



# Van-Fraser News

VAN - FRASER HERITAGE CLUB

## SPRING LUNCHEON DRAWS OVER 100 MEMBERS

One of the largest groups, over 100 members, came together on Wednesday, March 20 to enjoy a great meal and the chance to mingle and chat with old friends.

As usual the River Rock Casino provided and excellent and elaborate meal enjoyed by everyone.

There was also an opportunity



Van Fraser members (l-r) George Gruell, Betty Gruell and Elsie Lundin at the

to try ones luck in the Casino.

Special guest for the day was Dayna Robinson Canada Post Manager, Community Investment and Coordinator for the Santa Letter Writing Program who helped draw some the door prizes.

As is always the case with our luncheons the air was filled with laughter, good humour, and lots of fun.

These luncheons are an excellent opportunity for our members to get together to renew and keep old friendships, meet with colleagues and enjoy an excellent meal in a pleasant and relaxed atmosphere.

The next luncheon will be held on June 18/19 at 11:30 am at the Old Spaghetti Factory in New Westminster. The Ticket Order Form accompanies this newsletter. If you've never been to a luncheon come join us for a great time!

*(Photos on Page 6)*

(left) Dana Robinson helping draw for the door prizes.

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## NEW PRESIDENT/CEO FOR CANADA POST

### **A message from Jessica L. McDonald, Chair of the Board of Directors**

On behalf of the Canada Post Board of Directors, it is my pleasure to announce that Doug Ettinger has been selected as Canada Post's new President and CEO.

Doug brings a wealth of experience and a strong focus on customer service to the role. For the last two and half years, Doug has served as Chief Commercial Officer for the Corporation, leading growth strategies for Parcels, Direct Marketing and Transaction Mail businesses. He has been responsible for all commercial functions, including Sales, Marketing, Retail, Digital, Business Development and Customer Service.

Prior to joining the company, Doug built a solid track record in the private sector, largely in the consumer packaged goods industry. He served on the leadership teams at several global brands, including Parmalat and Coca-Cola before leading two corporations with rich histories in Atlantic Canada.

The Board is confident that Doug, along with the senior leadership team, are well-positioned to ensure the organization continues to pursue revenue growth while evolving to address challenges in a collaborative manner.



## VAN FRASER SCHOLARSHIP—REMINDER

The June 30, 2019 deadline for applications for the Van-Fraser Heritage Club Scholarship is fast approaching.

The purpose of the Van Fraser Heritage Club Scholarship is to recognize, support and reward children/grandchildren of Van Fraser Heritage Club active members.

The applicants must be resident in British Columbia and in their preparatory educational development years, i.e. between grade 8-12 and ages 13-18. Our goal is to encourage children to take on leadership roles, to prepare them for higher educational opportunities and other career aspirations.

This is a great opportunity to encourage and reward your children and grandchildren who are willing to take on extra challenges.

Kindly help us pass on this information to your families and friends who may have children who are qualified.

Contact Van Fraser Heritage Club office at (604) 482-4311 for an application form.



# THERE'S A HOLE IN THE ROOF!

Renovation and construction continues at the former Vancouver Mail Processing Plant on West Georgia Street.

Too accommodate the construction two towers of 21 and 23 stories the roof has been opened to allow the construction of new support columns. The photo below provides an artistic rendition of the renovated building and location of the two towers.

This photo was taken from 401 West Georgia, immediately west of the VMPP and shows the Queen Elizabeth Theatre and plaza.

The opening at the left of the photo is at the north side of the building that faced Dunsmuir Street. The shaft of the freight elevator in the north-west corner of the building is visible in the lower left of the photo.



Photo courtesy of 401 W. Georgia Management.



## MEMBERS ENJOY SPRING BUS TOUR

On March 23rd forty six Van-Fraser members set out from Vancouver on the Annual Spring Bus Tour for a journey through Washington, Oregon, Utah, Idaho, Arizona, Nevada, and California.

From Vancouver the tour travelled to Baker City OR then on to Salt Lake City UT where all enjoyed a tour of the downtown area and the State Capital Buildings prior to checking in to the hotel. In the evening some visited Temple Square and were pleased to be offered a private display of the acoustics and a recording of an Organ Recital.



