

Heritage Club Bluenose Chapter

Latest News and Updates

Winter Issue
2022

The Heritage Club

The Heritage Club exists to actively promote volunteerism within the community, be ambassadors of the Corporation, and promote the camaraderie and fellowship of long-service and retired employees. The motto of the group is *"People Helping People."*

The Bluenose Chapter

The Bluenose Chapter is one of 24 Chapters across the country representing all of Nova Scotia. The Chapter organizes member activities, supports local organizations through member volunteerism, activities and financial donations and preserves postage history.

Let's Grow Our Membership!

A short-term goal of the Bluenose Chapter is to increase our dues paying Chapter membership and broaden our provincial Member representation. This is particularly important to strengthen our community impact in terms of charitable sponsorships, as well as leisure member activities. Did you know that a portion of our national funding is based on membership numbers?

If you know Canada Post employees who have contributed 25 years or have retired with 10 years in the service of Canada Post, please encourage them to join our ranks!

Dues are only \$10 and allow our Chapter to plan member events and make a meaningful impact in Nova Scotia communities through our donations. Our dues also influence the number of member events we are able to hold.

For dues paying members, check out the 2022 Scholarship information included along with this issue of the newsletter. The application deadline is June 30, 2022.

Executive Committee

Bluenose Chapter Heritage Club Executive Members are:

- Art Dewan, President (Kentville)
- Cam MacDonald Martin, 1st Vice President (HRM)
- Louella Aucoin, 2nd Vice President (HRM)
- Nancy Hopper, Treasurer (HRM)
- Marg MacKinnon, Secretary (HRM)

President's Message

Welcome to 2022!

This newsletter edition takes a closer look at the Bluenose Chapter and shares your feedback on future activities, volunteer activities and of course, our raffle winners.

Fall 2021 was extremely busy for our Executive team. Our annual "print" newsletter edition was produced and forwarded to approximately 475 eligible Heritage Club members. Other Fall activities included: our annual raffle; membership renewal; Santa Letter Writing campaign; Christmas family support; charitable donations; and Fall and Christmas luncheons.

I'd like to thank our volunteer Executive members Louella, Cam, Marg and Nancy for their incredible efforts to bring these activities to life. The Executive team will be making the most of the winter months to plan for the upcoming year. Stay tuned for more member news and possible events in the Spring newsletter. In the meantime, stay safe and be kind to one another.

If you'd like to see something included in future newsletters or obtain information on becoming a member, email us @ BluenoseHC@gmail.com



Member Survey Results

Thanks to all the Bluenose members who responded to our survey. We asked you about several things, including your interests and volunteer activities. This information will assist the Executive team in making decisions regarding planned member activities, locations for activities, as well as future charitable giving.

The Bluenose Chapter is a collective of members from across Nova Scotia. There are 479 eligible Heritage Club members, of which our current dues paying members are 80 and growing. We expect this number will continue to grow. One of the Chapter's goals is to convert more eligible members to dues paying members.

On a best-effort basis, we will attempt to offer our members in higher density geographies an activity or community charitable support as a result of your input.

Here's what you had to say when asked for input on future activities:

Top activity choices:

- 1) Halifax luncheon – Fall
- 2) A tie! Halifax luncheon – Spring AND a Halifax Harbour cruise
- 3) Valley Wine Tour

Total hours volunteered by Heritage Club:

+500 hours/ month or 6,000 hours/year. Thank you for your numerous community contributions! Your activities are proof that the Heritage Club motto of "People helping People" is alive and well in the Bluenose Chapter.

Member Benefits!

Paid membership in the Heritage Club is voluntary. **As a paid member** of the Bluenose Chapter, you are entitled to the following benefits:

- Special rates for **Johnson's Medoc Travel Insurance** are available to Chapter members in good standing (Dues are paid for the current year) and includes Covid-related coverage.
- Discounts up to 35% for **home and auto insurance** from Johnson Insurance
- Membership at **Good Life Fitness** at approximately 50% off the regular club access rates
- Preferred rates with **Choice Hotels**. Up to 20% in Canada, and worldwide, which includes Comfort, Quality and Rodeway Inns, Econolodge, etc.
- Travel discounts with **Collette Tours**
- Special **scholarships** for your children and grandchildren of \$2,000 per school year (a summary on page 3) with full details attached to the newsletter
- **And importantly**, the knowledge that a portion of your dues goes to local families and charities in need.

