



Parkland News

January 2018

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President's Message:

Hello Parkland members.

Welcome to 2018. I hope you all are staying warm, as we have been hit with some pretty brutal winter weather lately. It makes us want to be some place warmer which I know some of you are able to do, but some of us just have to grin and bear it.

We had another successful Santa Letter campaign and I thank all the many volunteers who came forward to assist in the various programs which were facilitated by Bob and Judy Broomhall. Great work as always you two.

Once again it is that time of year when we start our annual membership drive. I encourage you all to get your membership dues in, so you can benefit from the many perks and activities offered to active members of the club.

In case you are not aware Good Life Fitness offers our members a great price on gym

memberships but requires you to be an active club member before you can apply. And I'm sure you are all aware of the great travel insurance offered by Johnson Insurance, just two of the many benefits offered to club members.

Please come out and enjoy our upcoming annual functions and luncheons which take place throughout the year. These will be published further in this newsletter and they are also posted on the web site. These provide us with opportunities in which to share camaraderie with our former fellow workers and acquaintances.

I wish you all a good year ahead and look forward to seeing many of you in the future. Stay healthy and strong.

Lloyd Rogowski
President Parkland Chapter



WE'RE ON-LINE:

Our website; www.heritageclub.ca has undergone a facelift. Log on and have a look



MEMBERSHIP:

The 2018 membership drive is now underway. Please complete the enclosed membership form, and submit your 2018 membership dues by mailing the form, and your cheque to the address shown on the form, by February 15, 2018.

Please remember that our Heritage Club chapter receives only a portion of our funding through the national office, (from Canada Post Corporation, and other club sponsors), and that your membership dues represent a large portion of our chapter's annual income.

We are updating our membership database with email addresses for those that have them. **We encourage you to provide an email address, if you have one,** as it is a quick and cost-effective way of quickly informing members of news items and upcoming events between issues of the newsletter.



Members will receive a card like the one shown above as acknowledgement of payment

If at any time you are unsure of the status of your membership dues, or have any other questions regarding membership, please feel free to contact your membership representative, Judy Broomhall at (780)481-8627 or parklandheritageclub@gmail.com .

Reporting Volunteer Hours:

Each year our chapter President submits a report of all volunteer hours worked by members of the chapter. These hours include not only volunteer hours with the Heritage Club, but also time worked in community events such as; fundraising activities, work done with religious or seniors organizations, or working with children groups, example coaching. Anything relating to volunteering counts in the report.

The Heritage Club National Community Service Award is awarded each year to a chapter demonstrating that they are actively meeting our club's motto of "people helping

people". Parkland Chapter has won this award in the past in large part because of the number of volunteer hours reported by our members.

Please help us demonstrate that we are one of the most active chapters. There is a Volunteer Hours reporting form on the bottom of the Membership Renewal form. This form should be used to report volunteer hours worked by members of Parkland Chapter for the betterment of the community. Please specify if the time worked is per week, month, or year,

Annual General Meeting:

The 2017 Annual General Meeting was held November 9, 2017 at the Beijing Buffet in conjunction with the November quarterly luncheon.

At this meeting, the positions of President, 2nd Vice President and Treasurer were up for election. Lloyd Rogowski was re-elected as President, Paul Otto was re-elected as 2nd Vice President and Bill Kubitowich was re-

elected as Treasurer.

Congratulations to the above members, and thank you for allowing your name to stand. Our thanks also to the Nominating Committee.

A date was set for the 2018 Annual General Meeting. The 2018 AGM will be held on October 11, 2018 again in conjunction with the October quarterly luncheon.

A window company phoned a senior because the bill for windows he had installed a year ago was still unpaid. The senior explained that he owed nothing, as the fast-talking salesman that sold him the windows had promised him that they would pay for themselves in a year.

February Luncheon

In 2018, Parkland Chapter will once again be hosting quarterly luncheons and social get togethers.

Our first event for 2018 will be on:

**Thursday February 8, 2018
11:30 AM**

Beijing House Buffet
13619 St Albert Trail,
Edmonton, AB

Come and enjoy a great lunch at a great price, and share some good times with old and new friends.



Please call Rene Plouffe 780-476-7230 or Lloyd Rogowski 780-458-8936 to confirm attendance.

Spring BBQ



Yeewah!! Baby it's Cold Outside!!!!

Looking outside, it's hard to believe that in 5 months we'll hopefully be in shorts and enjoying nice summer weather, and BBQ's

So, with that in mind, your club executive is already busy planning the 2018 Spring BBQ.

