

Heritage Club Bluenose Chapter

Latest News and Updates

Fall Issue
2026

President's Message



The Heritage Club is celebrating its 37th year Anniversary this year! The Club was established by Canada Post to provide a formal program for retired and long-service employees. The Heritage Club is for anyone and everyone who worked for Canada Post regardless of their jobs, ranks, unions or associations and background, with 20 years of service. Today the Heritage Club has 24 local chapters and over 19,000 members across Canada. Locally, the Bluenose Chapter hosts member events and supports communities and charities throughout Nova Scotia.

As the beautiful fall is upon us, it's time to undertake our membership renewal, set up our annual raffle draw, complete our annual survey and plan for our Christmas Luncheon. Details on these items are found on the following pages. **PLEASE NOTE:** The Executive is very pleased to be able to keep the renewal of membership fees at **\$10 for 2027**. We were provided seed money funding from the National Heritage Club and our finances continue to be in good standing.

I would like to thank Nancy Hopper, Sharon Simpson and Geraldine Dowling for their continued efforts in keeping our club running efficiently. We continue to have a VP position open. If any of you, our members, are interested or would like additional details on the positions, please contact us at bluenosehc@gmail.com

Enjoy our lovely Autumn weather! The next Newsletter will be distributed in the Winter 2026. Til then... Please feel free to email us with any comments, suggestions, etc.

Heritage Club Bluenose Chapter

CPC Highlights & History-News release Sept 3/26

Fall Issue
2026

“Canada Post Community Foundation announces 2026 grant recipients

Organizations supporting children and youth in Canada receive \$1.3 million in grants – 100% raised through fundraising, donations and sale of special stamp issue

Each year, the Community Foundation strives to uplift communities and deliver a brighter future for generations of Canadians. This year, 113 Canadian schools, charities and community organizations received grants for a wide range of initiatives, including four Signature Grants of \$50,000 to the following:

- *Outside Looking In* – This Indigenous-led organization is the recipient of the Foundation’s yearly Indigenous Truth and Reconciliation Grant. Outside Looking In uses culturally grounded dance, mentorship and experiential learning to empower Indigenous youth, strengthen cultural identity, support mental wellness and develop leadership skills while advancing reconciliation through meaningful engagement with Indigenous knowledge, history and community.
- *Book Clubs for Inmates Inc.* – The Foundation’s grant will help expand the Children of Inmates Reading Program (ChIRP) to additional federal correctional institutions across Canada, helping incarcerated parents maintain meaningful connections with their children through shared reading experiences that promote literacy, strengthen family bonds and support child well-being.
- *Let’s Talk Science / Parlons sciences* – The Signature Grant will help the organization provide free, culturally inclusive learning opportunities that build STEM skills for youth in rural, remote and Indigenous communities.
- *Make-A-Wish / Rêves d’enfants Canada* – This grant will be used to establish the “Northern Lights Wish Fund,” ensuring children with critical illnesses in northern and remote communities experience the life-changing power of a wish. Families in these regions often face unique challenges due to geographic isolation, limited medical infrastructure, and reduced access to specialized pediatric care.

All funds are raised through employee and customer support.”

Please note that we, the Bluenose Chapter, make a donation to this cause!

Heritage Club Bluenose Chapter

Member Benefits & Payment of Dues, Raffle, Donations

Fall Issue
2026

As a paid member you are entitled to the following benefits:

- Special rates for **belair Travel Insurance** are available to Chapter members in good standing
- Discounts up to 35% from **belair** for Home and Car Insurance.
- Membership at **Good Life Fitness** at approximately 50% off the regular club access rates and Goodlife promotions
- **Hearing Life** Discounts
- **Spec Savers** Discounts
- Travel discounts with **Collette Tours**
- Genumark products discounts
- Special **scholarships** for your children and grandchildren of \$2,000.
- The knowledge that a portion of your dues support local families and **charities** in need
- Bluenose Newsletter four times annually
- **Door prizes** at events

MEMBERSHIP RENEWAL is due Dec 1, 2026.
Raffle draw & donations are also due Dec 1.

