



Van Isle Heritage Club

Newsletter # 29

Welcome to our many new members and welcome back to all of the Snowbirds A big 2016 Hello to all of our Van Isle Heritage members. 29 newsletters and our 9th annual Appies and Shooters golf coming up. Time passes so quickly.

Our travel Club is busy planning for our Next exciting trips. We have been to many fabulous places over these past years.

We have luncheons and golf tournaments planned for this coming year. We are always open to suggestions and ideas for activities.

Last summer we had a wine tour around the Cowichan Valley , it was a great day and we will have another this year Book early if you want to join us as it SOLD OUT last year.

If anyone would like to host a day trip or event please let us know and we will work to make arrangements. If you have an event planned and would like to welcome other Heritage Club members let us help to send notice out to everyone.

I am sure others would love to see retirement party pictures !!

Thanks in part to our fifty / fifty draws and penny drives we made very generous donations to Salvation Army FOOD BANK and Children's charity Variety Club and Mental Health / Alzheimer's for 2015 As well we collected eye glasses for GIFT OF SIGHT.

2016 Plans and Activities

- Early Sept Victoria golf
- June Nanaimo luncheon will be held at Hong Kong House in Nanaimo (details coming)
- May 11 9th Annual Appies and Shooters Golf Tournament
- Aug 24 Wine tour Cowichan Valley (details coming)

address:

878 Fairways Drive
Qualicum Beach V9K 2J1

heritagevanisle@shaw.ca

national website heritageclub.ca

Please make sure you let us know if you are moving. We still get returned mail even though we work diligently to keep addresses updated so everyone will get their newsletters

In this issue

2015 DEC Christmas luncheon pictures
Memories of friends lost
Travel opportunities
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Next Big trip - Panama Canal January 2017



\$500 donation to
Salvation Army
Food Bank



\$500. Donation
To Alzheimer Assoc
of BC



Our thanks again this year to **Angie Warnock**
She looks after ALL the Heritage Club business
while the Snowbirds enjoy the south winter sunshine.



VanIsle Heritage Club executive

President

Jim Sharpe

Vice President

David Gilbert

Victoria council

Brian Superle 2nd vice president

Jerry Witty 3rd vice president

Treasurer

Eleanor Smith

Administration assistant

Angela Warnock

Our valuable helpers: Val Chabot, Bill Thomas,
Patricia Treadwell (Santa's elf) and Al Bennett
John Wooten

ELECTIONS: Are you interested in taking over any of these positions ? If yes , please let us know, elections can take place once each year. OR do you have anything you would like to contribute

Do you have any ideas or suggestions for activities, travel ideas, or projects for charitable contributions for our club. We appreciate ALL feedback and look at all comments we receive.

This is your club
help us give you what you want !
heritagevanisle@shaw.ca

Thank you to everyone that took some time to send us a list of the charitable and volunteer work that you do in your community. If you have pictures or stories of an event that you have been involved in Please send it to us. Other Heritage Club members enjoy seeing stories and pictures. OR if you have an upcoming event we can send out information

- you may get helpers.

PLEASE remember to always include your name !!! with anything you send us ESPECIALLY your dues EVERY year we receive envelopes with \$10 cash BUT no names so we have no idea who sent it !



As well as replies asking to be taken off the mailing list
BUT no name included



West Coast Railway Heritage Park Squamish - Day Out with Thomas the TRAIN

Once again Thomas and his friends will be here for two weekends

May 21-23 and May 28-29 2016

A great day out with your grandchildren.

Van Fraser Heritage Club's volunteers work endlessly throughout the year on this project.

They have a letter writing activity center and will help the kids write a letter to Thomas then take it to the Railway Mail car where there is a special Thomas and friends sortation case.

They will receive a reply !

Buy tickets online or at the gate



Sadly In memory of our friends and colleagues ...

*Superle Marlene born July 18 1948
Passed away March 12 2016*

This is so very close to our personal and our Van Isle Heritage Club hearts. Brian and Marlene have been such an important part of our success as a club. They have been on most of our trips and always been there for us with a helping hand. with our activities.

Marlene has been a "shooter girl" at our 8 Appies and Shooters Golf Tournaments. This year at the 9th hole - the girls will pay tribute to our wonderful friend !



