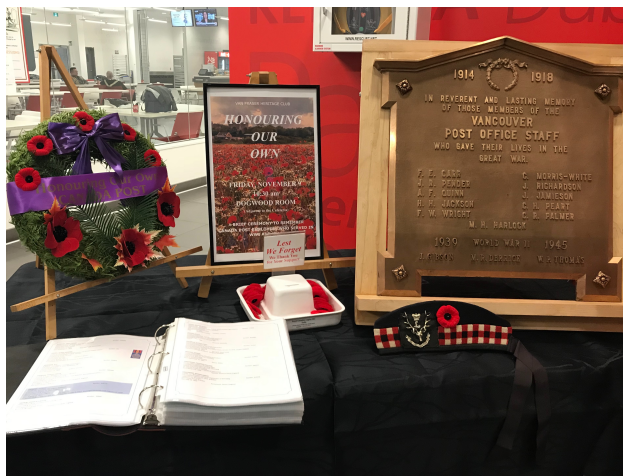


Annual Honouring our Own Ceremony
Richmond PPC , Van Fraser Heritage Club

On November 9, 2018 at 10:30 am, Van Fraser hosted the annual “Honouring our Own” ceremony at the PPC in Richmond. As the service began ,the room was filled to capacity with employees, Heritage Club members and for the first time, special guests, family members of many of the Canada Post employees who served and gave their lives in WW1. We were pleased to include 19 guests representing 9 families of the employees who lost their lives.

Before the service, guests browsed the exhibits on display in the lobby, including an individual plaque for each of the BC employees who’s served and were lost in WW1, books with information pages on all of the employees nation wide who served, the bronze plaque from the VMPP, honouring the Vancouver employees who gave their lives in the Great War and memorabilia donated by the families. Families and employees were intense as they studied the exhibit.

Jim Bain, Van Fraser Heritage Club Communications director, researcher and editor of the newsletter hosted the ceremony. Captain Donald (Artilliary) Lamb, from the 39th Brigade was the opening speaker, recognizing those who served in the earlier wars and talking about his experience in the military in more recent years in the military. A letter was read from the Minister of National Defence ,the Honorable Harjit Sajjan, expressing his regrets that he was unable to be at the service but offering greetings to all and remembering the 24 Postal Workers who lost their lives in service to the country. Jaz Sandu ,Manager, Security operations, recited the famous poem by John McCrae, In Flanders Field. 28 members of the group ,each read a name of the 28 BC post office employees who lost their life with a brief description of each.Following this moving presentations, a minute of silence was observed ,after which, John More, bugler, played the Last Post . All in all it was a very moving service and everyone present was proud to remember our colleagues who gave their life in the war.



Following the ceremony, Van Fraser hosted a luncheon for all of the guests and a time to meet the families and hear so many of their stories. The families who were present expressed their appreciation of being included in the service and all the information they received from Jim.Thanks to Jim Bain, who is so instrumental in this touching event and to

all the members who helped to host.To view the full document, Honouring our Own ,compiled by Jim Bain, go to heritageclub.ca and click on the link, HONOURING OUR OWN at the top of the page.



