



Brunswick/Abegweit Chapter Update January 2026

As reported in past updates, Brunswick and Abegweit Chapters had no local executive and were therefore merged into one entity, Brunswick/Abegweit Chapter, and entrusted to Terra Nova (NL) Chapter for administration purposes. If you are interested in taking on a leadership role in your chapter in order to facilitate projects which could benefit your local community and provincial service organizations, please contact Eldred Holmes at 709-753-4231 or holmese@nl.rogers.com for assistance in getting started.

As former Canada Post employees you have no doubt been following the news regarding the financial situation at CPC. This crisis has also affected the Heritage Club, resulting in the loss of our core funding from the Corporation. More impactful for our members, we have also lost our mailing privileges which means significantly higher costs related to communicating with our members. In protest of these cuts and the difficulties the Club has experienced in dealing with CPC management, the decision was made at the 2025 Chapter Presidents' AGM that the Heritage Club would not participate in CPC-led projects, including the 2025 Santa Letter Program. While an agreement was subsequently reached for a somewhat reduced mailing rate, the cost implications for the Heritage Club are still very significant. Only time will tell if the Club will be able to resume our activities with Canada Post in 2026.

In the meantime, we have found it necessary to take some cost-cutting measures. For Brunswick/Abegweit Chapter, this will mean that we will not be mailing receipts for dues payments through regular mail. If you would like a receipt for your dues, please provide a valid email address and check the appropriate box on the reply form, and your receipt will be sent via email. Thank you for your understanding.

Membership and Dues

Annual membership fees for the Heritage Club are \$10.00 per year, and are due now for 2026. A renewal form is included for your convenience. Please complete the questionnaire, indicating whether or not you require a receipt via email, and return with your payment in the envelope provided at your earliest convenience.

The questionnaire also includes a section where you can indicate if you wish to discontinue your membership in the Club and receive no further communication from us. While of course that is not what the Club wants, your negative response will help to authenticate the membership list for Brunswick/Abegweit Chapter.

Please note that correspondence other than the annual newsletter will only be sent to active, ie. dues-paying, members. In addition, you will need your membership number and you must be an active member in order to take advantage of any Heritage Club discounts.

Associate membership is available to the interested spouses of current members, and to surviving spouses of deceased members who wish to receive correspondence and keep up with news from their friends in the Club. Paid up Associate Members will be issued their own membership number. If you wish to take advantage of this opportunity, please advise Eldred Holmes.

Discounts and Deals

Remember, you must be a Paid Up member to take advantage of any of these offers.

Valuable membership discounts have been negotiated with belairdirect for home and auto insurance policies. Their travel plan (formerly Medoc) is a great choice, with significant discounts for Heritage Club members. Belairdirect also offers a scholarship program which is open to Heritage Club members.

The Heritage Club has a Preferred Partner agreement with HearingLife Canada. Benefits include 10% off the final price of hearing products, with price matching. Visit [HearingLife.ca/CPHC-Save](https://hearinglife.ca/CPHC-Save), or call 1-888-469-6902.

A substantial member's discount is available at all GoodLife Fitness locations. Please note that you must purchase your membership on-line, not at the gym, and you will require your Heritage Club membership number to participate. Details on [Heritageclub.ca](https://heritageclub.ca), under "Partners".

Information is also available on the website regarding discounts available from SpecSavers, and on travel opportunities from Collette Travel.

Volunteer Activities

As indicated above, the Heritage Club as a group did not participate in the Santa Letter Program in 2025. We hope that by the fall of 2026 the working relationship between the Club and CPC will have improved enough that we will be able to resume our enthusiastic participation in this and other very worthwhile projects.

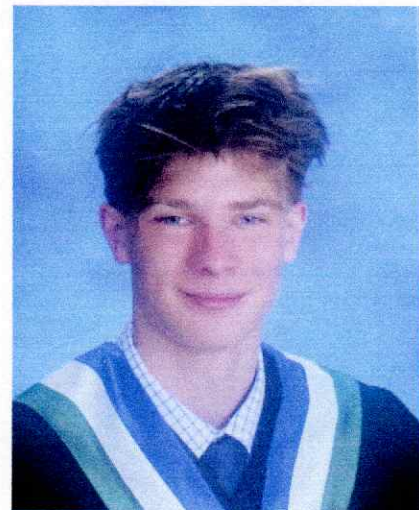
The primary charity of the Corporation is the Canada Post Community Foundation. The focus of their efforts is to distribute grants to community groups which offer direct support to programs, initiatives and activities that benefit children. Donations can be made throughout the year, and once a year the Foundation distributes funds to worthy organizations. The Heritage Club fully supports the fund-raising efforts of the Foundation, and we encourage our members to participate wherever you can.