Mark your calendar. The 2018 BBQ will take place on Thursday June 7 at the Devon Lions Park.

We will be sending out another Newsletter later in the spring that will contain complete information about this popular event, as well as the usual registration form.

2017 Fall Banquet:

September 23 saw many members gathered together at Edmonton's Continental Inn for Parkland Chapter's annual banquet. The banquet is a must for those wanting a chance to meet up with old friends and former co-workers and find out what adventures they have had over the summer, and what plans they have for upcoming activities over the winter.

As usual the meal was excellent, and no one went away hungry. The evening entertainment saw the return of a favorite country duo. There was also a lot of visiting and good conversation throughout the evening

The raffle of several donated items resulted in a donation of \$300 to Ronald MacDonald House.

The executive works hard to make this the very best deal around for a great meal and an evening of entertainment. We strongly urge all our members to

come out and join us for these events. You may be surprised at who you run into, and at the very least you'll leave with having made a few new friends.

Mark your calendars now for the 2018 banquet which will be held September 22, 2018 at the Continental Inn.



Santa Letter Writing Program 2017

More than 6,000 Canada Post volunteers, both staff, and retirees help the Jolly Old Elf with Canada Post's Write to Santa program. Every year, over a million children from all around the world, take advantage of the program by writing to Santa and receiving a personal reply. But even before that flurry of activity in December, the Northern Alberta Postal Elves are already busy.



Edmonton Festival of Trees – November 30 – December 3

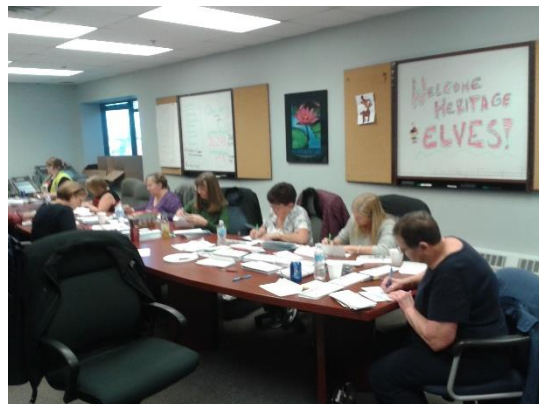
The annual Festival of Trees, which supports the University of Alberta Hospital Foundation draws more than 38,000 people every year. For many years, Canada Post and the Heritage Club have run a booth at the festival where postal elves assist more than 4,000 children to write their letter to Santa Claus.



Santa's Workshop

Then it is onto the main job of handling the mountain of mail that Santa receives every year. To ensure every letter is answered in a timely manner, Santa divides the workload by region. This year, the Northern Alberta Postal Elves handled over 50,000 letters in a 3-week period. The Edmonton workshop handled just over 40,000 letters, and the Parkland Chapter Heritage Club members, assisted by answering an amazing 30,000 of those letters.

Santa sends a special thank-you to all those amazing people that help keep the spirit of Christmas alive for families and wishes each of his postal elves a happy, healthy and prosperous new year.



OBITUARIES:

It is always with a heavy heart that we hear of the passing of some of our members. We have been made aware that the following people have passed away:

Joe Hunter
Denis Pouliot
Jane Speer

Jean Beasley
Edward Shpur
Clemens Schneider

Lorraine Todd

If you are aware of a member's passing, can you please contact one of the executive, and let us know the name, date, and any information that you may be aware of, as to their career with Canada Post.

New Members:

The Parkland Chapter of the Canada Post Heritage Club is pleased to welcome the following new members of the Parkland Chapter:

Lois Coonan - Wandering River
Randall Smith - Edmonton
Sandra L Fallscheer - Lloydminster
Dale Johnson - Camrose
Leslie Lesiuk - Edmonton

Patricia Morphy - Wetaskiwin
Milly Chung - Edmonton
Janet Doherty - Spruce Grove

Do You Know Where These People Are?

We have had mail returned for the following people. We suspect many of them may have moved, but we do not know their forwarding address. If you know the whereabouts of any of the following people, can you please contact Judy Broomhall at parklandheritageclub@gmail.com, or 780-481-8627, or any of the executive (contact info on last page).

Rick Albert - Edmonton
Kaireen Bartlett - Edmonton
Bret Bell - Lacombe
Cecil Brown - St Albert
Edward Cador - Edmonton
Sonia Ann Cherniwchan - Edmonton
Charles Coops - Edmonton
Joseph Delhez - Edmonton
Donald Frischknet - Edmonton
Jean Gilbert - Rochon Sands

Myrtle Lehman - New Sarepta
William Mchendry - Edmonton
Reginald Morin - Vernon
Mary Romaniuk - Vegreville
M. Semotiuk - Vegreville
Douglas Shrimpton - Sherwood Park
Evelyn Stanley - Worsley
Dianna L. Younker - Edmonton

Pension Plan Update

This article applies only to those members that have retired after Oct 1, 2000, and are under the Canada Post Pension Plan.

