



Parkland News

January 2019

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President's Message:

Happy New Year Parkland and welcome to 2019.

Thirty years ago, Canada Post initiated an association dedicated to long term employees and retirees of the company. It consists of those that have completed 25 years of service or have retired with at least 10 years of service.

The Heritage Club was set up to recognize these members and to provide a way for them to participate in activities and to do volunteer community work thus the motto "People Helping People".

Through these 30 years the club has evolved to what we have today, which is an organization that works together in the community but also enjoys the camaraderie of social activities.

So, I welcome all new members to join with our existing membership to make the year 2019 another great and productive year for Parkland Chapter.

Lloyd Rogowski
President Parkland Chapter

Upcoming Events

Bowling
2nd Tue of the month

February Lunch
Feb 21, 2019

Spring BBQ
June 6, 2019

Fall Banquet
TBD

Annual General
Meeting
Oct 10, 2019



WE'RE ON-LINE:

Our website; www.heritageclub.ca has undergone a facelift. Log on and have a look

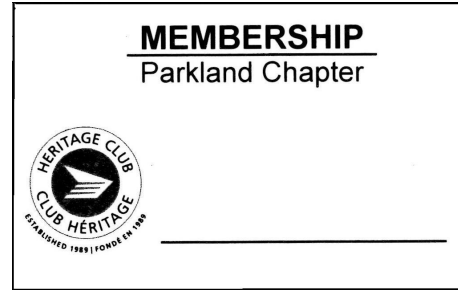


MEMBERSHIP:

The 2019 membership drive is now underway. Please complete the enclosed membership form and submit your 2019 membership dues by mailing the form, and your cheque to the address shown on the form, by February 15, 2019.

Please remember that our Heritage Club chapter receives only a portion of our funding through the national office, (from Canada Post Corporation, and other club sponsors), and that your membership dues represent a large portion of our chapter's annual income.

We are updating our membership database with email addresses for those that have them. **We encourage you to provide an email address, if you have one,** as it is a quick and cost-effective way of quickly informing members of news items and upcoming events between issues of the newsletter.



Members will receive a card like the one shown above as acknowledgement of payment

If at any time you are unsure of the status of your membership dues, or have any other questions regarding membership, please feel free to contact your membership representative, Judy Broomhall at (780)481-8627 or parklandheritageclub@gmail.com .

Reporting Volunteer Hours:

Each year our chapter President submits a report of all volunteer hours worked by members of the chapter. These hours include not only volunteer hours with the Heritage Club, but also time worked in community events such as; fundraising activities, work done with religious or seniors' organizations, or working with children groups, example coaching. Anything relating to volunteering counts in the report.

The Heritage Club National Community Service Award is awarded each year to a chapter demonstrating that they are actively meeting our club's motto of "people helping

people". Parkland Chapter has won this award in the past in large part because of the number of volunteer hours reported by our members.

Please help us demonstrate that we are one of the most active chapters. There is a Volunteer Hours reporting form on the bottom of the Membership Renewal form. This form should be used to report volunteer hours worked by members of Parkland Chapter for the betterment of the community. Please specify if the time worked is per week, month, or year,

Annual General Meeting:

The 2018 Annual General Meeting was held October 11, 2018 at the Beijing Buffet in conjunction with the October quarterly luncheon.

At this meeting, the positions of 1ST. Vice President and Secretary were up for election. Rene Plouffe was re-elected as 1ST. Vice President and Bob Broomhall was re-elected as

Secretary.

Congratulations to the above members and thank you for allowing your name to stand. Our thanks also to the Nominating Committee.

A date was set for the 2019 Annual General Meeting. The 2019 AGM will be held on October 10, 2019 again in conjunction with the October quarterly luncheon.

*If you cross a four-leaf clover with poison ivy,
will you get a rash of good luck?*

Quarterly Luncheons

In 2019, Parkland Chapter will once again be hosting quarterly luncheons and social get togethers.

Our first event for 2019 will be on:

Thursday February 21, 2019

11:30 AM

Buffet Royale
12866 Fort Road
Edmonton AB

Please note the new location

Come and enjoy a great lunch at a great price and share some good times with old and new friends.



Santa made a visit to the Christmas Luncheon held on December 13.

