



Parkland News

August 2016

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President's Message

Hello Parkland.

It looks like summer is here and with the rain and heat that we've been getting, things are looking pretty green.

I want to thank everyone who participated in the Spring BBQ. We had a very good turn out and the food was great as usual. It was good to see some new faces this year as well as the perennials. I hope this is an indication that we will see some new people at the next big function which is our Fall Banquet. That event will be here before you know it. Dates and times are posted on the web page and will be covered in more detail in this newsletter.

I would like to encourage you all to participate in all the activities we have such as golf outings, quarterly luncheons. It was brought to my attention recently by Paul

Otto that there are a number of morning breakfast gatherings which are well attended. I have been to a couple and I think these are great. If anyone has a group get together that they would like us to highlight, then please send an email to parklandheritageclub@gmail.com, or let any of the executive know and we will put the details into the next newsletter. Keep up the good work people it does not matter how we do it as long as connections and camaraderie is there in your circle of co workers and friends.

So I wish you all a good summer and look forward to seeing as many of you as possible at the banquet this fall.

Lloyd Rogowski
President Parkland Chapter



WE'RE ON-LINE:

Our website; www.heritageclub.ca has undergone a facelift. Log on and have a look

If ignorance is bliss - Why are there not more happy people?



Fall Banquet:

Parkland Chapter's Annual Fall Banquet is the next event on our schedule for this year. The banquet will be held once again at the Continental Inn West,

A registration form containing all of the information regarding this very popular event is attached as a separate sheet.

This is a great opportunity to enjoy a very reasonably priced evening of great food, and entertainment with old friends and a chance to make some new ones.

If you would like to attend, but require a ride, please contact any of the executive (see back page), and we will ensure arrangements are made to get you there and back home.



Details:

Saturday September 17, 2016.
Cocktails at 5:30 PM
Dinner at 6:30 PM

Continental Inn
16625 Stony Plain Rd
Edmonton, Alberta,

October Luncheon & Annual General Meeting

Our next quarterly luncheon event will be a combined Luncheon and Annual General Meeting. The event will take place on:

Thursday October 13, 2016

11:30 AM

Buffet Royale (South Side)
3318 Gateway Boulevard
Edmonton, AB

Please note the new location !!

Come and enjoy a great lunch at a great price, and share some good times with old and new friends.

The Annual General Meeting will take place at the conclusion of the luncheon.

We know that AGM's are not always the most exciting, so we will try to keep it brief and keep it moving.

Don't want to get roped into something? Not to worry. We do open the floor for nomination of executive positions, but a nominating



committee **ALWAYS** has one of more confirmed candidates in advance of the meeting, so there is **NEVER PRESSURE** for nominated members to let their name stand.

This is a great chance to find out what the club has done throughout the year, to hear plans for the upcoming year, and to have a say in how your club operates.

Coffee Get Togethers:

Are you an early bird? Several Edmonton and area members get together for coffee.

North side - 8:00 AM the first every Tuesday of the month - Londonderry mall- just outside A&W

West end - 8:00 - every Wednesday - Mayfield A&W (Stony Plain Rd & 170 St.)

Spring BBQ:



Our 2016 Spring BBQ held on June 9 in Devon Lion's Park was another great event. The Devon Lions Park is such a great facility for hosting this event.

We had a good turnout again this year. Everyone enjoyed some time visiting and getting caught up with activities and plans of old and new friends. The weather was our friend once again. It was a bit cloudy and breezy, but no rain, although with the large enclosed gazebo, we can still have a good time even in poor weather.

And then of course there was the food. The steaks were cooked to perfection and all of the other salads and accompaniments were excellent, followed by some great dessert items. I'm pretty sure that everyone present

went home well fed. Thank you to Rene Plouffe for all the hard work he puts in to make this event such a success.

If you have not been out to this event, we strongly encourage you to plan on attending the BBQ next spring.

We do recognize that this is an out of town event, and some members may not be comfortable in driving out to Devon, but don't let that be the reason not to attend. For all our events if you are unable to attend because of transportation issues, please get in touch with one of the executive and as long as we have enough advance notice, we will make arrangements to get a ride for you to and from the event.

Did you Know:

The hottest continent on earth is Africa, where a record high of 136.4 degrees F was once recorded.

The coldest continent on earth is Antarctica, where a temperature of 126.9 degrees F below zero was once recorded.

Golf Group:



The Parkland Heritage Club Golf Group continues to meet monthly during the golf season. We organize one golf outing per month for interested members. We attempt to go to a different course each month.

