



Golden Horseshoe

“Reignite the fire in your heart. Live on purpose “.

From the President's desk

This newsletter is being sent out to try to reignite the Golden Horseshoe Heritage club.

The club is comprised of retired postal worker and those with at least 25 years of service.

The Golden Horseshoe includes the Brantford, Hamilton and Niagara areas.

Due to the illness of the former President I have agreed to act as interim President. I am presently the President of the Grand Saugeen heritage Club.

However, I am asking for volunteers to help out in organizing various activities such as luncheons or trips.

It would be ideal if we had at least one volunteer from the Brantford, Hamilton and Niagara areas.

In this newsletter you will find information on the discounts available for members such as Medoc from Johnson insurance, Good Life Fitness and Choice Hotels.

The Heritage Club motto is People helping people and we donate to various charities.

Please help us reignite your Heritage Club by filling out membership form in this newsletter.



SUMMER 2018

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If you would like more information or if you would like to help, give me a call or email me.

Interim President:
Herb Stan 519-746-3133
bgherb@hotmail.com

I hope everyone is enjoying the hot summer weather and hopefully we are having a little bit of lazy time.

For the funny bone



Reflections on aging

Remember, "It is health that is real wealth and not pieces of gold and silver."

LASTLY, CONSIDER THE FOLLOWING:

~ Your kids are becoming you, but your grandchildren are perfect. ~ Going out is good, but coming home is better! ~ You forget names but it's OK because other people forgot they even knew you! ~ You realize you're never going to be really good at anything, especially golf! ~ The things you used to care to do, you no longer care to do, but you really do care that you don't care to do them anymore! ~ You sleep better on a lounge chair with the TV blaring than in bed. It's called "pre-sleep". ~ You miss the days when everything worked with just an "ON" and "OFF" switch. ~ You tend to use more 4 letter words . . . "what?" . . . "when?" . . . "???" ~ Everybody whispers. ~ You have 3 sizes of clothes in your closet, 2 of which you will never wear. ~ But Old is good in some things, Old Songs, Old Movies, and best of all, OLD FRIENDS.

Stay well, OLD FRIENDS!

It's Not What You Gather, But What You Scatter That Tells What Kind of Life You Have Lived.

TODAY IS THE OLDEST YOU'VE EVER BEEN, YET IT IS THE YOUNGEST YOU'LL EVER BE, SO ENJOY THIS DAY WHILE IT LASTS!

**LIVE IT WELL!
ENJOY TODAY!
DO SOMETHING FUN!
BE HAPPY!
HAVE A GREAT DAY!**



MEMBERSHIP DUES 2019

In order to fulfill our mission of "PEOPLE HELPING PEOPLE" your membership dues are essential to ensure we have sufficient funding to continue with the work of your Club. The annual fee is a modest amount of \$12.00, which equates to only \$1.00 a month. Your membership dues and our annual grant from the Corporation enable your Club to carry on its various functions. We also make donations to causes such as mental health and Alzheimer's research. To those who paid their dues for 2018 we thank you. For those members wishing to pay their dues now for 2019, simply complete the form below and forward it along with your payment (payable to Grand Saugeen Chapter) in the postage paid envelope enclosed with this newsletter.

Note: *On receipt of your dues payment you will be issued a new wallet card with your member number. It is important to have this number for certain discounts and when applying for Medoc Insurance. **As well you must be a paid-up member to enjoy the Good Life Fitness discount.***

Send in postage free envelope provided

MEMBERSHIP DUES PAYMENT FOR 2018 (\$12.00)

NAME: _____

MEMBER # (if known): _____

ADDRESS: _____

PHONE#: _____ EMAIL: _____

Send completed forms along with payment to:

Gail Bourhill
1808-81 Church Street
Kitchener ON N2G 4M1

Some of the member benefits are ...

- ***discounted membership fees at GoodLife Fitness***
- ***40% to 60% discount at Columbia Sportswear Employee Store Events***
- ***very attractive travel insurance rates with Medoc (Johnson Insurance)***
- ***discounts to Grand Saugeen Heritage Club events***
- ***access to special scholarships***



Scholarship Program
2018 OPEN: APRIL 2, 2018

Programme de bourses d'études
2018 LANCEMENT : 02 AVRIL 2018

Johnson Inc. is proud to offer
50 scholarships, valued at
\$1000 each, to students completing high
School in 2018 and starting post-
secondary

JOHNSON INSURANCE SCHOLARSHIP PROGRAM

Application Deadline:
August 31, 2018

For eligibility criteria visit
johnson.ca/scholarship

Visitez johnson.ca/scholarship pour
les critères d'admissibilité

scholarshipfund@johnson.ca
1 866 544-2673

JOHNSON 



Travelling just got easier!

