



HUMBER

est. 1989 | *People helping people*

NEWSLETTER

2017



HUMBER CHAPTER EXECUTIVE

PRESIDENT: Diane Biggs
1st VICE PRESIDENT: Steve Walcott
2nd VICE PRESIDENT: Open
3rd VICE PRESIDENT: Open
TREASURER: Barnie Joosten
SECRETARY: Jayne Clayton

PRESIDENT'S MESSAGE

Another exciting and vibrant year has ended and we look forward to all of you joining us in the celebration and welcoming of the year 2017. Thank you to all of our members who continue to support our Humber Chapter by attending our banquets. Also, a warm welcome to all of our new members.

The Heritage Club election time is here again. The positions up for nomination this year are; 1st Vice President, 3rd Vice President and Secretary. There is a nomination form included with this newsletter. I encourage you to send back the nomination form to ensure your candidate of choice is included.

Finally, I wish to thank the Humber Executive Team members for their continual work in the organization and participation in support of the Humber Chapter

SAVE THE DATE!

We are happy to announce the dates of our upcoming Humber banquets

SPRING April 29

SUMMER June 24

AUTUMN September 23

WINTER (Christmas) November 18

Our Spring Celebration banquet will be held at the Mandarin Restaurant located at 87 Matheson Blvd East, in Mississauga, ON. The closest intersection is Hurontario St and Matheson Blvd East. There is ample parking at this location.

MEMBERSHIP

All Heritage Clubs have been advised to become self-sufficient. Our chapter has a \$10.00 (ten dollar) annual membership fee. This fee will enable you to remain an active member and will be returned by way of subsidizing events that our chapter sponsors and that you attend. The members who donate ten dollars are also eligible to gain entry to the fitness centre at Gateway. Any questions about Goodlife Fitness can be directed to Jim Sandall at the Thames Chapter of the Heritage Club (519) 686-8440, jamessandall@rogers.com. For a complete listing of Goodlife Fitness locations, visit www.goodlifefitness.com

Non-active members will remain on the mailing list for information from the National Office.

Any members who would like information about the Heritage Club can go to the website at www.heritageclub.ca or you can contact Diane Biggs at (905) 487-4311.

By email, Diane can be reached at humberchapter2@hotmail.com

MEET THE HUMBER CHAPTER EXECUTIVE TEAM

Diane Biggs
President

I worked at Canada Post for 20 years, My last position was a Labour Relations Officer. I decided to take an early retirement and now work for a private company as a Human Resources Manager.

Steve Walcott
1st Vice President

Steve worked for Canada Post from 1979 to 2012. He worked his way up from a casual mail service courier to full time over the first ten years. From 1989 to 2004, Steve was a Transportation Superior. In 2004, Steve became a Superintendent - a position he held until his retirement in 2012.

Barnie Joosten
Treasurer

"I worked at Gateway Bulk Mail Facility from 1977 to 2008 for Technical Services. From 1997 to 2015, I was the coordinator for Ontario Postal Curling. This involved running the provincial playdowns and preparing the team to represent Ontario at the National Curling Classic.

Presently, I handle the financial accounts of the club, active membership, new membership, greeting packages and maintain an up to date membership list. Presently, our membership is at 1290 members!

Jayne Clayton
Secretary

Jayne retired after 23 years of service having enjoyed, over the years, working in PCR, Payroll and Human Resources. While in HR, Jayne's portfolio was Employee Recognition, which included the CPC Heritage Club. Prior to joining our Humber Chapter Executive Team, Jayne was well acquainted with all aspects of the Heritage Club having been the liaison between the GTA club presidents and CPC.



- **11% of people are left handed**
- **Unless food is mixed with saliva you can't taste it**
- An ostrich's eye is bigger than its brain
- **Cats spend 66% of their life asleep**
- **THE FORTUNE COOKIE WAS INVENTED IN SAN FRANCISCO**
- **All the blinking in one day equates to having your eyes closed for 30 minutes**
- Our tongue is the fastest healing part of your body
- Hummingbirds are the only bird that can fly backwards

SANTA LETTER WRITING PROGRAM

Thank you to all of you who attended Gateway to answer letters for the Santa Claus Letter Writing Program last year. On behalf of the Heritage Club, we wish to apologize to our members. Recent changes to the program at Gateway, have meant that letters are no longer sent directly to our volunteers at home. The coordinator running the program prefers that the volunteers answer letters on site at Gateway. We understand the challenge this creates for members who have difficulty getting around. We will address this

issue at our next Annual Heritage Club meeting. Whether at Gateway or in your home, we still need volunteers to write letters and your help is always greatly appreciated. If you would like to volunteer with the Santa Letter Writing Program, please contact our 1st Vice President, Steve Walcott.



