

# Heritage Club Terra Nova Chapter

## December 2019

### Inside this edition –

- **President's Message**
- **Heritage Club Update**
- **Executive News**
- **Year in Review**
- **Membership and Dues**
- **Discounts and Deals**
- **Scholarship Program**
- **Website Navigation and Features**
- **Volunteer Opportunities**
- **Good to Know – Useful Information for retirees and about-to-bes**

### President's Message

It's a hard world to make sense of, isn't it? There's a lot of crazy going on out there - keywords: Muskrat, Lavalin, Trump, Brexit, tariffs and on and on – so perhaps it's not surprising that the wonderful silliness of Jimmy Kimmel and the Dildo story struck such a chord with all of us. It was an excuse to forget it all for a moment and just laugh (while cringing a little inside as we hoped they wouldn't step *too* far over the line. . .) And laugh we certainly did with that charming little community and their two weeks of fame!

For the few people who somehow missed it all, in early August Jimmy Kimmel became enamoured with the Newfoundland town of Dildo through an item on NTV news. He, in his own words, worked the joke to death, and what followed was two weeks of nightly hilarity as he sent his people to the community to work on his campaign for mayor of a town which didn't have or need one. He was eventually named "Honorary Mayor", conditional upon his someday visiting in person. In the meantime the tourism benefits for the town, and Newfoundland in general, were immeasurable.

But perhaps the most remarkable part of the Dildo story is the amount of preparation which went into that celebration. The people of Dildo have unwittingly been in “hair and makeup” for their moment in the spotlight for 5-10 years, or more. International television showcased a beautifully kept community, well-planned businesses, and a thriving tourism market, all ready for their moment in the sun. Was that an accident? I think not. It was a delightful coming together of years of hard work and the knock of opportunity. Dildo NL is ready to build on their newfound fame. And not just because of their interesting and unique name.

There’s surely a lesson here for all of us. We never know when our moment is going to come to shine, and a lot of hard work has to be done if we are to be ready for it. The really good news is that even though the spotlight might never arrive, the hard work still pays off. We’ll have our well-kept houses, our successful events, and our achievements which we can celebrate quietly for ourselves. If we’ve done the work. This applies to individuals, communities, and to us as citizens and members of the Heritage Club. Awards and Hollywood style signs aside, we know how much our members contribute to their local communities, and we thank you all sincerely.

Go ahead, take a bow. Maybe Jimmy will see you and take notice!

*El Holmes*, President, Terra Nova Chapter

*It wasn’t raining when Noah built the Ark. – Howard Huff*

## **Heritage Club Update**

As you can see on our special masthead, 2019 is the 30<sup>th</sup> anniversary of the formation of the Canada Post Heritage Club. In Newfoundland we have even more reason to celebrate, as it is also the 35<sup>th</sup> anniversary of the founding of the Postal Employees 25 Year Club. Over the past few years we have unfortunately lost a number of our original founding members, but we surely owe them all a debt of gratitude for their vision and initiative in forming the basis of this Club. We all have cause to celebrate their achievement, and here’s a toast to many more years of social and community involvement.

Continued viability and success will only be achievable if the membership steps up to take on active role in leadership and participation in club projects. If you have some time to offer, please contact either Eric Howlett or myself. The current executive of the Postal Employees 25 Year Club in particular have been in their positions for many years, and would like to pass the torch on to fresh hands. Across Canada we’ve seen a number of chapters fail because local leadership was lacking. There’s a bad joke that there is only one way out of these executive positions – and dying in harness is particularly troublesome when there’s no one willing to pick up the reins. We had a hand in the beginning of this great organization, so let’s make sure it continues to thrive!

## Executive News

The current executive of the Terra Nova Chapter, Heritage Club, consists of:

- Eldred Holmes, President
- Eric Howlett, Vice-President Terra Nova (President, 25 Year Club)
- Dave Roche, Secretary/Membership Officer
- Bill Marshall, Treasurer

Elections will be held for these positions at the May 2020 meeting.

If for any reason you are unable to contact the president and you need information right away, contact Eric Howlett at the same mailing address, by phone at 368-2692, or by email at [cakesbyalice@yahoo.com](mailto:cakesbyalice@yahoo.com).