Heritage Club, has teamed up with Choice Hotels® to make **Business & Leisure** travel a little more enjoyable and convenient – and save up to 20%!

To give you some background, Choice Hotels® includes Comfort™, Quality®, Clarion® and a few others like the upscale Ascend Hotel Collection®. There are over 325 Choice locations spanning all provinces – and over 6,300 worldwide. Hotels are conveniently located near major airports, key highways and business districts. You'll also be able to connect easily with colleagues and friends using free high-speed Internet, and jump-start your day with free breakfast at most locations.

Earn rewards when you travel

With the Choice Privileges® rewards program, you can earn points every time you stay at one of our hotels. You're never far from your next reward. The points add up fast and it's free! For a limited time, we have a Choice Privileges bonus points offer! Earn a welcome bonus of 500 points when you sign up for our rewards program and another 500 bonus points after your first stay. [Sign up Now!](#) Remember to enter your Client ID # 00088652 in your Choice Privileges profile.

The link www.choiceprivileges.com/signup/CNB2B must be used in order to track and award bonus points. Only one bonus per member. Offer valid for new members only who enroll between January 1, 2018 and December 31, 2018 and who make a qualifying stay with arrival before December 31, 2018.

Take advantage of the Choice Program:
Choice Client ID # 00088652
 to book and save!*



Three Simple Ways to Book:



Web
 Visit ChoiceHotels.com
www.choicehotels.ca/heritageclub



Phone
 Call 800.4CHOICE and
 quote Rate ID # 00088652



Mobile
 Download the app and
 enter Rate ID # 00088652



* Based on availability and location. Other terms and conditions may apply. Hotels are individually owned and operated.

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Community service

As stated before we want to celebrate our members participation in the community. Therefore, I would like you to fill out the form (next page) and let us know your participation.

Please also send us a photo either by email to gailbour@hotmail.com or by mail to Gail Bourhill (envelope enclosed)

I help people in my community by contributing to the following .

- Walking for Alzheimer's.
 - Walking for other organizations.
 - Meals on wheels.
 - Food bank
 - Charity Fundraisers.
 - Other (Please explain) _____

Please describe your participation and how we can donate to your cause. Please include a picture, if possible. These pictures may be used in an upcoming newsletter or on the website.

Name _____


Address _____

Phone _____

Please return this form to Gail Bourhill in the enclosed envelope.




The new GroupNet™ for Plan Members is here




Simple design

The clean design offers a simple way to access your benefits, check your coverage and balances, make a claim and more.



Mobile friendly

Works on any device, so your benefits go where you go.



Faster

Improved navigation helps you find what you need with ease.

How to get started

New to GroupNet? Go to www.greatwestlife.com/register and follow the instructions.

Previously registered? To access the new GroupNet, you must re-register by signing in with your email address and creating a new password. Don't worry – it'll only take a few minutes. Go to www.greatwestlife.com, sign in to GroupNet and select Register now.

IMPORTANT: Canada Post has zero tolerance for fraud. Please be aware that employees are responsible for benefits claims submitted including those of their spouse and dependents, and that the submission of a fraudulent claim can result in disciplinary action up to and including termination of employment, and criminal prosecution.





Imagine the possibilities of something your chapter can get involved in

Grand Saugeen has arranged several breakfasts and lunches in different areas of our chapter. We are getting together for beginner lawn bowling. We participated in a charity walk for Lutherwood kids. We have dances in the fall.

Other chapters have golf tournaments, banquets, murder mysteries, weekly/monthly breakfasts and lunches.

We are looking for ideas from you. What would you like to do? Please send your ideas or suggestions to Gail Bourhill in the self enclosed envelope.

Suggestions for activities

Please give us suggestions for what you would like to see in your next newsletter. Please note that only paid up members will receive the next ones. Please send your suggestions to Gail Bourhill in the self enclosed envelope.

Suggestions for newsletter items

WEBSITE

We invite you to visit the heritage club website. You also can find several of our forms on the site. Just google Heritage Club go to www.heritageclub.ca. Click on chapters and Golden Horseshoe. We have added links for good Life Fitness, Johnson and Choice hotels. If you want to see what other chapters are doing you can click on their chapter.

Interim President

YOUR EXECUTIVE
Herb Stan

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