

# Heritage Club Bluenose Chapter

## President's Message

Spring Issue  
2025

**Happy Spring 2025!**



*No matter how long the winter, spring is sure to follow. English Proverb*

### **THE HERITAGE CLUB**

The Heritage Club is celebrating its 36<sup>th</sup> Anniversary in 2025. The Club exists to promote volunteerism, be ambassadors of CPC and promote the camaraderie of long-service and retired employees. The motto of the group is "*People Helping People*". Regional Chapters organize member activities, support local organizations through member volunteerism and donations, and preserves postage history. There are 25 local Chapters and approximately 20,000 members.

### **EXECUTIVE POSITIONS:**

Two vacancies (2<sup>nd</sup> VP and Secretary positions) have existed on the Local Executive for quite some time. We really need to have these filled to help continue our club and activities into the future. I am appealing to you, our members to sign up for one of these spots. If you have questions about the duties with these positions, please email us at **[bluenosehc@gmail.com](mailto:bluenosehc@gmail.com)**

As always, my heartfelt thank you to Nancy Hopper (Treasurer) & Sharon Simpson (1<sup>ST</sup> VP/Secretary) for their hard work in keeping this club alive!

### **ACTIVITY**

The first get together in 2025 for our local club will be on Tuesday, May 20<sup>th</sup> at the Brightwood Golf Course. This will be a Luncheon, followed by a Trivia Game. The latter was one of the top activities that our members had voted in. See Page 4 for additional details on this outing! Hope to see you there!

***Louella AuCoin, President, Bluenose Chapter Heritage Club***

# Heritage Club Bluenose Chapter CPC Highlights & History

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April 15, 2025

Posted in [News Releases](#) (extract from the Canada Post website)

## Canada Post opens applications for Tales of Triumph small business contest

*Small businesses across Canada can submit applications until May 16, 2025*

OTTAWA – Applications are now open for Canada Post’s sixth annual Tales of Triumph small business contest.

Canada Post recognizes the vital impact that small businesses make on their communities and crafts – and how important it is to support their efforts. Now in its sixth year, the contest seeks to amplify their stories, celebrate their achievements, and help build their resilience so they can continue to strengthen Canada from coast to coast to coast.

Prize packages include credits for Canada Post parcel and Smartmail Marketing™ services, paid advertising and personalized support, Canada-wide promotion for winners and more.

“Winning brought our community together,” said Laurent St-Cyr and Christophe Perreault of Montréal-based Le Club, which won in last year’s Customer Connection category. The brand combines activewear with social connection – and the award has helped the duo further build that vision. “The impact was so meaningful.”

Canadian companies with less than \$5 million in annual gross sales are eligible to enter the contest. Applicants can submit written entries in one of five categories:

1. Customer Connection – These businesses are building strong relationships and making their mark with customers.
2. Doing Good – These businesses have a positive impact on the lives of Canadians in their communities and at large.
3. Going Green – Protecting the environment is a priority for these progressive businesses that are leading the way to a sustainable future.
4. Rising Stars – Operational for less than two years, these businesses are experiencing growth and are on track to being the next big thing.
5. Staying Power – These businesses have been supporting their communities for more than two years through resilience, commitment and evolution.

A panel of external judges will determine the five category winners to be announced on September 2, 2025.

# Heritage Club Bluenose Chapter Member Benefits & Scholarships

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## Benefits:

As a paid member, you are entitled to the Following benefits:-

- **Hearing Life** Discount
- **Genumark**
- Special rates for **Johnson's Medoc Travel Insurance** are available to Chapter members in good standing and includes Covid-related cvg.
- Discounts up to 35% for **home and auto insurance** from **belair direct** (formerly **Johnson**)
- Membership at **Good Life Fitness** at approx. 50% off the regular club access rates and Goodlife promotions
- Travel discounts with **Collette Tours**
- Special **scholarships** for your children and Grandchildren.
- A portion of your dues support local families/ **charities** in need.

