.m., Friday, March 26
April 27 - Chicken stir-fry	10 a.m., Friday, April 23
May 25 - Beef Stroganoff	10 a.m., Friday, May 21
June 29 - Steak	10 a.m., Friday, June 25

NO LUNCH IN JULY

August 31- Salmon or Chicken	10 a.m., Friday, August 27
September 28 - Lasagna	10 a.m., Friday, September 24
*October 26 - Roast Beef	10 a.m., Friday, October 22
Heritage Club AGM to follow lunch	
*November 30 - Roast Turkey	10 a.m., Friday, November 26
Christmas Lunch AND Donations	

NO LUNCH IN DECEMBER - SEE YOU IN 2022!

RESERVATIONS ARE NECESSARY!!

PLEASE call OR email: Kathy at cell #587-834-1622 or e-Mail: "divine66@icloud.com" before **10:00 AM** on the Friday before the Luncheon.

If something comes up and you cannot attend after all, please let Kathy know.



Recent mailings sent to the following members have been returned to the Chapter.

James Britton - Airdrie Fay Gouldie - Calgary
Barbara Madsen - Calgary Vicki Walker - Red Deer

If anyone knows the whereabouts of these members can you please email us at:
heritagechinook@shaw.ca
and let us know.



As we indicated in your Fall Newsletter your membership dues for 2021 are due. The advantages to renewing your membership include reduced membership at “Good Life Fitness” (upon retirement) and excellent rates on Auto, Home and Travel Insurance with “Johnson Insurance”. You must be an active paid member to access these services.

If you still have your **2021 “Orange” Membership Renewal** form sent out in September, please return it along with your \$10.00 dues at your earliest convenience. (We have also, included a generic 2021 renewal form on page 11). If you are paying dues for multiple years, please note that on the form. Should you choose a more generous fee for 2021 please note what amount is beyond the basic fee and indicate same as a donation on the form. Thank you!

If you are not sure if you have paid your dues for 2021 or have paid your dues but have not received your 2021 membership card please contact the Chapter at:
heritagechinook@shaw.ca.

2021

Chinook Chapter Heritage Club

(circle applicable case) NEW MEMBER - PREVIOUS MEMBER

Registration and Dues Form

Members Name (please print) _____

Name of significant other _____

Address: _____

City/Town: _____ Prov _____ Postal Code: _____

Email Address: _____

Telephone Number: _____

Start Date with CPC: _____ mo/day/year

Are you retired? _Y/N_ Date of Retirement _____ **Years of Service** _____

Any comments, suggestions and interests you would like to share with us:

TRAVEL CLUB _____ **SANTA LETTERS** _____ **GOLF** _____

COMMITTEE WORK (ASSIST CHAPTER EXECUTIVE) _____

LUNCH WITH OTHER MEMBERS IN YOUR AREA _____

CULTURAL _____

TOTAL NUMBER OF HOURS YOU HAVE DONATED IN 2020 _____

***Please make cheque (\$10.00) payable to:
Chinook Chapter, Heritage Club***

MAIL TO:

**ATTN: Kathy Cunningham, Treasurer
Chinook Chapter Heritage Club
PO BOX 36118 LAKEVIEW RPO
CALGARY AB T3E 7C6**

Membership Dues enclosed: \$ _____
(Membership year runs from January to December)

Thank you

Emailed notifications: If we have your correct email address on file, we will communicate with you by that means. One exception is our Fall Newsletter which is mailed to everyone.

If you prefer to receive our Spring/Summer/Year-end Newsletters via Canada Post please indicate (hardcopy) on the registration form beside the email address line.

However, it is beneficial for you to provide your email address, because we will have the means to quickly distribute information that is pertinent to the pensions or an event that may be of interest to you. Provide us with the email address but write (hardcopy) beside it so we know you are an exception for quarterly newsletters. Also, if you are on Facebook, keep an eye on our Chinook Chapter Heritage Club page for posts.

Contact Us:

Chinook Chapter
Heritage Club
PO BOX 36118 LAKEVIEW RPO
CALGARY, AB T3E 7C6

Phone: 587-998-9769

heritagechinook@shaw.ca

All contact with the Chapter may be handled through written correspondence to our address, by phone, email or via Facebook

Check out our Heritage Club National Website:
<http://heritageclub.ca>

This is your Newsletter

Do you have any ideas or suggestions for activities, projects or even charitable contributions for our Club.

What's happening in your Town or City? Do you have an article you would like us to publish? Do you need help organizing a Luncheon or event in your area? Let us know. We can help.

This is your club, help us to give you what you want!



Your Executive:

President: Laurie Reid
1st Vice Pres.: Katrina Duffin
2nd Vice Pres.: Carolyn Paulson
Treasurer: Kathryn Cunningham
Secretary: Evelle Rock