Please call Rene Plouffe 780-476-7230 or Lloyd Rogowski 780-458-8936 to confirm attendance.

Spring BBQ



Your club executive is already busy planning the 2019 Spring BBQ.

Mark your calendar. The 2019 BBQ will take place on Thursday June 6 at the Devon Lions Park.

We will be sending out another Newsletter later in the spring that will contain complete information about this popular event, as well as the usual registration form.

2018 Fall Banquet:

On September 22, Parkland Chapter held our Annual Fall Banquet, at Edmonton's Continental Inn. It was a great night with lots of visiting and good conversation, catching up on summer adventures and upcoming winter plans. As usual, the food was excellent, and the desserts even better. The evening entertainment was a local singer/song-writer who had the crowd singing along and up dancing for several sets.

A raffle of several donated items resulted in a donation of \$300 to the Edmonton Food Bank.

If you have not attended the banquet, or have not attended for a while, we would encourage you to consider attending next fall. The executive works hard to make this the very best deal around for a terrific meal and an evening of entertainment.



The executive is currently reviewing the date and location for the 2019 Fall banquet. It has been agreed that if possible, it will be on the weekend of Sept 21/22. We will have more details in the Spring newsletter

*What do you call a pony with a cough?
A little hoarse*

Food Bank

Thank you to all those members that came out to help at the food bank on October 18 and December 20. We know this is a busy time for everyone, but we had a full team of 16 volunteers out on both dates to help sort a lot of food. Most of us were very surprised at the volume and variety of food that comes in for donations.

Our next event is February 14 and then again on March 21. We will require 8 volunteers for each of those dates. If you would like to add your name to the list of volunteers working the food bank, please contact:

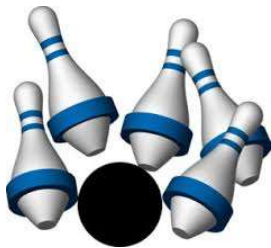
Paul Otto
Heritage Club Food Bank Coordinator
780-484-8636
protto@shaw.ca



Our December 20 team. Sorry no picture from October 18

We would like to build our core list of volunteers for this once a month adventure of giving back to our community and feeling good about it. If you know of anyone else that would be interested, please pass this on to them

Bowling:



Several members have asked that we form a bowling group.

We have decided that initially we will offer a bowling outing on the 2nd Tuesday of each month, at 1:00 PM at:

The Bronx Bowling Centre

12940 – 127 Street, Edmonton.

Our initial outings will take place on Tuesday January 8, 2019, and then February 12, March 12, and April 9.

If you would like to join us, please let us know by calling Lloyd Rogowski at 780-458-8936 or by email at: l62strat@gmail.com

Santa Letter Writing Program 2018

Canada Post's Santa Letter-writing Program officially began 34 years ago, though local programs began even earlier. For the past 14 years, the program has averaged one million letters or more a year. More than 6,000 Canada Post volunteers, both staff, and retirees help the Jolly Old Elf with Canada Post's Write to Santa program. Every year, children, of all ages, writing to Santa receive a personal reply.

But even before that flurry of activity in December, the Northern Alberta Postal Elves are already busy.



Edmonton Festival of Trees – November 29 – December 2

The annual Festival of Trees, which supports the University of Alberta Hospital Foundation draws more than 38,000 people every year. For many years, Canada Post and the Heritage Club have run a booth at the festival where postal elves assist more than 4,000 children to write their letter to Santa Claus.

Santa's Workshop

After the Festival of Trees, it's on to Santa's workshop to help the Jolly Old Elf with all the mail that he receives from children of all ages. The workshop is the central hub for the letter writing campaign, and it is a very busy place for 3 weeks in December. This year, the workshop handled over 37,000 letters in a 3-week period sorting, counting and putting the mail into

bundles that can be distributed to the many elves that actually read and reply on behalf of Santa.

Santa's Parkland Elves then answered over 26,000 of those letters. *That's Amazing !!*. A Huge Thank-You to all of you that helped out.



