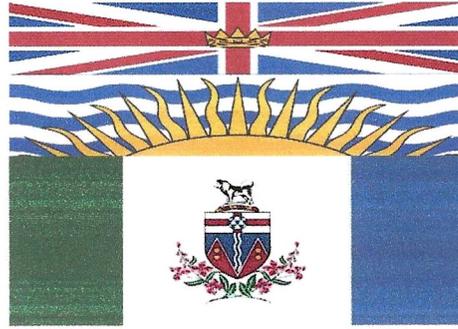




CENTRAL YUKOOTOK HERITAGE CLUB Newsletter # 63 February 2026



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Council Contacts:

Kamloops – Brian Parish,
250-819-6192

Kelowna - Fred Jarvis,
250-878-5522

Kootenays- vacant

Prince George -Gary Schmidt
(interim) 250-962-5851

South Okanagan – Fred Jarvis-
250-878-5522

Vernon– Gary Fisher

250-545-6375

Yukon- vacant

PRESIDENT'S MESSAGE:

Spring is on its way, and I hope you have all had a good winter, and a great holiday season.

The labour dispute at Canada Post has not yet been resolved, but unfortunately, our problems with our relationship and with funding has not yet been addressed.

There apparently is a new team at Head Office, that our National Executive has been communicating with, and they have managed to get a mailing permit for us to use, but we will be paying for the mailings. Regrettably, the restrictions on mailing quantities, minimum 100 pieces per mailing, along with the requirement to deposit the mailings in a Revenue Verification Unit, mean that this chapter will not be able to use the permit system. We will continue to have to apply postage to our mailings.

We have also been advised that in some areas local corporate officials have been approaching some chapters to talk about once again providing assistance for programs like the Santa Letter Program. The National Executive has not held a vote on reversing the position we took at the last Annual General Meeting to stop officially participating in these programs, but we are reminded that our motto is People Helping People.

We now have a new Council Rep in Kamloops, and I would personally like to thank Brian Parish for stepping up to take on this role. Brian can be reached at (250) 819-6192. He has already got a luncheon planned for March 11th, 2026 and I hope to see you there.

The Kelowna Council and the Vernon Council both held luncheons in December, thanks Fred and Wanda, and the Vernon Council held a luncheon in February.

Response to the dues requests have been going well. To those of you who have not yet sent yours in, I would ask that you do so soon. As this year progresses, I will be cleaning up our membership lists, removing those who have not been paying dues. I would like to remind you that to get the preferred rates with our partners such as Belair Direct Ins., Hearing Life Canada, Good Life Fitness etc. you are required to be members in good standing, which means that your dues must be paid.

On behalf our chapter's executive, I would like to wish you all a wonderful spring. Please try to get out to any luncheon or other activity that your local council puts together

John

Kelowna Council:

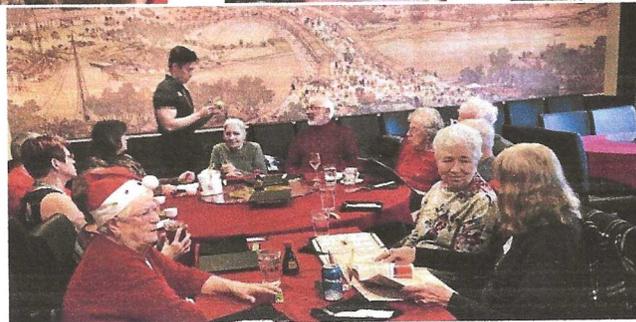
We had a great turnout of 27 for our December 9th Christmas Party held at the Army/Navy/Airforce Club in Kelowna, BC. With many gifts brought, tickets were sold for charity and drawn for the choice of gift. We raised \$165, which was donated to the Salvation Army Kettle Campaign. This was lots of fun and a good fund raiser. The dinner was exceptionally good and everyone was full of good cheer.