IMPORTANT: In order to benefit from these discounts, you must provide your Heritage club membership number and your dues to the Bluenose Chapter for the current year must be paid. Otherwise, your coverage could be denied or terminated.

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Santa Letter Campaign 2021 – Update!

Each year CPC employees and retirees assist Santa in responding to children's letters. In 2021, Bluenose Chapter members supported this worthwhile and fun activity by volunteering an amazing 200 hours! That's more than 5 weeks @ 37.5 hours. THANK YOU!!

Win for Volunteering!

Heritage Club members who volunteered their time to the Santa Letter Campaign were automatically entered to win a \$25 gift card. The winner of the gift card is: **Krista Elms!**

Annual Raffle Draw!

Our annual Raffle draw was held at the luncheon at Steak & Stein Restaurant on December 13. Attending Bluenose Chapter members participated in determining our winners by random draw.



Our Winners are:

\$50 Gas card winners (2) – Ralph Meade & Darrell Chisholm

\$50 Home Depot card – Joanna Hunt

\$50 Sobeys card – Doug King

Our Condolences:

Elaine Marsh, John Boutilier, Leo MacMillan, Phyllis Cameron, Richard Evans, Daniel Brenton Page, Elwood (Randy) White, Nancy Darroch, Raymond Coolen, Leonard Leitch, Louis Bidinost, Wayne LeBlanc, Robert Gardiner, Donald Wentzell

Welcome to our new paid Members:

Christine Rose, Ken Maynard, Krista Elms, Alanna Miller, Clayton Gannon, Nancy Trenholm, Larry Trenholm, Matthew Miles, Andrew Baranowski

Welcome to our new paid Associate Members:

Shealagh McGrath, Liz Dewan, Arlene Butt

Heritage Club Scholarship 2022 Details & 2021 Winners

We append this newsletter with important information highlighting the 2021 Scholarship winners. Attached you'll also find information on the 2022 Scholarship Program and the application. 2022 scholarships are increased to \$2,000! The deadline for applications is June 30, 2022.

Bluenose Chapter Fall Luncheon



On October 18 Chapter members enjoyed a lunch together in Halifax. A small portion of member's meals were subsidized by the Bluenose Chapter. Membership has its perks! Are you a dues paying Heritage Club member? If not, consider joining us!

The first known letter sent from Canada was sent from St. John's NL to Henry VIII in 1527. Early mail delivery methods in Canada were by canoe, foot or sailing vessel. Transporting mail has evolved from canoe, to steam power, to air flight to electronic trikes.

As COVID-19 swept into our lives, Canada Post adapted to meet the increased demands created by online shopping. In 2020, Canada Post set several records, including most parcels delivered on a single day (**2.4 million on December 21**) and more than 181 consecutive days of delivering one million plus parcels (mid-April to the end of the year).

In keeping with evolving times, Canada Post continues to invest in innovative technology that reduces environmental impact and the Corporation's carbon footprint.

Delivering Mail by Electric Cargo Trikes!

During the Summer 2021, Canada Post tested out a new, climate-friendly delivery method to serve customers while reducing traffic. It piloted parcel delivery by electric cargo trikes in two Montreal neighbourhoods.

The three-month pilot ran in two Montreal downtown areas – the Village and Pointe-Saint Charles. These neighbourhoods have high parcel volumes and the bike path infrastructure connects to the delivery facilities parking lot.

Six Canada Post employees volunteered for the pilot. Using two e-cargo motorized tricycles, the employees covered their route.

Employees have to continually pedal the trike and then the power kicks in. The trike can run in 'tour' or 'sport' modes and 'turbo' mode when going up hills. When fully loaded, the trike can weigh almost 500 pounds! The maximum speed of the tricycle is 30 kilometres an hour.

Throughout the pilot employees provided feedback and suggestions to improve the overall experience. While electric cargo regulations vary across cities and municipalities, Canada Post plans to explore how it can expand its climate-friendly delivery fleet in other suitable areas of the country.



For more Information: on this initiative:

Check out Canada Post "News & Media" –
"News Releases"