Obituaries:

It is always with a heavy heart that we hear of the passing of some of our members. We have been made aware that the following people have passed away:

Nancy Widgiz
Brian Goodhope
Nicholas Petruk

Sandy Lutic
John Dykun

If you are aware of a member's passing, can you please contact one of the executives, and let us know the name, date, and any information that you may be aware of, as to their career with Canada Post.

New Members:

The Parkland Chapter of the Canada Post Heritage Club is pleased to welcome the following new members of the Parkland Chapter:

Janet Woods - Jasper
Jody Dalweg - Donalda
David Macchonic - Camrose
Douglas Thomson - Edmonton
James Massey - Edmonton
Deborah Orr - Edmonton

Theresa Kaucky - Edmonton
Catherine Morgan - Edmonton
Peter Elcombe - Edmonton
Robert Dam - Edmonton
Alexander Petersen - St. Albert
Darlene Fournier-Lang - Edmonton

*What wears a coat all winter, and pants in the summer?
A dog*

2019 TRAVEL OPPORTUNITIES CANADA POST HERITAGE CLUB MEMBERS AND FRIENDS



February 2, 2019, – 7-night Mexico cruise on the Carnival Splendour, visiting Cabo San Lucas and 2 nights in Puerto Vallarta. Long Beach, California, Return. Inside cabins from \$602.00 CAD pp plus taxes; Ocean view from \$668.00 CAD pp and balconies from \$1040.0 CAD pp .Taxes are additional \$147.00 pp. Airfare is extra.

March 31, 2019, 15-day spring bus trip visiting Baker City, Oregon; Salt Lake City; Page, Arizona (,2 nights); Sedona, Arizona (3 nights); Tempe, Arizona area (2nights); Las Vegas (3 nights); Reno; Springfield, Oregon. Lots of optional side trips. \$1679.00 for double occupancy.\$2747.00 single occupancy. **Register now for this popular bus trip. Sells out quickly.** Contact the Heritage Club Travel office for more details. See the contact information at the bottom of the page.

April 13, 2019, 21-day cruise, Fort Lauderdale to Vancouver through the Panama Canal on the Oosterdam. Insides starting at \$2209.00 CAD pp plus taxes.

May 14, 2019, 4-night Alaska cruise to Ketchikan and return on the Golden Princess. A great trip for new cruisers. Insides starting at \$561.00 CAD plus taxes per person. Great Mother's Day gift.

May 5, 2019, 7-night repositioning cruise from Honolulu to Vancouver on the Noordam, starting at \$913.00 pp including taxes. Fly to Honolulu for a few days pre-cruise.

June 20, 2019, 10-day Alaska Cruise, on the elegant and traditional Queen Elizabeth ship is coming to Vancouver 2019!!! A great opportunity for all who have had a Cunard Cruise on the bucket list but didn't want the flight or transatlantic cruise trip to Europe. The Queen E. will depart and return to Vancouver visiting on route Ketchikan, Tracy Arm, Juneau, Skagway, Icy Strait Point, Sitka and Victoria. Call or email the Heritage Club office for availability and pricing. **Only few cabins left.**

June 30, 2019, 7-nights Alaska Cruise, Vancouver to Anchorage on the Westerdam. Visit Ketchikan, Juneau, Skagway and Glacier Bay. Inside cabins from \$1249.00 plus taxes \$300.00 CAD pp. With this trip, you can fly home from Anchorage or continue on a land tour to Denali, etc. before flying home or you can stay on the ship and cruise, 7-days back to Vancouver with a full day in Seward for salmon/ halibut fishing or to explore the Kenai Fjords while in Seward. Call the Heritage Club for information on all these options.

HERITAGE CLUB Travel Contact Information:

PHONE: 604 482 4311 or email: vanfrasernews@gmail.com

REMINDER: Be sure you have out of country travel insurance for any trip you book and that it is active before any cancellation penalty fees are in effect for your trip. For those with MEDOC, ensure you have renewed your Heritage Club Membership for 2019 and paid your dues to be covered. Contact your Heritage Club chapter office for info on MEDOC and for more information on any trips.

Travel - a change of latitude that helps my attitude.

Heritage Club - Membership Benefits

There are many benefits to joining and maintaining an active status in the Canada Post Heritage Club. See our website for details on many of these offers.