Cost:

1. Membership renewal \$10
2. Spouse Associate membership \$10
3. Annual Raffle-\$5 per ticket; 3 for \$10; 10 for \$20. See page 4.
4. Donations – your choice of amount

Payment by e-transfer to:

bluenosehc@gmail.com

Please indicate how to allocate the \$.

Payment by cheque :

Mail to: Heritage Club – Bluenose Chapter
P.O. Box 8145,
Halifax, N.S.
B3K 5N0

Please indicate how to allocate the \$.

If participating in the raffle draw, please indicate whether you will be sending in the raffle tickets OR if you want the Executive to complete them, on your behalf.

Note: Dues not received by Dec 1, 2026 may impact your eligibility for discounts & benefits i.e. GoodLife, Belair Insurance, etc

WELCOME NEW PAID MEMBERS:

To date for 2026, we have 142 paid members! Our Executive team works diligently to support the ongoing growth and development of the Bluenose Chapter. Please help us to support the growth of the club and encourage people to join!

Welcome to our new and or returning member:- George Mahar

CONDOLENCES:

On behalf of the membership, we would like to express our heartfelt condolences to families and friends of any of our members who have passed.

Heritage Club Bluenose Chapter

Member Local News - Raffle Draw

Fall Issue
2026

SUPPORT OUR CLUB'S CAUSES BY PARTICIPATING IN OUR RAFFLE DRAW!



Tickets prices are: \$5.00 for one; 3 for \$10; and 10 for \$20. Ticket stubs (see below) should be mailed prior to the deadline of Dec 1/2026. If sending an etransfer and you wish to have the Executive complete the stubs on your behalf, please indicate that on the etransfer message. The draw date will be in mid-December. Good luck to all & thanks for participating!

There are six Raffle prizes:

- Gas Gift Card – Value \$50 (2 gift cards are available)
- Grocery Gift Card – Value \$50 (2 gift cards are available)
- Home Depot Gift Card – Value \$50 (2 gift cards are available)

PLEASE NOTE THAT WE HAVE ADDED AN ADDITIONAL PRIZE THIS YEAR.

If you require additional tickets and are completing them yourself, please photocopy.

BLUENOSE CHAPTER FUNDRAISER

NAME _____ PHONE _____

ADDRESS _____

BLUENOSE CHAPTER FUNDRAISER

NAME _____ PHONE _____

ADDRESS _____

BLUENOSE CHAPTER FUNDRAISER

NAME _____ PHONE _____

ADDRESS _____

Heritage Club Bluenose Chapter National Scholarship Winners 2025

Fall Issue
2026

From Cindy Daoust, National Heritage Club Scholarship Coordinator:-

"I am pleased to share the winners of the 2026 Heritage Club Scholarship program. Once again, we were delighted by the interest in the program and the quality of the applicants. This year, we received 24 applications representing 13 chapters across the country. And the little revamp we implemented (online applications, less focus on academics (though still significant) with more consideration to community involvement) seemed successful.

Our judges had a very difficult task choosing just three winners. The applicants demonstrated a remarkable combination of community involvement, academic achievement and a genuine desire to continue their education and make a difference. In fact, less than eight points separated the top 10 applicants, making the final decision especially challenging."

And the winners are.....

Reed Bursey (Terra Nova chapter, Newfoundland and Labrador)



Reed Bursey is a recent graduate of Clarendville High School who will attend Memorial University of Newfoundland this fall to pursue a Bachelor of Science, with the goal of eventually becoming a pharmacist and serving rural communities. Reed is an exceptional student, graduating with a 99% average and earning his school's AAA Award for three consecutive years, recognizing attendance, attitude and academic achievement.

Reed's commitment to his community is just as impressive as his academic record. He has held several leadership roles, including Student Council Secretary, School Council representative, Eco-STEM Team member and representative on community advisory committees. He has also volunteered extensively with Port Blandford Recreation, Kids Eat Smart, community events and youth programs.

His reference describes Reed as a respectful, organized and dependable young leader who consistently leads by example. His own experiences have taught him the importance of resilience, community and giving back — values he hopes to carry with him as he pursues his education and future career. We congratulate Reed on receiving a 2026 Heritage Club Scholarship and wish him every success at Memorial University.