If you'd like to be more involved, particularly in organizing social or volunteer activities within your communities, please contact El Holmes, and the Club will assist you in any way possible.

*The world is moving so fast these days that the man who says it can't be done is generally interrupted by someone doing it. – Elbert Hubbard*

## Year in Review

The past year has been a busy and productive one for the Metro Chapter, 25 Year Club.

Monthly meetings were held from September 2018 through to May 2019, normally at the Royal Canadian Legion, Blackmarsh Road. The most popular and best-attended meetings are dinner meetings, with the October buffet at the Golden Phoenix, Jiggs Dinner in March, and barbecue in May big hits as usual.

The Club also held a number of fund-raiser breakfasts for employees at the Kenmount Road plant in September, November, March, and June, with proceeds going to the CPC Community Foundation, the Community Food Sharing Association and the Janeway Hospital. Several fundraising activities over the Christmas season provided a generous donation to The Gathering Place. Also in April a group of 13 volunteers from the Postal Employees 25 Year Club prepared and served brunch at The Gathering Place for 175 people.

The Santa letter writing campaign was a great success. A huge thank you to everyone who made our goal of answering every child's letter achievable. This year's winner of the national incentive prize was Wayne Murphy.

Our members once again participated in the Janeway Telethon, and their efforts contributed to the collection of \$3.3M in pledges to provide medical services for the children of Newfoundland and Labrador. Our members were also honored to receive a certificate in recognition of 35 continuous years of service to the Telethon.

Due to lack of response, it was decided to discontinue our traditional Dinner and Dance. Happily though, an alternative was found and we held a very successful Christmas Luncheon in mid-December, with 67 members and guests enjoying a delicious buffet at the Clovelly Golf Club. **This very well-received event will be repeated this year, with our luncheon scheduled for Thursday, December 12, 2019 at 12:30 p.m. The luncheon is open to all Heritage Club members and spouses, and if you'd like to attend, please contact Eldred Holmes at 753-4231 as soon as possible.**

*You can't stay in your corner of the forest waiting for others to come to you. You have to go to them sometimes. – A.A. Milne*

## **Membership and Dues**

Annual membership fees are \$10.00 per year, payable either to the 25 Year Club **OR** the Heritage Club, and are due now for 2020. A renewal form is included for your convenience. Please complete the questionnaire and return with your payment in the envelope provided at your earliest convenience.

**Please note that Chapter correspondence other than the annual newsletter will only be sent to active, ie. dues-paying, members. In addition, you will need your membership number and you must be an active member in order to take advantage of any Heritage Club discounts.**

Associate membership is available to the interested spouses of current members, and to surviving spouses of deceased members who wish to continue to receive correspondence, participate in activities, and keep up with news from their friends in the Club. Paid up Associate Members will be issued their own membership number. If you wish to take advantage of this opportunity, please advise the Terra Nova Chapter President.

A prize draw for paid up Heritage Club members (other than Metro Chapter) is held each year. The lucky winners of small cash prizes for 2019 are Cater King, Alex Noseworthy, and Randolph Budden. The winners were drawn in October by Bas Meaney, witnessed by Marge Keough. Congratulations to this year's winners. A similar draw will be held in late 2020, so be sure to get your dues payment in and get your name in the hat.

Can you help us find our lost members? Missing are: Anna Arnold, Tony Croucher, Harriet Curl, Terry Drover, Charles Easton, Linda Kendell, Helena Lush, Ann Mary McGrath, Mamie

Mullins, and Walter Watkins. If you know them, or know of them, please contact El Holmes directly.

## Discounts and Deals

Membership discounts have been negotiated with Johnson Insurance for home and auto policies, and if you plan to travel a bit, their MEDOC travel plan is a great choice. Recent enhancements to the MEDOC plan have made their coverage even more attractive.

A substantial member's discount is available at all GoodLife Fitness locations. Please note that you must purchase your membership on-line, not at the gym, and you will require your Heritage Club membership number to participate. Details on [Heritageclub.ca](http://Heritageclub.ca), under Links.

The Heritage Club has a partnership with Choice Hotels Canada, including Choice, Comfort, Quality, Clarion, and others. Full details are on our website, under Links.

Also available on the website is information about discounts available on cellphone plans with Telus, and travel opportunities from Collette Travel.