Not a serious golfer. Do you only play once or twice a year? Then you'll fit right in with this group. We are here for fun and camaraderie.

To date, we have had outings in May, June and July and we are planning outings in August, September and October. Call either Bob Broomhall 481-8627, or Larry Kruger 485-0767 for more details.

Santa Letter Writing Program:

It's still summer, and who wants to be thinking of winter and Christmas, but planning is already underway for Parkland Chapter's support for the 2016 Santa Letter Program. Starting in September we will be actively looking for volunteers to help man the Santa Letter Writing Booth at the Festival of Trees in November (a great way to see the Festival of Trees for free), and of course in the preparation, and answering of children's letters to Santa Claus.

If you would like to help with either of these events, please give Bob Broomhall a call at 780-481-8627.



New Members:

The Parkland Chapter of the Canada Post Heritage Club is pleased to welcome the following new members to the Parkland Chapter:

Donald Trohimchuk -
Edmonton

Mark Poiliot -
Edmonton

Clinton Pook -
Edmonton

2017 National Presidents Meeting

Every year in late May or early June all of the Heritage Club Chapter Presidents along with the national executive meet. The meeting locations rotate between chapter locations, and in 2017, Parkland Chapter will be hosting this national presidents meeting from June 1 to 4.

The planning process for this event has already been started, and in the coming months we will be starting to look for volunteers to assist with this event. If you are interested in helping out, please keep the above dates in mind as you make your plans for next year.

Last night I saw a movie with a happy ending
Everyone was glad it was over

Good to Know:

It's summer and we are all out and about far more often, so now is a good time to keep in mind some basic personal safety tips:

When Walking

Always be alert and aware of your surroundings and of the people around you.

Do not be easily distracted Avoid being on a cell phone or with earbuds in your ears listening to music.

Whenever possible, buddy-up when walking into dark parking lots.

Try to stay away from the brush or trees when walking.

Do not respond to conversations from strangers on the street.

Walk confidently, and at a steady pace. If going to your car, have your keys ready in your hand.

Avoid dangerous places at nighttime; visit them during day time hours.

Avoid isolated bus stops. Otherwise, continuously look all around you. Be aware.

Don't open your purse or wallet when boarding a bus; have your fare ready.

Sit as close to the bus driver as possible while on a bus during off-hours.

Be alert for pickpockets on crowded elevators, and other crowded places.

Check your purse or wallet if someone is jostling, crowding or pushing you.

Keep your wallet in your front pocket whenever possible. It is more difficult for pickpockets to remove

Keep flashy jewelry out of sight.

Do not get into an elevator if there is only one other person unless you know and feel



comfortable with that person. Take the next elevator.

Avoid danger spots like quiet or badly-lit alleyways, subways or isolated parking lots.

If you think you are being followed. As confidently as possible, cross the road, turning to see who is behind you. If you are still being followed, keep moving. Make for a busy area such as a shop, restaurant or garage, and tell people what is happening.

Walk facing oncoming traffic whenever possible. This allows you to see who is in parked or slow moving vehicles.

Be extra careful when using ATM machines. Use inside ATM's wherever possible. If possible, use only financial institution ATM's. Make sure nobody is hovering nearby and don't count your money in public.

When Driving

Keep your vehicle locked at all times, whether moving or parked.

View the interior of your car before getting in to make sure no one is hiding inside, even if the doors are locked.

Have your car keys in hand so you do not have to linger before entering your car.

What are two things you can't have for lunch?

Breakfast and Dinner

At night, use well-lit streets and parking lots that are open for easy observation.

Be cautious of any stranger approaching your vehicle. If you feel you are in danger, press the horn repeatedly in short blasts; this will attract attention.

If you think you are being followed, pull in to the nearest gas station or safe place. Do not drive home.

Do not pick up hitchhikers.

Don't drive right up to the bumper of the car in front of you at a red light. Leave enough room to maneuver out of your lane in case you have to get away from there. A good rule of thumb is to be able to see the back tires of the vehicle in front. Do not leave too much room allowing someone to pull in and box you in.

Hide your vehicle registration. Don't leave your registration in the glove box or console. If your vehicle gets stolen, thieves know your address. If possible use a company address on vehicle registrations.

Don't put your home address as the "Go Home" address for your vehicle's navigation system. Use the address of a local business. That way you can easily get going in the right direction, but a thief won't have your home address.

Always inform family or friends if you are traveling, and give them itinerary dates and locations you will visit.

and MOST IMPORTANT

Trust your gut, if it doesn't feel right, it probably isn't.

SECURE YOUR PERSONAL INFORMATION

The Van-Fraser chapter recently published the following article.