***Know of anyone who would like to join our Club?***

***Spread the word! You can provide our email address to them – [bluenosehc@gmail.com](mailto:bluenosehc@gmail.com)***

## SCHOLARSHIPS

### HERITAGE CLUB SCHOLARSHIP PROGRAM – 2025

The Heritage Club is planning to award three (3) scholarships to children or grand children of all dues paying members of the Heritage Club. The scholarships are valued at \$2,000 each for university or college studies. The scholarships will be awarded to students starting, for the first time, their first year of

Full time studies. **Deadline: June 30/2025**

Please visit the Heritage Club website at [heritageclub.ca](http://heritageclub.ca) or contact Eldred Holmes at [holmese@nl.rogers.com](mailto:holmese@nl.rogers.com)

### belairdirect

For more information about the 2025 belairdirect Scholarship Program, please visit [belairdirect Scholarship Program](#) later in the spring or call 1.844.567.1237.

## WELCOME NEW PAID MEMBERS:

Paid membership for 2025 to date stands at 160 members. Welcome to new or renewed members—Paulette Goulden, Rob Sutherland and Kimberly Sutherland.

## CONDOLENCES:

On behalf of the membership, we would like to express our sincere condolences to families and friends of any of our members who have passed.

# Heritage Club Bluenose Chapter

## Member Events

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The Annual General Meeting of the National Heritage Club will be held this year in May in Calgary, Alberta. I will be attending this conference and will post the highlights in the next issue of the newsletter. As well, the minutes of the conference will subsequently be posted on the national website – [www.heritageclub.ca](http://www.heritageclub.ca) If you have any issues that you would like to have raised at the conference, please email us.

### NEXT OUTING – BLUENOSE CLUB –

#### ***LUNCHEON & TRIVIA AFTERNOON***



**Brightwood Golf Course  
Tuesday, May 20/2025  
Luncheon- Noon**

**Trivia Game with Prizes  
will follow!**



Nancy will be contacting our members by email (in the near future) to determine how many people will be attending. Hope you can join us!

**2<sup>nd</sup> LUNCHEON** – Exact Date (probably late September) & Location – TBD  
**STAY TUNED!**

**ENJOY THE SPRING & SUMMER!  
THANK YOU!**

# Heritage Club Bluenose Chapter

## Information for You

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### Benefits Contact Numbers

C.P.C. Pension	1-877-480-9220	Access H.R.	1-877-807-9090
Superannuation	1-800-561-7930	Can Rev Agency	1-800-959-8281
C.P.P. / O.A.S.	1-800-277-9914	Passport	1-800-567-6868
Canada Life	1-866-716-1313	Employment Ins	1-800-206-7218

### Benefits Survivor procedures:

In order to maintain survivor pension, health and medical benefits, several contacts must be made after a retiree's death. While not an exhaustive list, this information is helpful.

<b>Access H.R.</b> 1-877-807-9090 <ul style="list-style-type: none"> <li>○ Retiree name</li> <li>○ Employee I.D. number</li> <li>○ Social insurance number</li> <li>○ Copy of death certificate</li> </ul>	<b>C.P.C. Pension</b> 1-877-480-9220 <ul style="list-style-type: none"> <li>○ Retiree name</li> <li>○ Employee I.D. number</li> <li>○ Postal code</li> <li>○ Date of birth</li> <li>○ Copy of death certificate</li> <li>○ Copy of retiree's will</li> </ul>
<b>Canada Life</b> 1-866-716-1313 Medical & Health Benefits <ul style="list-style-type: none"> <li>○ Retiree name</li> <li>○ Employee number</li> <li>○ Copy of death certificate</li> <li>○ Plan numbers</li> </ul>	Important: Notify <b>Canada Life</b> as soon as possible in order to set up a new automatic withdrawal in the survivor's name in order to keep policy in force and maintain medical, dental and vision benefits.
<b>C.P.P. / O.A.S.</b> 1-800-277-9914 <ul style="list-style-type: none"> <li>○ Retiree name</li> <li>○ Social insurance number</li> <li>○ Copy of death certificate</li> </ul> <p>Note: Besides the C.P.P. survivor Pension, there is a Death Benefit payable to the survivor</p>	<b>Superannuation</b> 1-800-561-7930 <ul style="list-style-type: none"> <li>○ Retiree name</li> <li>○ Social insurance number</li> <li>○ Copy of death certificate</li> <li>○ Copy of marriage certificate</li> </ul> <p>Note: Sun Life benefit premiums for Superannuation survivor will be deducted directly from monthly survivor pension</p>
<b>Canada Revenue Agency</b> 1-800-959-8281  Contact Canada Revenue Agency (CRA) when a member or spouse passes to prepare T-1 and T-3 form completion	<b>Suggestion:</b>  Print and store this information with your financial or estate paperwork.