The Bus Tour Group at Wahweap AZ

The route from Salt Lake City to Page AZ was on a side road, a beautiful drive with Red Rock formations reflecting in the snow, that reached a height of almost 10,000 feet presenting breathtaking scenery of neighbouring peaks and downward slopes.

Next was a two night stay at Page AZ a small town filled with numerous restaurant, quaint shops and an interesting museum. The excursion on the second day was to Horseshoe Bend where the group hiked a mile to enjoy the beautiful view. From there it was on to the Glen Canyon Dam that forms Lake Powell, one of the largest reservoirs in the United States. The view from the Visitor Centre and other outlooks provided a number of spectacular views. Everyone arrived back at the hotel for dinner tired but with a number of great photos and memories.



Rob and Marie Goatcher at Glen Canyon.

Next stop was a three night stay Cottonwood (Sedona) AZ with a brief stop on route at the popular Cameron Trading Post with time for a historic Walking Tour in Flagstaff AZ prior to arrival. During the three day stay there were tours throughout the Sedona area with high red rock buttes, steep canyon walls, and numerous stops at incredible viewpoints. A particular favourite was the stop at Airport Mesa where everyone took panoramic photos and paused to experience the quiet feeling for the nearby vortex. Travellers were also able to enjoy some time in uptown Sedona with its art filled plazas and restaurants. Evenings offered a few hours in Cottonwood with leisurely strolls and a selection dining opportunities.

After a well earned rest, next day the tour was off to Jerome AZ and the State Park and museum then another drive along narrow twisting roads the Ghost Town of Old Town Jerome. Members wandered through the town finding historic sites and browsing through folksy shops. Next, some of the group were dropped in Clarkdale for a four hour trip on the Verde Canyon Railway. In the evening a number of the group participated in the Cattleman Dinner Show at the *Blazin M Ranch* in Cottonwood. (Continued on Page 5)

## SPRING BUS TOUR (continued)

The journey continued to Tempe AZ with a visit along the route to Montazuma Wall and Castle where both sites offered leisurely walking loop around the 1,000 year old dwellings. Prior to arriving at Tempe a stop was made at the Cliff Castle Casino Resort for lunch and a chance for some to play the slots.

When the bus arrived at the hotel afternoon everyone was surprised to find Ken Cornish who had flown in from Vancouver to provide a special poolside barbeque. The first night's menu included hamburgers, hot dogs, salad and chips. The second night was a Cowboy Dinner with BBQ chicken, potato salad, tossed salad, Spanish rice and baked beans. After seven days of restaurant food everyone enjoyed and very much appreciated Ken's feast. Thanks to Ken, Harvey, Ron and Ming for the great job! Ken also organized a poolside putting contest with Rob Andrus being congratulated as the winner.

The stay included sightseeing tours to the Goldfield Ghost Town, Superstition Mountain, Tortilla Flats at the beginning of the Apache Trail followed by a drop off for a few hours to browsing through Old Town Scottsdale.

Then it was on to Vegas for three nights at Harrah's and free time to explore the casinos, shops, gardens, buffets and much more. An optional tour was offered the Ethel M. Chocolate Factory and the Cactus Gardens as well as an opportunity to spend some time shopping at the Factory Outlets. After Vega there was a pleasant one night stop over in Reno with most of the group enjoying the scene of mountain vistas from their 20th floor rooms. Finally on to Springfield OR then home to Vancouver where the group arrived tired but ready for next year's tour.



Preparing 120 pieces of chicken for the barbeque dinner!



The tranquil view from Airport Mesa.

While the bus is on the highway lots of activities are provided including bingo, quizzes, raffles and movies. Combined with all this there is lots of conversation and time moves quickly. We were pleased to raise over \$1500 dollars for our charities from the games on the bus and donations for the barbeque dinners and water purchases. Thanks to those who donated the crafts for our fundraisers and everyone who made the trip a success, including our baggage handlers.

Input is already being received from this year's travelers on our itinerary for the 2020 Tour and already planning to be on the bus! Watch Van Fraser News for items regarding the 2020 Spring Tour and be ready to act quickly to ensure your space.

# SPRING LUCHEON PHOTOS



# SPRING BUS TRIP PHOTOS



## VAN FRASER MEMBERS SUPPORT KIDSPORT

On March 1, 2019 Heritage Club members sponsored a table at the Annual Kidsport Banquet at the Hilton Hotel in Richmond.