The Chapter Presidents recently attended a presentation by a Police Officer regarding the security of Personal Information, Identity Theft and Fraud.

The presentation outlined the importance of safeguarding your Personal Information and offered hints for everyone to follow.



1. Do not carry your SIN card on your person? This is a no /no, as it can easily be stolen along with your personal identity and become a nightmare
2. Only use the Bank full official logon id(www.----) when you log on each and every time to do your on line banking.
3. Conceal your pin # even with an overhead protector, when using an ATM to do your banking or drawing cash. Use an inside bank ATM where ever possible.
4. A Credit Card with a tap feature is more secure when you use the tap, as your card info is not recorded and stored on the interact reader. Also if your card is stolen the Tap feature only has a small limit on it for security.
5. Do not use stand alone ATM's
6. Use a chip protector case on your credit card to prevent scanning from a thief.
7. Only use reputable companies for electronic purchases.
8. Obtain an annual Credit report to protect yourself.
9. Check your Card transactions on line frequently, don't wait till month end.
10. Change your password regularly and do not use birthdates or 1234 or any obvious numbers that might be easily guessed by a thief with lots of time.

Did you hear about the invisible man that married an invisible woman?

Yeah. their kids aren't much to look at either.

TRAVEL OPPORTUNITIES 2016/17

HERITAGE CLUB MEMBERS AND FRIENDS

September 15, 2016 - 10 day Hawaii

Cruise on the Carnival Legend Vancouver to Honolulu. Enjoy five fun filled days on the ship before visiting, Hilo, Kona, Kauai, Maui and Honolulu. Extend your trip with a few days on the beach in Hawaii before flying home. Inside cabins start at \$1075.00; Window cabins from \$1245.00 and Balconies from \$1435.00 Cad pp. Taxes are an additional \$186.39 pp and airfare from Honolulu home is extra.



September 17, 2016 7 day New England

cruise on the Rotterdam. Montreal to Boston (or back to back 14 days Montreal return) Visit Quebec City, Charlottetown, Sydney, Halifax, Bar Harbour., Boston. Inside cabins start at \$1439.00 plus taxes \$305.00 CAD pp. (Limited availability)

October 9, 2016 10 day cruise to California, Vancouver return on the Star Princess. Visit Los Angeles, Catalina Island, Santa Barbara and 2 days in San Francisco. No flights! This cruise was a highlight for members last year. Inside cabins starting at \$1349.00 plus taxes \$270.00 CAD pp.

October 30, 2016 12 day Caribbean cruise, Boston to Fort Lauderdale on the Serenade of the Seas. Inside cabins starting at \$1292.00 CAD per person plus taxes 170.00 pp. Visit St. Thomas, St. Maarten, St. Lucia, Curaçao and Aruba ,plus some relaxing days at sea.

January 10, 2017 21 day cruise to ANTARTICA on the Zaandam, Buenos Aires, Argentina to Valparaiso, Chile. Cabins starting at \$3900.00 CAD pp plus taxes \$616.00CAD pp

January 31, 2017 21day cruise to ANTARTICA from Valparaiso, Chile to Buenos Aires, Argentina. Cabin starting at \$3900.00 CAD pp plus taxes \$667.00 CAD pp. Airfare is extra.

Note: You can combine these two cruises for more time in South America, making it a 42 day cruise. Quite a few Heritage Club members have already booked. Join our group!

April 15 2017 - Tentative date for the Spring Vegas bus trip. Check the next newsletter for more details.

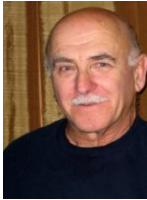
REMINDER: Be sure you have out of country travel insurance for any trip you book and be sure that it is active before any cancellation penalty fees are in effect for your trip. For those with MEDOC, ensure you have renewed your Heritage Club Membership for 2016 and paid your dues to be covered. Contact the Heritage Club office for info on MEDOC and a registration package.

Call the Heritage Club office at 604-482-4311 to reserve or for more information

When preparing to travel, lay out all your clothes and all your money. Then take half the clothes and twice the money

Heritage Club - Parkland Chapter 28

2016 Executive



President

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Secretary:

Bob Broomhall
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1st Vice President:

Rene Plouffe
(780) 476-7230



Treasurer:

Bill Kobitowich
(780) 476-8265



2nd Vice President:

Paul Otto
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Past President:

Committee Members:

Bill Chrapko

Helen Chrapko

Doreen Rogowski

You can also contact us via our email address. If you have any questions, comments or concerns, please feel free to let us know by sending us an email at parklandheritageclub@gmail.com