Coastal cruise 2014



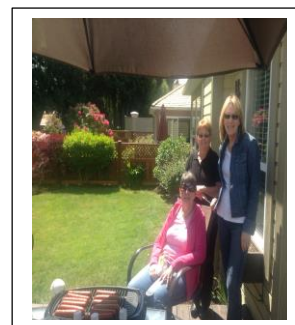
Christmas 2015



Portugal 2013



Yes there must be a story behind this picture



Christmas 07



Christmas 08



Vegas Bus 08

Our WELCOME to all New Members:

Mark Terry - Nanaimo	Hardip Sahota - Victoria
Tammy DeLuca - Port Alberni	Sylvia Robinson-Cooke - Duncan
James Webb - Victoria	John Reid - Gabriola Island
Dorothy Drinkwater - Victoria	Shelly Brown - Cobble Hill
Bruce Guzman - Victoria	Debra Bradley - Nanoose Bay
Albert Polsom - Duncan	

WEBSITE News
TWO websites for you to enjoy

The **Heritage Club** website has been updated and is going to be a great way for you to keep up with Heritage Club news across the country. Each chapter will be able to put on their newsletters and current and upcoming events. As well there is a section for pictures which we will be using for our activities !!

If you have any suggestions or ideas on stories you think other members would enjoy seeing, send them to us. We always encourage this it's how we make our correspondence interesting for all.

The **Canada Post alumni website** is also new and has so much valuable information on it. There are contact numbers for all of your Pension and Benefits questions

- Names and contact info for all chapter presidents and National Executive
- Health and Well Being info - disease prevention, travel health, managing stress Alzheimer's and much more
- Retiree Benefits Pensions, Explanation on Life Insurance Both eligibility at retirement and post retirement benefits
- Out of Country health care - whats covered- whats not
- Dental info eligibility at retirement and post retirement Plan benefits
- Forms
- Marketplace for buying and selling
- Connect with your friends



Coffee Clubs

Victoria - Mayfair Mall- foodcourt - every other Wednesday
Victoria - Westshore Shopping centre - every Wednesday morning
Nanaimo - LAST Wednesday of each month Windward Pub 9am

Let us know if you have a Coffee Club get together and I will include in a newsletter

PARKSVILLE Christmas Luncheon

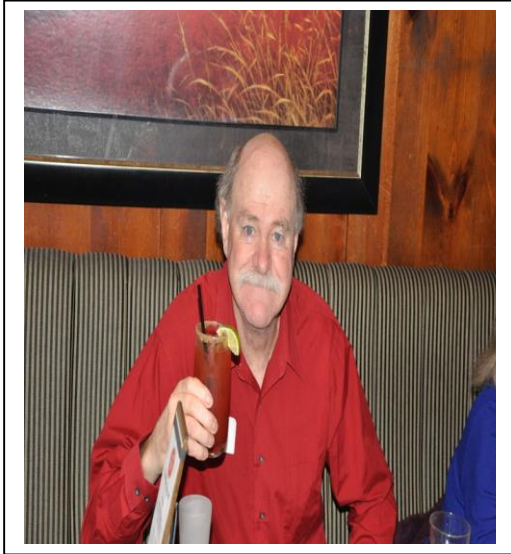
Bayside Bistro's room with the beautiful view