The banquet raises funds to help kids participate in organized sports. The Hilton Hotel provides the meal while staff volunteer their time to provide service to attendees. Each table is hosted by an athlete from the CFL, NH, Vancouver Whitecaps and the Canadian Olympic Team. This year's banquet raised over \$75,000.

There were a number of activities in addition to the banquet to raise funds including a silent auction.

Van Fraser member Fran Mattson was very much involved in the Silent Auction and was successful with her bids for a number of items.



Heritage Club Table (seated left to right) Fred Danells, Carol Burchett, Fran Mattson (standing left to right) Taka Nukina, Ken Cornish, Table Host Sherko HajRasouli, Jim Bain, Stan Wong, Jim Stevenson.

## RAILWAY MAIL CAR VISIT



Fred Danells explaining to Dayna Robinson all the effort that went to restoring the Railway Mail Car.

On March 12th Fred Danells, Jim Bain and Jeremy Davies hosted Dayna Robinson, Canada Post Manager Community Investment to a tour of the Railway Mail Car at the West Coast Heritage Railway Park in Squamish.

Fred outlined the number of people and hours involved in the restoration of the Railway Mail Car from its original "worn" condition to its present state. The interior of the car has been restored to original condition with the authentic sortation cases and bags labelled as the former Cal and Van Railway Mail Service.

An unexpected bonus was a tour of a fully restored Private Pullman Car furnished as it was in the 1920's all the way down to the table settings.

The Railway Mail Car is a popular attraction for visitors to the Park and hosts the annual Thomas the Tank Engine Letter Writing Program.

Each year the Railway Car requires some maintenance, clean up and repair work. If you would like to participate in this year's clean up on August 20-21 please contact the Heritage Club Office and 604 482-4311 or by email at [vanfrasernews@gmail.com](mailto:vanfrasernews@gmail.com).