**Remember, you must be a Paid Up member to take advantage of any of these offers.**

*I say luck is when an opportunity comes along and you're prepared for it. – Denzel Washington*

## Scholarship Program

The Heritage Club Scholarship Program has just completed its second successful year, and over the past two years we have had the privilege of assisting six deserving young people with their university education. This year's winners of \$1000 scholarships were Rebecca Salehi of Toronto ON, Evan Sarkozi of Langley BC, and Madison Poitras of Winnipeg, MB. More information about these fine young people is posted on our website. As coordinator of the Scholarship Program I can certainly attest to the quality of the candidates we've seen for these awards, and we are proud to support them in their future endeavours.

The H.C. Scholarship Program is open to dependent children and grandchildren of all active (dues paid for 2 years) members of any Heritage Club Chapter. The full application package is available on the website, and the closing date for applications for the 2020 Program will be June 30, 2020.

Heritage Club members and their families are also eligible to apply for scholarships from Johnson Insurance. Information is available on our website. Please note that you do not have to be a customer of Johnsons, just an active Heritage Club member.

## Website Navigation and Features

As indicated throughout this newsletter, the Heritage Club website can be found at [www.heritageclub.ca](http://www.heritageclub.ca). This site is very attractive and user friendly. The site opens to the National page, on which can be found Links to programs and discounts as indicated elsewhere in the newsletter, as well as useful links to sites such as Great West Life, Sun Life, and the CPC pension plan.

To find out what's happening in your chapter, click on "Select a Chapter" from the home page and choose Terra Nova. There you'll find newsletters, accounts of recent meetings, and pictures from local events, as well as notification of upcoming events. Check back regularly, as new information is added monthly.

If you have any suggestions for content to be included, please pass them on to the Chapter President. We wish to respect our members' privacy, so if you would prefer that your name or photo not be posted to the site, please let the President know.

*If there's a single lesson that life teaches us, it's that wishing doesn't make it so.*  
— Lev Grossman

## Upcoming Events

On Thursday, December 12, 2019 we will be holding a **Christmas Luncheon** at the Clovelly Golf Club, 100 Golf Club Rd. (off Stavanger Drive). Cost of the excellent buffet lunch will be \$30.00 per person, and members are invited to bring their spouses to this event. Contact El Holmes or Eric Howlett prior to December 6th if you will attend. This event is open to all members, so if you plan to be in town for the day and would like to attend, you're very welcome. Just RSVP to El or Eric.

Don't forget to check our website for more information about this and other upcoming events.

## Volunteer Activities

The Santa Letter campaign will be getting underway in the next couple of weeks. If you'd like to participate, contact your local post office. It's a huge project, carried out in a very tight time frame, so the more people who get involved the fewer disappointed children there will be.

The primary charity of the Corporation is the Canada Post Community Foundation. The focus of their efforts is to distribute grants to community groups which offer direct support to programs, initiatives and activities that benefit children. Donations can be made throughout the year, and once a year the Foundation distributes funds to worthy organizations. The Heritage Club fully supports the fund-raising efforts of the Foundation, and we encourage our members to participate wherever you can.

There are many ways to give – whether through the CP Community Foundation, through your local church or service group, hospital foundations, or food bank. Take a look around your community. You may be sure that there are very real needs that you can help to fill. If each of us volunteers an hour, great things can be accomplished.

*Coming together is a beginning, staying together is progress, and working together is success. – Henry Ford*

## Good to know – Tips for retirees and about-to-be's!

### **Motor Vehicle Registration - Reminder**

As of spring 2018, the Newfoundland and Labrador Motor Vehicle Registration Division are no longer mailing out notifications of expiration of registration stickers for our vehicles. The fine for expired registration is significant, but perhaps more significant is that if you are stopped with expired stickers you may not be able to drive your vehicle away from the traffic stop. This could be a major inconvenience and expense as well. No one should rely on their memory alone to make sure this deadline is met. However, although notifications will no longer be mailed out, you can request to be notified by email when your motor vehicle registration comes due. Go to [www.servicenl.gov.nl.ca](http://www.servicenl.gov.nl.ca) and choose Registration Renewal under Vehicle Registration. You will need to update your email address in order to activate reminder notifications. For peace of mind, do it today.