Heritage Club Bluenose Chapter National Scholarship Winners 2025

Fall Issue
2026

Alexis Mathieu (Laurentides-Lanaudière Chapter, Quebec)



Alexis Mathieu is a recent graduate of Collège de l'Assomption who will continue his studies in the Natural Sciences program at Collège André-Grasset, with a long-term goal of pursuing medicine and becoming a neurosurgeon. An excellent student with a 93.5% average, Alexis has demonstrated an impressive ability to balance academics with a demanding schedule of sports, leadership and community involvement.

A dedicated athlete, Alexis has played competitive hockey for the Sphinx Hockey program and has also participated in football, flag football and track and field. He has twice been selected as an assistant captain in hockey and was named defensive captain in flag football. He also participated in his school's leadership program, mentoring younger students and helping create a welcoming environment for new students.

Alexis's reference describes him as a positive and determined young leader who consistently demonstrates exceptional time management and commitment. Despite an extremely busy final year, he maintained his academic performance while taking on new challenges and responsibilities.

We congratulate Alexis on receiving a 2026 Heritage Club Scholarship and wish him every success as he begins his studies in the sciences and works toward his goal of a career in medicine.

Madison Wong (Simcoe Chapter, Ontario)



Madison Wong is a recent graduate of St. Theresa of Lisieux Catholic High School who will be attending the University of Waterloo this fall to pursue an Honours degree in Systems Design Engineering. A high-achieving student with a 97% average, Madison has balanced her academics with employment, extracurricular activities and extensive community service.

Her commitment to helping others is particularly evident through her volunteer work at Sunnybrook Health Sciences Centre, where she has contributed more than 200 hours supporting patients, visitors and veterans. Her supervisor describes Madison as dependable, resourceful, hardworking and empathetic.

Madison is also a Gold Award recipient in the Duke of Edinburgh program, has nine years of competitive dance experience and has taken part in STEM-focused activities. Her experiences have strengthened her belief that education and innovation can create opportunities and improve people's lives. We congratulate Madison on receiving a 2026 Heritage Club Scholarship and wish her every success in her engineering studies and future endeavours.

Heritage Club Bluenose Chapter

Member Survey

Fall Issue
2026

SURVEY: Some of this information is utilized as part of the National scoreboard process (which determines our level of funding). The other information is to keep our database correct and current. Please complete this, as it provides us with good feedback from our members. Thank you!

Return to: Bluenose Heritage Club, P.O. Box 8145, Halifax, N.S. B3K 5N0 or email us at bluenosehc@gmail.com by DEC 1/26.

Your Name & Address: _____

Change of Mailing Address or Email Address: _____

Charity Volunteer Hours Per Month (if applicable) & Name of Charitable Organization (optional):

Top Activities of Interest (suggestions for club outings):

Suggestions for Restaurants to hold our Luncheons:

Any Other Comments to provide to the Executive: _____

Heritage Club Bluenose Chapter

Member Events

Fall Issue
2026

Fall Luncheon at Brightwood Golf & Country Club – Sept 29/2026

A lovely gathering of members took place at our recent Luncheon. Attendees included:

Fr. Row: Carole Reid, Louella AuCoin, Nancy Hopper, Lucille Bourque, Keith Lampier, Marg MacKinnon. **2nd Row:** Alanna Miller, Colleen & Gary Lewis, Joan Meade **Back Row:** Carl AuCoin, Darryl Clarke, Paulette Goulden, Louise Danch, Sheila Shaw, John Hopper, Ralph Meade, Wendy Duncan, Liz McKiggan. Missing from photo is Ron Lawlor. Lucky winners of a free lunch were Alanna Miller, John Hopper, Lucille Bourque. Wendy Duncan won a free lunch plus luggage tags from belair insurance (one of our sponsors).



SANTA LETTER WRITING PROGRAM –

Sharon Simpson will be coordinating our participation in this program with CPC locally.



Additional details will be communicated by email.

Heritage Club Bluenose Chapter

Member Events

Fall Issue
2026

CHRISTMAS LUNCHEON – Dec 8/2026



Come join your fellow members for some Christmas spirit at a Luncheon! Tentatively scheduled for Tuesday, Dec 8/2026 at Brightwood Golf & Country Club. Stay tuned for an email, providing the details.



GET YOUR SINGING VOICES READY!

THANK YOU!