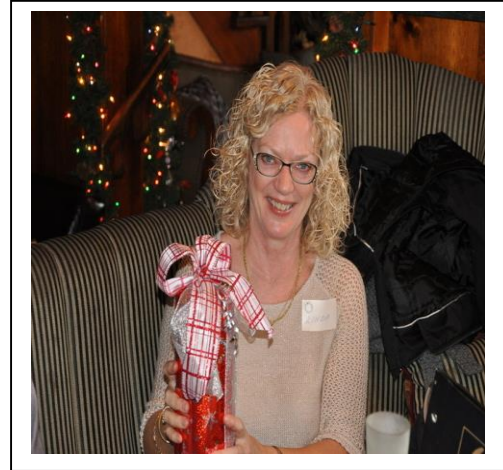


Markey Pellow

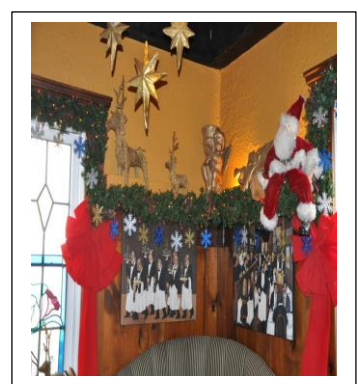
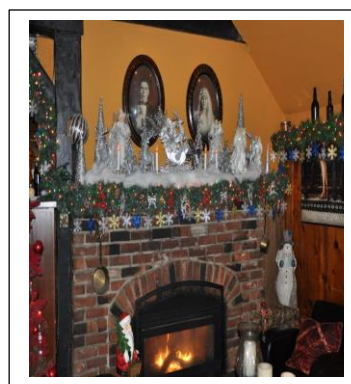
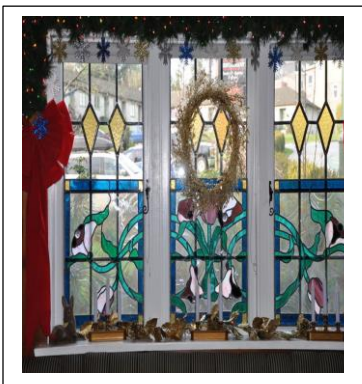


*Southern Vancouver Island
Van Isle Heritage Club Year End
Victoria BC Dec 2015
Four Mile House*

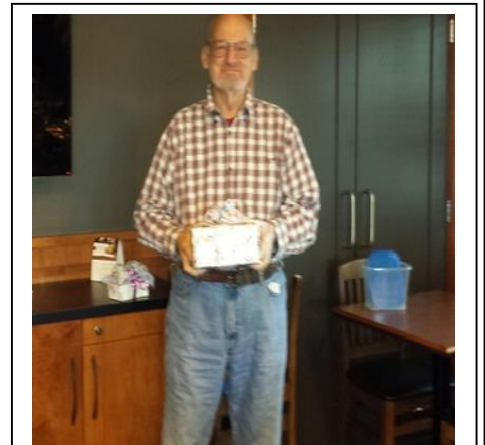
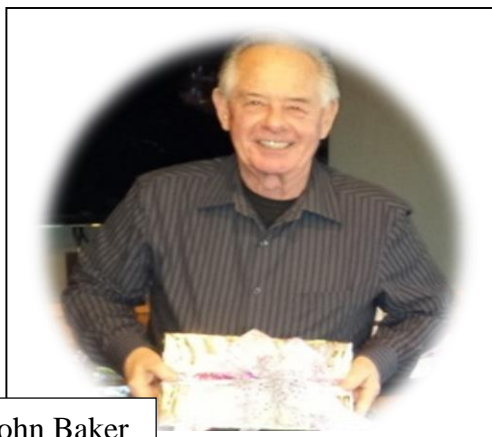
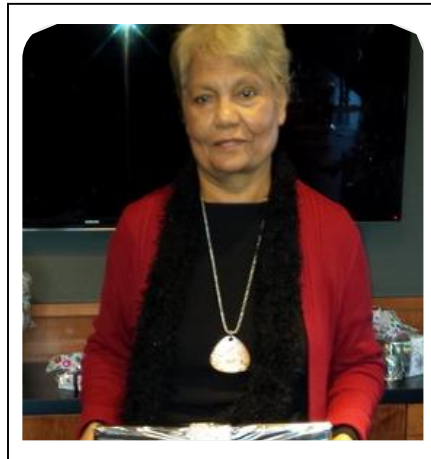




The Victoria Christmas luncheon was held at the 4 Mile House and what a beautiful magical place to have a Christmas gathering !!! We had 63 people attend, the service was great and the food just as good! I was happy to have had a chance to thank Marlene Superle for suggesting such a perfect place last year and we are glad to be able to get the location again.



Courtenay Christmas luncheon White Spot



Winner John Baker



The small but festive group gathered at the White Spot in Courtenay.

THANK YOU **Bill Thomas**
As in past years a great help in finding and arranging the location.

From all comments the meal was delicious and service excellent