### **Your Benefits Contact Numbers**

C.P.C Pension	1-877-480-9220
Superannuation	1-800-561-7930
C.P.P./O.A.S.	1-800-277-9914
Great West Life	1-866-249-5723
Access H.R.	1-877-807-9090
Passport	1-800-567-6868

## Decluttering? What to do with stuff.

Tell the truth. You hate to throw anything out. We all do, and our excuses – “It’ll come in handy one of these days” or “That cost \$X in 1973” – mean that many of us are one short step away from being featured on an episode of “Hoarders”. One way to deal with our phobia about waste is to ensure that the things we don’t need any more are actually put to good use somewhere. If you know that someone is being helped it should certainly make that clean closet even more attractive.

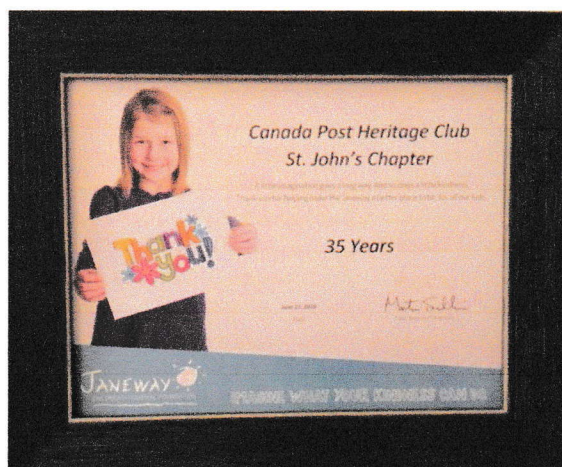
A few suggestions:

- Books – Public libraries often hold book sales and will gladly take your old books to sell. The happy result – new books for all!
- Business attire, men’s suits – Organizations such as the Single Parents’ Association will put them to good use and may help someone land a good job.
- Tshirts, men’s shoes, etc. – Community service groups such as The Gathering Place always have need of these items to assist their clients. That goes for other clothing items as well, especially winter clothing.
- Furniture – Thrift shops and community service organizations such as the Salvation Army and Habitat Restore will take furniture in good condition.
- Blankets, duvets, towels – Your local animal shelters will put these to good use, and they don’t fuss about colors or patterns. Dogs and cats don’t care as long as they’re warm and comfortable.
- Tools – The St. John’s Tool Library is a great service, and they’re always eager to receive good working tools.
- Eyeglasses – The Lions Club Recycle for Sight program has donation boxes at many optometrist offices.

Go ahead – make a start today. Your stuff will make someone else happy, and you’ll have room for lots more new stuff! All good.

May you always have work for your hands to do.  
May your pockets hold always a coin or two.  
May the sun shine bright on your windowpane.  
May the rainbow be certain to follow each rain.  
May the hand of a friend always be near you.  
And may God fill your heart with gladness to cheer you.

- Irish Retirement Blessing



## Postal Employees 25 Year Club Members Honored by Janeway Foundation

At a volunteer luncheon held in June 2019 following the 35<sup>th</sup> annual Janeway Telethon, our members were honored with the presentation of a certificate commemorating their 35 years of commitment to this valuable project. Every year since its inception, volunteers from the Postal Employees 25 Year Club have been providing valuable assistance to the Telethon, writing receipts, preparing mailings, and assisting wherever they can.

Congratulations and thank you to every member who has participated over the years. This is a particularly significant recognition coming in this, our anniversary year. While the Canada Post Heritage Club celebrates its 30<sup>th</sup> Anniversary in 2019, the 25 Year Club can take pride in our 5 additional years of dedicated community service. Well done, and Happy 35<sup>th</sup>!

Accepting on behalf of all of our volunteers: L: Adrian Angel (Coordinator for the 25 Year Club), Jim Flynn, Bob Thompson, Noel Rendell, Ralph Wells, and Len Carroll. Karen Duffett, another longtime volunteer, joined them.



## Join us for a Festive Luncheon

---

When?: Thursday, December 12, 2019, at 12:30 p.m.