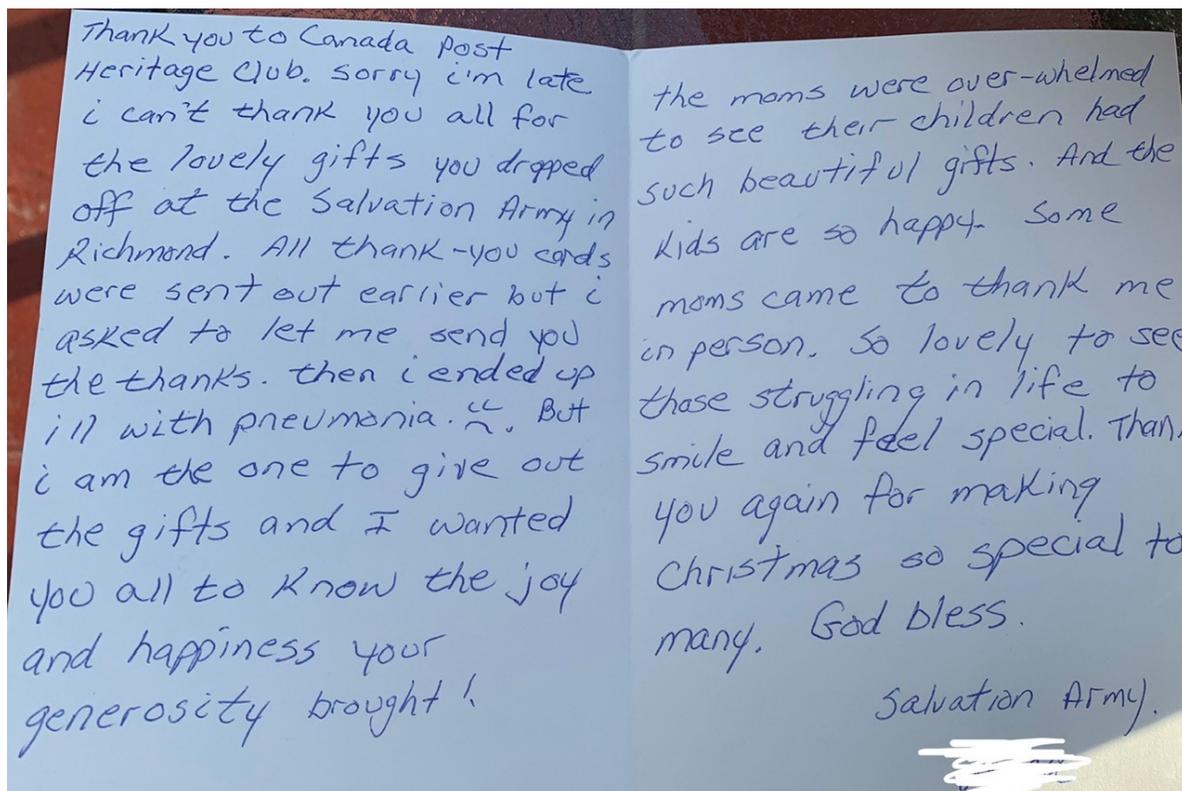
## DATES TO REMEMBER

- June 18/19** Summer Luncheon, Old Spaghetti Factory, New Westminster
- June 20/19** Heritage Club Alaska Cruise on the Queen Elizabeth II
- June 30/19** Heritage Club Alaska Cruise and Halibut Fishing
- August 20-21/19** Work Party, Railway Mai Car, Squamish
- September 8-13/19** Annual U Drive to Yakima WA
- September 20/19** 30th Anniversary Gala Banquet, Continental Seafood Restaurant
- November 8/19** Honouring Our Own Ceremony, PPC
- November 13/19** Santa Elf Orientation
- November 17-20/1** Four Day Tulalip Bus Trip
- November 27/19** Christmas Luncheon, Green Acres, Richmond



## SALVATION ARMY THANK YOU

The Salvation Army sent this note to the Van Fraser Heritage Club thanking our members for their generous donations at Christmas. Thanks to all those who donated items and those who gave their time to wrap and prepare the gifts. This activity truly reflects the mission of the Heritage Club; "People Helping People".



## PHOTOS IN A DRAWER

In 1913 Postal Clerks in Vancouver organized the Dominion Postal Clerks Association.

The Association at that time was primarily a Western Canadian organization with groups scattered across BC and the Prairie Provinces.

At the first Convention, held in Regina in 1916, the President, Lawrence Pickup, a clerk in Winnipeg reported that branches had been established in Halifax, Fredericton, St. John, Montreal, St. Catherines, Brockville, Hamilton and Toronto.

Representing Vancouver were George Hutchinson, Alexander S. Black and Frances G. Allen



Convention Delegates: (back row l-r) W. Tuck, S. Foster, A. Horton, H. Bell, (3rd row l-r) H. Talbot, W. Fridfinnson, H. Doyle, F. Sutton, E. Snooks, **G. Hutichinson**, H. White, S. Tease, **Francis Allen**, (2nd row l-r) H. Sefton, A. Venables, E. Sims, **Alexander Black**, John Green, C. Gardner, R. Beachamp, Henry Selby, Lawrence Pickup (President)

## NEW TRAVEL PARTNER FOR HERITAGE CLUB



The Canada Post Heritage has a new partnership with Collette Tours offering Club Tours at discounted rates.

Three tours are highlighted for 2019/20

October 17-29/19 **Shades of Ireland** visiting Dublin, Waterford, Killarney, Limerick and Kingscourt.  
Call for prices

February 17-28/20 **Sunny Portugal** visiting the Escorial Coast, Alentejo, and Algrave.  
Prices: \$4174.00 based on double occupancy and includes airfare, hotels, eight breakfasts, and six dinners.  
Reduced price if booked prior to August 19, 2019.

April 14-20 **Reflections of Italy** visiting Rome, Assisi, Florence and Venice.  
Price \$5664.00 based on double occupancy and includes airfare, hotels, nine breakfasts, one lunch and four dinners, Reduced price if booked prior to October 16, 2019.

Call the Heritage Club for an information sheet, booking instructions, and prices for additional options including pre/post hotels and special excursions. The tours are fully hosted by Collette Tours.

## GALA BANQUET TICKETS SELLING QUICKLY

Enquiries and requests for tickets for the 30th Annual Gala Banquet, September 30 are already being received.