Our next one is on March 17th at 12:00 noon at the Old Spaghetti Factory, 1755 Capri St. Kelowna, BC. Wear green for St. Patrick's Day. Thanks everyone and hope to See you there.—Fred Jarvis



Vernon Council:

Christmas luncheon was held Friday December 12th at the Asian Avenue. We had many members come and share their good cheer. The service and food was top rate. There was lots of visiting and laughter.



Vernon Council con't:



Spring Valentines dinner was held at Boston Pizza on February 13th in Vernon. Great bunch of happy people with a total of 27 and Audrey Ewanchuk won the 50/50. There were also valentine door prizes and chocolate hearts for dessert.

Benefit and other Contact Numbers

C.P.C. Pension 1-877-480-9020 Superannuation 1-800-561-7930

C.P.P./O.A.S 1-800-277-9914 Canada Life 1-866-716-1313

Access H.R. 1-877-807-9090 Passport 1-800-567-6868

Canada Revenue 1-800-959-8281

Advantages of Heritage Club Membership

Belair Direct Home and Auto insurance up to 35% savings

Belaire Direct Travel Insurance (formerly Medoc or Johnson Ins)

Belaire Direct Scholarship program

Good Life Fitness discounts up to 30%

Hearing Life 10% discounts and price matching

Specsavers discounts on glasses

Genumark access to Corporate branded apparel

Heritage Club Scholarships of \$2000. Per yr for children/grandchildren

And the knowledge that a portion of your dues is donated to charities throughout our chapter's area.

IMPORTANT: In order to benefit from these discounts/programs you must ;

1. Mention your Heritage Club Membership number, and
2. You must be a member in good standing, including paying your chapter dues for the current year

Canada Post Heritage Club Scholarship Program

The Canada Post Heritage Club is proud to support the next generation by awarding three scholarships of \$2,000 each to children (including adopted children or stepchildren or wards in legal guardianship) or grandchildren of dues-paying members who are beginning their post-secondary education. These scholarships are intended to recognize hard-working, well-rounded students who demonstrate determination, community involvement, leadership, and a strong potential for success — not solely academic achievement.

Application timeline:

☑ Applications open: March 15, 2026

☑ Applications close: June 15, 2026

☑ Scholarship recipients announced: week of August 3, 2026

Eligible students are encouraged to apply and share their story, including academics, employment, volunteer work, extracurricular activities, and any challenges they have overcome along the way. We look forward to reviewing applications and celebrating the achievements of our members' families.

For more information and updates please see the National Heritage Club website WWW.Heritage.ca and go to the Scholarship page, under the FORMS heading

BENEFITS - SURVIVOR PROCEDURES

To ensure that a survivor of a retiree maintains pension, health and medical benefits, a number of contacts must be made immediately upon a retiree's death.

Access H.R. death of an active employee only 1-877-809-9090 Info required: Employee's name and ID #, Social Insurance Number, copy of Death Certificate C.P.C. Pension 1-877-480-9220

Info required: Retiree's name, Employee's ID #, postal code, month and date of birth, copy of Death Certificate, copy of retiree's will.

Canada Life 1-866-716-1313

Info required: Retiree's name, Employee's ID # and or certificate #, plan number (51057&51391,52111-52115), copy of Death Certificate. Very important to notify Canada Life as soon as possible to set up new automatic withdrawal in the survivor's name to keep the policy in force and maintain medical, dental and vision coverage.

C.P.P./O.A.S. 1-800-277-9914

Info required: Employee's name, Social Insurance Number, copy of Death Certificate. In addition to the survivor pension, there is also a death benefit paid to the survivor.

Superannuation if applicable 1-800-561-7930

Info required: Employee's name and ID #, Social Insurance Number, copy of Death Certificate, copy of marriage certificate. Upon request (within 60 days of death) Canada Life Premiums for the survivor may be deducted directly from the survivor pension.

Canada Revenue Agency 1-800-959-8281

C.R.A. must be contacted when a member or spouse passes away, and T-1 and T-3 to be completed