Where?: Clovelly Golf Club, 100 Golf Course Road (off Stavangar Drive)

How Much?: \$30.00 per person (*\$45.00 value, tax and tip in*)

Who?: Members, spouses welcome

How do I sign up?: Contact one of the following by Friday, December 6<sup>th</sup>. Eldred Holmes at 753-4231, Eric Howlett at 368-2692, or Wayne Murphy at 368-1263

*And bring an appetite!*

## Clovelly Festive Lunch Buffet 2019

---

### APPETIZERS

Rustic bread basket  
Soup du jour  
XIX salad  
Mediterranean couscous salad  
Greek chickpea salad

### ENTREES

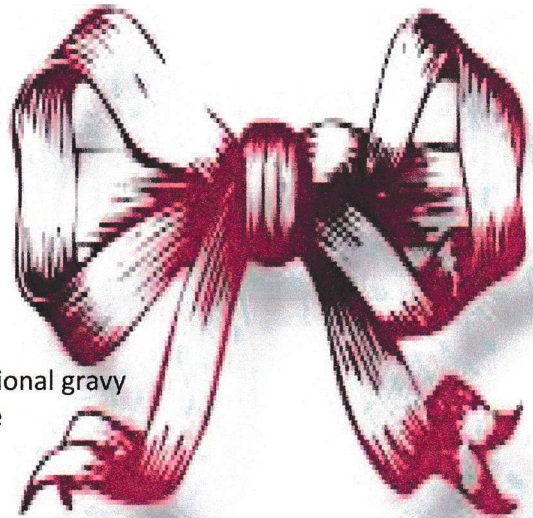
Anti-pesto platter with baguette  
Roasted rosemary baby redskins  
Mashed potato  
Marinated grilled vegetables  
Vegetarian stir fried noodles  
Penne pasta with pesto and sundried tomatoes  
Roasted turkey with sage and brandy infused stuffing and traditional gravy  
Baked cod with NL savory dressing with white wine cream sauce

### DESSERTS

Hot chocolate station  
Fresh fruit platter  
Cheese platter with crackers  
Festive cakes, pastries, cookies, squares

### CARVING STATION

Bourbon glazed strip loin with mushroom jus, spicy mustards and horseradish



**Tea and coffee included,  
Cash bar available**



# Member Updates

If you are planning to move, or have moved, please let us know by completing the appropriate form below.

If you have any information regarding a member's death, please let us know by completing the appropriate form below.

Return all forms to us at P. O. Box 2506, St. John's A1C 6E8, in the envelope which accompanies this newsletter.

## Change of Address Notice

Member # \_\_\_\_\_ (if known)

Name: \_\_\_\_\_

Old Address:

\_\_\_\_\_

\_\_\_\_\_

New Address:

\_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

## Member's Death

Member # \_\_\_\_\_ (if known)

Family Name: \_\_\_\_\_

Given Name: \_\_\_\_\_

Date of Death: \_\_\_\_\_

Last Address:

\_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_



## 30<sup>th</sup> Anniversary Prize Draw

---

You could own this beautiful print. All proceeds go to the Canada Post Community Foundation, supporting local programs which benefit children.

This print is a Canada Post collectible, and is from the Birds of Canada collection. Frame size, 14 x 18", ready to hang in your home.

Draw open to all dues paying Heritage Club members, drawing to take place January 31<sup>st</sup>, 2020. Tickets are \$2.00 each, 3 for \$5.00. Simply fill out the tickets below and return with your payment in the dues envelope provided. Thank you for your support!

Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

Please complete and return this questionnaire with your dues payment.



## Terra Nova Chapter Questionnaire – December 2019

**Your Name** \_\_\_\_\_

Has your address changed? If so, your new mailing address is:

Do you have an e-mail address? \_\_\_\_\_  
**A complete registry of e-mail addresses will help us communicate with you better.**

Do you currently volunteer in your community? Yes ☐ No ☐

If so, what sort of organizations do you work with? \_\_\_\_\_

How many hours per year do you estimate you volunteer? \_\_\_\_\_

*Opt out? I no longer wish to be a member of the Heritage Club nor to receive correspondence from the Club.*

\_\_\_\_\_  
*Signature of member*

**Your Name** \_\_\_\_\_

**Dues: \$10.00 per year – 2020 payable on receipt**

Amount Enclosed \_\_\_\_\_

**Cheques payable to Terra Nova Chapter, Heritage Club.**

*Please note: Send \$10.00 only. If you have already paid dues to the 25 Year Club, it is not necessary to pay to the Heritage Club as well.*

Please complete and return this questionnaire with your dues payment.