1. Reduced prices on club activities, such as the Spring BBQ and Fall Banquet.
2. Access to MEDOC Travel Insurance through Johnson Insurance. A comprehensive group travel insurance plan that provides up to \$5 Million emergency medical coverage when travelling outside your province or outside of Canada, for an unlimited number of trips less than 40 days. Extended coverage is available for up to 182 days. This is one of the most affordable travel policies around. See our website for more detail.
3. Access to reduced rates on Home and Auto Insurance through Johnson Insurance. Discounts of up to 35%.
4. Access to reduced membership fees at Goodlife Fitness. Members of the Heritage Club get a 50% discount off the regular prices. This includes access to all GoodLife locations. World renowned Group Fitness classes, and professionally trained staff assist you in achieving your goals. You must be a paid member of the Heritage Club to get the discount and you will require your Heritage Club number to access the information regarding this program. To learn more about this offer, go to our website.
5. Access to a great corporate rate at all Choice hotel properties worldwide. Includes; Comfort Inns, Quality Inns, Econolodge and Rodeway Inns.
6. Access to professional Relocation Services. Great when you are looking to downsize or relocate. See our website for more details.
7. Telus Mobility - Heritage Club / Canada Post Purchase Plan. Discounts on cellular phones and cellular phone services. Available from an Ontario dealer, but they ship for free. Cell plans are very competitive – members should check prices locally as well.
8. Heritage Club Scholarship Program - 2019
The Heritage Club awards three (3) scholarships to children or grand-children of all dues paying members of the Heritage Club. The scholarships are valued at \$1,000 for university and \$500 for college studies. The scholarships will be awarded to students starting, for the first time, their first year of full-time studies.



HERITAGE CLUB SCHOLARSHIP PROGRAM - 2019

The Heritage Club is planning to award three (3) scholarships to children or grand-children of all dues paying members of the Heritage Club. The scholarships are valued at \$1,000 each for university or college studies. The scholarships will be awarded to students starting, for the first time, their first year of full-time studies.

ELIGIBILITY CRITERIA

Dependent children, including adopted children and stepchildren, grandchildren, wards in legal guardianship of all active members (dues paying member for the last 2 years) of a Heritage Club Chapter. Applicants who have previously received a Heritage Club scholarship are not eligible.

APPLICATION DEADLINE

Submissions must be postmarked on or before June 28, 2019

HOW TO OBTAIN AN APPLICATION PACKAGE

Please contact Lloyd Rogowski, Parkland Chapter President at: parklandheritageclub@gmail.com

*Why don't ants get sick?
Because they have little anty-bodies*

Heritage Club - Parkland Chapter 28

2019 Executive



President

Lloyd Rogowski
(780) 458-8936



Secretary:

Bob Broomhall
(780) 481-8627



1st Vice President:

Rene Plouffe
(780) 476-7230



Treasurer:

Bill Kobitowich
(780) 476-8265



2nd Vice President:

Paul Otto
(780) 484-8636

Past President:

Committee Members:

Bill Chrapko

Helen Chrapko

Doreen Rogowski

You can also contact us via our email address. If you have any questions, comments or concerns, please feel free to let us know by sending us an email at parklandheritageclub@gmail.com

The executive will do their best to serve the members of the Parkland Chapter in every way possible. Please do not hesitate to call any one of us to answer any of your questions.

Congratulations:

The inaugural year of our new Scholarship Program was very successful. We saw two \$1,000 scholarships awarded to two remarkable young women from of our Parkland entries. We wish them both every success in their university years and beyond.

Elizabeth Lang, of Edmonton AB, is the daughter of Parkland members James Lang and Darlene Fournier-Lang. An Honor student and avid hockey player, Elizabeth volunteers many hours with her church and community, including spending time every week with seniors with dementia through the Touchmark Memory Care Unit. Elizabeth will be attending the University of Calgary, with the goal of going on to medical school.

Hannah Ronsky, of Calgary AB, is the granddaughter of Parkland member Nick Ronsky. She is a successful student who keeps her scholastic standards high while participating in and initiating numerous volunteer activities. Hannah will be attending the University of Calgary, where she intends to further her studies in sports medicine.

Whenever you feel sad, remember, that somewhere in the world there's a guy pulling on a door that says "push".