Woodbine Racetrack

We will be announcing an exciting outing to the Woodbine Racetrack at our Spring Celebration Luncheon. Tickets will include a light pub style lunch, and a \$10 betting voucher. The required attendance for this trip is 20 guests or more. Prices will be announced later. The tentative date we are looking at is July 22, 2017.

Fallsview Casino

We are looking into a bus trip to Fallsview Casino this year. There is a minimum requirement of 45 passengers during the week, and 50 on the weekend. Let us know if you are interested in this trip so we can determine if we will have the numbers to book this. The cost per person is to be determined. We will discuss this trip at the next banquet.

St. Jacob's Farmers Market

The date for our trip to St. Jacob's Farmers Market will be announced at our summer banquet. St. Jacob's has been rebuilt since a fire devastated it back in 2013. It offers fresh produce, fresh baked goods, clothing and crafts.

CHRISTMAS LUNCHEON DECEMBER 2016



PUZZLES

Puzzle 1

At the recent inter-departmental jam making contest, four lucky candidates took part to make the juiciest strawberry jam.

The ages of the contestants were 14, 17, 20 and 22.

As it happens the person who came last was the oldest, whereas Stuart was three years older than the person who came second.

James was neither the oldest nor the youngest and Kev finished ahead of the 17 year old, but didn't win.

John was also unlucky this time and didn't win either.

Can you determine who finished where and how old they are?

Puzzle 2

After a local Post Office burglary, five suspects were being interviewed.

Below is a summary of their statements.

Police know that each of them told the truth in one of the statements and lied in the other.

From this information can you tell who committed the crime?



Brian said:
It wasn't Charles
It was Alan

Derek said:
It was Charles
It wasn't Alan

Charles said:
It was Brian
It wasn't Eric

Alan said:
It was Eric
It wasn't Brian

Eric said:
It was Derek
It was Alan

Puzzle 3

Can you name at least 10 parts of the human body which are only 3 letters long?

Puzzle 4

Which letter is last in the alphabet?

ANSWERS ON PAGE 8

IN MEMORIAM

JOYCE FIRMAN

Obituary



JOYCE FIRMAN Peacefully at Trillium Health Partners Mississauga, at the age of 94 with family and friends close by. Predeceased by her son George Shorter (Karen). Joyce will be sadly missed by her son Robert Heath, daughter Bonnie Heath (Des

McCarville) and grandchildren Sonya Shorter (Linda Gray), Brett Shorter (Andrea), Mollie Rolfe, Dawn Heath (Paul Duffy) and Robyn Heath (Jeremy Lacey). She had six great-grandchildren Jessie, Amber, Addison, Liam, Carson and Avery and one great-great-grandchild Harrison. In 1965, Joyce became the first female letter carrier in Ontario, and the first long-term female letter carrier in Canada, which was later reported on the CBC National News and in The Globe and Mail. Her many years of work with the Women's Auxiliary of Branch 82 (Port Credit) of the Royal Canadian Legion, including a number of leadership roles, earned her the Palm Leaf for meritorious service and a Life Membership. According to her wishes, Joyce Firman's body will be cremated and there will be no visitation or funeral. Stories and condolences can be left at the Skinner & Middlebrook Funeral Home (Port Credit) website. The family and close friends will say their final goodbyes in a private ceremony. Joyce's many friends can look forward to a memorial in her honour in the coming months (details to be confirmed).

Guest Book

7 entries

"Always a lovely lady. Joyce you will be missed. RIP Joyce."

- Karen Chantaj

The Guest Book is expired.