In particular, please note the prize draw included in this bulletin. The Chapter will match whatever funds are raised from ticket sales, so that you can participate in the valuable charity work done through the Heritage Club and the CPC Community Foundation. In 2025 a donation of \$460.00 was sent to the Community Foundation as a result of this ticket draw. The lucky winner of the George Schmidt print was Clifford Bostick, of Riverview, NB.

There are many ways to give – whether through the CP Community Foundation, through your local church or service group, hospital foundations, or food bank. Take a look around your community. You may be sure that there are very real needs that you can help to fill. If each of us volunteers an hour, great things can be accomplished.

Scholarship Program

The Heritage Club Scholarship Program has just completed its eighth successful year, and we are pleased to announce that one of our 2025 winners was the grandchild of Brunswick/Abegweit member, Russell Hart. A resident of Kingston ON, Henri Roy's truly impressive resume includes excellence in mathematics, classical violin, multiple sports, and innovative volunteer activities. We wish him every success as he enters Queen's University to pursue a career in engineering. Information about our two other gifted winners is available on our website at heritageclub.ca.



The H.C. Scholarship Program is open to dependent children and grandchildren of all active (dues paid for 2 years) members of any Heritage Club Chapter. The Club will be offering three scholarships valued at \$2000.00 each. The full application package is available on the website, and the closing date for applications for the 2026 Program will be June 30, 2026. If you have trouble accessing the forms, please contact the program coordinator, Cindy Daoust, directly at general@bytownchapter.com.

We suggest you clip and save this page for your permanent records.

Your Benefits Contact Numbers

C.P.C Pension	1-877-480-9220	Access H.R.	1-877-807-9090
Superannuation	1-800-561-7930	Passport	1-800-567-6868
C.P.P./O.A.S.	1-800-277-9914	Employment Insurance	1-800-206-7218
Canada Life	1-866-716-1313	Canada Revenue	1-800-959-8281

Your Benefits Survivor Procedures

To ensure the survivor of a retiree maintains pension, health and medical benefits, a number of contacts must be made immediately upon a retiree's death.

Access H.R. (1-877-807-9090) (For active employees)

Info required: Retiree name, employee ID #, Social Insurance number, copy of death certificate

C.P.C. Pension (1-877-480-9220)

Info required: Retiree name, employee ID#, postal code, month and date of birth, copy of death certificate, copy of retiree's will

Canada Life (1-866-716-1313)

Info required: Retiree name, employee ID# and/or Certificate #, copy of death certificate, plan number (51057 & 51391, 52111-52115). **Note:** *Very important to notify Canada Life as soon as possible in order to set up a new automatic withdrawal in the survivor's name to keep policy in force and maintain medical, dental, and vision benefits.*

C.P.P. / O.A.S. (1-800-277-9914)

Info required: Retiree name, Social Insurance number, copy of death certificate. In addition to the survivor pension, there is also a death benefit payable to the survivor.

Superannuation (if applicable) (1-800-561-7930)

Info required: Retiree name, Social Insurance Number, copy of death and marriage certificates. Upon request for coverage (within 60 days of death) Canada Life premiums for survivor may be deducted directly from survivor pension.

Canada Revenue Agency (1-800-959-8281)

CRA must be contacted when a member or spouse passes away, and T-1 and T-3 to be complete

We suggest you clip and save this page for your permanent records.



Member Updates

Mises à jour concernant les membres

If you are planning to move, or have moved, please let us know by completing the appropriate form below.

Si vous prévoyez déménager ou avez déménagé, veuillez nous le faire savoir en remplissant le formulaire approprié ci-dessous.

If you have any information regarding a member's death, please let us know by completing the appropriate form below.

Si vous avez des renseignements concernant le décès d'un membre, veuillez nous en faire part en remplissant le formulaire approprié ci-dessous.