In February 2014, the Government of Canada introduced a bill titled "Canada Post Corporation Pension Plan Funding Regulations". The bill provided relief to Canada Post from the need to make special solvency payments into the Canada Post Pension Plan for four years (2014 to 2017).

On June 23, 2017 the Government of Canada brought in changes to The Pension Benefits Standards Regulations, 1985. The changes provide federally

regulated pension plans, like Canada Post, with relief from the need to make special payments into their pension plan. Because of this regulatory change, Canada Post does not expect to have to make any special payments in 2018, provided that market conditions remain constant.

In addition, the Government of Canada's review of Canada Post is still underway, and the Pension Plan's sustainability is part of that review. The government had indicated that it would make a decision about the future of postal service by the end of 2017, however that has not happened, and we do not yet know what the government will decide.

*The things that come to those who wait.
May be the things left by those who got there first*

TRAVEL OPPORTUNITIES 2018



February 4, 2018 - 21 days Caribbean Cruise, on the Eurodam, Fort Lauderdale return, visiting Nassau, Turks and Caicos, Bonaire, Curacao, Aruba, St Maarten, St. Lucia, Barbados, Martinique, Antigua, St. Thomas, Half Moon Cays. Inside cabins from \$2600.00 CAD plus taxes \$366.00pp. 10 days on same ship with inside cabins starting at \$1299.00 CAD plus taxes \$180.00.

April 9, 2018 - 14-day Spring Bus Trip visiting Oregon, Salt Lake City, Moab, Utah; Santa Fe, New Mexico (3 nights); Grand Canyon, overnight in park, Las Vegas ,4 nights, Wendover and Pendleton. \$1659.00 CAD per person, based on two sharing a room.

April 18, 2018 - 21day Panama Canal Repositioning cruise on the Nieuw Amsterdam, Fort Lauderdale to Vancouver, visiting Cartagena, Costa Rica, Guatemala, Puerto Chiapas, Huatulco, Manzanillo, Puerto Vallarta, Cabo San Lucas, San Diego, and Victoria. Inside cabins from \$2209.00 CAD pp plus taxes \$630.00.

April 25, 2018 - 10-day Pacific Coastal cruise, Vancouver to Vancouver on the Star Princess. Visit Los Angeles, Santa Barbara, Monterey, and San Francisco (overnight). Inside cabins from \$1249.00 plus taxes \$231.00CAD pp and balconies from \$1999.00 plus taxes CAD pp.

April 13,2018 40day Sydney, Australia to Vancouver, visit Tasmania, 7 ports in New Zealand-Milford Sound, Dunedin, Christchurch, Picton, Wellington, Rotorua, New Caledonia, Vanuatu, Fiji, American Samoa, Honolulu, Lahaina, Kauai, Vancouver. Inside cabins from \$6044.00 CAD pp plus taxes \$816.00pp.

May 6, 2018 - Western Canada Heritage Club Alaska Cruise- 7 day/6-night Alaska cruise, Vancouver to Vancouver, on the Noordam, visiting Tracy Arm (or Endicott) Juneau(overnight) and Ketchikan. Inside cabins-- Limited special pricing for Heritage Club members- \$700.00 plus \$214.00 CAD taxes pp. Balconies from \$1065.00 CAD pp. These rates will go quickly.

REMINDER: Be sure you have out of country travel insurance for any trip you book and that it is active before any cancellation penalty fees are in effect for your trip. For those with MEDOC, ensure you have renewed your Heritage Club Membership for 2018 and paid your dues to be covered. Contact your Heritage Club chapter office for info on MEDOC and for more information on any trips.

HERITAGE CLUB Travel Contact Information:

PHONE: 604 482 4311 or email: vanfrasernews@gmail.com

Did You Know?

Nunavut is the newest, largest, and northernmost territory of Canada. It was separated officially from the Northwest Territories on April 1, 1999, It is located in the central and eastern area of Canada's arctic. It has a population of 35,944, mostly Inuit, spread over an area of just over 1,750,000 sq. km (680,000sq mi), only slightly smaller than Mexico. The capital is Iqaluit, formerly "Frobisher Bay", on Baffin Island It is Canada's only geo-political region that is not connected to the rest of North America by highway.