All those who indicated on their Registration Form they would be attending the Banquet will have received an application for tickets in the mail. Individuals who regularly book a table of 10 have also been sent an application in the mail. These forms should be completed and returned promptly in order to ensure space is reserved for you.

For all those who have not received a Ticket Application one accompanies this newsletter.

Demand for tickets this 30th Anniversary is high, space is limited, so act quickly to guarantee your seat for this special event.

# *30<sup>th</sup> Anniversary*



*Van Fraser  
Heritage Club*

## UNIFORMS AND BUTTONS

The Van Fraser Heritage Club continues to expand and improve its collection of Canada Post Uniforms.

Some of the jackets received are missing the buttons. If you any old uniform buttons, especially brass ones from the old serge uniforms, and you don't mind giving them up—we could use the! We are also looking for cap badges.

We would also like to expand our collection to include items relating to the Canadian Forces Postal Corps.

If you've tucked away old items in a drawer or closet, they're gathering dust and you don't what to do with them, the Heritage Club will gladly take them.



Canadian Forces Postal Corps Uniform Patch

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to edit

any/all submissions  
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**2019 TRAVEL OPPORTUNITIES  
CANADA POST HERITAGE CLUB MEMBERS AND FRIENDS**

**June 20/19 10 day Alaska Cruise ,Cunard Cruise Line, the elegant and traditional Queen Elizabeth, Vancouver Return. A few cabins left at time of writing. Call for current price.**

**June 30,2019 7 nights Alaska Cruise, Vancouver to Anchorage on the Westerdam**, visit Ketchikan, Juneau, Skagway and Glacier Bay. With this trip, you can fly home from Anchorage or continue on a land tour to Denali ,etc before flying home or you can stay on the ship and cruise, 7 days, back to Vancouver with a full day in Seward for salmon/ halibut fishing or to explore the Kenai Fjords while in Seward. Call the Heritage Club for information on all these options and for some great for last minute prices for the cruise.

**August 28,2019 7 night Alaska cruise ,Vancouver Return, on the Volendam**, visiting Tracy Arm, Glacier Bay, Juneau, Skagway and Ketchikan. Window cabins from \$1350.00 CAD including taxes and ship board credit. No flights required!

**September 8-13/19 Yakima U-Drive Trip.** Drive your own vehicle or car pool with another member. Enjoy sightseeing, shopping, pool time, BBQ's , golf, shopping and more.

**October 6,2019 14 day Eastern Canada/New England Cruise, (including a port in Newfoundland) on the Norwegian Dawn**, Quebec City to New York. Visit Quebec City (over night), la Baie, Saguenay, Corner Brook, Newfoundland, Charlottetown; Sydney; Halifax; Saint John; Portland, Maine; Newport; New York (overnight on ship). Inside cabins start at \$1270.00 plus tax. Call for details and latest promotions.

**November 17-20/19 4 day Tulalip Bus Trip.** Registration form included.

**January 9/20 and January 31/20, 22 day cruise Antarctica on the Zaandam** departing on January 9/20 from San Antonio, Chile to Buenos Aries and January 31/20, the reverse 22 day cruise,from Buenos Aries to San Antonio, Chile. Both segments include 4 full days cruise through Antarctica, viewing the spectacular scenery and wildlife. Inside Cabins start at \$4999.00 Cad plus taxes per person, per segment. Airfare is extra. Call the Heritage Club for brochures with itinerary and pricing.

**October 23/2020 14 day River Cruise** on Viking Longship, Mimir— visiting Amsterdam, Kinderdijk, Netherlands, Cologne, Koblenz Rhein, Miltenberg, Wurzburg, Bamberg, Nuremberg, Regensberg, Passat, Germany, Melk, Vienna, Austria and Budapest, Hungary. Contact the Heritage Club Office for an information sheet.

**NEW!! Partnership with Collette Tours. Call the office for information on guided tours with Collette.**

**REMINDER:** Be sure you have out of country travel insurance for any trip you book and that it is active before any cancellation penalty fees are in effect for your trip. For those with MEDOC, ensure you have renewed your Heritage Club Membership for 2019 and paid your dues to be covered. Contact the Heritage Club office for info on MEDOC and for more information on any trips. Van Fraser Heritage Club: 604 482-4311 or email: vanfrasernews@gmail.com