[Restore the Guest Book](#)

GALLERY

Trip to Ripley's Aquarium



FAMOUS PEOPLE PLAYERS

Famous People Players is Canada's Internationally acclaimed Black Light Dinner Theatre company. For 42 years they have electrified and energized audiences around the world with glow-in-the dark magic and music. Discovered by Liberace and were his opening act for 10 years in Las Vegas. They have performed on Broadway, Radio City Music Hall on hit TV series 7th Heaven, Rick Mercer, Treehouse in a CBS Emmy Award winning movie called "Special People" and numerous documentaries. On Dec.10, 2016 Humber chapter had the pleasure of attending "Tree-Mendous!" and entered a world of wonder and enchantment plus enjoyed a delicious meal. Attached is a photo of our Humber member, Jerry with Diane Dupuy, creator of Famous People Players and her 100 years young mum Mary Gioberti Thornton.



Answers to puzzles on page 5

Puzzle 1 Answer

#	Name	Age
1	James	20
2	Kev	14
3	Stuart	17
4	John	22

Puzzle 2 Answer

Derek

Since each suspect told the truth just once, Eric's statements mean that it was either Derek or Alan.

If it was Alan, then both of Brian's statements would be true, which isn't allowed (and similarly, both of Derek's would be false).

Therefore it was Derek. This can be double checked with all of the other statements.

Puzzle 3 Answer

Ear, eye, lip, jaw, toe, leg, arm, gum, hip & rib.

Puzzle 4 Answer

T is the last letter in T-H-E-A-L-P-H-A-B-E-T

"A Canadian psychologist is selling a video that teaches you how to test your dog's IQ. Here's how it works: If you spend \$12.99 for the video, your dog is smarter than you."

- Jay Leno



HUMBER HERITAGE GIVES BACK

On March 6, 2017, our Humber Chapter presented the Mississauga Food Bank with a cheque for \$500.00.

Some of the other charities we donated money to in December are as follows:

<i>Wellspring Chinguacousy (Brampton)</i>	\$250.00
<i>North York Food Bank</i>	\$250.00
<i>Mississauga Food Bank</i>	\$500.00
<i>St Paul's On The Hill Anglican Church Building Foundation</i>	\$250.00
<i>Veteran's</i>	\$250.00
<i>Sickle Cell Association</i>	\$250.00
<i>Salvation Army</i>	\$250.00
Total Donations	\$2000.00



Jayne Clayton presenting a cheque for \$500 to the Mississauga Food Bank.

JOHNSON INSURANCE - TIPS FOR KEEPING YOUR IDENTITY SAFE AND SECURE

NOVEMBER 21, 2016

There are many benefits to the world's ever-increasing advances in technology. However, there are also some disadvantages. Identity theft has become an increasingly popular crime in Canada. No one wants this to happen to them. Not only can it be a stressful and confusing situation, but it can also be time-consuming to return everything back to normal. Here are some tips to help you prevent you and your loved ones from identity theft:



Never provide personal information over the telephone unless you initiate the call.



Promptly remove mail from your mailbox after delivery.



Avoid mail or telephone solicitations, disguised as promotions or surveys, offering instant prizes or awards designed for the purpose of obtaining your personal details.



Avoid keeping a written record of your bank account, PIN number(s), social insurance number, and computer password(s), and never keep that information in your wallet or handbag.



Sign all credit cards when you receive them.



Cancel credit cards you don't use and keep a list of the ones you use regularly.



Shred or otherwise destroy pre-approved credit card applications, credit card receipts, bills, and related information when you no longer need it.

When you know and follow these tips, you can be rest assured that you – and your identity – are being kept safe.

If you have home insurance through Johnson Insurance, you can speak with one of our customer service representatives to see if identity theft coverage is included in your policy.



Helping you navigate the world of insurance.

NOMINATION FORM

This year the following positions are up for election for a two year term:

1st Vice President

3rd Vice President

Secretary

Members who are interested in running, or who would like to nominate a fellow member, for one of the three positions above, please mail this nomination form in no later than June 1st, 2017.