*What is the best way to communicate with a fish?
Drop him a line*

Heritage Club - Membership Benefits

There are many benefits to joining and maintaining an active status in the Canada Post Heritage Club. See our website for details on many of these offers.

1. Reduced prices on club activities, such as the Spring BBQ and Fall Banquet.
2. Access to MEDOC Travel Insurance through Johnson Insurance. A comprehensive group travel insurance plan that provides up to \$5 Million emergency medical coverage when travelling outside your province or outside of Canada, for an unlimited number of trips less than 40 days. Extended coverage is available for up to 182 days. This is one of the most affordable travel policies around. See our website for more detail.
3. Access to reduced rates on Home and Auto Insurance through Johnson Insurance. Discounts of up to 35%.
4. Access to reduced membership fees at Goodlife Fitness. Members of the Heritage Club get a 50% discount off the regular prices. This includes access to all GoodLife locations and Energie Cardio locations in Quebec. World renowned Group Fitness classes, and professionally trained staff assist you in achieving your goals. You must be a paid member of the Heritage Club to get the discount and you will require your Heritage Club number to access the information regarding this program. To learn more about this offer, go to our website.
5. Access to a great corporate rate at all Choice hotel properties worldwide. Includes; Comfort Inns, Quality Inns, Econolodge and Rodeway Inns.
6. Access to professional Relocation Services. Great when you are looking to downsize or relocate. See our website for more details.
7. Telus Mobility - Heritage Club / Canada Post Purchase Plan. Discounts on cellular phones and cellular phone services. Available from an Ontario dealer, but they ship for free. Cell plans are very competitive – members should check prices locally as well.
8. Heritage Club Scholarship Program - 2018
The Heritage Club is planning on awarding three (3) scholarships to children or grand children of all dues paying members of the Heritage Club. The scholarships are valued at \$1,000 for university and \$500 for college studies. The scholarships will be awarded to students starting, for the first time, their first year of full time studies.



Did you Know??

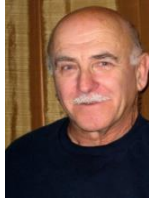
In Antarctica on Aug. 20, 2010, the temperature dropped to a whopping -93.2 C, the lowest recorded temperature in the world. In comparison to a temperature like that, Canada's Arctic Coast seems like a day at the beach! In honor of icy weather, here are a few fun facts about the cold.

- The coldest day in Canada was on Feb. 3, 1947 in Snag, Yukon. At a brisk -63 C, the temperature is still the coldest recorded in North America.
- Senior climatologist at Environment Canada David Phillips says that the Yukon, Greenland, Siberia, Antarctica and Alaska are the only five places he knows that reach temperatures lower than -60 C.
- In terms of year-round temperature, Phillips says Canada is the second coldest country in the world, with an average year-round temperature of -3.6 C. Russia has the honor of first place at -5.3 C.
- In the past 30 years, the average nighttime low in Canada for December, January and February was -26.7 C.
- Nunavut is the coldest territory in the winter, with an average daily temperature of -33.4 C, while Manitoba is the coldest winter province at -25.1 C. Nova Scotia is the warmest province, with a balmy average of -8.9 C.
- Despite recent reports that it is the coldest capital city on the planet, Ottawa is the third coldest in terms of mean daily winter temperature after Ulaanbaatar, Mongolia and Astana, Kazakhstan. It is, however, the snowiest capital.
- At -27.6 C, Yellowknife is the coldest winter city with over 10,000 people. Thompson, Man. is second at -25.1 C. While Iqaluit is lower at -29.4 C, it doesn't have over 10,000 residents.
- February, which Phillips says is always considered the coldest month in Canada, was at its worst in 1979 in Eureka, Nunavut with an average overall temperature of -47.9 C.

*What is the difference between a "hill" and a "pill"?
A hill is hard to get up – a pill is hard to get down.*

Heritage Club - Parkland Chapter 28

2018 Executive



President

Lloyd Rogowski
(780) 458-8936



Secretary:

Bob Broomhall
(780) 481-8627



1st Vice President:

Rene Plouffe
(780) 476-7230



Treasurer:

Bill Kobitowich
(780) 476-8265



2nd Vice President:

Paul Otto
(780) 484-8636

Past President:

Committee Members:

Bill Chrapko

Helen Chrapko

Doreen Rogowski

You can also contact us via our email address. If you have any questions, comments or concerns, please feel free to let us know by sending us an email at parklandheritageclub@gmail.com

The executive will do their best to serve the members of the Parkland Chapter in every way possible. Please do not hesitate to call any one of us to answer any of your questions.