Return all forms to P. O. Box 2506, St. John's, NL A1C 6E8.

Retournez-nous les formulaires à l'adresse suivante : CP 2506 St. John's NL A1C 6E8.

Change of Address Notice

Avis de changement d'adresse

Member # _____
Name : _____
Old Address : _____

New Address : _____

Telephone: _____

Member's Death / Décès d'un membre

Member # _____

Name : _____

Date of Death : _____

Last Address : _____

Reported by : _____

Please complete and return this form with your dues payment
S.V.P. Compléter et faire parvenir ce formulaire avec votre cheque.



Brunswick/Abegweit – 2026 Membership Renewal Membre Cotisant

Your name / Nom: _____

Address / Adresse: _____

City / Ville: _____ Postal Code / Code Postal: _____

Email address / Courriel: _____

*Opt out? I no longer wish to be a member of the Heritage Club nor to receive
correspondence from the Club.*

*Vous voulez retirer votre nom? Je ne souhaite plus être membre du Club Héritage ni
recevoir de correspondance de la part du Club.*

Signature of member/ Signature du membre

Dues: \$10.00 per year – 2026 payable on receipt
Cotisation annuelle – 10.00\$ payables des maintenant.

☐ **Amount Enclosed / Montant Inclus** _____
Email receipt requested / Recu email demande

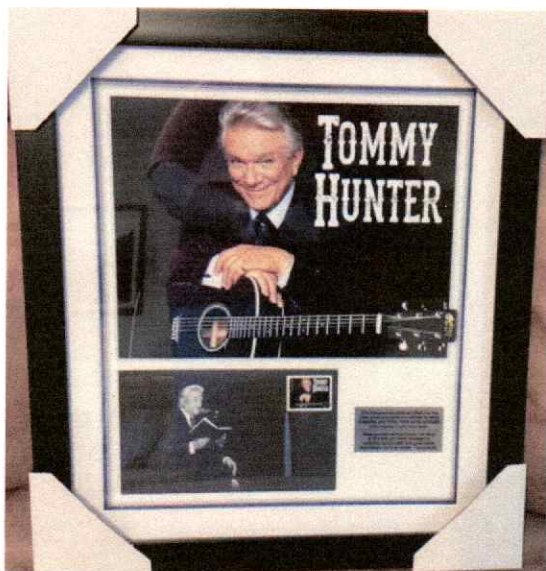
Cheques payable to Heritage Club.
Cheque libelle a l'ordre de: Club Heritage.

Brunswick Chapter
P. O. Box 2506

Chapitre Brunswick
CP 2506

St. John's, NL A1C 6E8

Please complete and return this form with your dues payment
S.V.P. Compléter et faire parvenir ce formulaire avec votre cheque.



CPC Community Foundation Prize Draw

Tirage de la Fondation communautaire de Postes Canada

You could own this beautiful print. All proceeds go to the Canada Post Community Foundation, supporting local programs which benefit children. The chapter will match your donation. This print is a signed Canada Post collectible, featuring Tommy Hunter, ready to hang in your home. Draw open to all dues paying Brunswick/Abegweit Chapter members, drawing to take place **March 15, 2026**. Tickets are \$2.00 each, 3 for \$5.00. Simply fill out the tickets below and return with your payment (**payable to Heritage Club**) in the dues envelope provided. Thank you for your support!

Vous pourriez posséder cette superbe reproduction. Tous les profits sont versés à la Fondation communautaire de Postes Canada, qui appuie les programmes locaux venant en aide aux enfants. Le chapitre versera un montant équivalant à votre don. La reproduction est un signe article de collection de Postes Canada et rend hommage à Tommy Hunter, et est prêt à être accroché. Le tirage, qui aura lieu le **15 mars 2026**, est ouvert à tous les membres cotisants du le chapitre Brunswick/Abegweit. Les billets sont 2 \$ chacun, 3 pour 5 \$. Il suffit de remplir les billets de participation ci-dessous et de les retourner avec votre paiement dans l'enveloppe prévue à cet effet. **Cheque libelle a l'ordre de : Club Heritage**. Merci de votre soutien!

Name _____ Phone # _____

Address _____

Name _____ Phone # _____

Address _____

Name _____ Phone # _____

Address _____