HUMBER CHAPTER EXECUTIVE

PRESIDENT: Diane Biggs

1st VICE PRESIDENT: Steve Walcott

2nd VICE PRESIDENT: Open

3rd VICE PRESIDENT: Open

TREASURER: Barnie Joosten

SECRETARY: Jayne Clayton

NOMINATION AND ELECTIONS FOR HUMBER CHAPTER 2017

I nominate for _____ 1st Vice President

I nominate for _____ 3rd Vice President

I nominate for _____ Secretary

Please verify that the candidate agrees with your nomination.

I place my own name in nomination for (*place an "X" next to the position*):

1st Vice President _____

3rd Vice President _____

Secretary _____

Submitted By: _____ **Date:** _____

Mail Form to: BARNIE JOOSTEN, TREASURER
BOX 461
PORT ROWAN, ON
N0E 1M0



GoodLife Fitness Clubs would like to welcome Heritage Club members to join this exciting program! As a Canada Post Retiree and Heritage Club member you and your family members are eligible to obtain GoodLife memberships at approximately 50% off the regular all club access rates! GoodLife currently has over 320 locations in Canada, helpful, qualified staff, and state of the art equipment. You can take advantage of this special offer by completing the below enrollment form.

Questions? Contact: Jim Sandall at 519-686-8440 or e-mail : jsandall@rogers.com

For a complete listing of GoodLife Fitness Clubs, please visit: www.goodlifefitness.com

The Heritage Club's GoodLife Corporate annual **start date is October 15th**. You still have additional monthly opportunities to obtain a GoodLife membership after this date. **Please find below the pro-rated schedule for additional sign-up periods.** Regardless of when you begin your GoodLife membership, all are subject to the same anniversary/renewal date of October 14th 2017. The full year fee is \$450.87 (\$399.00 + 13% HST = \$450.87 for the membership + \$5.00 administration charge per member).

2016/2017 GOODLIFE FITNESS PROGRAM MEMBERSHIP ENROLLMENT/RENEWAL APPLICATION

Name of Heritage Club Member: _____ Heritage Club Member #: _____

If you are renewing your current GoodLife membership through this program please provide your GoodLife Key Tag #: _____ and family member GoodLife Key Tag # if applicable: _____

****You may only add Family Members if you are a current member of GoodLife and all family members must live under the same roof as the qualifying Heritage Club member. Family Member is defined as a husband, wife, boyfriend/girlfriend, or dependents of the qualifying member, living together under the same roof, in accordance with Good Life's Minimum Age Policy.**

I wish to enroll my Family Member: Name: _____

Day Time Phone #: _____ Address: _____

E-mail address:: _____

PAYMENT INFO:

ALL FEES INCLUDE HST AND PROCESSING FEE. MEMBERSHIP WILL EXPIRE ON OCTOBER 14th, 2016.

CHECK ONE START DATE BELOW:

- START DATE: **October 15, 2016** submit this form no later than October 1st, 2016 **Fee: \$455.87 each person**
- ☐ START DATE: **November 15, 2016**, submit this form no later than November 1st, 2016, **Fee: \$420.18 each person**
- ☐ START DATE: **December 15, 2016**, submit this form no later than December 1st, 2016, **Fee: \$384.50 each person**
- ☐ START DATE: **January 15, 2017**, submit this form no later than January 1st, 2017, **Fee: \$348.81 each person**
- ☐ START DATE: **February 15, 2017**, submit this form no later than February 1st, 2017, **Fee: \$313.13 each person**
- ☐ START DATE: **March 15, 2017**, submit form no later than March 1st, 2017, **Fee: \$ 277.44 each person**
- ☐ START DATE: **April 15, 2017**, submit form no later than April 1st, 2017, **Fee: \$241.76 each person**
- ☐ START DATE: **May 15, 2017**, submit form no later than May 1st, 2017, **Fee: \$206.07 each person**
- ☐ START DATE: **June 15, 2017**, submit form no later than June 1st, 2017, **Fee: \$170.39 each person**
- ☐ START DATE: **July 15, 2017**, submit form no later than July 1st, 2017, **Fee: \$134.67 each person**
- ☐ START DATE: **August 15, 2017**, submit form no later than August 1st, 2017: **Fee: \$98.99 each person**
- ☐ START DATE: **September 15, 2017**, submit form no later than Sept. 1st, 2017: **Fee: \$63.30 each person**

TOTAL FEE SUBMITTED: \$ _____ (Payment to be made via certified cheque or money order payable to The Heritage Club)

Send this form with payment to: Thames Chapter Heritage Club, 688 Widmore Drive, London, ON N6J 3A9

IMPORTANT NOTES:

- **Must be a current Heritage Club Member to join.**
- **NO REFUNDS PERMITTED. Memberships cannot be put on hold for any reason – all memberships will expire on October 14th, 2017.**

Change of Address, Membership Renewal for 2017

Please check off appropriate box(s):

☐

Change of Address

☐

Membership Renewal \$10.00

☐

Associate Membership Renewal \$ 5.00

NAME:

(OLD) ADDRESS:

NEW ADDRESS:

CITY:

Postal Code:

PHONE NUMBER:

E-MAIL:

Please make cheque payable to '**HUMBER CHAPTER**'.

Or e-transfer to b.joosten119@gmail.com

Mail to Barnie Joosten, Treasurer
Box 461
Port Rowan
N0E 1M0

Barnie saw the following interesting article in a recent Real Estate Newsletter and acquired permission to pass it along to our club members curtsey of Joe Camastra, Realtor, Remax buyandsellwithjc@gmail.com.

VIEWING YOUR HOME FROM A BUYER'S PERSPECTIVE

There is an old adage in marketing and sales: Before trying to sell something, you need to put yourself in the buyer's shoes. When it's time to sell your home, you'll need to do the same thing. Imagine that you're the potential buyer and then view your property from that perspective.

Start with what a buyer sees first, the outside of your property from the curb. Does your home look inviting and attractive? Are there ways you can improve the look of your home from this vantage point?

It may be as simple as trimming the hedges.

Then, walk into your home through the main entrance. What is your first impression? Does your home look clean, uncluttered, and appealing from the foyer? Is there anything you can do to improve the look?

Even a small change, such as moving a coat rack that is cluttering the space, can be a significant improvement.

Finally, tour the rest of your home. Most buyers viewing homes will visit the kitchen, the living room, and other rooms on the main floor and then check out the upstairs bedrooms. As you are pretending to be a potential buyer and looking around, what impression are you getting? What features do you especially like? What don't you like? Are there any issues that concern you?

Don't forget to view your garage and backyard too.

By doing this simple exercise, you'll be able to see what changes and improvements will make your home show better.

IMAGINE THE HOME IN FIVE YEARS

When you view properties listed on the market, you will see them as they look today. Yet, once you purchase a new home, you'll likely plan on living there for years to come. Since homes and neighbourhoods change over time, it's a good idea to imagine what the property and the surrounding area will be like over the years you plan to be there.

How do you do that?

To begin, take a close look at potential maintenance issues that may be coming up. Will the roof shingles need to be replaced in a couple of years? Is the furnace more than 15 years old? Will the bathrooms need to be renovated in four or five years?

Then, take a look around the neighbourhood. Find out what construction projects, road improvements, and other improvements are underway or will be happening soon. Are there plans for a new school nearby? Is there a major shopping centre due to be built down the street?

Also try to get a sense of the trends in the neighbourhood. Does it seem like it will be a nice place to live over the next few years? Do the homeowners take good care of their properties?

UNDERSTANDING HOW HOMES ARE PRICED

Whether you plan on putting your home on the market someday soon, or you're just interested in how much your property is worth from an investment perspective, it makes sense to know how homes are priced.

When a home goes on the market, there is an overwhelmingly high probability that it will sell for somewhere close to its market value.

So if a three bedroom, detached home in a neighbourhood sold for X dollars, then you can expect a similar home down the street to sell for roughly the same price.

That's why REALTORS® look closely at recent home sales in the area in order to advise clients on the best listing price.

Are there other factors that determine selling price? There are many. Home improvements, special features such as a large deck as well as the general attractiveness of your home, can all increase its value to potential buyers.

While some of these characteristics may help boost its selling price, others may simply help you sell your home more quickly.

NOTABLE, QUOTABLE... QUOTES!

"Success usually comes to those who are too busy to be looking for it."

Henry David Thoreau

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

Albert Einstein

"The good life is inspired by love and guided by knowledge."

Bertrand Russell